

Training Tool for Infant Assessment Questions

Type	Question	Purpose/Risk Code
A	<p>100's Anthropometric = Ht/WT, %tiles</p> <p>(Ask only if concern) What has your doctor said about your baby's growth?</p> <p>How do you feel about your baby's growth? PROBE for these topics depending on what participant shares:</p> <ul style="list-style-type: none"> ✓ family's feelings on growth ✓ Weight change ✓ Prematurity/birth weight (if under 2 years) 	<p>(Anything related to weight gain, loss, growth)</p> <ul style="list-style-type: none"> • Helps determine what other health care practitioners have discussed • Helps understand parent's perception of baby's growth • Helps you understand parent's attitude about baby's size
B	<p>200's Biochemical = Blood Tests</p> <p>(If low Hgb) What has your doctor said about your baby's iron?</p> <p>(If low Hgb) What do you know about anemia?</p> <p>Has your baby had a lead test before?</p>	<p>(OLDER INFANT: Anything related to blood-anemia, lead)</p> <ul style="list-style-type: none"> • Helps determine if older infant has been diagnosed with anemia or has had low iron in the past • Provides opportunity to reinforce information or treatment given by MD • Provides opportunity to build upon understanding that participant already has about anemia and effects on older baby's development • Helps determine if older infant has high blood lead level • May indicate need for referral • Risk code 211 may apply

<p>C</p>	<p>300's Clinical = Health/Medical Conditions</p> <p>Do you have any medical or nutrition conditions that you are currently being treated for such as food allergies, lactose intolerance, weight loss surgery, diabetes or hypertension?</p> <p>When was the last time your child had a checkup at the doctor's office?</p> <p>Are immunizations up-to-date?</p>	<p><i>(Anything related to medical history, medical conditions, MD access)</i></p> <ul style="list-style-type: none"> • Helps determine if child has a medical condition that may need referral by WIC • May help indicate a need for medical formula • May indicate need for more information on condition and/or treatment • Risk codes 134,345,352, 353, 355, 359, 360, 362, 381, 603, others possible depending on medical condition • Helps determine if well child checkups are completed and on schedule • May provide opportunity for participant to share health information given by MD at that visit. • Referral to appropriate resources may be indicated if not up-to-date
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<p>D</p>	<p style="text-align: right;"><i>400's Diet and Nutrition</i></p> <p>Tell me about your baby's feeding.</p> <p>BREASTFEEDING – Tell me about your breastfeeding experience so far.</p> <ul style="list-style-type: none"> • How often does your baby nurse? • What changes have you noticed in your breasts? • How many wet diapers does s/he have in 24 hours? Dirty ones? • Are you pumping? • If using bottles, what do you do with the breastmilk after a feeding? • Who supports you with breastfeeding? <p>FORMULA FEEDING – How are feedings going?</p> <ul style="list-style-type: none"> • Tell me about how you prepare a bottle for your baby • What type of water do you use? • What do you do with an unfinished bottle? 	<ul style="list-style-type: none"> • Gives mom opportunity to express her feelings about her feeding and/or caregiving experiences • Provides opportunity to explore her challenges and support her successes • Helps you to encourage breastfeeding <ul style="list-style-type: none"> • Frequency of breastfeeding helps to show whether baby is getting enough breastmilk • May need to refer to MD or Lactation Consultant • Helps assess if baby is getting enough to drink and eat • Helps assess if breast milk supply is adequate • Helps assess if parent/caregiver is offering appropriate amounts of breastmilk at feeding for age of infant • Helps assess if appropriate sanitation procedures are used when breastmilk is left in bottle after feeding • Provides opportunity to identify people who can provide encouragement and help mom with caring for baby • Risk code 411G, 411I, 603 may apply <ul style="list-style-type: none"> • Helps assess if parent/caregiver is offering appropriate amounts of formula at feeding for age of infant • Provides opportunity to discuss proper preparation and dilution of formula • Helps assess if appropriate water is used • Provides opportunity to discuss proper sanitation when formula is left in bottles after feeding • Risk codes 411F, 411K, 411D, 411I may apply
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D	400's Diet	and Nutrition (Continued)
	How do you know when your baby is full or hungry?	<ul style="list-style-type: none"> • Helps you know whether parent is aware of and responds to her baby's cues of hunger • Allow you to discuss feeding cues, under-over-feeding, obesity prevention and respecting baby's internal cues of hunger, and helping baby develop trust in caregiver • Risk Code 411D may apply
	What foods/beverages does your baby get other than breastmilk or formula?	<ul style="list-style-type: none"> • Provides opportunity to discuss appropriate fluids for bottle • Helps you learn about inappropriate fluids, feeding solids in bottle, honey and other sweeteners • Helps identify risk for contamination of harmful microorganisms • Risk code 411C, 411D may apply
	Tell me about any vitamins, supplements or herbal tea you are giving.	<ul style="list-style-type: none"> • Shows if the baby is getting appropriate supplements • Shows if baby may be taking potential harmful herbs, herbal tea, or herbal remedies • May need to refer to MD • Risk code 411J or 411K may apply
	At what age do you think it's a good time to offer your baby food?	<ul style="list-style-type: none"> • Provides opportunity to discuss appropriate introduction of solids • May provide opportunity to discuss baby's developmental cues that indicate readiness for introduction of food

<p>D</p>	<p style="text-align: right;">400's Diet and Nutrition (Continued)</p> <p>OLDER: Tell me about other foods s/he is eating.</p> <ul style="list-style-type: none"> • How often • Textures of foods given <p>OLDER: What are family mealtimes like?</p>	<ul style="list-style-type: none"> • Helps you understand if feeding times are scheduled • Lets you discuss health feeding patterns and appropriate textures for developmental stages of older babies and toddlers • Risk code 411D may apply • Helps you identify barriers that may prevent baby from being a part of family mealtimes or adds stress to family • Provides opportunity to discuss ways to include baby in family mealtimes
<p>E</p>	<p style="text-align: right;">900's Environmental/Other Factors</p> <p>Are there times when anyone makes you feel unsafe for your child or yourself?</p> <ul style="list-style-type: none"> ✓ Smoking: maternal Or in home ✓ Safety/Abuse ✓ Drug/Alcohol Abuse ✓ Foster Care <p>Do you feel your family could use support from other programs for housing or food at this time?</p>	<ul style="list-style-type: none"> • Give appropriate referrals • Determine if your local agency requires mandatory reporting • Risk code 901, 902, 903, 904 may apply • Helps to show food security or insecurity • May indicate need for referrals