

WHAT ARE HEALTH CARE HOME BENEFITS?



Easy **access and communication** with your primary care team to ask questions or get help.



You, your family, your care team and other health care providers work in **partnership** to improve and maintain your health.



Your care team includes a **coordinator** to help organize your care inside and outside the clinic, and to support you in achieving your goals.



You work with your care team to create a **personal care plan** that is available to you and all your health care providers.



You receive **complete care** ranging from disease prevention to complex and chronic condition management.



Respect for language, culture and religious beliefs. Health care homes are **for everyone**.



We will work with you to promote **healthy living** so that you can enjoy good health.

WHO IS ON A HEALTH CARE HOME TEAM?

You. As a patient, you are the most important member of the care team. Your needs and goals come first.

Your family. For many patients, family members are needed to support their care.

Your provider. Your physician, nurse practitioner, or physician assistant is your partner in care to provide information, listen to your needs, and help you make wise choices to improve and maintain your health.

Your care coordinator. Your care coordinator organizes care and services you receive inside and outside the clinic. This is the first person you call if you have questions or need help. Your care coordinator keeps your care plan up to date and supports you in meeting your health goals.

Other care providers. Depending on your needs, other health professionals inside and outside the clinic may be included in the care team. For example, a community health worker, dentist, pharmacist, or mental health professional may be part of the care team.

For more information about health care homes in Minnesota, call **651.201.5421** or e-mail health.healthcarehomes@state.mn.us or visit our website at www.health.state.mn.us/facilities/hchomes



*Redefining Health.
Redesigning Care.*



*Information in this brochure provided by the
Minnesota Department of Health.*



HOW IS CARE DIFFERENT IN A HEALTH CARE HOME?

“The care team explains my conditions, then we all discuss what is best for me to do. I feel I’m part of that decision. I have goals and they encourage me all the way.” – PATIENT

“My care coordinator helps me remember what my doctor tells me to do. I have someone to call when I need help.” – PATIENT

“Care coordinators are just a phone call away. This is a large source of satisfaction and comfort for patients.” – CARE COORDINATOR

“We schedule appointments far enough apart so I can get to know my patients personally. By listening to patients and asking what they want, sometimes I am very surprised.” – PHYSICIAN

“We all work together--the other local clinic, public health, social services, the pharmacy, behavioral health and all related providers in town. We collaborate to give our patients and the town in which we live the best care possible.” – ADMINISTRATOR

“My care team is wonderful and has completely turned my life around. My diabetes was out of control but with their care, my A1C has gone down. I haven’t felt this good in years.” – PATIENT

WHAT IS A HEALTH CARE HOME?

A primary care clinic or clinician certified by the Minnesota Department of Health to coordinate care among the primary care team, specialists and community services to ensure patients receive what they need to stay healthy and improve and manage their health.

Health Care Homes provide complete care ranging from disease prevention to management of complex and chronic conditions, and are dedicated to meeting the highest standards for health care delivery.

WHY CHOOSE A HEALTH CARE HOME?

- Care for Physical, Emotional and Social Well Being
- Health for Patients, Families and Communities
- Focus on Disease Prevention and Wellness
- Patient Provider Partnership
- Inclusive and Equitable



LOOK FOR THIS SEAL OR FIND A CERTIFIED HEALTH CARE HOME NEAR YOU AT: www.health.state.mn.us/facilities/hchomes

