

Minneapolis Health Department's School Based Clinics Program

TWIN CITIES METRO-AREA

Objectives

- Minneapolis Health Department's School Based Clinics (MHDSBC)
- Provide evidence-based sexual health education information to 90 teens per year to promote behaviors that reduce risk of STI and unplanned pregnancy, including consistent use of condom and birth control methods.
- Provide broader health education to 2,500 teens of all genders through classroom education using lessons from the FLASH curriculum, health fairs, and lunch table outreach.
- Through participation in drop-in STI testing events at School Based Clinics (SBC), 150 youth will be tested for chlamydia and gonorrhea.

Curriculum

Safer Sex Intervention (SSI)

The overall goals of the [Safer Sex Intervention \(SSI\)](#) are to reduce sexual risk behaviors, increase condom use, and prevent the recurrence of sexually transmitted infections (STIs) among sexually active young women. The target audience for MHDSBC is sexually active adolescent girls and young women who are between ages 14 and 19 and have been diagnosed with an STI. SSI is led by a female health educator and is appropriate for use in clinics or community-based organizations providing sexual health services to young women. The intervention is administered one-on-one and face-to-face in a single 30- to 50-minute session. SSI includes booster sessions that were designed to coincide with the young woman's treatment schedule.

Accomplishments

- MHDSBC has operated its' program since 1979 and currently operates in 6 Minneapolis public high schools and one alternative learning center.
- During the 2016-17 school year, the program served 2,569 students generating 12,285 visits.
- Staff members are racially and ethnically diverse, multilingual, and prioritize the importance of addressing racial equity).
- 2016 survey showed a high level of satisfaction among clients (98-99% stated they felt respected at the SBC based on their racial/ethnic identity, sexual orientation and gender identity).
- Provide classroom based sexuality education and train teens across Minneapolis to become peer educators and make positive change in their own communities.

Populations Receiving SSI Curricula

- Youth of Color
- American Indian Youth
- LGBTQ Youth
- Pregnant and Parenting Teens
- Youth in Alternative Learning Centers

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For more information: [Minnesota Department of Health - MN PREP Website](#)

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