



*2026 Minnesota Department of Health Annual Network Maps*

Medica Insurance Company

Essentia Choice Care with Medica – MNN022

Map Completion Date: July 3, 2025

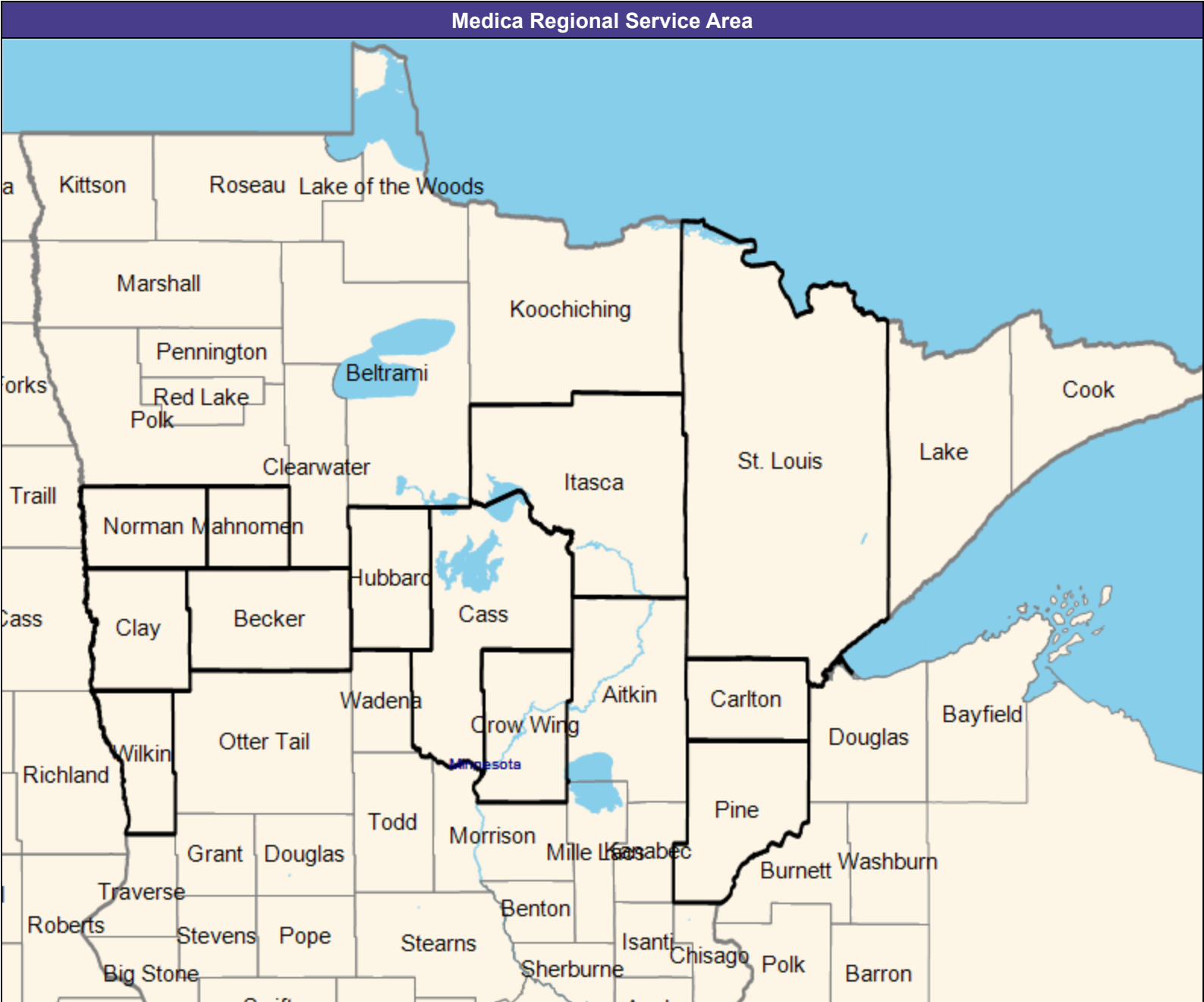
Service Area Map/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Service Areas  
☐ Essentia Choice Care with Medica  
MNN022

42.88 miles



**Acupuncture/Essentia Choice Care with Medica/MNN022**

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Acupuncture benefits are not offered by  
Medica Insurance Company for Essentia Choice Care with Medica – MNN022

# Allergy and Immunology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Allergy and Immunology

7 providers at 6 locations

■ All providers

Allergy and Immunology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Allergy and Immunology  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (3,168)

● Without access (957)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

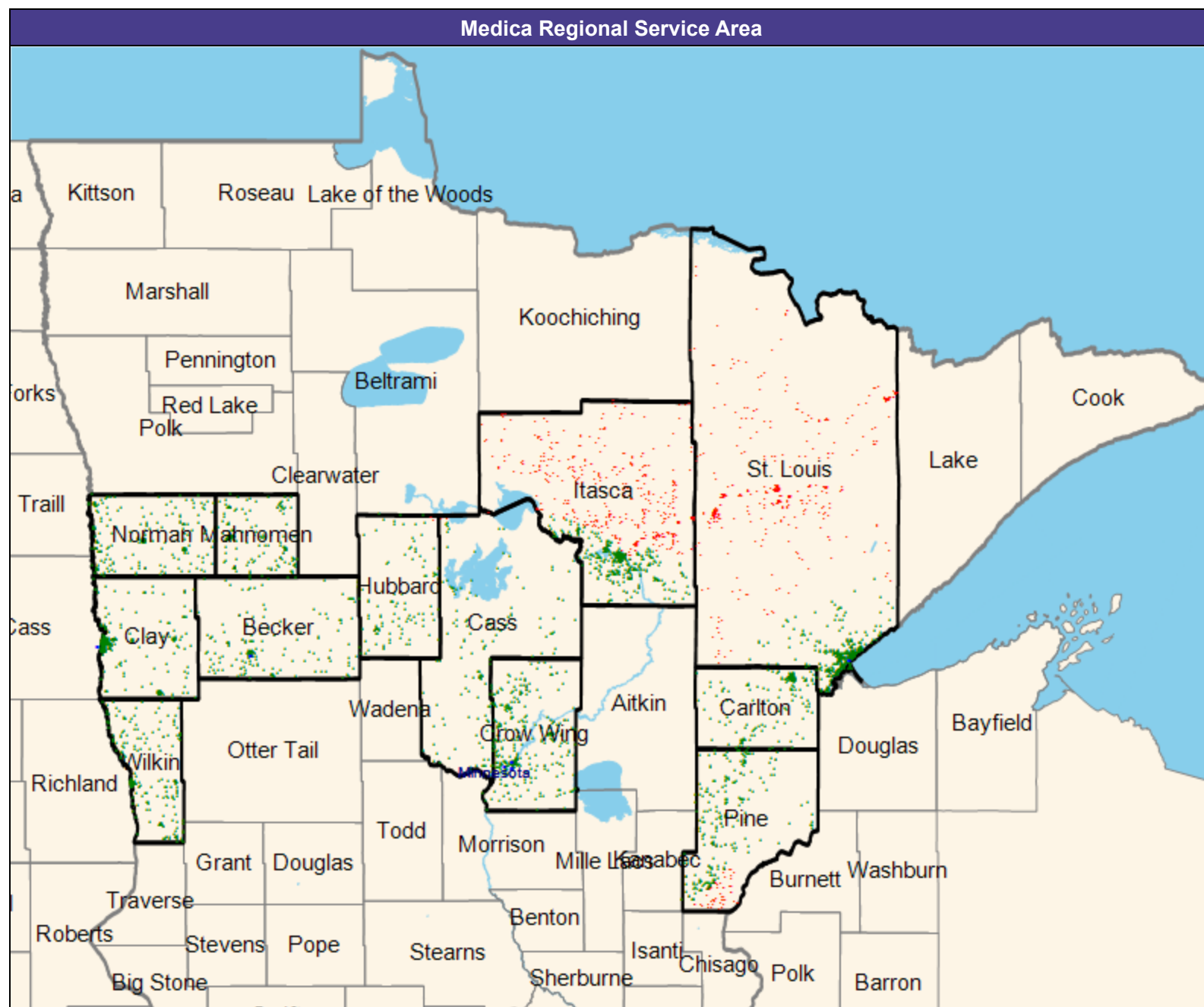
1 (Essentia Choice Care with Medica  
MNN022 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 75 miles and 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Allergy and Immunology  
(Medica Regional Service Area))  
provider in 110 miles and 125  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022







