

Neighborhood House

RAMSEY COUNTY

Objectives

- Youth 12-19 who are participating in the Teen Outreach Program will be given tools to reduce their risk relative to pregnancy prevention, HIV/AIDS and STI prevention
- The TOP Program will reinforce adolescent development, healthy relationships, college access, financial literacy and youth development efforts through ongoing activities that support youth's choice to prevent pregnancy and STIs
- The TOP Program will help young people grasp the concept of service through action oriented activities and learn the fundamentals of planning group projects and become more familiar with their communities and local service organizations through community service learning

Curriculum

Teen Outreach Program (TOP)

[The Teen Outreach Program™ \(TOP\)™](#) is a national youth development program designed to prevent adolescent problem behaviors by helping adolescents develop a positive self-image, effective life management skills, and achievable goals. The program is directed toward reducing rates of teenage pregnancy, school failure, and school suspension. The focus is to engage young people in a high level of community service learning that is closely linked to classroom-based discussions of future life options. The program consists of supervised community service learning, classroom-based discussions, and activities related to key social-developmental tasks of adolescence. This program is implemented at Neighborhood at the Wellstone Center for Community Building and serves youth from that community and from neighborhoods throughout St. Paul.

Accomplishments

- Expanded TOP from Neighborhood House agency to River's Edge Academy
- Youth indicated that they believe they have a supportive adult.
- Youth indicated that it is very easy for them to get along with their peers.
- Youth reported that they have maintained or improved their sense of competence while in the program.
- Participants reported improved mental health and wellbeing while in the program.

Populations Receiving TOP Curriculum

- African-American Youth
- Hmong Youth
- Latino Youth

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For more information: [Minnesota Department of Health – MN PREP Website](#)

To obtain this information in a different format, call: 651-201-3623. Printed on recycled paper.

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