



Protecting, maintaining and improving the health of all Minnesotans

Memo

To: Local Agency WIC Staff
From: State WIC Nutrition Unit
Date: March 25, 2015
Subject: Infant Fruits & Vegetables for Children with Food Package 3 *updated 9/2017*

The "[Request for Medical Formula](#)" form (Exhibit 7-D) now includes required documentation for issuing infant fruits/vegetables to a **child** who is receiving medical formula in Food Package 3.

Food Package 3 (FP 3) is for medically fragile participants who have a medical condition requiring specific dietary accommodations. Below are some Q & As related to the changes.

Q: What is required for a CHILD to receive infant (pureed) fruits & vegetables?

A: For a child to be "eligible" for infant foods, they must be receiving formula in their FP (i.e., FP 3)
Reminder: High risk care plans and follow-up **are required** for all participants with FP 3.

Q: How much infant food may they receive?

A: As a substitute for the \$ 8.00 cash value fruit/vegetable voucher, they may receive 32 - 4oz jars (128 oz) of infant pureed fruits/ vegetables.

Q: What if a parent or physician *prefers* pureed fruits & vegetables for a participant but the participant doesn't have a qualifying medical condition.

A: They are *not eligible* to receive the infant (pureed) foods. If a child prefers (or would benefit from) a modification in food texture, CPAs should discuss and educate the caregiver on choosing and preparing foods that meet the child's needs, e.g., pureeing fruits and vegetables.

Q: Does a child need to receive FP 3 in order to get infant cereal?

A: No, any child may receive infant cereal if that is determined to be most appropriate based on developmental needs.

Reminder: Only infants (6-12 months) who have medical documentation stating they cannot take solid food are eligible to receive the greater quantity of formula in place of infants foods. This applies to both *contract and medical formula*.

If you have any questions, please contact your regional consultant.