

Minnesota WIC Formulary and Medical Reasons for Issuance

OCTOBER 2026

This document lists allowed formulas provided by the Minnesota WIC Program and contains general descriptions of each product, intended use, qualifying medical conditions, and nutrition information.

Note:

- Refer to the [MN WIC Medical Formula Amounts Guide](#) for allowed quantities, packaging and flavors.
- Manufacturers frequently alter the ingredients in their formula products, which may affect the nutrient content. For the most current and accurate information, refer to the product label and/or manufacturer.
- Preparation instructions on the formula container should be followed unless the participant is provided different mixing instructions from their healthcare provider.
- All formula requests are subject to approval and provision based on federal and state policies of the WIC Program.
- Minnesota WIC accepts no liability for content errors in this document or for the misuse of formula products.

Additional information and photos of each product can be found on company websites.

[Abbott Nutrition](#)

[Mead Johnson](#)

[Nestle](#)

[Nutricia](#)

Alfamino Infant (Nestle)

USE: Nutritionally complete, hypoallergenic, amino acid-based powder formula for infants 0-12 months.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. Gastrointestinal (GI) Disorder
3. Gastroesophageal Reflux (GER)/Gastroesophageal Reflux Disease (GERD)
4. Severe food allergies (cow's milk, soy, or intact protein)/Food Protein-Induced Enterocolitis Syndrome (FPIES)
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

A protein hydrolysate formula (Extensive HA, Nutramigen, or Alimentum) is recommended before issuing unless medically contraindicated.

Note: Standard Preparation is *1 scoop powder to 1 oz water*

20cal/oz; 43% of fat is medium-chain triglyceride (MCT); Protein source – free amino acids.

Similar to Elecare, Neocate, and Puramino; lactose-free; gluten-free

- **Nutrient Density**
 - **Protein** (11% kcals)
 - **Fat** (45% kcals)
 - **Carbohydrate** (44% kcals)

Alfamino Junior (Nestle)

USE: Nutritionally complete, hypoallergenic, amino acid-based powder formula for children 1-13 years.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD
4. Food allergies (cow's milk, soy, or intact protein)/FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

Similar to Elecare Jr, Neocate Jr, Puramino Jr

30 cal/oz; 65% of fat is MCT; lactose-free, gluten-free, Halal

- **Nutrient Density**
 - **Protein** (13% kcals)
 - **Fat** (38% kcals)
 - **Carbohydrate** (49% kcals)

Alimentum (Abbott)

USE: Hypoallergenic (extensively hydrolyzed casein) infant formula designed for infants who are allergic to intact protein in cow's milk and soy formulas.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
2. GER/GERD
3. Food allergies (cow's milk, soy, or intact protein)

Similar to Nutramigen & Extensive HA

When used as a milk substitute beyond 12 months of age, the total calcium content of the diet should be assessed.

20 cal/oz, lactose free, gluten free

Powder contains corn derivatives, ready to feed does not.

For severe cow's milk allergy see Alfamino, Elecare, Puramino

- **Nutrient Density**
 - **Protein** (11% kcals)
 - **Fat** (48% kcals)
 - **Carbohydrate** (41% kcals)

Boost Original (Nestle)

USE: *For adults* with inadequate oral intake, reduced appetite, malnutrition, supplemental or interim sole-source nutrition. Suitable as a nutrient-packed snack or with a meal.

Qualifying Conditions

1. Increased calorie needs

Similar to Ensure.

Suitable for these diets: lactose intolerance, gluten-free, Kosher

Not for individuals with galactosemia.

240 calories per 8 oz (237 mL)

- **Nutrient Density**
 - **Protein** (17% kcals)
 - **Fat** (15% kcals)
 - **Carbohydrate** (68% kcals)

Boost Plus (Nestle)

USE: Nutrient-packed, high calorie nutritional drink *for adults* to help gain or maintain weight for supplemental or interim sole-source nutrition. Suitable as a nutrient-packed snack or with a meal.

