

## Commodity Supplemental Foods Program (CSFP) Impact

In 2017, The Minnesota CSFP program distributed approximately 15,000 *nutritionally designed* monthly food packages to Minnesota seniors.



This program aids low-income individuals who are 60 years of age or older and are known to be at nutritional risk. It reaches qualifying Minnesota seniors in their homes, gathering places or in their living communities.

The nutrient-rich foods contained in the CSFP monthly food package help prevent health problems and improve the health status of these individuals.

### Monthly Distribution Impact

<b>14,800</b>	<b>Number of Minnesota Seniors served monthly</b>
<b>473,600</b>	<b>Pounds of food distributed monthly to Minnesota Seniors</b>
<b>200+</b>	<b>Distribution partners in Minnesota</b>
<b>87</b>	<b>Counties that serve CSFP</b>
<b>32</b>	<b>Pounds of food per box</b>

The program provides seniors specific food packages designed to supplement their diet and help them stretch their food dollars, while also preserving their dignity and allowing them to fill out uncomplicated forms to participate in the program.

The food packages consist of canned items (fruit, vegetables, meat or fish), bottled juice, shelf stable and instant dry milk, cheese, pasta or rice, dry beans or peanut butter, and cereal.

