



## WIC Health Indicators Summary

	MINNESOTA			COUNTY		
				WASECA		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	69.3%	79.1%	14%
Duration 1 month	59.5%	63.1%	6%	46.4%	63.6%	37%
Duration 3 months	44.8%	48.8%	9%	30.7%	46.4%	51%
Duration 6 months	32.9%	36.3%	10%	22.1%	28.4%	29%
Duration 12 months	16.5%	18.6%	13%	6.7%	15.1%	125%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	4.6%	14.0%	204%
Prenatal Third Trimester	27.5%	38.3%	39%	****	****	N/A
Postpartum	30.7%	36.2%	18%	35.3%	29.1%	-18%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	64.7%	59.4%	-8%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	6.5%	15.0%	131%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	29.5%	16.7%	-43%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	10.5%	6.2%	-41%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (\*\*\*\*) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % \*100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

This institution is an equal opportunity provider.



## WIC Health Indicators Summary

MINNESOTA				CHB		
				LE SUEUR-WASECA		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	75.0%	79.1%	5%
Duration 1 month	59.5%	63.1%	6%	50.4%	61.4%	22%
Duration 3 months	44.8%	48.8%	9%	33.2%	40.7%	23%
Duration 6 months	32.9%	36.3%	10%	23.1%	24.9%	8%
Duration 12 months	16.5%	18.6%	13%	9.6%	13.7%	43%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	9.1%	14.2%	56%
Prenatal Third Trimester	27.5%	38.3%	39%	23.3%	36.1%	55%
Postpartum	30.7%	36.2%	18%	28.2%	28.5%	1%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	63.7%	61.1%	-4%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	6.1%	19.1%	213%
<b>Weight Status</b>						
<b>Overweight/Obese (<math>\geq</math> 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	27.0%	21.8%	-19%
<b>Obese (<math>\geq</math> 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	11.4%	9.3%	-18%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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