Qualifying Conditions

1. Increased calorie needs
2. Fluid restriction

Similar to Ensure Plus.

Suitable for these diets: lactose intolerance, gluten-free, Kosher

Not for individuals with galactosemia.

360 calories per 8 oz (237 mL)

- **Nutrient Density**
 - **Protein** (15% kcals)

- **Fat** (35% kcals)
- **Carbohydrate** (50% kcals)

Elecare for Infants (Abbott)

USE: Nutritionally complete amino acid-based powder formula for infants 0-12 months who cannot tolerate intact or hydrolyzed protein. For oral or tube feeding.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD
4. Severe food allergies (cow's milk, soy, or intact protein) FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

A protein hydrolysate formula (Extensive HA, Nutramigen, or Alimentum) is recommended before issuing unless medically contraindicated.

20 cal/oz; 33% of fat is MCT.

Preparation is 1 scoop powder to 2 oz water.

Does not contain milk protein, soy protein, fructose, galactose, lactose, or gluten. Halal, Kosher – made with pareve ingredients.

Similar to Alfamino, Neocate, and Puramino.

- **Nutrient Density**
 - **Protein** (15% kcals)
 - **Fat** (43% kcals)
 - **Carbohydrate** (42% kcals)

Elecare Jr (Abbott)

USE: Nutritionally complete amino acid-based powder formula for children ages 1 or older who cannot tolerate intact or hydrolyzed protein. For oral or tube feeding.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD
4. Severe food allergies (cow's milk, soy, or intact protein) FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

30 cal/oz; 33% of fat is MCT

Preparation: Check mixing instructions on the container.

Unflavored and vanilla are mixed 5 oz water to 4 scoops of powder formula.

Does not contain milk protein, soy protein, fructose, galactose, lactose, or gluten. Halal, Kosher – made with pareve ingredients.

Similar to Alfamino Jr, Neocate Jr, Puramino Jr

- **Nutrient Density**
 - **Protein** (15% kcals)
 - **Fat** (43% kcals)
 - **Carbohydrate** (42% kcals)

Enfacare (Mead Johnson)

USE: *For premature infants.* Milk-based, 22 Cal/fl oz, post-discharge formula. Used for transition feeding after hospital discharge (or after use of a specialty premature formula typically used in the hospital) until a term infant formula is appropriate.

Qualifying Conditions

1. Prematurity (< 37 weeks gestation), regardless of birthweight
2. Low or very low birth weight (LBW/VLBW) \leq 5lb 8oz

May not be issued to full term infants who need extra calories.

Higher in protein, calcium, and phosphorus than standard infant formula.

22 cal/oz; 20% of fat is MCT; 80:20 whey-to casein ratio

Halal, Kosher

Similar to Similac Neosure

- **Nutrient Density**
 - **Protein** (11% kcals)
 - **Fat** (47% kcals)
 - **Carbohydrate** (42% kcals)

Enfamil AR (Mead Johnson)

USE: Current contract added rice starch, milk-based infant formula. Use: Intolerance to Enfamil Infant, spitting up and/or reflux.

Should not be issued/fed to premature infants or infants who might have immune problems.

Note: For mixing preparation, please note that after the initial mixing of the product, it should sit for 5 minutes before shaking the mixture again.

20 cal/oz; 20:80 whey-to casein ratio

Halal, Kosher

- **Nutrient Density**

- **Protein** (10% kcals)
- **Fat** (46% kcals)
- **Carbohydrate** (44% kcals)

Enfamil Gentlease (Mead Johnson)

USE: Current contract partially hydrolyzed milk-based infant formula. May be used for intolerance to Enfamil Infant, digestive issues, and/or colic.

20 cal/oz; 60:40 whey-to casein ratio

Halal, Kosher

- **Nutrient Density**
 - **Protein** (9% kcals)
 - **Fat** (48% kcals)
 - **Carbohydrate** (43% kcals)

Enfamil Infant (Mead Johnson)

USE: Current contract standard milk-based infant formula for routine feeding 0-12 months.

