



WIC Health Indicators Summary

| | MINNESOTA | | | COUNTY | | |
|---------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| | | | | REDWOOD | | |
| Infants' Health Indicator | 2013 (Ref Yr) | 2017 | Percent Change | 2013 (Ref Yr) | 2017 | Percent Change |
| Breastfeeding | | | | | | |
| Initiation | 77.9% | 81.3% | 4% | 73.6% | 78.4% | 7% |
| Duration 1 month | 59.5% | 63.1% | 6% | 48.6% | 49.4% | 2% |
| Duration 3 months | 44.8% | 48.8% | 9% | 24.8% | 29.9% | 21% |
| Duration 6 months | 32.9% | 36.3% | 10% | 13.3% | 19.0% | 43% |
| Duration 12 months | 16.5% | 18.6% | 13% | 7.6% | 9.5% | 25% |

| Pregnancy/Postpartum Indicator | 2013 (Ref Yr) | 2018 | Percent Change | 2013 (Ref Yr) | 2018 | Percent Change |
|------------------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| Anemia (Low Hemoglobin) | | | | | | |
| Prenatal Any Trimester | 10.9% | 18.8% | 72% | 4.7% | 13.8% | 194% |
| Prenatal Third Trimester | 27.5% | 38.3% | 39% | **** | **** | N/A |
| Postpartum | 30.7% | 36.2% | 18% | 17.4% | 23.1% | 33% |
| Weight Status Pre-pregnancy | | | | | | |
| Overweight and Obese (BMI > 25) | 57.8% | 62.2% | 8% | 58.1% | 58.1% | 0% |

| Children's Health Indicator | 2013 (Ref Yr) | 2018 | Percent Change | 2013 (Ref Yr) | 2018 | Percent Change |
|---|------------------|-------|-------------------|------------------|-------|-------------------|
| Anemia (Low Hemoglobin) | | | | | | |
| 0 to 5 years | 11.1% | 14.4% | 30% | 3.7% | 5.3% | 43% |
| Weight Status | | | | | | |
| Overweight/Obese (≥ 85 percentile) | | | | | | |
| 2 to 5 years | 28.9% | 28.7% | -1% | 28.7% | 24.8% | -14% |
| Obese (≥ 95th percentile) | | | | | | |
| 2 to 5 years | 13.1% | 12.9% | -2% | 14.8% | 8.3% | -44% |

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (****) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % *100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

This institution is an equal opportunity provider.



WIC Health Indicators Summary

| | MINNESOTA | | | CHB | | |
|---------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| | | | | SOUTHWEST | | |
| Infants' Health Indicator | 2013 (Ref Yr) | 2017 | Percent Change | 2013 (Ref Yr) | 2017 | Percent Change |
| Breastfeeding | | | | | | |
| Initiation | 77.9% | 81.3% | 4% | 78.3% | 80.1% | 2% |
| Duration 1 month | 59.5% | 63.1% | 6% | 58.2% | 62.1% | 7% |
| Duration 3 months | 44.8% | 48.8% | 9% | 36.7% | 45.3% | 23% |
| Duration 6 months | 32.9% | 36.3% | 10% | 25.1% | 34.5% | 37% |
| Duration 12 months | 16.5% | 18.6% | 13% | 14.2% | 15.6% | 10% |

| Pregnancy/Postpartum Indicator | 2013 (Ref Yr) | 2018 | Percent Change | 2013 (Ref Yr) | 2018 | Percent Change |
|------------------------------------|------------------|-------|-------------------|------------------|-------|-------------------|
| Anemia (Low Hemoglobin) | | | | | | |
| Prenatal Any Trimester | 10.9% | 18.8% | 72% | 7.8% | 17.3% | 122% |
| Prenatal Third Trimester | 27.5% | 38.3% | 39% | 22.8% | 41.7% | 83% |
| Postpartum | 30.7% | 36.2% | 18% | 21.1% | 15.7% | -26% |
| Weight Status Pre-pregnancy | | | | | | |
| Overweight and Obese (BMI > 25) | 57.8% | 62.2% | 8% | 55.7% | 60.2% | 8% |

| Children's Health Indicator | 2013 (Ref Yr) | 2018 | Percent Change | 2013 (Ref Yr) | 2018 | Percent Change |
|---|------------------|-------|-------------------|------------------|-------|-------------------|
| Anemia (Low Hemoglobin) | | | | | | |
| 0 to 5 years | 11.1% | 14.4% | 30% | 5.1% | 5.5% | 8% |
| Weight Status | | | | | | |
| Overweight/Obese (≥ 85 percentile) | | | | | | |
| 2 to 5 years | 28.9% | 28.7% | -1% | 27.7% | 26.2% | -5% |
| Obese (≥ 95th percentile) | | | | | | |
| 2 to 5 years | 13.1% | 12.9% | -2% | 12.6% | 10.6% | -16% |

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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