# Anesthesiology Physicians and CRNAs/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN022 Anesthesiology Physicians and  
CRNAs

325 providers at 29 locations

■ All providers

Anesthesiology Physicians and CRNAs

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Anesthesiology Physicians  
and CRNAs (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (3,930)

● Without access (195)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Anesthesiology Physicians  
and CRNAs (Medica Regional  
Service Area)) provider in 10 miles  
and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Anesthesiology Physicians  
and CRNAs (Medica Regional  
Service Area)) provider in 20 miles  
and 30 minutes

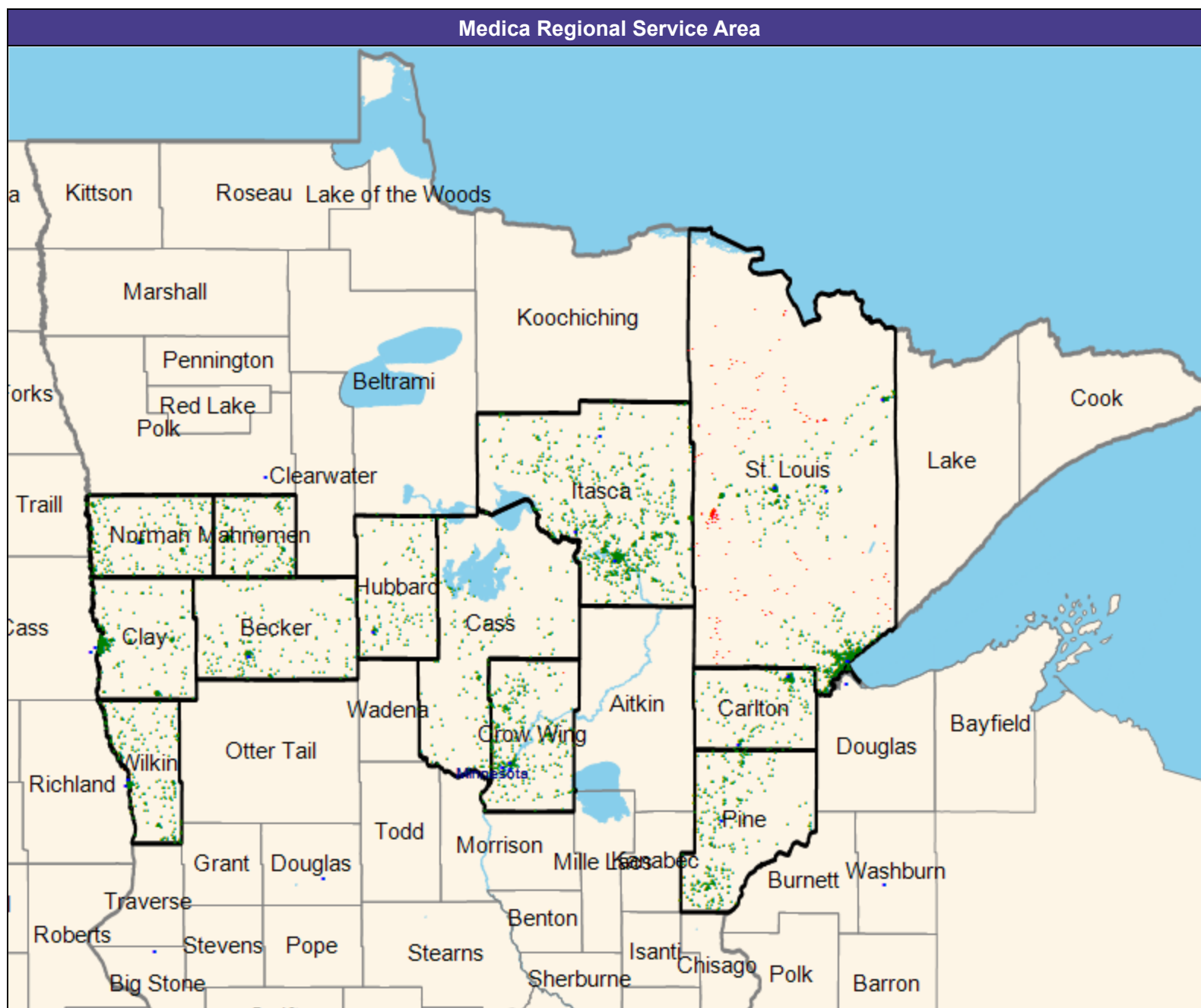
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Anesthesiology Physicians  
and CRNAs (Medica Regional  
Service Area)) provider in 35 miles  
and 50 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Anesthesiology Physicians  
and CRNAs (Medica Regional  
Service Area)) provider in 60 miles  
and 75 minutes

CEAC areas...





# Cardiology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Cardiology

113 providers at 32 locations

■ All providers

Cardiology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Cardiology (Medica Regional  
Service Area)

4,125 enrollee locations

◆ With access (3,989)

● Without access (136)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Cardiology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Cardiology (Medica  
Regional Service Area)) provider in  
20 miles and 30 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Cardiology (Medica  
Regional Service Area)) provider in  
35 miles and 50 minutes

Rural areas...