Similar to Similac Advance

20 cal/oz; 60:40 whey-to casein ratio

Halal, Kosher

- **Nutrient Density**
 - **Protein** (8% kcals)
 - **Fat** (48% kcals)
 - **Carbohydrate** (44% kcals)

Enfamil Reguline (Mead Johnson)

USE: Current contract partially hydrolyzed milk-based formula with prebiotics for infants. May be used for intolerance to Enfamil Infant, digestive issues, and/or constipation.

20 cal/oz; 60:40 whey-to casein ratio

Halal, Kosher

- **Nutrient Density**
 - **Protein** (8% kcals)
 - **Fat** (48% kcals)
 - **Carbohydrate** (44% kcals)

Ensure Original (Abbott)

USE: Increased calorie supplement *for adults*. For general oral supplementation. May be used for malnutrition, people who are at nutritional risk, or are experiencing involuntary weight loss. For oral use. For interim sole-source nutrition.

Qualifying Conditions

1. Increased calorie needs

Suitable for these diets: lactose intolerance, gluten-free, Kosher, Halal

Not for individuals with galactosemia.

220 calories per 8 oz (237 mL)

- **Nutrient Density**
 - **Protein** (17% kcals)
 - **Fat** (25% kcals)
 - **Carbohydrate** (58% kcals)

Ensure Plus (Abbott)

USE: Nutritional drink *for adults* for general oral supplementation used for malnutrition, people who are at nutritional risk, or are experiencing involuntary weight loss. For oral use. For interim sole-source nutrition.

Qualifying Conditions

1. Increased calorie needs
2. Fluid restriction

Similar to Boost Plus

50% more calories than Ensure Original. Suitable for these diets: lactose intolerance, gluten-free, Kosher, Halal

Not for individuals with galactosemia.

350 calories per 8 oz (237 mL)

- **Nutrient Density**
 - **Protein** (18% kcals)
 - **Fat** (28% kcals)
 - **Carbohydrate** (54% kcals)

Extensive HA (Nestle)

USE: Hypoallergenic (100% whey protein, extensively hydrolyzed) infant formula.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD

4. Food allergies (cow's milk, soy, or intact protein)/FPIES

Similar to Alimentum and Nutramigen

Preparation is 1 scoop powder to 2 oz water.

20 cal/oz, lactose free

Halal

For severe cow's milk allergy see Alfamino, Elecare, Puramino

- **Nutrient Density**
 - **Protein** (10% kcals)
 - **Fat** (46% kcals)
 - **Carbohydrate** (44% kcals)

Neocate Infant (Nutricia)

USE: Nutritionally complete amino acid-based formula for infants 0-12 months.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD
4. Severe food allergies (cow's milk, soy, or intact protein)/FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

A protein hydrolysate formula (Extensive HA, Nutramigen, or Alimentum) is recommended before issuing unless medically contraindicated.

20 cal/oz; 33% of fat is MCT; 100% non-allergenic free amino acids.

Note: Mixing directions are 1 scoop powder to 1 oz. water vs standard infant formula which is mixed 1 scoop to 2 oz. water.

Kosher Pareve, Halal

Similar to Alfamino, Elecare, and Puramino

- **Nutrient Density**
 - **Protein** (11.2% kcals)
 - **Fat** (45.7% kcals)
 - **Carbohydrate** (43.1% kcals)

Neocate Junior, Unflavored (Nutricia)

USE: Nutritionally complete amino acid-based powder formula for children over 1 year.

Qualifying Conditions

1. Condition that impairs digestion/absorption

2. GI Disorder
3. GER/GERD
4. Severe food allergies (cow's milk, soy, or intact protein), FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

30 cal/oz; 35% of fat is MCT; 100% non-allergenic free amino acids.

