



Barnaamijka Minnesota WIC App waxaa lagala soo degi karaa **App Store** iyo **Google Play**.

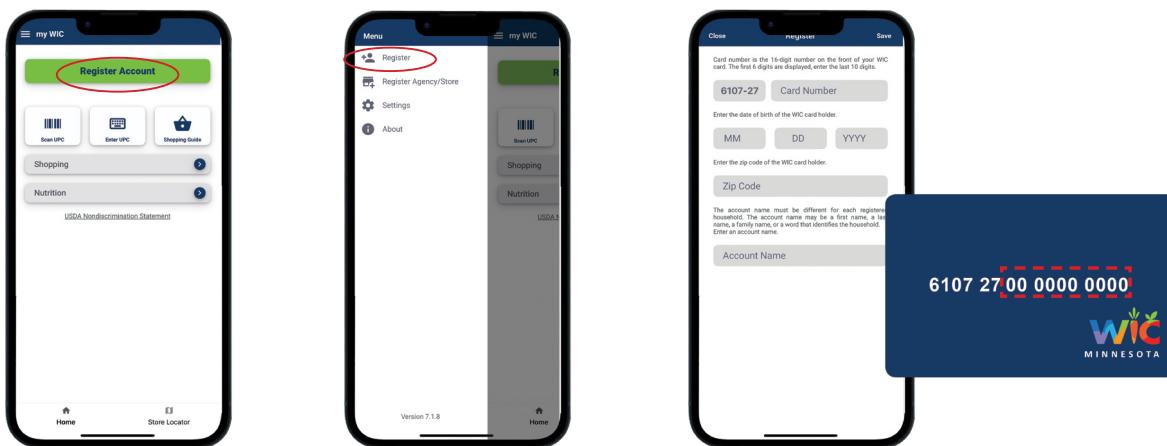


Waxaa loo heli karaa **iOS 16.0** ama ka sareeya, iyo **Android 6.0** ama ka sareeya.

## SIDA LA ISU Diiwaangeliyo

### +1 IS DIIWAAN GELIN

Is diwaangeli si aad u hesho ogaysiisyada iyo fariimaha muhiimka ah Wawaad diwaangelin kartaa qalabyo badan iyo/ama guriyo. Haddii aad hesho telefoon cusub, waxaad u baahan doontaa inaad dib isu diiwaangeliso.

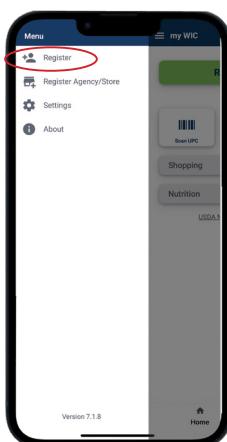


1 Dooroo  
**'Akoonka Diiwangelinta'**

2 Ama guji liiska  
hamburgerka ka dibna  
taabo **Diiwaangeliya (≡)**

3 Geli **10ka lambar** ee ugu dambeeyaa  
Kaarka, Taariikhda Dhalashada iyo Koodhka Sib-ka  
ee haysta kaarka WIC, iyo Magaca Koontada

### Diiwaangeliya **HAL KA BADAN OO** Qoys



Si aad u diiwaangeliso wax ka badan hal qof, raac **Tallaabooyinka 1 ilaa 3 qof Kasta Koontadiisa.**



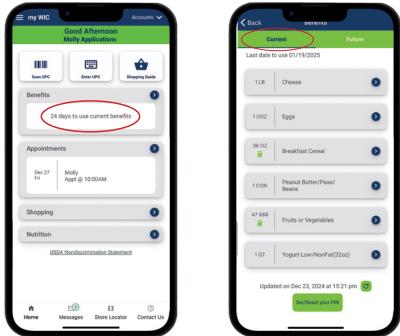
Dooroo **falaarta akoontiga** si  
aad ugu bedesho akoon kale.

# SIDA LOO ISTICMAALO BARNAAMIJKAN OO ah App

App-kan waxaa laga yaabaa inuusan shaqayn haddii adeegga unugga WiFi uu xaddidan yahay.