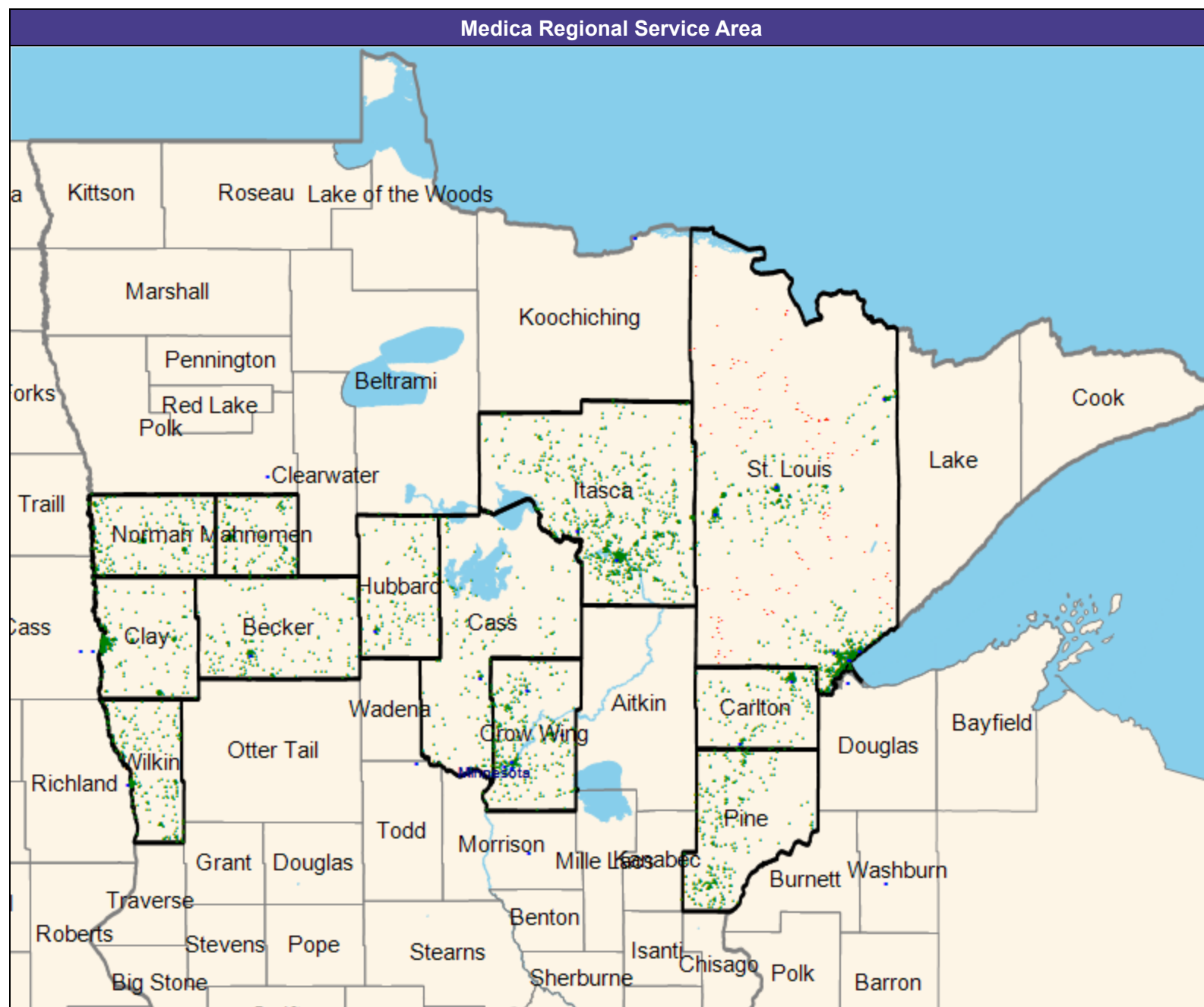
1 (Essentia Choice Care with Medica  
MNN022 Cardiology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Cardiology (Medica  
Regional Service Area)) provider in  
85 miles and 95 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
Cardiology  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Cardiology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]



## Access Detail By County

Created by...  
Medica

Access Analysis  
Cardiothoracic Surgery  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Cardiothoracic Surgery  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]



# Chiropractic Services/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Chiropractic Services

1,878 providers at 1,362 locations

■ All providers

Chiropractic Services

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Chiropractic Services  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,037)

● Without access (88)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Chiropractic Services  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Chiropractic Services  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Chiropractic Services  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

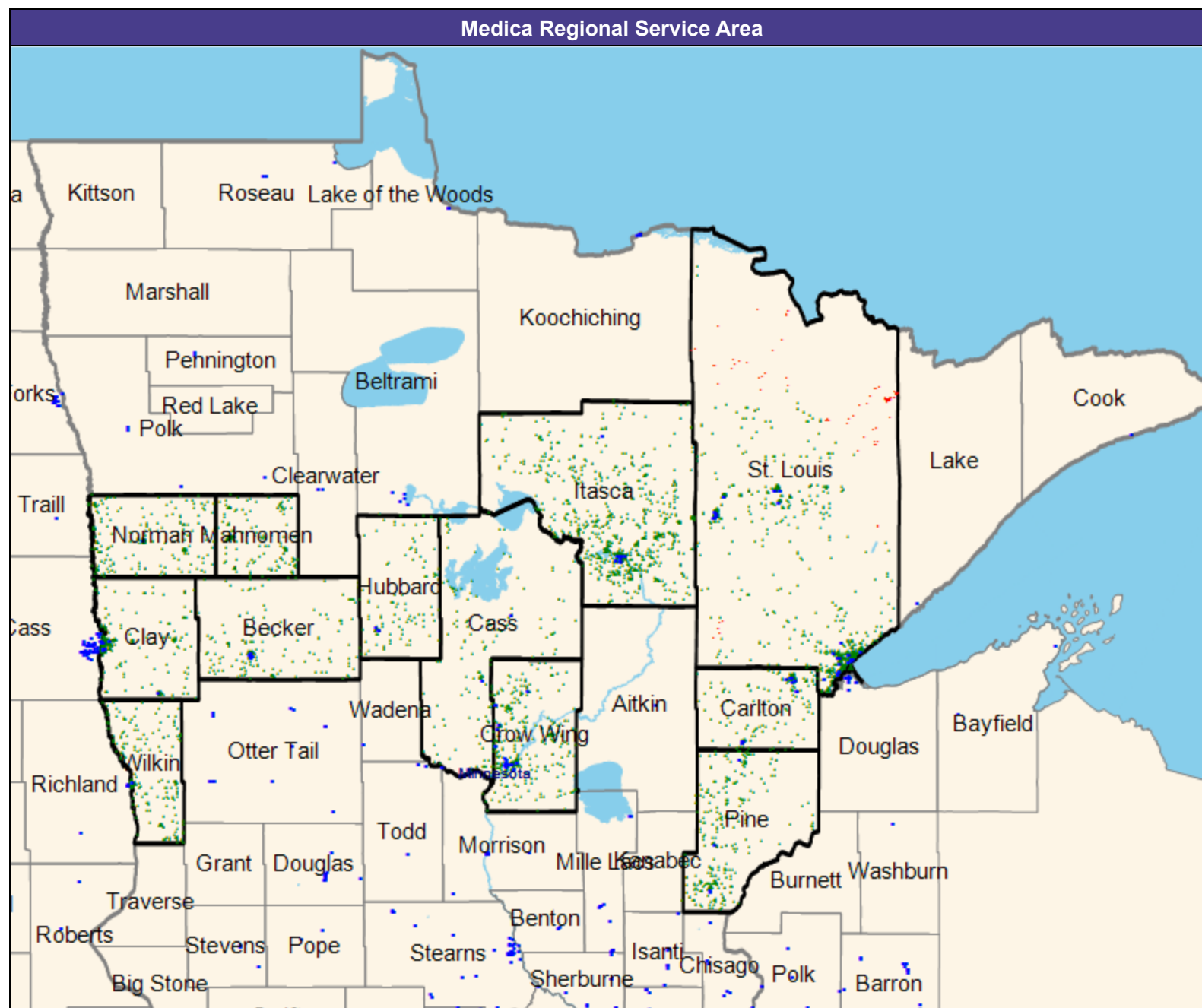
1 (Essentia Choice Care with Medica  
MNN022 Chiropractic Services  
(Medica Regional Service Area))  
provider in 75 miles and 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Chiropractic Services  
(Medica Regional Service Area))  
provider in 110 miles and 125  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022





Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Chiropractic Services

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Chiropractic Services  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 75 miles and 90 mins	12	181	100.0	0	0.0	10.2	11.1
	Carlton	177	1 in 75 miles and 90 mins	19	177	100.0	0	0.0	5.2	5.7
	Cass	146	1 in 75 miles and 90 mins	5	146	100.0	0	0.0	11.6	12.6
	Clay	328	1 in 60 miles and 80 mins	13	328	100.0	0	0.0	5.1	5.6
	Crow Wing	344	1 in 60 miles and 80 mins	37	344	100.0	0	0.0	6.9	7.5
	Hubbard	109	1 in 75 miles and 90 mins	3	109	100.0	0	0.0	11.1	12.1
	Itasca	858	1 in 75 miles and 90 mins	19	858	100.0	0	0.0	11.8	12.8
	Mahnomen	213	1 in 110 miles and 125 m...	0	213	100.0	0	0.0	23.1	25.2
	Norman	281	1 in 110 miles and 125 m...	1	281	100.0	0	0.0	11.0	11.9
	Pine	293	1 in 75 miles and 90 mins	7	293	100.0	0	0.0	8.1	8.8
Grand Totals	St. Louis	912	1 in 30 miles and 45 mins	46	824	90.4	88	9.6	9.5	10.4
	Wilkin	283	1 in 110 miles and 125 m...	2	283	100.0	0	0.0	10.2	11.1
		1,764	1 in 75 miles and 90 mins	65	1,764	100.0	0	0.0	10.3	11.2
		672	1 in 60 miles and 80 mins	50	672	100.0	0	0.0	6.0	6.6
		777	1 in 110 miles and 125 m...	3	777	100.0	0	0.0	14.0	15.2
		912	1 in 30 miles and 45 mins	46	824	90.4	88	9.6	9.5	10.4

## Colon and Rectal/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN022 Colon and Rectal

2 providers at 3 locations

- All providers

Colon and Rectal

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Colon and Rectal (Medica  
Regional Service Area)

4,125 enrollee locations

- ◆ With access (810)
- Without access (3,315)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Colon and Rectal (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Colon and Rectal (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Colon and Rectal (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

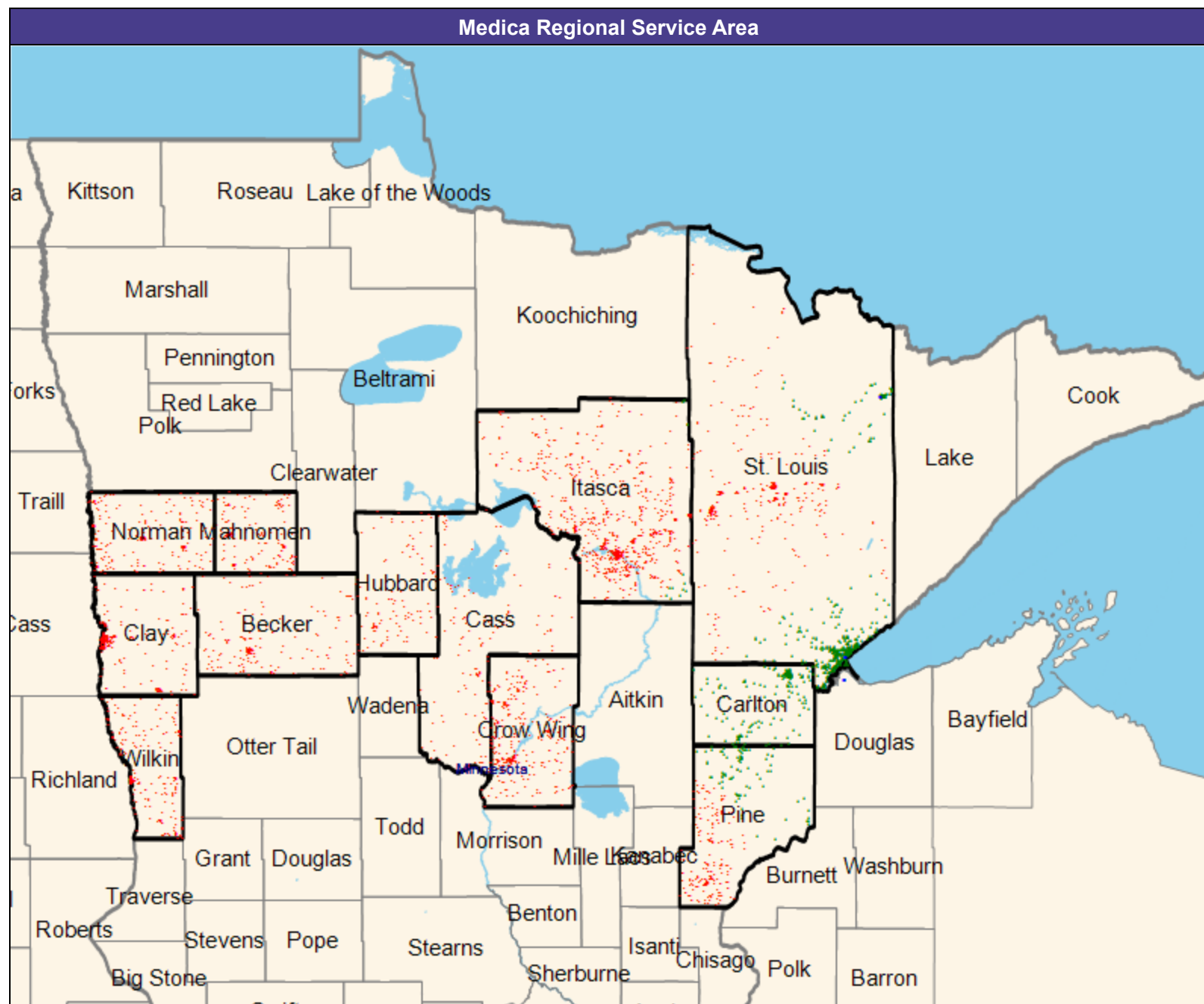
1 (Essentia Choice Care with Medica  
MNN022 Colon and Rectal (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Colon and Rectal (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

- Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
Colon and Rectal

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Colon and Rectal (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

