

Meaningful Minutes: Preventing Anemia in Children

Resources for preventing anemia in children

- [Introduction to Hematological Assessment \(PDF\)](https://www.health.state.mn.us/docs/people/wic/localagency/training/nutrition/nst/blood.pdf)
(<https://www.health.state.mn.us/docs/people/wic/localagency/training/nutrition/nst/blood.pdf>)
- [Hemoglobin Schedule and Coverage FAQs \(PDF\)](https://www.health.state.mn.us/docs/people/wic/localagency/hemoglobin.pdf)
(<https://www.health.state.mn.us/docs/people/wic/localagency/hemoglobin.pdf>)
- [Hemoglobin Screening - Talking Points \(PDF\)](https://www.health.state.mn.us/docs/people/wic/localagency/hemoglobintp.pdf)
(<https://www.health.state.mn.us/docs/people/wic/localagency/hemoglobintp.pdf>)
- [WIC Nutrition Assessment](https://www.health.state.mn.us/people/wic/localagency/training/na.html#NaN)
(<https://www.health.state.mn.us/people/wic/localagency/training/na.html#NaN>)
- [Anemia Resources](https://www.health.state.mn.us/people/wic/localagency/anemia.html) (<https://www.health.state.mn.us/people/wic/localagency/anemia.html>)
- [National Institutes of Health Iron - Health Professional Fact Sheet](https://ods.od.nih.gov/factsheets/Iron-HealthProfessional/)
(<https://ods.od.nih.gov/factsheets/Iron-HealthProfessional/>)
- [Children's Minnesota Iron Deficiency Anemia Guideline \(PDF\)](https://www.childrensmn.org/references/cds/iron-deficiency-anemia-guideline.pdf)
(<https://www.childrensmn.org/references/cds/iron-deficiency-anemia-guideline.pdf>)
- [CDC Recommendations to Prevent and Control Iron Deficiency in the United States](https://www.cdc.gov/mmwr/preview/mmwrhtml/00051880.htm)
(<https://www.cdc.gov/mmwr/preview/mmwrhtml/00051880.htm>)
- [CDC Nutrition Resources](https://www.cdc.gov/nutrition/php/resources/index.html?fbclid=IwY2xjawLSbL5leHRuA2FlbQlXMAbicmlkETFzdGdWQ3BVaXYwNGZ1cjJvAR7tdAAAnZyOgAxYyePgLMb3Co0dqIhOIT13qRa9P2V3cWPoQWXCeUxcWbT6aoA_aem_PISoLZNdfmypoWubAuORf_A#cdc_listing_res3-state-indicators-and-report-cards)
(https://www.cdc.gov/nutrition/php/resources/index.html?fbclid=IwY2xjawLSbL5leHRuA2FlbQlXMAbicmlkETFzdGdWQ3BVaXYwNGZ1cjJvAR7tdAAAnZyOgAxYyePgLMb3Co0dqIhOIT13qRa9P2V3cWPoQWXCeUxcWbT6aoA_aem_PISoLZNdfmypoWubAuORf_A#cdc_listing_res3-state-indicators-and-report-cards)