Preparation: 1 scoop powder to 1 oz. water

Kosher Pareve, Halal

Note: This product *does not* have prebiotic fiber.

Similar to Alfamino Jr, Elecare Jr, and Puramino Jr

- **Nutrient Density**
 - **Protein** (12.4% kcals)
 - **Fat** (45% kcals)
 - **Carbohydrate** (42.6% kcals)

Neocate Junior with Prebiotics (Nutricia)

USE: Nutritionally complete amino acid-based powder formula *with prebiotic fiber* for children over 1 year with cow milk allergy, multiple food allergies, and related GI and allergic conditions such as Eosinophilic esophagitis, FPIES, Gastroesophageal reflux, short bowel syndrome, and malabsorption.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD
4. Severe food allergies (cow's milk, soy, or intact protein)/FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

30 cal/oz; 35% of fat is MCT; 100% non-allergenic free amino acids.

Preparation: 1 scoop powder to 1 oz. water

Kosher Pareve, Halal (strawberry is Halal but not Kosher Pareve)

Similar to Alfamino Jr, Elecare Jr, and Puramino Jr

- **Nutrient Density - Unflavored**
 - **Protein** (12.5% kcals)
 - **Fat** (43.9% kcals)
 - **Carbohydrate** (43.6% kcals)

Neocate Splash (Nestle)

USE: Nutritionally complete, ready to feed amino acid-based medical food for individuals over 1 year of age.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD
4. Severe food allergies (cow's milk, soy, or intact protein) FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

30 cal/oz; 33% of fat is MCT; 100% non-allergenic free amino acids.

- **Nutrient Density** (unflavored, flavors are slightly different)
 - **Protein** (12% kcals)
 - **Fat** (46% kcals)
 - **Carbohydrate** (42% kcals)

Neosure (Abbott)

USE: Premature Infant formula. Milk-based, 22 Cal/fl oz, post-discharge infant formula. Used for transition feeding after hospital discharge (or after use of a specialty premature formula typically used in the hospital) until a term infant formula is appropriate.

Qualifying Conditions

1. Prematurity (< 37 weeks gestation), regardless of birthweight
2. Low or very low birth weight (LBW/VLBW) \leq 5lb 8oz

May not be issued to full term infants to increase calories.

Increased protein, vitamins and minerals compared to term infant formula.

22 cal/oz; 25% of fat is MCT; Gluten-free, Halal, Kosher

Similar to Enfamil Enfacare

- **Nutrient Density**
 - **Protein** (11% kcals)
 - **Fat** (49% kcals)
 - **Carbohydrate** (40% kcals)

Nutramigen (Mead Johnson)

USE: Hypoallergenic casein hydrolysate formula for infants.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder

3. GER/GERD
4. Food allergies (cow's milk, soy, or intact protein)/FPIES

When used as a milk substitute beyond 12 months of age, the total calcium content of the diet should be assessed.

20 cal/oz, lactose free, sucrose free, does not contain MCT oil

Similar to Alimentum & Extensive HA

For severe cow's milk allergy see Alfamino, Elecare, Puramino

- **Nutrient Density**
 - **Protein** (11.2% kcals)
 - **Fat** (45.7% kcals)
 - **Carbohydrate** (43.1% kcals)

Pediasure Grow & Gain (Abbott)

USE: Complete balanced nutrition for children 2-13 years of age. May be used as the sole source of nutrition or as a supplement. Formulated for oral feeding; may also be tube fed.

Note: May be used with children less than 2 years of age if recommended by healthcare provider. Not appropriate for infants.

Qualifying Conditions

1. FTT (due to an underlying condition)
2. Oral motor feeding issues/aversions
3. Developmental delays (sensory & motor)

Suitable for these diets: lactose intolerance, gluten-free, Kosher, Halal

Not for individuals with galactosemia.