**Dental Providers - Pediatric/Essentia Choice Care with Medica/MNN022**

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Pediatric dental benefits are not offered by  
Medica Insurance Company for  
Essentia Choice Care with Medica – MNN022

# Dermatology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Dermatology

34 providers at 28 locations

■ All providers

Dermatology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Dermatology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,014)

● Without access (111)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Dermatology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Dermatology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Dermatology (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

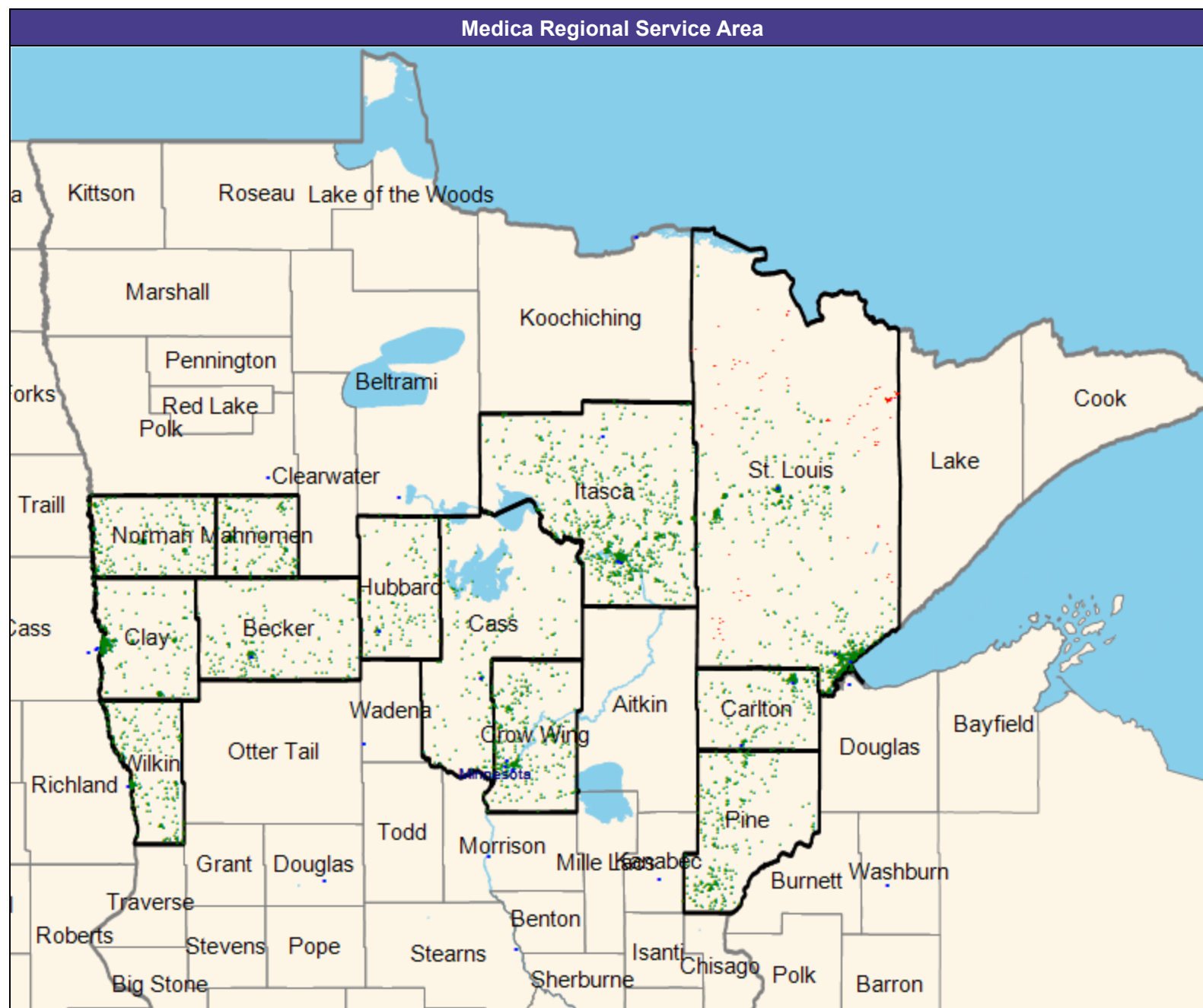
1 (Essentia Choice Care with Medica  
MNN022 Dermatology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Dermatology (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
Dermatology  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MN022)  
Essentia Choice Care with Medica  
MN022 Dermatology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Emergency Medicine/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Emergency Medicine

616 providers at 21 locations

■ All providers

Emergency Medicine

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Emergency Medicine (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,071)

● Without access (54)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Emergency Medicine  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Emergency Medicine  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Emergency Medicine  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

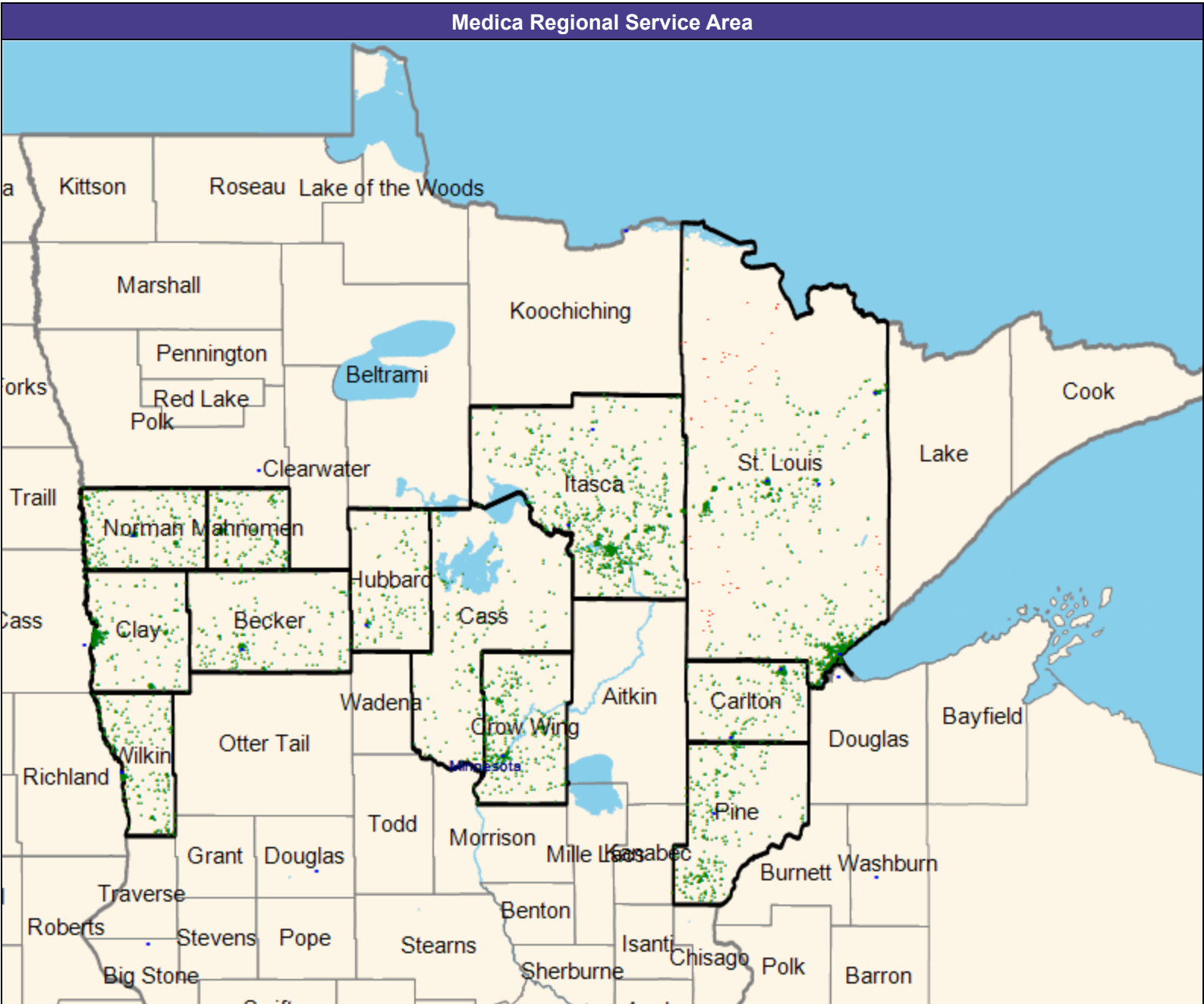
1 (Essentia Choice Care with Medica  
MNN022 Emergency Medicine  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Emergency Medicine  
(Medica Regional Service Area))  
provider in 100 miles and 110  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Emergency Medicine

