

Minnesota WIC Enfamil Formula Substitutions

**BEGINNING OCTOBER 29, 2022 – DECEMBER 31, 2022
(REVISED 10/29/2022)**

Please use this Enfamil Formula Substitutions list if you have Enfamil on your WIC benefits.

If you are unable to find the Enfamil formula in your benefits, you may temporarily use your WIC Card to buy one of the other formulas listed below. Always try to find the Enfamil formula in your benefits first. Scan the formula using your My MN WIC App to make sure it's allowed before you try to buy it.

You can find this formula list using your WIC App. Tap Shopping Tips > Shopping for WIC Foods. If unable to use the App while shopping, take a screenshot and save the list for later use.

If your formula is: **Enfamil Infant 12.5 oz powder**

- If you have **1 can** in your WIC benefits, you can **buy 1 can** of:
 - **Parent's Choice Advantage 12.4 oz powder**
 - **Parent's Choice Infant 12.5 oz powder**
 - **Similac Advance 12.4 oz powder**

- If you have **2 cans** in your WIC benefits, you can **buy 1 can** of:
 - **Enfamil Infant 1.32 LB powder**
 - **Enfamil Neuropro 1.29 LB powder**
 - **Enfamil Simply Organic 19.5 oz powder**
 - **Parent's Choice Advantage 23.2 oz powder**
 - **Parent's Choice Organic 23.2 oz powder**
 - **Tippy Toes Advantage 23.2 oz powder**
 - **Tippy Toes Infant 22.2 oz powder**
 - **Up & Up Advantage 23.2 oz powder**
 - **Up & Up Infant 22.2 oz powder**
 - **Well Beginnings Advantage 23.2 oz powder**
 - **Well Beginnings Infant 22.2 oz powder**



If your formula is: **Enfamil Infant 12.5 oz powder**

- If you have **3 cans** in your WIC benefits, you can **buy 1 can** of:
 - **Enfamil Infant 1.84 LB** powder
 - **Enfamil Neuropro 1.77 LB** powder
 - **Enfamil Neuropro 31.4 oz** powder
 - **Enfamil Neuropro 36.4 oz** powder
 - **Parent's Choice Advantage 36 oz** powder
 - **Parent's Choice Infant 36 oz** powder
 - **Tippy Toes Advantage 35 oz** powder
 - **Tippy Toes Infant 35 oz** powder
 - **Up & Up Advantage 35 oz** powder
 - **Up & Up Infant 35 oz** powder



If your formula is: **Enfamil Reguline 12.4 oz powder**

- If you have **2 cans** in your WIC benefits, you can **buy 1 can** of:
 - **Enfamil Reguline 19.5 oz** powder



If your formula is: **Enfamil A.R. 12.9 oz. powder**

- If you have **2 cans** in your WIC benefits, you can **buy 1 can** of:
 - **Enfamil AR 19.5 oz** powder
 - **Parent's Choice Added Rice 21.5 oz** powder
 - **Tippy Toes Added Rice 21.5 oz** powder
- If you have **3 cans** in your WIC benefits, you can **buy 1 can** of:
 - **Enfamil AR 27.4 oz** powder
 - **Enfamil AR Refill Pack 30.4 oz** powder
 - **Parent's Choice Added Rice 32.2 oz** powder
 - **Up & Up Added Rice Starch 32.2 oz** powder



If your formula is: **Enfamil Gentlese 12.4 oz. powder**

- If you have **1 can** in your WIC benefits, you can **buy 1 can** of:
 - **Parent's Choice Gentle 12.0 oz powder**
 - **Similac Sensitive 12.5 oz powder**
 - **Similac Total Comfort 12.6 oz powder**

- If you have **2 cans** in your WIC benefits, you can **buy 1 can** of:
 - **Enfamil Gentlese 19.9 oz powder**
 - **Enfamil Neuropro Gentlese 1.22 LB powder**
 - **Parent's Choice Complete Comfort 22.5 oz powder**
 - **Parent's Choice Gentle 21.5 oz powder**
 - **Tippy Toes Gentle 21.5 oz powder**
 - **Up & Up Gentle 21.5 oz powder**
 - **Well Beginnings Gentle 21.5 oz powder**

- If you have **3 cans** in your WIC benefits, you can **buy 1 can** of:
 - **Enfamil Gentlese 27.7 oz powder**
 - **Enfamil Neuropro Gentlese 1.71 LB powder**
 - **Enfamil Neuropro Gentlese 30.4 oz powder**
 - **Enfamil Neuropro Gentlese 35.2 oz powder**
 - **Parent's Choice Complete Comfort 29.8 oz powder**
 - **Parent's Choice Gentle 34.0 oz powder**
 - **Tippy Toes Gentler 33.2 oz powder**
 - **Up & Up Complete Comfort 1.86 lb powder**
 - **Up & Up Complete Comfort Premium 29.8 oz powder**
 - **Up & Up Gentle 33.2 oz powder**



Minnesota Department of Health - WIC Program 85 E 7th Place, PO BOX 64882, ST PAUL MN 55164-0882; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us; To obtain this information in a different format, call: 1-800-657-3942

This institution is an equal opportunity provider.