



**Anoka County**  
HUMAN SERVICES DIVISION  
Public Health & Environmental Services



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# Child and Adolescent Mental Health Alliance of Anoka County



# OUR TEAM

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To improve the health and well-being of children in the North Metro by providing affordable and accessible pediatric care focused on prevention.



**LEE CARLSON CENTER™**  
For Mental Health & Well-Being

To provide exceptional and affordable mental health services for families, children, youth, and adults in our community.



**Anoka County**  
MINNESOTA

To protect and promote the health and safety of the community.

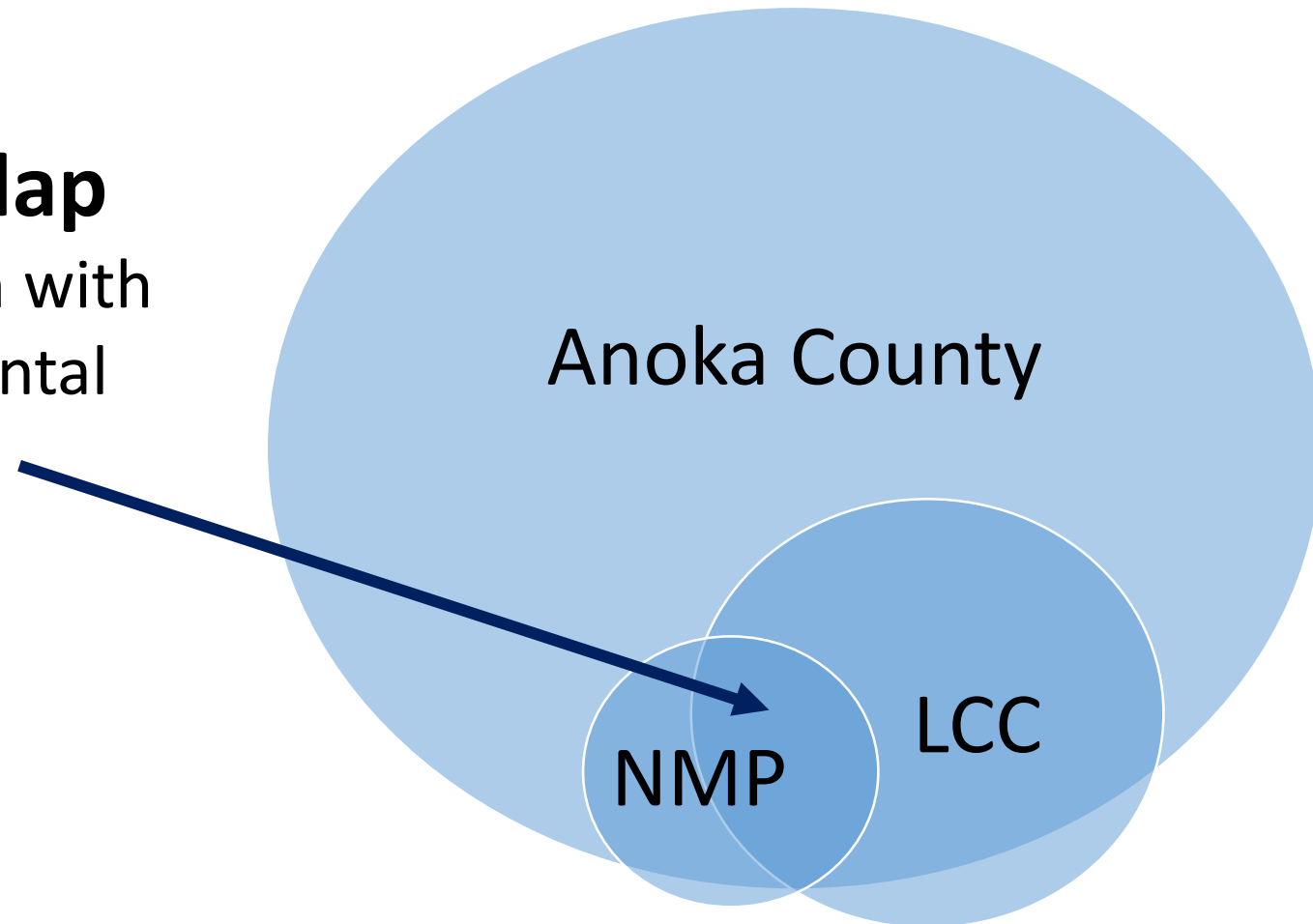


# OUR COMMUNITY

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## Where we overlap

Low income children with risk of untreated mental health



# PROJECT CHARTER

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- Child and Adolescent Mental Health Alliance of Anoka County
  - Children and Adolescents
  - Early intervention
  - Access to Mental Health services

# ANOKA COUNTY PUBLIC HEALTH CHNA

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- Assessment and Planning Background
- Collaborative Community Health Needs Assessment (CHNA)
- The Top Health Priorities in Anoka County
  - Chronic Diseases and Health Habits
  - Mental Health (including access to care and children's mental health)
  - Violence
  - Drugs and Substance Use
- 2020-2022 Community Health Improvement Plan (CHIP)

WHAT KIND OF MAN  
DO I WANT TO BE?

### COMPASSION QUOTE

"WE ARE ONLY AS SUPERFICIAL AS OUR  
SELF-PERCEPTIONS ALLOW."

TURN OFF CELL  
PHONES DURING  
GROUP

### Observations

- Shortage of providers in AC
  - MH
  - Primary Care <sup>workforce makeup?</sup>
- MH concerns among adolescents don't age well
- Certain populations experience or report ↑ instances
- Geographic concentrations of these populations
- Treated ↓ than Experienced
- Tendency to seek treatment ↑ with age

- Primary Care - % of kids accessing  
MH

- Uninsured 5.2%, going up for first time since ACA
- Gender → strong correlation across rates
- White treatment rates ↑
- Uninsured rates ↑ for non-white
- Supported by SOOH data

- AC indexes very low on Head Start programs per indiv  
Compare to MN and national  
- Head Start programs correlate to?

- HS grad rates ↓ than MN  
37% of students with MH condition drop out of HS

# WHAT WE UNCOVERED AT THE COMMUNITY LEVEL

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- There's a shortage of providers in Anoka County - Primary care and Mental Health
- Mental Health concerns among adolescents get worse with age
- Rates of treatment lag
- Certain populations experience and/or report higher instances of poor mental health and access to services

# OUR DATA INDICATORS

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- NMP - Universal screening and referral
- LCC - Rate of clients accessing service and engaging in therapy
- AC - Population health indicators related to mental health access among low income/high risk children



# NEXT STEPS

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- Implementation plan
- Aligned with Anoka County CHIP implementation
- Refine Goals, Objectives, and Strategies