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Emergency Medicine  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 60 miles and 75 mins	63	181	100.0	0	0.0	11.0	11.9
	Carlton	177	1 in 60 miles and 75 mins	122	177	100.0	0	0.0	7.2	7.8
	Cass	146	1 in 60 miles and 75 mins	0	146	100.0	0	0.0	27.7	30.2
	Clay	328	1 in 60 miles and 80 mins	0	328	100.0	0	0.0	12.0	15.2
	Crow Wing	344	1 in 60 miles and 80 mins	67	344	100.0	0	0.0	14.0	15.2
	Hubbard	109	1 in 60 miles and 75 mins	49	109	100.0	0	0.0	17.1	18.6
	Itasca	858	1 in 60 miles and 75 mins	74	858	100.0	0	0.0	20.1	21.8
	Mahnomen	213	1 in 100 miles and 110 m...	0	213	100.0	0	0.0	23.6	25.7
	Norman	281	1 in 100 miles and 110 m...	22	281	100.0	0	0.0	13.0	14.1
	Pine	293	1 in 60 miles and 75 mins	77	293	100.0	0	0.0	15.1	16.4
Grand Totals	St. Louis	912	1 in 30 miles and 45 mins	371	858	94.1	54	5.9	11.1	12.8
	Wilkin	283	1 in 100 miles and 110 m...	27	283	100.0	0	0.0	12.7	14.0
		1,764	1 in 60 miles and 75 mins	385	1,764	100.0	0	0.0	17.5	19.0
		672	1 in 60 miles and 80 mins	67	672	100.0	0	0.0	13.0	15.2
		777	1 in 100 miles and 110 m...	49	777	100.0	0	0.0	15.8	17.2
		912	1 in 30 miles and 45 mins	371	858	94.1	54	5.9	11.1	12.8



Endocrinology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Endocrinology

20 providers at 16 locations

All providers

Endocrinology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Endocrinology (Medica  
Regional Service Area)

4,125 enrollee locations

With access (4,107)

Without access (18)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Endocrinology (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Endocrinology (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Endocrinology (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

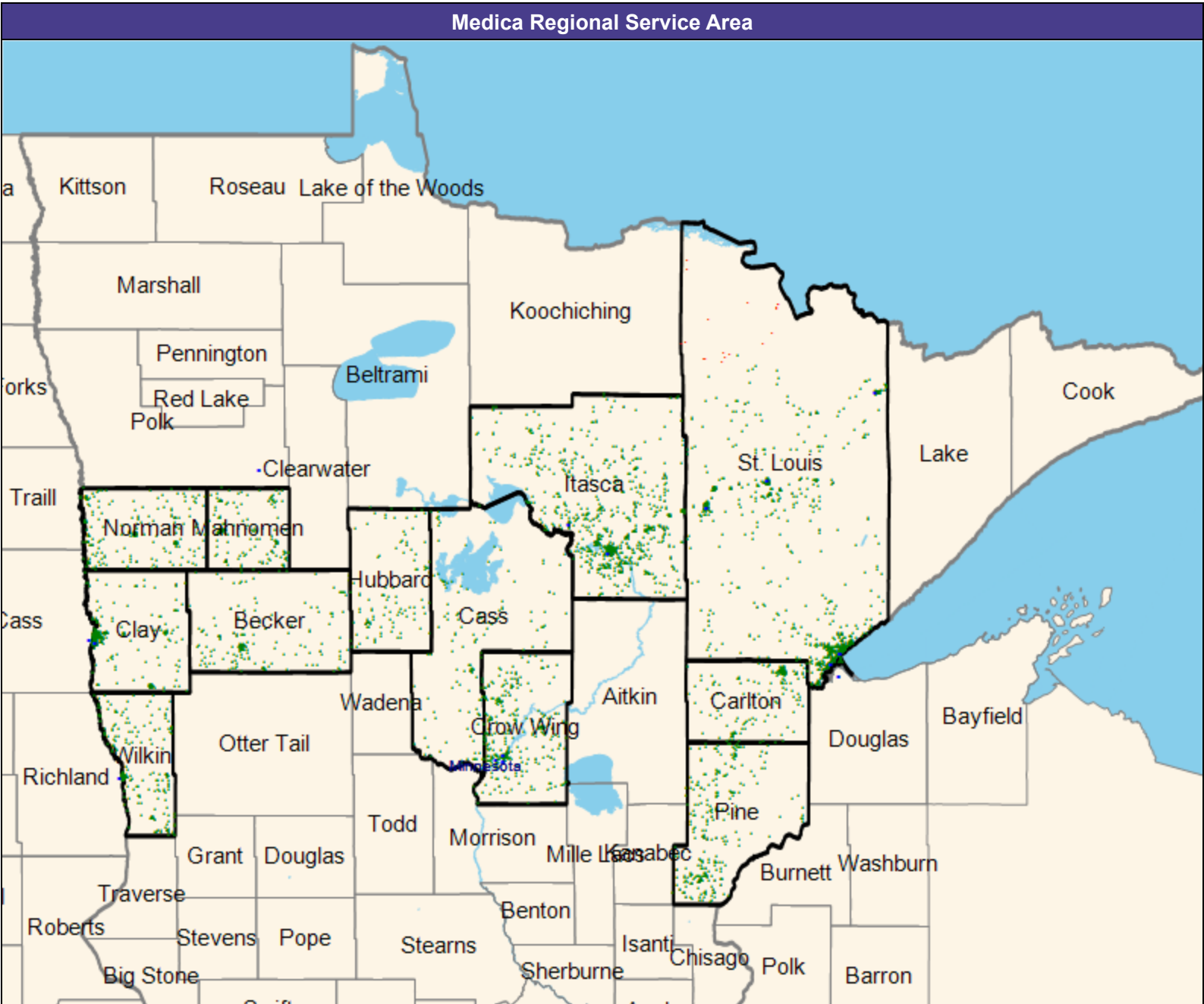
1 (Essentia Choice Care with Medica  
MNN022 Endocrinology (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Endocrinology (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

