



## WIC Health Indicators Summary

	MINNESOTA			COUNTY		
				STEARNS		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	76.0%	86.4%	14%
Duration 1 month	59.5%	63.1%	6%	61.5%	71.1%	16%
Duration 3 months	44.8%	48.8%	9%	47.2%	57.4%	22%
Duration 6 months	32.9%	36.3%	10%	34.3%	44.1%	29%
Duration 12 months	16.5%	18.6%	13%	16.0%	19.4%	21%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	9.2%	16.8%	83%
Prenatal Third Trimester	27.5%	38.3%	39%	21.1%	36.2%	72%
Postpartum	30.7%	36.2%	18%	27.2%	33.6%	24%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	54.2%	61.9%	14%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	7.8%	12.3%	58%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	21.6%	25.1%	16%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	8.0%	11.6%	45%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (\*\*\*\*) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % \*100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

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## WIC Health Indicators Summary

MINNESOTA				CITY100		
				SARTELL/SAUK RAPIDS/SAUK CENTER		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	70.4%	77.2%	10%
Duration 1 month	59.5%	63.1%	6%	55.7%	59.0%	6%
Duration 3 months	44.8%	48.8%	9%	39.5%	43.4%	10%
Duration 6 months	32.9%	36.3%	10%	24.9%	31.6%	27%
Duration 12 months	16.5%	18.6%	13%	11.1%	18.0%	62%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	8.8%	20.5%	133%
Prenatal Third Trimester	27.5%	38.3%	39%	23.5%	36.7%	56%
Postpartum	30.7%	36.2%	18%	20.7%	37.4%	81%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	54.1%	53.7%	-1%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	6.8%	10.3%	51%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	24.2%	27.1%	12%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	8.5%	12.8%	51%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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Percent change = (current year%-ref year %)/ref year % \*100

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## WIC Health Indicators Summary

	MINNESOTA			CITY100		
				ST. CLOUD		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	73.9%	85.6%	16%
Duration 1 month	59.5%	63.1%	6%	61.3%	73.1%	19%
Duration 3 months	44.8%	48.8%	9%	49.7%	60.8%	22%
Duration 6 months	32.9%	36.3%	10%	37.2%	46.8%	26%
Duration 12 months	16.5%	18.6%	13%	17.1%	19.1%	12%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	10.8%	16.6%	54%
Prenatal Third Trimester	27.5%	38.3%	39%	28.6%	37.8%	32%
Postpartum	30.7%	36.2%	18%	34.4%	40.2%	17%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	54.9%	62.6%	14%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	8.6%	12.4%	44%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	18.6%	23.5%	26%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	7.5%	11.3%	51%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (\*\*\*\*) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % \*100

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## WIC Health Indicators Summary

	MINNESOTA			CITY100		
				ST. JOSEPH/WAITE PARK		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	80.0%	91.2%	14%
Duration 1 month	59.5%	63.1%	6%	66.5%	79.4%	19%
Duration 3 months	44.8%	48.8%	9%	55.9%	65.5%	17%
Duration 6 months	32.9%	36.3%	10%	42.3%	47.2%	12%
Duration 12 months	16.5%	18.6%	13%	18.4%	18.2%	-1%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	13.4%	19.7%	47%
Prenatal Third Trimester	27.5%	38.3%	39%	****	39.0%	N/A
Postpartum	30.7%	36.2%	18%	24.0%	34.5%	44%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	53.7%	61.8%	15%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	9.3%	14.4%	55%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	22.5%	27.2%	21%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	7.2%	15.2%	111%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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