



# WIC Some or No Breastfeeding

**women** first 6 months only

FOOD PACKAGE PER MONTH



**Milk**  
4 gallons



**Eggs**  
1 dozen



**Frozen Juice**  
Two 11.5 – 12 oz  
containers



**Cereal**  
36 oz



**Beans**  
1 lb dry **OR** Four 15 –16 oz cans  
**OR** 16-18 oz jar peanut butter



**Fruits & Vegetables**  
\$11.00

## infants

FOOD PACKAGE PER MONTH

6-11 MONTHS OF AGE



**Infant Cereal**  
24 oz



**Infant Fruits & Vegetables**  
28 (4 oz) containers



**Bananas**  
2 pounds

9-11 MONTHS OF AGE



**Fresh Fruits & Vegetables Voucher**  
\$4.00

May replace 16 containers of infant fruits & vegetables

