

## Minimum Stock Requirements for WIC Foods, Tier 1 (stores located in Anoka, Dakota, Hennepin or Ramsey counties)

UPDATED JULY 2022

WIC-allowed foods that count towards minimum stock can be found in the Minnesota WIC Shopping Guide, The My Minnesota WIC Food Finder app, or in the Minnesota WIC Approved Product List. Find them all here:

<https://www.health.state.mn.us/people/wic/vendor/index.html>

### Minnesota WIC Minimum Food Stock, Tier 1

<b>Fresh or Frozen Fruits and Vegetables</b>	<b>30 pounds</b> of WIC-allowed fresh or frozen fruits and vegetables in at least seven varieties.
<b>Baby Food Fruits and Vegetables</b>	<b>64 jars</b> of WIC-allowed baby food fruits and vegetables, in 4-ounce size only, in at least six varieties.
<b>Infant Cereal</b>	<b>48 ounces</b> of WIC-allowed plain, dry, infant cereal with no added ingredients (8- and 16-ounce size only).
<b>Infant Formula</b>	<b>18 cans</b> of 12.5-ounce powdered Enfamil Infant.
<b>Milk</b>	<b>15 gallons</b> of unsweetened, unflavored, WIC-allowed fluid <b>cow's milk</b> in gallon or half-gallon containers of skim/nonfat or 1%.
<b>Cheese</b>	<b>6 pounds</b> of WIC-allowed block or shredded cheese in packages of 8- or 16-ounce sizes in any combination of at least three varieties. Cheese with added ingredients is not allowed.
<b>Yogurt</b>	<b>2- 32-ounce containers</b> of WIC allowed low-fat or non-fat yogurt.

MINIMUM STOCK REQUIREMENTS FOR WIC FOODS, TIER 1

<b>Eggs</b>	<b>6- one-dozen containers</b> of WIC-allowed fresh eggs in medium, large, extra-large or jumbo sizes. Cage-free eggs not allowed.
<b>Breakfast Cereal</b>	<b>12 boxes or bags</b> (12 ounce or larger) of WIC-allowed cereal in any combination of at least six varieties.
<b>Juice</b>	<b>18 containers</b> of single flavor juice (no blends) in any combination of the following, with at least <b>six</b> containers WIC-allowed <b>citrus juice</b> : 11.5 to 12-ounce containers of WIC-allowed frozen juice; or 64-ounce containers of WIC-allowed refrigerated or shelf stable juice.
<b>Whole Grains (Bread, Tortillas, Rice, Oatmeal, Pasta)</b>	<b>5 pounds</b> of WIC-allowed whole grains, 16-ounce only, of at least three of the following varieties: whole grain bread, whole grain tortillas, oatmeal, brown rice and whole wheat pasta.
<b>Peanut Butter</b>	<b>4- 16- to 18-ounce containers</b> of WIC-allowed peanut butter which does not contain any other food product such as jelly, jam, or chocolate.
<b>Canned Beans</b>	<b>192 ounces (9 cans)</b> of WIC-allowed canned beans OR legumes, in any combination of at least three varieties, (15- to 16-ounce size cans).
<b>Dried Peas, Beans or Lentils</b>	<b>4- 16-ounce packages</b> of WIC-allowed dried beans, peas or lentils without any added ingredients.
<b>Canned Fish</b>	<b>30 ounces</b> of WIC-allowed canned light tuna packed in water or canned pink salmon packed in water, in 5oz containers or larger.

**If a WIC customer requests one of the following products, the vendor must ensure that a sufficient quantity of the product is in stock and available for purchase at the vendor's location within 7 days of the WIC customer's request:**

- An Infant Formula approved by the Commissioner under part 4617.0171;
- WIC-allowed Soy Beverage
- WIC-allowed Tofu
- WIC-allowed Baby Food Meats
- WIC-allowed Frozen Juice
- Other WIC-allowed products authorized under the provisions of the Code of Federal Regulations, title 7, part 246, as amended.