

Are Participant Uninterested

JANUARY 2020

Staff Activity 2: How do you respond?

Thank you for attending the webinar. Here's an activity to help apply the content. For each scenario below, circle the technique you would use and write out your response.

Scenario 1:

- Staff: "How is everything going at mealtimes?"
- Client: "Fine."
- What techniques would you choose, e.g., Open-Ended Questions, Reflection, Ask Permission, Affirmations, or other?
- What would you say?

Scenario 2:

- Staff: "Would you like to talk about healthy weight gain during pregnancy?"
- Client: "I've heard enough about that; my doctor is always telling me I'm gaining too much weight, and I'm sick of it."
- What techniques would you choose, e.g., Open-Ended Questions, Reflection, Ask Permission, Affirmations, or other?
- What would you say?

Scenario 3:

- Staff: "What would you like to talk about today?"
- Client: "I don't know. I need to run some errands, how long is this gonna take?"
- What techniques would you choose, e.g., Open-Ended Questions, Reflection, Ask Permission, Affirmations, or other?
- What would you say?

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