240 calories per 8 oz (237 mL)

- **Nutrient Density**
 - **Protein** (12% kcals)
 - **Fat** (34% kcals)
 - **Carbohydrate** (54% kcals)

Pediasure Grow & Gain with Fiber (Abbott)

USE: Complete balanced nutrition for children. For children 2 to 13 years of age. May be used as the sole source of nutrition or as a supplement. Formulated for oral feeding; may also be tube fed.

Note: May be used with children less than 2 years of age if recommended by healthcare provider. Not appropriate for infants.

Qualifying Conditions

1. FTT (due to an underlying condition)

2. Oral motor feeding issues/aversions
3. Developmental delays (sensory & motor)

Suitable for these diets: lactose intolerance, gluten-free, Kosher, Halal

Not for individuals with galactosemia.

240 calories per 8 oz (237 mL)

- **Nutrient Density (vanilla flavor)**
 - **Protein** (12% kcals)
 - **Fat** (34% kcals)
 - **Carbohydrate** (54% kcals)

Pregestimil (Mead Johnson)

USE: Hypoallergenic casein hydrolysate formula designed for infants who experience fat malabsorption or are sensitive to intact proteins. Fat malabsorption or steatorrhea may be associated with cystic fibrosis, short bowel syndrome, intractable diarrhea, and severe protein calorie malnutrition.

Qualifying Conditions

1. GI Disorder

20 cal/oz; 55% of fat is MCT

- **Nutrient Density**
 - **Protein** (11% kcals)
 - **Fat** (49% kcals)
 - **Carbohydrate** (40% kcals)

Puramino Infant (Mead Johnson)

USE: Nutritionally complete, hypoallergenic, amino acid-based powder formula for infants 0-12 months.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD
4. Severe food allergies (cow's milk, soy, or intact protein)/FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

A protein hydrolysate formula (Alimentum, Extensive HA, or Nutramigen) is recommended before issuing unless medically contraindicated.

Similar to Alfamino, Elecare, and Neocate

Preparation: 1 oz water, add 1 unpacked scoop powder

20 cal/oz; 33% of fat is MCT

Lactose free, Kosher, Halal

- **Nutrient Density**
 - **Protein** (11% kcals)
 - **Fat** (47% kcals)
 - **Carbohydrate** (42% kcals)

Puramino Junior (Mead Johnson)

USE: Nutritionally complete, hypoallergenic, amino acid-based powder formula for children 1 year and older. Appropriate for oral or tube feeding.

Qualifying Conditions

1. Condition that impairs digestion/absorption
2. GI Disorder
3. GER/GERD
4. Severe food allergies (cow's milk, soy, or intact protein)/FPIES
5. Medical conditions requiring an elemental formula such as: short bowel syndrome, necrotizing enterocolitis, eosinophilic esophagitis, etc.

Similar to Alfamino Jr, Elecare Jr, and Neocate Jr

Preparation: 1 oz water, add 1 unpacked scoop powder

30 cal/oz; 33% of fat is MCT

Lactose free, Kosher, Halal

- **Nutrient Density**
 - **Protein** (13% kcals)
 - **Fat** (45% kcals)
 - **Carbohydrate** (42% kcals)

Reference – Complete Listing of Hyperlinks

[MN WIC Medical Formula Amounts Guide](https://www.health.state.mn.us/docs/people/wic/localagency/nutrition/formula/medical.pdf)

(<https://www.health.state.mn.us/docs/people/wic/localagency/nutrition/formula/medical.pdf>)

[Abbott Nutrition](https://www.abbottnutrition.com/product-guides) (<https://www.abbottnutrition.com/product-guides>)

[Mead Johnson](https://hcp.meadjohnson.com/s/#medical) (<https://hcp.meadjohnson.com/s/#medical>)

[Nestle](https://www.nestlemedicalhub.com/mobile-app) (<https://www.nestlemedicalhub.com/mobile-app>)

[Nutricia](https://www.nutricia-na.com/ourproducts.html) (<https://www.nutricia-na.com/ourproducts.html>)

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