

American Indian College Students' Utilization of Parent Help Centers' Services

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American Indian, Alaska Native, and
Native Hawaiian Caucus, and Women's Health Caucus

Presenter Disclosures

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No relationships to disclose

Presenter Disclosures

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Minnesota American Indian Demographics

The total American Indian population in

Minnesota is 101,900

11 Tribal Reservations

Largest urban communities:

Bemidji, Duluth and Twin Cities

11 American Indian Reservations in MN

Seven Anishinaabe (Chippewa, Ojibwe) Communities

Bois Forte Band of Chippewa

Fond du Lac Band of Lake Superior Chippewa

Grand Portage Band of Lake Superior Chippewa

Leech Lake Band of Ojibwe

Mille Lacs Band of Ojibwe

Red Lake Nation

White Earth Nation

American Indian Reservations in MN

Four Dakota (Sioux) Communities

Lower Sioux Indian Community

Prairie Island Indian Community

Shakopee Mdewakanton Sioux Community

Upper Sioux Community

Minnesota Student Parent Support Initiative -- MSPSI

In 2010, the Minnesota Department of Health (MDH) received a Pregnancy Assistance Fund (PAF) grant

Department of Health and Human Services,
Office of Adolescent Health

Goal: To serve expectant and parenting college students enrolled in post-secondary institutions

Program Goals

Expectant and parenting teens, women and men will:

1. Accomplish post-secondary education goals
2. Maintain positive health and well-being for themselves and their children

Institutions of higher education will:

3. Increase capacity to serve expectant and parenting students

Minnesota Student Parent Support Initiative's Participating Institutions

Century College

Riverland College

Winona State University

St. Catherine University

St. Cloud State University

Leech Lake Tribal College

Metropolitan State University

Pine Technical and Community College

Fond du Lac Tribal and Community College

Program Theory

Public Health
Best
Practices



Higher
Education
Best
Practices



Minnesota
Student
Parent
Support
Initiative

Expectant and Parenting College Students

Why work with this college age population?

At a crucial time in their lives for education and establishing their future economic security

At high risk for unintended pregnancies and unhealthy behaviors during pregnancy

Expectant and Parenting College Students (Continued)



Face unique parenting challenges balancing school, work and family life

Student Parents are Non-Traditional Students

Non-traditional students are much more likely to leave post-secondary education without earning a degree.*

- Part-time student
- Employed full-time
- Financially independent
- Delayed entry into post-secondary education
- Has dependents other than a spouse
- Has a GED or other high school completion certificate

* U.S. Department of Education, National Center for Education Statistics, 2002

All Student Parent Help Centers Provide Space, Services and Activities

- Students complete intake forms to indicate academic, social, health or financial needs
- Referrals to: financial aid office, primary care physician, academic advising, others
- Workshops: parenting, family planning and STDs
- Voluntary screenings for depression, intimate partner violence, tobacco and/or alcohol abuse

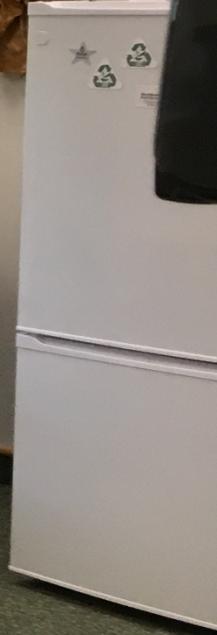
Student Parent Center



Please Clean Surface with Disinfectant Wipes after using the table



Please allow Nursing Mommy Quality Chair privileges



Culturally Appropriate Services

- Men as Peacemakers Fathers' Support Group
- Traditional Talking Circle
- With input from the Great Lakes Inter-Tribal Epidemiology Center, the tobacco screening protocol now includes ceremonial use of tobacco

American Indian Student Parent Program Participants

42% of program participants at Fond du Lac Tribal and Community College identified themselves as Native American

95% of program participants at Leech Lake Tribal College identified themselves as Native American

At the seven other colleges/universities combined,
less than 7% are Native American

American Indian Women and Men Program Participants: Leech and Fond Du Lac

65% of student parent program participants
at Fond du Lac and Leech Lake identified as female

25% of student parent program participants
at Fond du Lac and Leech Lake identified as male

10% are unreported

Most Common Referrals for Tribal College Student Parents (Includes Native and Non-Native Students)

Leech Lake Tribal College

- 71% Food Support
- 68% Transportation
- 68% Material Support
- 37% Student Clubs & Activities

Fond du Lac Tribal & Community College

- 37% Food Support
- 27% Cash/TANF
- 25% Home Visiting Services
- 15% Transportation
- 13% Material Support

Re-Enrollment

Both colleges track the number and percentage of expectant and parenting students, who are non-graduating, and who enroll in the next semester or quarter of classes

At the end of Fall 2015 semester, the re-enrollment rate ranged from 68% to 98% for the two schools (Source: MDH, Fall 2015 Semester Data)

From 2012-2016, Fond du Lac served over 211 student parents. Of those, 73 have earned either a Diploma, Certificate and/or an Associate of Arts. Of those 73 awards, 36% of them are Native American (Source: Fond du Lac Tribal and Community College Data)

Summary

- Tribes' partners (e.g., tribal council, tribal health clinics) have augmented program services offered by Colleges
- Tribal college students are re-enrolling in next semester's classes
- Supportive relationships, individualized resources and referrals are crucial
- Tribal student parents experience barriers associated with rural living such as transportation and fewer choices for child care

Thank You



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**In Dakota Language, Minnesota means
*Waters that Reflect the Sky***