Child and Adolescent Mental Health Alliance of Anoka County
OUR TEAM

To protect and promote the health and safety of the community.

To provide exceptional and affordable mental health services for families, children, youth, and adults in our community.

To improve the health and well-being of children in the North Metro by providing affordable and accessible pediatric care focused on prevention.
OUR COMMUNITY

Where we overlap
Low income children with risk of untreated mental health
PROJECT CHARTER

• Child and Adolescent Mental Health Alliance of Anoka County
  • Children and Adolescents
  • Early intervention
  • Access to Mental Health services
ANOKA COUNTY PUBLIC HEALTH CHNA

• Assessment and Planning Background
• Collaborative Community Health Needs Assessment (CHNA)
• The Top Health Priorities in Anoka County
  • Chronic Diseases and Health Habits
  • Mental Health (including access to care and children’s mental health)
  • Violence
  • Drugs and Substance Use
• 2020-2022 Community Health Improvement Plan (CHIP)
"WE ARE ONLY AS SUPERFICIAL AS OUR SELF-PERCEPTIONS ALLOW."

Observations
- Shortage of providers in AC
  - MH
  - Primary Care
- MH concerns among adolescents don't go unwell
- Certain populations experience or report ↑ instances
- Geographic concentrations of these populations
- Treated ↓ then Experienced
- Tending to seek treatment ↑ with age

- Primary Care: 9% of kids accessing MH
- Uninsured 5.2%, going up for first time since ACA
- Gender & strong correlation across rates
- White treatment rates ↑
- Uninsured rates ↑ for non-white
  - Supported by SooH data
- AC indexes very low on HHS Start programs per individ
  - Composed to MN and national health start programs correlate to?
- HS grad rates ↓ than MN
  - 57% of students with MH condition live one of HS
WHAT WE UNCOVERED AT THE COMMUNITY LEVEL

• There’s a shortage of providers in Anoka County - Primary care and Mental Health
• Mental Health concerns among adolescents get worse with age
• Rates of treatment lag
• Certain populations experience and/or report higher instances of poor mental health and access to services
OUR DATA INDICATORS

• NMP - Universal screening and referral
• LCC - Rate of clients accessing service and engaging in therapy
• AC - Population health indicators related to mental health access among low income/high risk children
NEXT STEPS

• Implementation plan
• Aligned with Anoka County CHIP implementation
• Refine Goals, Objectives, and Strategies