DATE: September 4, 2019
TO: WIC Coordinators
FROM: Nutrition & Clinic Services Unit
SUBJECT: HuBERT Group Education Topic Changes

Wichealth.org staff and participating states regularly review and modify lessons as needed. Following a recent review, lesson changes are occurring this fall. Wichealth.org lessons display when you click on Add Group Education in the Nutrition Education tab. Lesson changes will be included in Software Release Document 2.36, implementation date of 9/7/2019.

Discontinued are three breastfeeding and baby behavior lessons. Breastfeeding and baby behavior information has been incorporated into the new lessons. The three discontinued lessons as of 9/7/2019 are:

- Breastfeeding: Building a Bond for Life
- Understanding Baby’s Cues
- Understanding Baby’s Sleep

New lessons for Pregnancy, Postpartum Breastfeeding and Non-Breastfeeding women as of 9/7/2019:

- Feeding your Newborn
- Getting the Support You Need for Baby’s First Weeks
- In the Hospital: The First 48 Hours
- Preparing to Meet Your Newborn
- Returning to Work or School
- Understanding Your Newborn: Sleep, Crying and Cues

New lessons for Infants as of 9/7/2019:

- Feeding your Newborn
- Understanding Your Newborn: Sleep, Crying and Cues

Breastfeeding and baby behavior information is included in these new lessons for infants and women.

During the transition of lesson topics, a participant may complete a lesson that is not yet available or no longer available in Add Group Education. In those cases, use Notes to document the lesson.