



## WIC Health Indicators Summary

| MINNESOTA                 |                  |       |                   | COUNTY           |       |                   |
|---------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
|                           |                  |       |                   | COTTONWOOD       |       |                   |
| Infants' Health Indicator | 2013<br>(Ref Yr) | 2017  | Percent<br>Change | 2013<br>(Ref Yr) | 2017  | Percent<br>Change |
| <b>Breastfeeding</b>      |                  |       |                   |                  |       |                   |
| Initiation                | 77.9%            | 81.3% | 4%                | 83.8%            | 79.2% | -5%               |
| Duration 1 month          | 59.5%            | 63.1% | 6%                | 52.2%            | 54.5% | 4%                |
| Duration 3 months         | 44.8%            | 48.8% | 9%                | 34.8%            | 45.5% | 31%               |
| Duration 6 months         | 32.9%            | 36.3% | 10%               | 16.7%            | 36.8% | 120%              |
| Duration 12 months        | 16.5%            | 18.6% | 13%               | 6.2%             | 29.3% | 373%              |

| Pregnancy/Postpartum Indicator     | 2013<br>(Ref Yr) | 2018  | Percent<br>Change | 2013<br>(Ref Yr) | 2018  | Percent<br>Change |
|------------------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| <b>Anemia (Low Hemoglobin)</b>     |                  |       |                   |                  |       |                   |
| Prenatal Any Trimester             | 10.9%            | 18.8% | 72%               | 17.2%            | 34.0% | 98%               |
| Prenatal Third Trimester           | 27.5%            | 38.3% | 39%               | ****             | ****  | N/A               |
| Postpartum                         | 30.7%            | 36.2% | 18%               | 39.1%            | 27.9% | -29%              |
| <b>Weight Status Pre-pregnancy</b> |                  |       |                   |                  |       |                   |
| Overweight and Obese (BMI > 25)    | 57.8%            | 62.2% | 8%                | 57.8%            | 65.5% | 13%               |

| Children's Health Indicator               | 2013<br>(Ref Yr) | 2018  | Percent<br>Change | 2013<br>(Ref Yr) | 2018  | Percent<br>Change |
|---|------------------|-------|-------------------|------------------|-------|-------------------|
| <b>Anemia (Low Hemoglobin)</b>            |                  |       |                   |                  |       |                   |
| 0 to 5 years                              | 11.1%            | 14.4% | 30%               | 14.6%            | 13.7% | -6%               |
| <b>Weight Status</b>                      |                  |       |                   |                  |       |                   |
| <b>Overweight/Obese (≥ 85 percentile)</b> |                  |       |                   |                  |       |                   |
| 2 to 5 years                              | 28.9%            | 28.7% | -1%               | 25.9%            | 27.7% | 7%                |
| <b>Obese (≥ 95th percentile)</b>          |                  |       |                   |                  |       |                   |
| 2 to 5 years                              | 13.1%            | 12.9% | -2%               | 10.9%            | 12.8% | 17%               |

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (\*\*\*\*) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % \*100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

This institution is an equal opportunity provider.



## WIC Health Indicators Summary

|                           | MINNESOTA        |       |                   | CHB               |       |                   |
|---------------------------|------------------|-------|-------------------|-------------------|-------|-------------------|
|                           |                  |       |                   | DES MOINES VALLEY |       |                   |
| Infants' Health Indicator | 2013<br>(Ref Yr) | 2017  | Percent<br>Change | 2013<br>(Ref Yr)  | 2017  | Percent<br>Change |
| <b>Breastfeeding</b>      |                  |       |                   |                   |       |                   |
| Initiation                | 77.9%            | 81.3% | 4%                | 82.7%             | 81.6% | -1%               |
| Duration 1 month          | 59.5%            | 63.1% | 6%                | 50.0%             | 51.2% | 2%                |
| Duration 3 months         | 44.8%            | 48.8% | 9%                | 31.8%             | 37.6% | 18%               |
| Duration 6 months         | 32.9%            | 36.3% | 10%               | 17.8%             | 29.0% | 63%               |
| Duration 12 months        | 16.5%            | 18.6% | 13%               | 5.7%              | 22.1% | 288%              |

| Pregnancy/Postpartum Indicator     | 2013<br>(Ref Yr) | 2018  | Percent<br>Change | 2013<br>(Ref Yr) | 2018  | Percent<br>Change |
|------------------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| <b>Anemia (Low Hemoglobin)</b>     |                  |       |                   |                  |       |                   |
| Prenatal Any Trimester             | 10.9%            | 18.8% | 72%               | 12.5%            | 24.3% | 94%               |
| Prenatal Third Trimester           | 27.5%            | 38.3% | 39%               | ****             | 38.2% | N/A               |
| Postpartum                         | 30.7%            | 36.2% | 18%               | 35.4%            | 26.4% | -25%              |
| <b>Weight Status Pre-pregnancy</b> |                  |       |                   |                  |       |                   |
| Overweight and Obese (BMI > 25)    | 57.8%            | 62.2% | 8%                | 57.3%            | 65.1% | 14%               |

| Children's Health Indicator               | 2013<br>(Ref Yr) | 2018  | Percent<br>Change | 2013<br>(Ref Yr) | 2018  | Percent<br>Change |
|---|------------------|-------|-------------------|------------------|-------|-------------------|
| <b>Anemia (Low Hemoglobin)</b>            |                  |       |                   |                  |       |                   |
| 0 to 5 years                              | 11.1%            | 14.4% | 30%               | 13.5%            | 15.4% | 14%               |
| <b>Weight Status</b>                      |                  |       |                   |                  |       |                   |
| <b>Overweight/Obese (≥ 85 percentile)</b> |                  |       |                   |                  |       |                   |
| 2 to 5 years                              | 28.9%            | 28.7% | -1%               | 28.0%            | 30.1% | 7%                |
| <b>Obese (≥ 95th percentile)</b>          |                  |       |                   |                  |       |                   |
| 2 to 5 years                              | 13.1%            | 12.9% | -2%               | 11.7%            | 13.5% | 15%               |

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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