## MANAAFACAADKA

Dheeftaada dheelitirnaan mar kasta oo cuntooyinka lagu iibsado Kaarka WIC.



1 Dooro  
Faa'iidooyinka

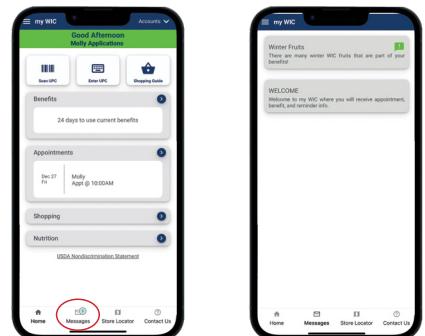
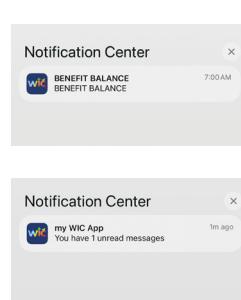
2 Dooro  
Hadda

3 Faa'iidooyinka  
cuntada ee hadhay waxay  
ku taxan yihiin **Bilawga** iyo  
**Dhammaadka Taariikhaha**

## FARIIMAH/OGAYSIIS

Farriimaha/Ogaysiis yada ayaa ku siin doona maclumaad muhiim ah.

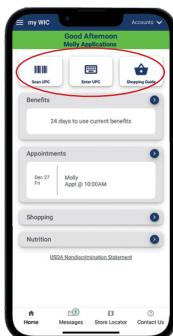
### OGAYSIIS



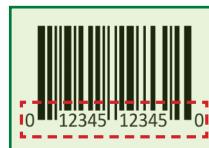
Waxaad heli doontaa  
**Ogeysiisyo** ku saabsan  
**Hadhaaga Dheeftaada** iyo  
**Balamaha Soo Socda**.  
Waxaad **fariimo** ka heli doontaa shaqaalaha  
wakaalada deegaanka iyo gobolka oo kugu  
wargalinaya **maclumaadka muhiimka ah ee**  
**WIC**. Tilmaame lambar oo kujira qaybtan  
fariimaha ee App-ka ayaa ku ogaysiinaya  
inaad hayso fariimo aan la akhriyin.

## RAADINTA CUNTADA

Isticmaal Food Finder (Raadinta Cuntada) si aad u raadsato cuntadu ay WIC Oggoshahay ee kuugu jirto manaafacaadka.



1 Dooro  
Iskaan UPC  
AMA Geli UPC



2 Ka baar summada  
UPC ee xirmada  
cuntada **AMA Geli**  
**UPC oo dhan**

3 Waxaad heli doontaa mid ka mid ah  
**fariimaha** soo socda:

\* Haddii ay jiraan wax ka badan hal qoys oo  
diwaangashan, **Farriimaha Raashinka**  
**Raashinka** ah waxay ku salaysnaan  
doonaan koontada la doortay.



**La Oggol yahay –**  
Waxaa ku jira  
WIC Waa la oggol yahay  
oo waxaa kugu haray  
kugu filan faa'iidooyinka  
cuntadaada hadda

**La oggol yahay –**  
Dheelitirka Aad U Hooseeyo  
WIC waa la ogolyahay  
LAAKIIN kuma hadhin wax ku  
filan faa'iidooyinka  
cuntadaada hadda

**La Oggolyahay – Kuma jiraan**  
WIC Waa la Oggolyahay  
LAAKIIN kuma jiraan  
dheefahaaga cuntada  
ee hadda

**Lama ogola**  
WIC lama ogola

**La Oggolyahay – Waxa laga**  
**yaabaa in lagu daro**  
WIC Waa La Oggolyahay  
LAAKIIN iska hubi cadadka ku hadhay  
hadhaaga khudaarta iyo khudradda



P.O. Box 64975 • St. Paul, MN 55164-0975 • 1-800-657-3942  
Si aad maclumaadkan ugu hesho hab kale, soo garaac 651-201-4444.  
[www.health.state.mn.us/wic](http://www.health.state.mn.us/wic)

Xafiskan si isku mid ah ayuu dadka ugu adeegaa.  
Waraaqahan waa kuwa dib loo soo warshadeeyey. 04/2025

Somali