Do you want to learn more about the Minnesota Student Parent Support Initiative?

The Minnesota Department of Health provides guidance and recommendations to colleges and universities with enrolled expectant and parenting individuals and their children. For additional information regarding how to better serve your community, please contact:

**Community and Family Health Division**  
Maternal and Child Health Section  
**Minnesota Student Parent Support Initiative**  
651-201-3760  
http://www.health.state.mn.us/divs/cfh/program/studentparent/

Funding for this Initiative is provided by the Office of Adolescent Health, Department of Health and Human Services, through Grant Number 5SP1AH000022-04-00.

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<table>
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<th>For more information about the Student Parent programs, contact the following schools:</th>
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| **Century College:**  
651-773-1785 or 651-779-3274  
https://www.century.edu/support-services/student-wellness/student-parent-center |
| **Fond du Lac Tribal and Community College:**  
218-879-0890  
http://fdltcc.edu/student-support/young-student-parent-program/ |
| **Leech Lake Tribal College:**  
218-335-4254  
http://lltc.edu/wellness-center/ |
| **Metropolitan State University:**  
651-793-1564  
| **Pine Technical and Community College:**  
320-629-5198  
http://www.pine.edu/student-services/student-parent-support |
| **Riverland Community College:**  
507-396-0436 or 507-379-3341  
http://www.riverland.edu/student-services/parent-support/ |
| **St. Catherine University:**  
651-690-7870  
https://www.stkate.edu/students/support-and-assistance/access-and-success |
| **St. Cloud State University:**  
320-308-3246  
http://www.stcloudstate.edu/sps/ |
| **Winona State University:**  
507-457-2298  
www.winona.edu/student-parents/ |

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A statewide initiative to help college-enrolled parents accomplish their higher educational goals and maintain their health.
Minnesota Student Parent Support Initiative (MSPSI)

This Initiative addresses the academic and health needs of non-traditional expectant and parenting students.

College age people are at a high risk for unintended pregnancies, unhealthy behaviors during pregnancy, and are at a crucial time in their lives for building their future through post-secondary education. Student parents also face considerable challenges as they balance school, work, and family responsibilities.

Research indicates that students who re-enroll or register for consecutive semesters are more likely to graduate. From 2015-2016, 76% of the MSPSI program participants enrolled in the next semester or quarter of classes.

Program Goals

The Minnesota Department of Health works closely with nine institutions of higher education (IHE) to fund academic, health, and social services for expectant and parenting college students and their children. These services are designed to achieve these goals:

GOAL 1: Expectant and parenting students accomplish their higher education goals.

Long-Term Program Outcome: Increase the percentage of expectant and parenting students who stay in school.

GOAL 2: Expectant and parenting students maintain positive health and well-being for themselves and their children.

Long-Term Program Outcome: Increase the percentage of expectant and parenting students who are confident and competent parents.

GOAL 3: Increase the capacity of IHE to serve expectant and parenting students.

Long-Term Program Outcome: Increase the number of IHE programs whose policies, programs, and practices meet the educational and health needs of expectant and parenting students.

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