



WIC Health Indicators Summary

| MINNESOTA | | | | COUNTY | | |
|---------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| | | | | POPE | | |
| Infants' Health Indicator | 2013 (Ref Yr) | 2017 | Percent Change | 2013 (Ref Yr) | 2017 | Percent Change |
| Breastfeeding | | | | | | |
| Initiation | 77.9% | 81.3% | 4% | 83.9% | 79.7% | -5% |
| Duration 1 month | 59.5% | 63.1% | 6% | 62.5% | 60.9% | -3% |
| Duration 3 months | 44.8% | 48.8% | 9% | 41.1% | 42.6% | 4% |
| Duration 6 months | 32.9% | 36.3% | 10% | 29.6% | 26.9% | -9% |
| Duration 12 months | 16.5% | 18.6% | 13% | 9.4% | 18.2% | 94% |

| Pregnancy/Postpartum Indicator | 2013 (Ref Yr) | 2018 | Percent Change | 2013 (Ref Yr) | 2018 | Percent Change |
|------------------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| Anemia (Low Hemoglobin) | | | | | | |
| Prenatal Any Trimester | 10.9% | 18.8% | 72% | 5.8% | 8.3% | 43% |
| Prenatal Third Trimester | 27.5% | 38.3% | 39% | **** | **** | N/A |
| Postpartum | 30.7% | 36.2% | 18% | 26.9% | 39.6% | 47% |
| Weight Status Pre-pregnancy | | | | | | |
| Overweight and Obese (BMI > 25) | 57.8% | 62.2% | 8% | 65.4% | 65.9% | 1% |

| Children's Health Indicator | 2013 (Ref Yr) | 2018 | Percent Change | 2013 (Ref Yr) | 2018 | Percent Change |
|---|------------------|-------|-------------------|------------------|-------|-------------------|
| Anemia (Low Hemoglobin) | | | | | | |
| 0 to 5 years | 11.1% | 14.4% | 30% | 5.9% | 10.1% | 71% |
| Weight Status | | | | | | |
| Overweight/Obese (≥ 85 percentile) | | | | | | |
| 2 to 5 years | 28.9% | 28.7% | -1% | 34.4% | 27.6% | -20% |
| Obese (≥ 95th percentile) | | | | | | |
| 2 to 5 years | 13.1% | 12.9% | -2% | 11.9% | 9.5% | -20% |

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (****) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % *100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

This institution is an equal opportunity provider.



WIC Health Indicators Summary

| | MINNESOTA | | | CHB | | |
|---------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| | | | | HORIZON | | |
| Infants' Health Indicator | 2013 (Ref Yr) | 2017 | Percent Change | 2013 (Ref Yr) | 2017 | Percent Change |
| Breastfeeding | | | | | | |
| Initiation | 77.9% | 81.3% | 4% | 76.8% | 81.1% | 6% |
| Duration 1 month | 59.5% | 63.1% | 6% | 58.7% | 61.0% | 4% |
| Duration 3 months | 44.8% | 48.8% | 9% | 39.7% | 45.5% | 15% |
| Duration 6 months | 32.9% | 36.3% | 10% | 29.5% | 32.8% | 11% |
| Duration 12 months | 16.5% | 18.6% | 13% | 15.9% | 18.9% | 19% |

| Pregnancy/Postpartum Indicator | 2013 (Ref Yr) | 2018 | Percent Change | 2013 (Ref Yr) | 2018 | Percent Change |
|------------------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| Anemia (Low Hemoglobin) | | | | | | |
| Prenatal Any Trimester | 10.9% | 18.8% | 72% | 6.6% | 15.7% | 138% |
| Prenatal Third Trimester | 27.5% | 38.3% | 39% | 17.3% | 31.9% | 84% |
| Postpartum | 30.7% | 36.2% | 18% | 28.5% | 36.1% | 27% |
| Weight Status Pre-pregnancy | | | | | | |
| Overweight and Obese (BMI > 25) | 57.8% | 62.2% | 8% | 63.0% | 64.3% | 2% |

| Children's Health Indicator | 2013 (Ref Yr) | 2018 | Percent Change | 2013 (Ref Yr) | 2018 | Percent Change |
|---|------------------|-------|-------------------|------------------|-------|-------------------|
| Anemia (Low Hemoglobin) | | | | | | |
| 0 to 5 years | 11.1% | 14.4% | 30% | 8.2% | 16.2% | 98% |
| Weight Status | | | | | | |
| Overweight/Obese (≥ 85 percentile) | | | | | | |
| 2 to 5 years | 28.9% | 28.7% | -1% | 27.9% | 25.0% | -10% |
| Obese (≥ 95th percentile) | | | | | | |
| 2 to 5 years | 13.1% | 12.9% | -2% | 9.9% | 12.8% | 29% |

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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Percent change = (current year%-ref year %)/ref year % *100

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