

# Risk Factor Updates

AUGUST 16, 2023

## Risk Factor Updates Effective August 21, 2023

### WIC 201 Low Hemoglobin/Low Hematocrit

The *Definition* section was revised to reflect the CDC definition more accurately. The cut-off values remain the same. The *Justification, References, and Implications for WIC Nutrition* sections were expanded and updated.

### WIC 211 Elevated Blood Lead Levels

The *Definition* section was updated to adjust the Elevated Blood Lead Level cut-off for children based on CDC guidance issued in 2021. The *Justification, Clarifications, References, and Implications for WIC Nutrition Services* sections were expanded and updated.

**NOTE: CPA must manually assign this risk factor for children with a recorded Blood Lead Level of 3.5-4.9 µg/deciliter within the past 12 months.** HuBERT will continue to assign the risk factor for all categories of participants with a recorded Blood Lead Level of > 5 µg/deciliter within the past 12 months.

### WIC 358 Eating Disorders

The *Definition* section was revised to list the three most commonly diagnosed eating disorders. The *Justification, Clarifications and References* sections were expanded and updated. The *Implications for WIC Nutrition Services* section was added to the write-up.

### WIC 360 Other Medical Conditions

The *Definition* section was revised to include different examples of other medical conditions; however, the list remains non-exhaustive. The *Justification and References* sections were expanded and updated. The *Implications for WIC Nutrition Services* section was added to the write-up.

### WIC 361 Mental Illnesses

The title was formerly *Maternal Depression* and is changed to *Mental Illnesses*. The *Definition* section was revised to include additional examples of other mental illnesses. **The *Participant Category and Priority Level* section was updated to include children who may now be assigned this risk factor.** The *Justification, Clarifications, References, and Implications for WIC Nutrition Services* sections were expanded and updated.

## WIC 371 Nicotine and Tobacco Use

The title was formerly *Maternal Smoking* and is changed to *Nicotine and Tobacco Use*. The *Definition* section was revised to include the use of any products that contain nicotine and/or tobacco and includes a non-exhaustive list of examples. The *Justification* and *References* sections were expanded and updated. The *Clarifications* and *Implications for WIC Nutrition Services* sections were added to the write-up.

**NOTE: CPA must manually assign this risk factor for nicotine and/or tobacco use other than cigarettes.** HuBERT will continue to assign this risk factor for adult participants with current cigarette use documented on the *Health Information* screen.

## WIC 901 Recipient of Abuse

The *Definition* section was revised to provide a general description of abuse and lists the types of abuse most relevant to the WIC population. In addition, the definition removed the timeframe for when the abused occurred since the impact of abuse may be long lasting. The *Justification* and *References* sections were expanded and updated. The *Clarifications* and *Implications for WIC Nutrition Services* sections were added to the write-up.

With the updates to these Nutrition Risk Factors, MN Operations Manual (MOM) [Exhibit 5-T: MN WIC Risk Criteria](#), [Exhibit 5-V: Nutrition Risk and Priority Assignment Table](#), and [Exhibit 6-A High Risk and Medical Referral Criteria](#) have also been updated.

## Reference – Complete Listing of Hyperlinks

### WIC 201 Low Hematocrit/Low Hemoglobin

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/201.html>)

### WIC 211 Elevated Blood Lead Levels

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/211.html>)

### WIC 358 Eating Disorders

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/358.html>)

### WIC 360 Other Medical Conditions

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/360.html>)

### WIC 361 Mental Illnesses

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/361.html>)

### WIC 371 Nicotine and Tobacco Use

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/371.html>)

### WIC 901 Recipient of Abuse

(<https://www.health.state.mn.us/people/wic/localagency/riskcodes/901.html>)

Exhibit 5-T: MN WIC Risk Criteria

([https://www.health.state.mn.us/docs/people/wic/localagency/program/mom/exhbts/ex5/5t\\_new.pdf](https://www.health.state.mn.us/docs/people/wic/localagency/program/mom/exhbts/ex5/5t_new.pdf))

Exhibit 5-V: Nutrition Risk and Priority Assignment Table

([https://www.health.state.mn.us/docs/people/wic/localagency/program/mom/exhbts/ex5/5v\\_new.pdf](https://www.health.state.mn.us/docs/people/wic/localagency/program/mom/exhbts/ex5/5v_new.pdf))

Exhibit 6-A: High Risk and Medical Referral Criteria

(<https://www.health.state.mn.us/docs/people/wic/localagency/program/mom/exhbts/ex6/6a.pdf>)

*Minnesota Department of Health - WIC Program, 625 Robert St N, PO BOX 64975, ST PAUL MN 55164-0975; 1-800-657-3942, [health.wic@state.mn.us](mailto:health.wic@state.mn.us), [www.health.state.mn.us](http://www.health.state.mn.us); to obtain this information in a different format, call: 1-800-657-3942.*

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