

# Assessment of Infant Formula Feeding

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1. Use this form to evaluate infant feeding practices or health conditions which may be contributing to intolerance of an infant contract formula.
2. If a concern is identified, provide guidance on appropriate feeding practices which may help alleviate or resolve formula intolerance.
3. Document a summary of the assessment and any specific recommendations in the participant's record.

## Reported symptoms on contract formula:

### Screening:

### Response:

Has the infant been sick or had a fever?

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Has the infant recently been taking medications?

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Has there been a recent change from breastfeeding to formula feeding? Is relactation an option?

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How often is the infant fed? How much formula does the infant take at a feeding?

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At what angle is the bottle held?

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How is the infant positioned during the feeding?

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Is the infant burped at necessary intervals?

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If spitting up is reported as a problem, does this appear excessive? (It is normal for young infants to spit up a small amount after feedings.)

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If constipation is reported, what are the symptoms?

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Is the formula properly diluted?

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Is the formula adequately refrigerated?

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EXHIBIT 7 - C

Screening:	Response
Is the formula prepared in a sanitary manner?	_____
What is the water source? Is it safe?	_____
Is the infant fed formula leftover from a previous feeding?	_____
Were new foods recently introduced?	_____
Is there a family history of soy or milk protein allergy?	_____

**Recommendations:**

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Refer to the [Infant Nutrition and Feeding Guide](#) for guidance on:

- Appropriate bottle-feeding practices
- Resolving common gastrointestinal problems

**Reference – Complete Listing of Hyperlinks**

[Infant Nutrition and Feeding Guide](https://wicworks.fns.usda.gov/resources/infant-nutrition-and-feeding-guide) (https://wicworks.fns.usda.gov/resources/infant-nutrition-and-feeding-guide)

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