



## WIC Health Indicators Summary

	MINNESOTA			COUNTY		
				HOUSTON		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	80.8%	83.5%	3%
Duration 1 month	59.5%	63.1%	6%	45.2%	53.2%	18%
Duration 3 months	44.8%	48.8%	9%	31.5%	30.8%	-2%
Duration 6 months	32.9%	36.3%	10%	17.8%	18.2%	2%
Duration 12 months	16.5%	18.6%	13%	8.3%	9.2%	11%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	10.9%	22.6%	107%
Prenatal Third Trimester	27.5%	38.3%	39%	****	****	N/A
Postpartum	30.7%	36.2%	18%	20.0%	34.1%	70%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	52.2%	76.3%	46%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	7.2%	13.0%	81%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	26.7%	27.7%	4%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	9.6%	8.5%	-11%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (\*\*\*\*) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % \*100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

This institution is an equal opportunity provider.



## WIC Health Indicators Summary

	MINNESOTA			CHB		
				FILLMORE-HOUSTON		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	82.2%	80.8%	-2%
Duration 1 month	59.5%	63.1%	6%	55.8%	55.4%	-1%
Duration 3 months	44.8%	48.8%	9%	39.1%	39.4%	1%
Duration 6 months	32.9%	36.3%	10%	26.9%	27.9%	4%
Duration 12 months	16.5%	18.6%	13%	13.7%	13.7%	0%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	12.3%	16.9%	37%
Prenatal Third Trimester	27.5%	38.3%	39%	****	****	N/A
Postpartum	30.7%	36.2%	18%	22.3%	37.7%	69%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	56.6%	73.3%	30%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	13.2%	13.8%	5%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	28.4%	31.3%	10%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	11.7%	8.8%	-25%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (\*\*\*\*) indicate a suppressed result when the denominator is < 30.

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Percent change = (current year%-ref year %)/ref year % \*100

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