



WIC Health Indicators Summary

MINNESOTA				COUNTY		
				ROCK		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
Breastfeeding						
Initiation	77.9%	81.3%	4%	63.0%	80.4%	28%
Duration 1 month	59.5%	63.1%	6%	46.3%	68.9%	49%
Duration 3 months	44.8%	48.8%	9%	33.3%	55.6%	67%
Duration 6 months	32.9%	36.3%	10%	24.1%	40.5%	68%
Duration 12 months	16.5%	18.6%	13%	11.5%	10.0%	-13%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
Anemia (Low Hemoglobin)						
Prenatal Any Trimester	10.9%	18.8%	72%	10.0%	****	N/A
Prenatal Third Trimester	27.5%	38.3%	39%	****	****	N/A
Postpartum	30.7%	36.2%	18%	40.0%	12.9%	-68%
Weight Status Pre-pregnancy						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	52.5%	60.6%	15%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
Anemia (Low Hemoglobin)						
0 to 5 years	11.1%	14.4%	30%	9.2%	12.8%	39%
Weight Status						
Overweight/Obese (≥ 85 percentile)						
2 to 5 years	28.9%	28.7%	-1%	29.9%	17.0%	-43%
Obese (≥ 95th percentile)						
2 to 5 years	13.1%	12.9%	-2%	15.0%	10.2%	-32%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (****) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % *100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

This institution is an equal opportunity provider.



WIC Health Indicators Summary

	MINNESOTA			CHB		
				SOUTHWEST		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
Breastfeeding						
Initiation	77.9%	81.3%	4%	78.3%	80.1%	2%
Duration 1 month	59.5%	63.1%	6%	58.2%	62.1%	7%
Duration 3 months	44.8%	48.8%	9%	36.7%	45.3%	23%
Duration 6 months	32.9%	36.3%	10%	25.1%	34.5%	37%
Duration 12 months	16.5%	18.6%	13%	14.2%	15.6%	10%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
Anemia (Low Hemoglobin)						
Prenatal Any Trimester	10.9%	18.8%	72%	7.8%	17.3%	122%
Prenatal Third Trimester	27.5%	38.3%	39%	22.8%	41.7%	83%
Postpartum	30.7%	36.2%	18%	21.1%	15.7%	-26%
Weight Status Pre-pregnancy						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	55.7%	60.2%	8%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
Anemia (Low Hemoglobin)						
0 to 5 years	11.1%	14.4%	30%	5.1%	5.5%	8%
Weight Status						
Overweight/Obese (≥ 85 percentile)						
2 to 5 years	28.9%	28.7%	-1%	27.7%	26.2%	-5%
Obese (≥ 95th percentile)						
2 to 5 years	13.1%	12.9%	-2%	12.6%	10.6%	-16%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (****) indicate a suppressed result when the denominator is < 30.

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