



WIC Health Indicators Summary

MINNESOTA				COUNTY		
				WATONWAN		
Infants' Health Indicator	2013 (Ref Yr)	2017	Percent Change	2013 (Ref Yr)	2017	Percent Change
Breastfeeding						
Initiation	77.9%	81.3%	4%	53.9%	60.9%	13%
Duration 1 month	59.5%	63.1%	6%	46.1%	43.1%	-7%
Duration 3 months	44.8%	48.8%	9%	40.2%	31.6%	-21%
Duration 6 months	32.9%	36.3%	10%	27.5%	22.0%	-20%
Duration 12 months	16.5%	18.6%	13%	13.7%	11.7%	-15%

Pregnancy/Postpartum Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
Anemia (Low Hemoglobin)						
Prenatal Any Trimester	10.9%	18.8%	72%	13.0%	20.4%	57%
Prenatal Third Trimester	27.5%	38.3%	39%	****	****	N/A
Postpartum	30.7%	36.2%	18%	39.0%	36.0%	-8%
Weight Status Pre-pregnancy						
Overweight and Obese (BMI > 25)	57.8%	62.2%	8%	61.3%	74.1%	21%

Children's Health Indicator	2013 (Ref Yr)	2018	Percent Change	2013 (Ref Yr)	2018	Percent Change
Anemia (Low Hemoglobin)						
0 to 5 years	11.1%	14.4%	30%	6.0%	6.5%	8%
Weight Status						
Overweight/Obese (≥ 85 percentile)						
2 to 5 years	28.9%	28.7%	-1%	41.9%	30.5%	-27%
Obese (≥ 95th percentile)						
2 to 5 years	13.1%	12.9%	-2%	20.0%	12.8%	-36%

Source: Minnesota WIC Information System, Minnesota Department of Health, 2019

Four asterisks (****) indicate a suppressed result when the denominator is < 30.

Agency and Grantee refer to the location where the participant was served.

County, CHB and City refer to the location where the participant lived.

Percent change = (current year%-ref year %)/ref year % *100

For more information visit <https://www.health.state.mn.us/people/wic/localagency/reports/indicators/index.html>

This institution is an equal opportunity provider.