

WIC works...



- Healthier pregnancies
- Healthier births
- Healthier children



YOU may qualify...

WIC INCOME GUIDELINES
EFFECTIVE JULY 2020 - JUNE 2021

Income Eligibility Guidelines for Minnesota Health Care/Insurance Affordability Programs⁺

FAMILY SIZE*	ANNUAL INCOME
1	\$35,090
2	47,410
3	59,730
4	72,050
5	84,370
6	96,690
7	109,010
8	121,330
9	133,650

Standard Income Guidelines

FAMILY SIZE*	ANNUAL INCOME
1	\$23,606
2	31,894
3	40,182
4	48,470
5	56,758
6	65,046
7	73,334
8	81,622
9	89,910

⁺ Medicaid (MA)

* Pregnant women count as 2 persons



DEPARTMENT OF HEALTH

WIC PROGRAM

P.O. Box 64882
St. Paul, MN 55164-0882
www.health.state.mn.us/wic
JULY 2020 TO JUNE 2021

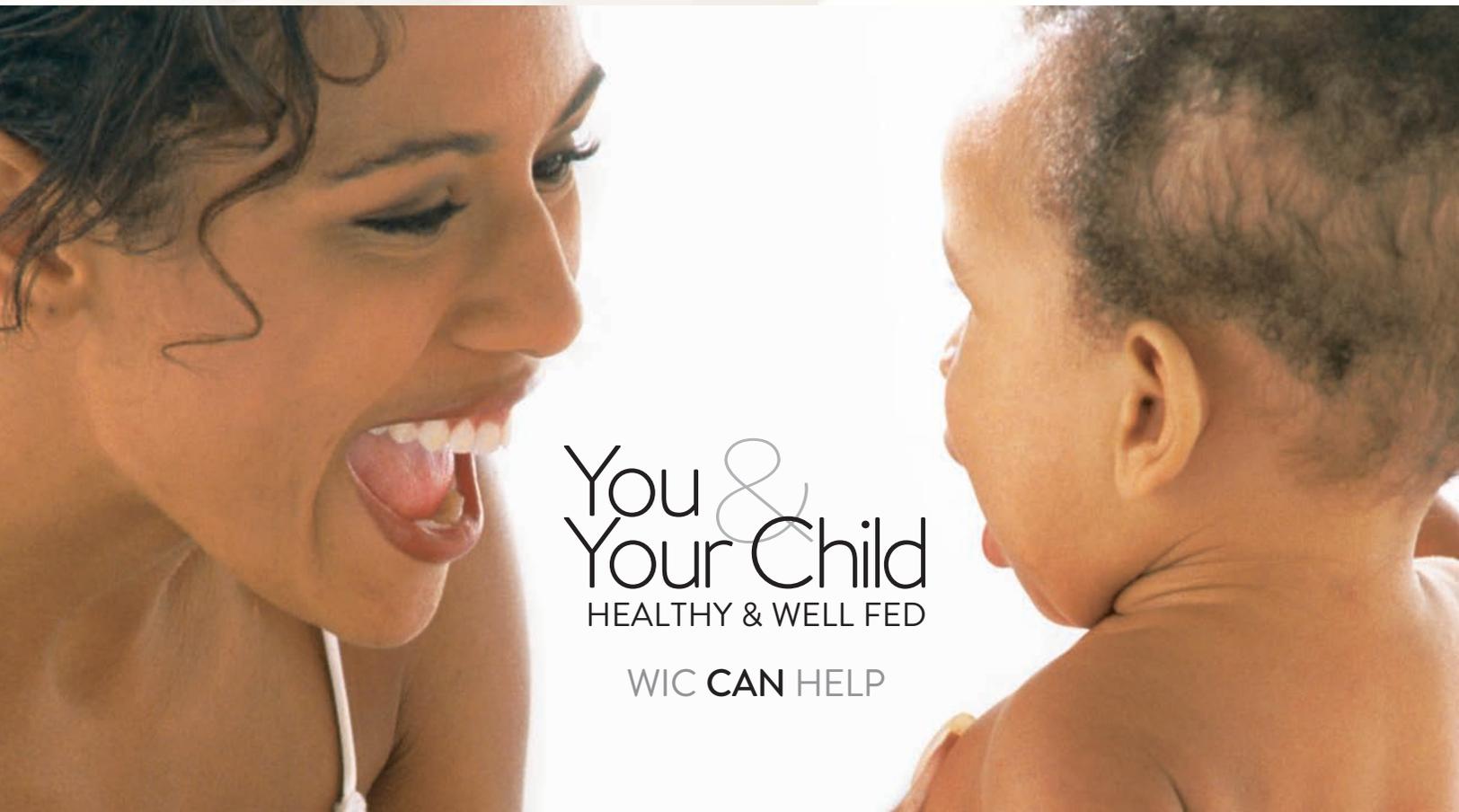
YOU (OR SOMEONE YOU KNOW) IS ELIGIBLE FOR WIC!

Share this brochure with a friend.

PRSRT STD
U.S. POSTAGE

PAID

PERMIT NO 171
TWIN CITIES MN



You & Your Child
HEALTHY & WELL FED

WIC CAN HELP

Do you know...

Someone who is pregnant?

A family with young children who would enjoy some nutrition tips and healthy food?

A working family with young children having trouble making ends meet?



If you answered "Yes" to any of these questions, we have a wonderful nutrition program to share with you...



GIVE YOUR CHILD GOOD NUTRITION

WIC Can Help

WIC PROVIDES...

- Nutrition tips and advice
- Support for breastfeeding
- Healthy foods like fresh fruits and vegetables, whole grain cereals, bread and tortillas, low fat milk and baby foods
- Caring and supportive staff

YOU MAY QUALIFY...

If you are pregnant, nursing, or have a child under age 5, we encourage you to apply.



CALL TODAY FOR A WIC CLINIC NEAR YOU

1-800-WIC-4030

OR CALL 1-800-942-4030

You can also visit the Minnesota Department of Health Website:

www.health.state.mn.us/wic

To request this material in another format contact:

mn DEPARTMENT
OF HEALTH
WIC PROGRAM

P.O. Box 64882
St. Paul, MN 55164-0882
1-800-657-3942



This institution is an equal opportunity provider.

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