Service Areas

Essentia Choice Care with Medica  
MNN022



## Access Detail By County

July 3, 2025

Created by...  
Medica

## Access Analysis

Endocrinology

### Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Endocrinology (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

[illegible]

ENT/Otolaryngology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 ENT/Otolaryngology

32 providers at 29 locations

■ All providers

ENT/Otolaryngology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 ENT/Otolaryngology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,000)

● Without access (125)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

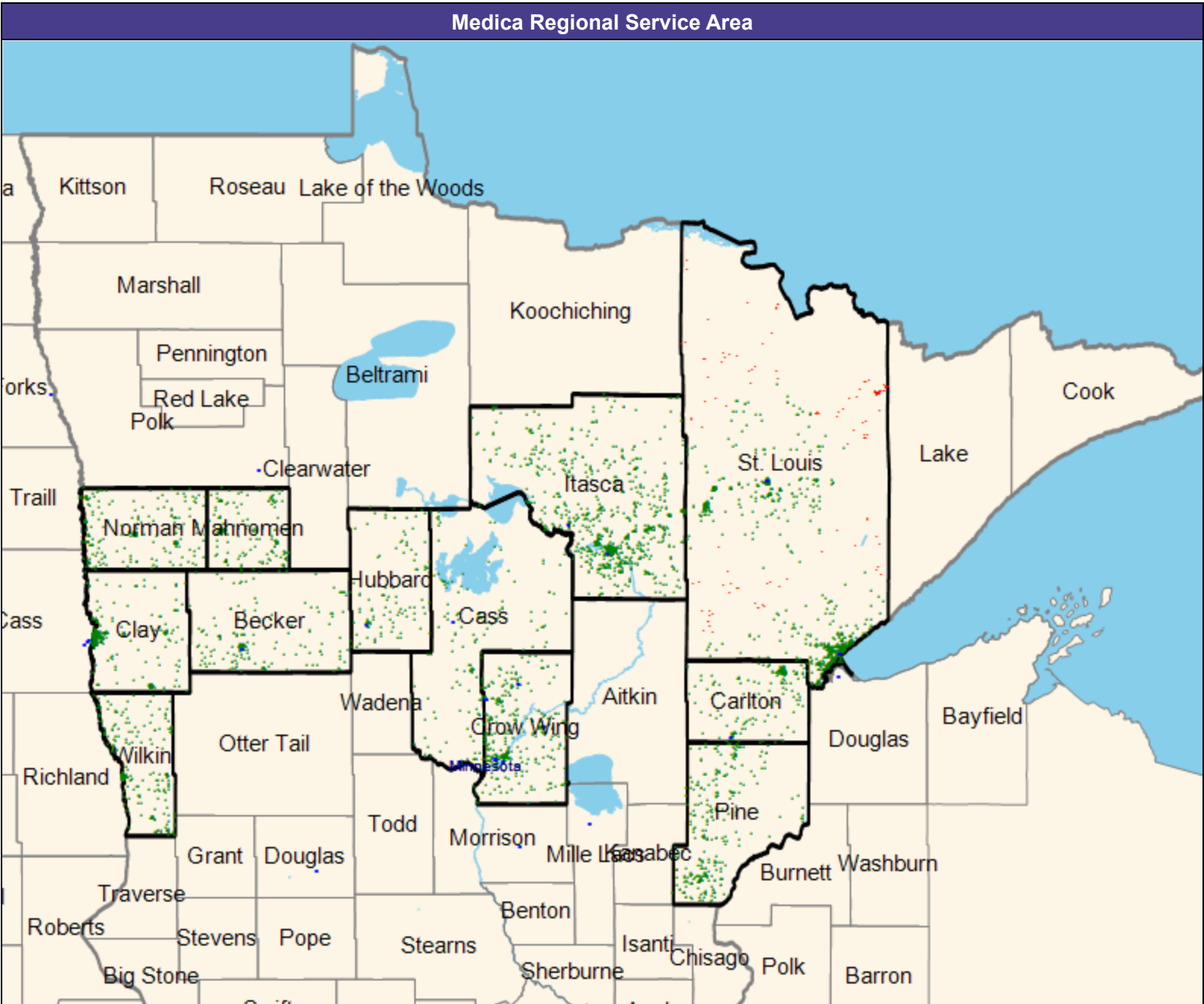
1 (Essentia Choice Care with Medica  
MNN022 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 75 miles and 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 ENT/Otolaryngology  
(Medica Regional Service Area))  
provider in 110 miles and 125  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
ENT/Otolaryngology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 ENT/Otolaryngology  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Gastroenterology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Gastroenterology

49 providers at 12 locations

All providers

Gastroenterology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Gastroenterology (Medica  
Regional Service Area)

4,125 enrollee locations

With access (3,670)

Without access (455)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Gastroenterology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Gastroenterology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Gastroenterology (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

