

Minnesota's Personal Responsibility Education Program (MN PREP)

Background

Minnesota's Personal Responsibility Education Program (MN PREP) is a federally funded program that is administered through the Family Youth Services Bureau. PREP programs are intended to educate adolescents about both contraceptives and abstinence as ways to prevent teen pregnancy and sexually transmitted infections (STIs).

Eligible states are the fifty United States, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, Guam, American Samoa, Northern Mariana Islands, the Federated States of Micronesia, the Marshall Islands, and Palau (referred to hereinafter as "states"). Individual state awards for each fiscal year are at least \$250,000.

In the case that a state did not apply for State PREP allocations, the funding is made available for 36-month discretionary Competitive PREP grants in subsequent years.

Allotments are calculated based on the number of young people in each State or Territory between the ages of 10 and 19 according to the latest Census Bureau data. States can administer the project directly or through sub-awards to public or private entities. In federal fiscal year (FFY) 2021, over \$43.4 million was awarded to 51 State PREP grantees. Minnesota PREP received \$903,102 in FFY 2021.

About MN PREP

MN PREP is a statewide program offered through a competitive request for proposal process that aims to decrease teen pregnancy and STI rates in populations experiencing the greatest disparities by increasing protective factors and decreasing risk factors. MN PREP has three primary goals.

Goal 1: Decrease teen pregnancies among participating youth 15-19 by implementing high quality medically-accurate and evidence-based programs.

Goal 2: Decrease sexually transmitted infections (STIs) among participating youth 15-19 by implementing high quality medically-accurate and evidence-based programs.

Goal 3: Increase healthy behaviors, life skills, and a sense of purpose through the implementation of healthy youth development curricula.

Target Populations

- Young people of color and American Indian youth
- Youth in foster care or aging out of foster care
- Youth in detention or on probation
- Youth in alternative learning centers
- Homeless or runaway youth
- Lesbian, Gay, Bisexual, Transgender, and Queer+ (LGBTQ+) youth
- Pregnant and Parenting Teens

Grantees

Grantees are non-profit community-based youth-serving organizations, clinics serving teens, other related organizations, and alternative schools. MN PREP grantees serve youth from targeted populations.

MN PREP grantees choose curricula from a Minnesota Department of Health (MDH) approved medically-accurate and evidence-based curricula listing that are most appropriate for their targeted populations and the communities they serve. Current grantees are using the following evidence-based curriculum:

Safer Sex Intervention (SSI), Sexual Health and Adolescent Risk Prevention (SHARP), FLASH, Making Proud Choices (MPC), and Teen Outreach Program (TOP). One rural grantee uses an evidence-informed curriculum Live it!

Medically accurate and complete programs implemented by MN PREP grantees are verified or supported by the weight of research conducted in compliance with accepted scientific methods and published in peer-reviewed journals, where applicable, or comprised of information that professional organizations and agencies with relevant expertise in the field recognize as accurate, objective, and complete.

These program(s) must provide medically accurate and up-to-date contraceptive information. Programs also must provide age-appropriate information and activities. Topics, messages, and teaching methods must be suitable to specific age groups of youth based upon varying capacities of cognitive, emotional, and behavioral development.

Program Evaluation

Grantees are required to report both federally mandated performance measures as well as process evaluation measures to the MDH on a semi-annually basis and grantees are required to submit quarterly progress reports to MDH for program monitoring.

2018-2022 MN PREP Grantees

- Evergreen Youth and Family Services
- Face to Face Clinic
- Family Tree Clinic
- High School of the Recording Arts
- Lutheran Social Services
- Minneapolis Health Department School Based Clinics Program

Maternal and Child Health
Minnesota Department of Health
PO Box 64882, St. Paul, MN 55164-0882
Phone: 651-201-3650

Email: health.MCH@state.mn.us

<https://www.health.state.mn.us/people/adolescent/prep/>



March 2023

To obtain this information
in a different format, call:
1-800-723-2712
Printed on recycled paper