

# WIC Rx Nutrition Services

NAME \_\_\_\_\_ DATE \_\_\_\_\_

Your doctor suggests  
that you **consider**  
**visiting WIC for**  
**these services**  
to help your family  
be healthy.



- Breastfeeding support
- Child's healthy growth
- Assistance with family nutrition
- Nutritious foods
- Solutions for picky-eaters
- Prenatal nutrition
- Other: \_\_\_\_\_



Call **1-800-942-4030** to make a WIC appointment.  
Learn more at [www.health.state.mn.us/wic](http://www.health.state.mn.us/wic)

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