Ely Community Care Team

Seven Years of Strategies, Results, and Lessons Learned

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Presentation Objectives

- Describe strategies helping CCT grow and thrive for seven years
- Present projects CCT launched to fill gaps in community services
- Demonstrate ways CCT has helped network partners leverage resources
- Show how a community care team serves as the evidence-based component missing in care coordination models.
Where We Are

Rural NE Iron Range: Ely, Embarrass, Soudan, Tower, Babbitt, Winton, and Isabella
Ely Community Care Team Mission

The Community Care Team provides collaborative care and support to help you achieve your wellness goals.
CCT Vision

- Adequate resources are available to citizens when needed to help them with their physical health, mental health and psychosocial challenges.

- Professionals in health, education, and public service are trained in recognizing when someone is confronted with such challenges and are prepared to provide an appropriate response in giving assistance.

- Patients and their supporters have the tools and resources to help them be a partner in meeting their wellness, treatment and recovery goals.
CCT 2019-2023 Goals

To sustain and evaluate an actively engaged network to address health and wellness goals in NE Iron Range Communities.

Identify needs and implement “evidenced-based” and/or “promising practice” strategies to needs and to improve health and wellness outcomes for individuals and families.

Increase community-wide health and wellness promotion through resources, education and outreach.
I. Strategies helping CCT to grow and thrive for seven years
Community Care Team Foundations:

Purpose

Population

Partners
Purpose:
Identify the WHY

To help people thrive in the community where we live with the resources available.
Population

Driven by purpose; Determines Partners

Ely CCT Population:
- Geographic Service Area
- Birth to Death
- Health and Wellness Needs
Partners

Make it possible to achieve purpose with your population

- Health Care
- Behavioral Health Care
- Education
- Government Social Services
- Non-Government Social Services
- Community Members
Key Features to CCT Success

- Solution focused
- Responsive
- Egalitarian
- Emergent and Iterative process for structure building
II. Present projects CCT launched to fill gaps in community services, including the Ely Community Care Hub and Behavioral Health Network;

A. Care Facilitation
B. Pathways to Wellness
C. Ely BHN
D. Other Projects
E. Compounding results of CCT collaboration
Emergence of Care Facilitation in the CCT

- No Wrong Door!
- Cross agency continuity of care
- Filling gaps in care
Pathways to Wellness
Ely Behavioral Health Network

- Formed November 2014
- Current Members:
  - Well Being Development
  - Range Mental Health Center
  - Essentia Health Ely Clinic
  - Ely Bloomenson Community Hospital
  - Ely Community Health Center
  - Ely Community Resource
Mission: To achieve efficiencies and expand access to, coordinate, and improve the quality of behavioral health care in the rural North East (NE) Iron Range communities of Babbitt, Ely, Embarrass, Isabella, Soudan, Tower, Winton and surrounding townships.

Goal #1: To enable the community to embrace mental health as an integral part of health and wellness.

Goal #2: To develop cross-agency system for routine screening, referral, interventions, and follow-up for behavioral health.

Goal #3: To build capacity in the community to address behavioral health needs.

Goal #4: To develop and expand an actively engaged network to plan collaborative behavioral health services.
Other Projects of the CCT

- Stigma Reduction Campaign
- Ely Prevention, Awareness, Recovery Coalition
- Online privacy training for CCT partners
- Regional Behavioral Health Resource Guide
- Get Help Now
- Living Well with Chronic Conditions Workshops
- Circle of Security Parenting Workshops
- Local Pathways
- Youth Crisis Support Plan (on Process)
- Community Behavioral Health Screening
- Community Education
Results of Compounding Collaboration

- Collaboration of Amberwing with Ely Memorial Schools
- Shared space: Range Mental Health Center, Ely Community Resource, Ely Community Health Center
- Opportunities come to us
- Bilateral systems developed
III. CCT helps network partners leverage resources

- Grant writing support
- Provide sub-awards to network partners
- Demonstrates a history of collaboration
- Reputation of being responsible and successful
- Value added proposition
IV. CCT: the evidence-based component missing in many care coordination models.

- Meeting Community Needs
  - Create community Network first
  - Then build care coordination service within the network

- Imbedding projects and programs within a CCT enables sustainability
Benefits of a Strong Network to Care Coordination:

- Broader identification of individual needs
- Full Spectrum Care
  - Social Determinants
- Successful Referrals
- Warm Handoffs
- Cross-disciplinary team care
Next Steps

- New 5-year Strategic Plan-almost completed
- Revise Mission and Vision
- Comprehensive Marketing/Branding Plan
- Thinking Long-Term (25-50 Years)
Thank You!

Ely Community Care Team Organizations

- Carefree Living Ely
- Ely Area Food Shelf
- Ely Bloomenson Community Hospital
- Ely Community Health Center
- Ely Community Resource
- Ely Public Schools
- Essentia Health Ely Clinic
- Greater MN Family Services
- NHS Northstar Specialized Services
- Northwoods Partners
- Range Mental Health Center
- St. Louis County Public Schools
- St. Louis Co. Public Health & Human Services
- Well Being Development
- Community Partners
Thank You!

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