DATE: July 10, 2019
TO: WIC Coordinators and Nutrition Education Coordinators
FROM: Nutrition and Clinic Services Unit
SUBJECT: Nutrition Education Plan is now available

The Nutrition Education Plan (NEP) for FY 2020-2021 is now available. The NEP encompasses all nutrition education activities planned for the next two fiscal years (October 1, 2019 – September 30, 2021).

**New Platform:** The plan was developed with a survey software called REDCap. The designated person for your agency received four emails earlier today with survey links to the four sections of the NEP. The consultants worked with the agencies to determine who should receive the NEP emails at each agency.

**Four NEP Sections:**
1. Evaluation of FY 2018-2019 Goal & Objectives
2. Needs Assessment for FY 2020-2021
3. Goals, Objectives and Activities for FY 2020-2021
4. Description of Nutrition Services

In addition to the survey links, instructions for completing and submitted the NEP were emailed this morning. If you did not receive the five emails as anticipated, please check the Junk folder in your email. Contact sandy.sather@state.mn if you are unable to locate the emails.

The plan has two goals:

- **Goal 1:** Address increasing rates of low hemoglobin in the Minnesota WIC Program. (Continued goal from last plan.)
- **Goal 2:** Increase breastfeeding exclusivity, decrease early cessation of breastfeeding and improve breastfeeding rates for all Minnesota WIC participants. (Continued goal from last plan.)

Questions about completing the NEP? Contact your state WIC Consultant.