

# Minnesota Laws Protect Pregnant and Breastfeeding Parents



## Minnesota Statutes

### **Breastfeed - Anywhere, Anytime**

A mother may breastfeed in any location, public or private, where the mother and child are otherwise authorized to be. Breastfeeding is not considered indecent exposure.

***Minnesota Statute 145.905***

### **Workplace support for pregnant and nursing employees**

An employer must provide reasonable accommodations to pregnant employees including:

- More frequent restroom, food, and water breaks
- Seating
- Limits on lifting more than 20 pounds.
- Other workplace change requests if advised by a health care provider or doula.

An employer must provide break time daily to allow an employee to express milk for their infant. The space should be near the work area (not a bathroom or toilet stall), private, free from intrusion, and include access to an electrical outlet.

***Minnesota Statute 181.939***



**Minnesota State WIC 1-800-657-3942**

*This institution is an equal opportunity provider.*