



## WIC Health Indicators Summary

	MINNESOTA			COUNTY		
				WASHINGTON		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	81.5%	85.5%	5%
Duration 1 month	59.5%	63.1%	6%	59.5%	65.1%	9%
Duration 3 months	44.8%	48.8%	9%	41.8%	48.8%	17%
Duration 6 months	32.9%	36.3%	10%	28.3%	34.2%	21%
Duration 12 months	16.5%	18.6%	13%	13.0%	17.8%	37%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	9.1%	17.1%	88%
Prenatal Third Trimester	27.5%	38.3%	39%	23.4%	32.1%	37%
Postpartum	30.7%	36.2%	18%	26.7%	36.5%	37%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	55.1%	61.1%	11%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	7.8%	11.2%	44%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	29.0%	27.6%	-5%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	12.3%	11.5%	-7%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (\*\*\*\*) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % \*100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

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## WIC Health Indicators Summary

MINNESOTA				CITY100		
				COTTAGE GROVE/ST. PAUL PARK		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	81.0%	85.1%	5%
Duration 1 month	59.5%	63.1%	6%	55.0%	66.8%	21%
Duration 3 months	44.8%	48.8%	9%	38.1%	52.5%	38%
Duration 6 months	32.9%	36.3%	10%	27.1%	39.3%	45%
Duration 12 months	16.5%	18.6%	13%	9.7%	22.4%	131%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	14.0%	14.1%	1%
Prenatal Third Trimester	27.5%	38.3%	39%	30.0%	****	N/A
Postpartum	30.7%	36.2%	18%	33.3%	37.4%	12%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	54.7%	59.5%	9%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	7.9%	10.9%	38%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	28.0%	29.4%	5%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	11.8%	12.4%	5%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (\*\*\*\*) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

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Percent change = (current year%-ref year %)/ref year % \*100

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## WIC Health Indicators Summary

	MINNESOTA			CITY100		
				FOREST LAKE/HUGO		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	80.8%	88.2%	9%
Duration 1 month	59.5%	63.1%	6%	57.2%	60.4%	6%
Duration 3 months	44.8%	48.8%	9%	37.6%	46.0%	22%
Duration 6 months	32.9%	36.3%	10%	23.3%	33.7%	45%
Duration 12 months	16.5%	18.6%	13%	9.7%	15.8%	63%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	9.1%	10.1%	11%
Prenatal Third Trimester	27.5%	38.3%	39%	18.2%	****	N/A
Postpartum	30.7%	36.2%	18%	22.4%	30.7%	37%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	53.5%	63.6%	19%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	6.2%	10.1%	63%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	33.8%	22.8%	-33%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	15.8%	12.0%	-24%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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Percent change = (current year%-ref year %)/ref year % \*100

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## WIC Health Indicators Summary

	MINNESOTA			CITY100		
				LAKE ELMO/MAHTOMEDI/STILLWATER		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	83.7%	91.9%	10%
Duration 1 month	59.5%	63.1%	6%	65.4%	70.6%	8%
Duration 3 months	44.8%	48.8%	9%	50.8%	48.8%	-4%
Duration 6 months	32.9%	36.3%	10%	33.1%	32.9%	-1%
Duration 12 months	16.5%	18.6%	13%	20.2%	20.3%	0%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	5.8%	10.2%	76%
Prenatal Third Trimester	27.5%	38.3%	39%	****	****	N/A
Postpartum	30.7%	36.2%	18%	27.9%	30.4%	9%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	60.3%	54.4%	-10%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	6.7%	9.0%	34%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	28.0%	29.8%	6%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	9.3%	12.2%	31%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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Percent change = (current year%-ref year %)/ref year % \*100

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## WIC Health Indicators Summary

	MINNESOTA			CITY100		
				NEWPORT/WOODBURY		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	85.0%	85.2%	0%
Duration 1 month	59.5%	63.1%	6%	66.2%	64.8%	-2%
Duration 3 months	44.8%	48.8%	9%	48.7%	49.5%	2%
Duration 6 months	32.9%	36.3%	10%	33.8%	36.5%	8%
Duration 12 months	16.5%	18.6%	13%	19.1%	17.4%	-9%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	7.9%	22.9%	190%
Prenatal Third Trimester	27.5%	38.3%	39%	22.6%	36.7%	62%
Postpartum	30.7%	36.2%	18%	25.2%	35.4%	40%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	55.6%	57.3%	3%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	8.2%	13.6%	66%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	26.4%	24.9%	-6%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	12.3%	10.6%	-14%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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## WIC Health Indicators Summary

	MINNESOTA			CITY100		
				OAKDALE		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
<b>Breastfeeding</b>						
Initiation	77.9%	81.3%	4%	75.9%	82.4%	9%
Duration 1 month	59.5%	63.1%	6%	53.6%	61.0%	14%
Duration 3 months	44.8%	48.8%	9%	38.4%	43.3%	13%
Duration 6 months	32.9%	36.3%	10%	27.5%	25.6%	-7%
Duration 12 months	16.5%	18.6%	13%	9.0%	14.2%	58%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
Prenatal Any Trimester	10.9%	18.8%	72%	8.0%	22.6%	183%
Prenatal Third Trimester	27.5%	38.3%	39%	****	****	N/A
Postpartum	30.7%	36.2%	18%	25.4%	50.0%	97%
<b>Weight Status Pre-pregnancy</b>						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	55.8%	65.8%	18%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
<b>Anemia (Low Hemoglobin)</b>						
0 to 5 years	11.1%	14.4%	30%	9.0%	11.7%	30%
<b>Weight Status</b>						
<b>Overweight/Obese (≥ 85 percentile)</b>						
2 to 5 years	28.9%	28.7%	-1%	30.3%	31.2%	3%
<b>Obese (≥ 95th percentile)</b>						
2 to 5 years	13.1%	12.9%	-2%	11.8%	11.0%	-7%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

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