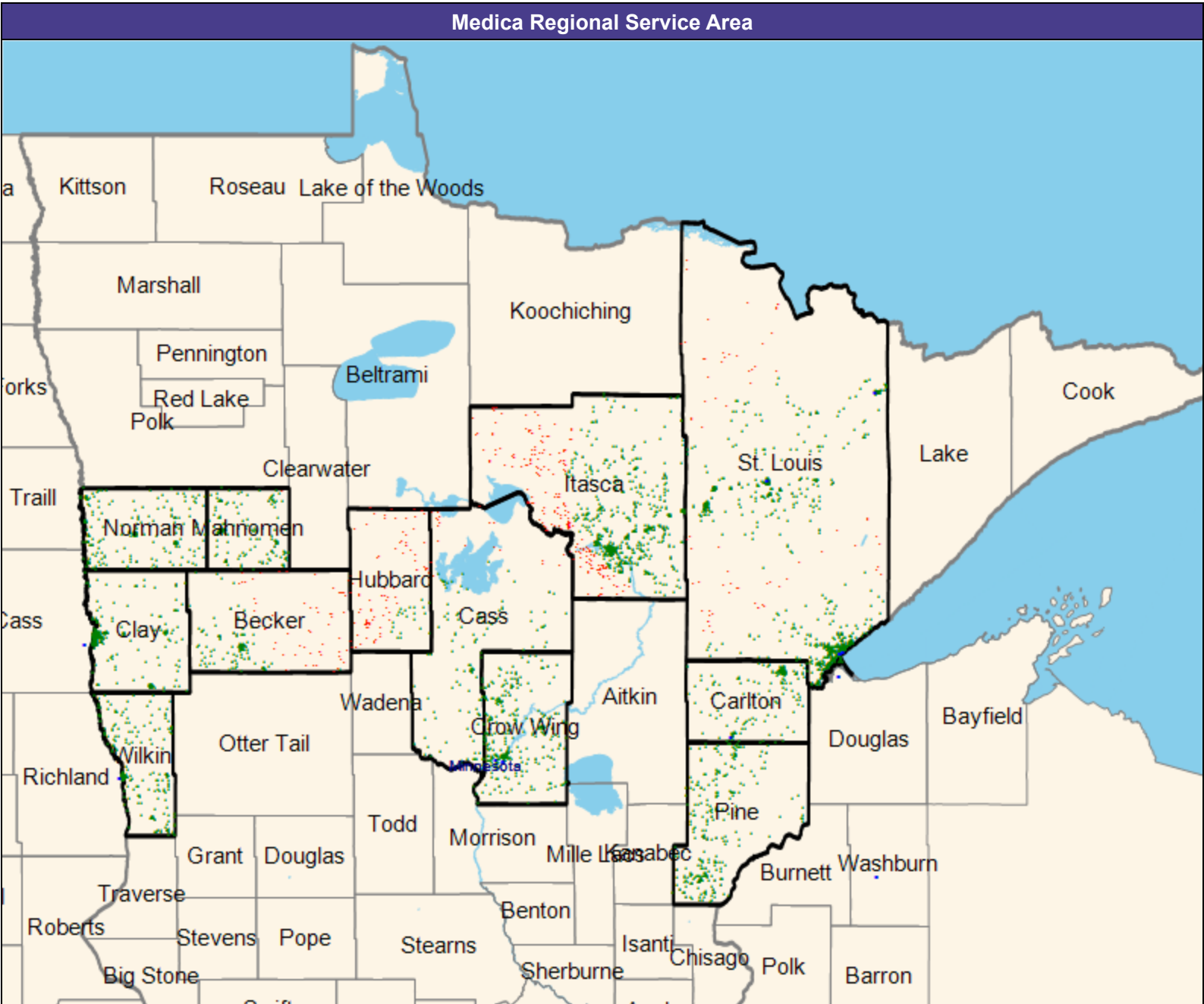
1 (Essentia Choice Care with Medica  
MNN022 Gastroenterology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Gastroenterology (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
Gastroenterology

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Gastroenterology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

General Surgery/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 General Surgery

85 providers at 46 locations

All providers

General Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 General Surgery (Medica  
Regional Service Area)

4,125 enrollee locations

With access (4,007)

Without access (118)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 General Surgery (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 General Surgery (Medica  
Regional Service Area)) provider in  
20 miles and 30 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 General Surgery (Medica  
Regional Service Area)) provider in  
35 miles and 50 minutes

Rural areas...

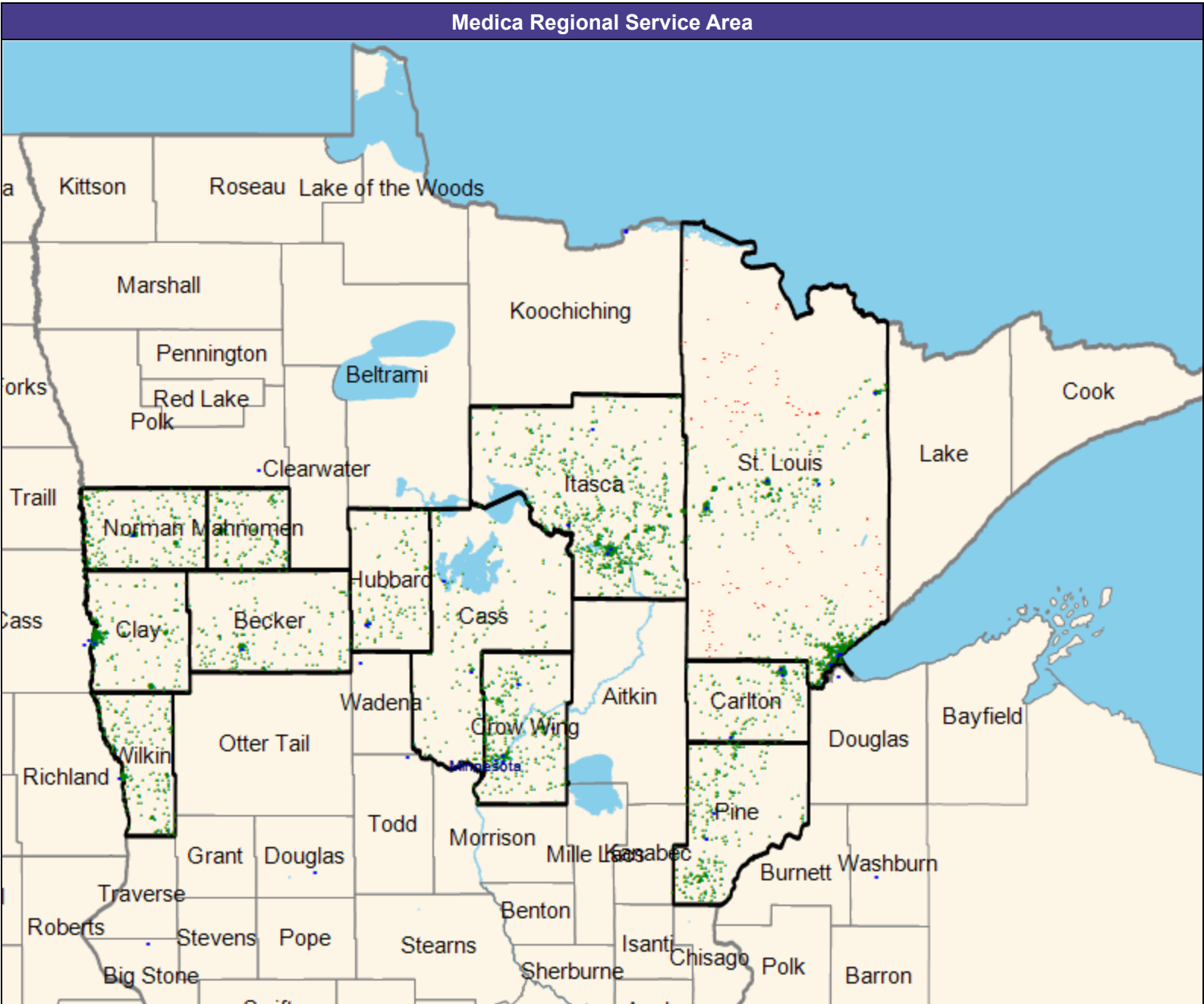
1 (Essentia Choice Care with Medica  
MNN022 General Surgery (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 General Surgery (Medica  
Regional Service Area)) provider in  
85 miles and 95 minutes

Service Areas

Essentia Choice Care with Medica  
MNN022



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
General Surgery

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 General Surgery (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 60 miles and 75 mins	8	181	100.0	0	0.0	10.2	11.1
	Carlton	177	1 in 60 miles and 75 mins	10	177	100.0	0	0.0	6.5	7.0
	Cass	146	1 in 60 miles and 75 mins	5	146	100.0	0	0.0	12.6	13.7
	Clay	328	1 in 35 miles and 50 mins	1	328	100.0	0	0.0	9.4	10.3
	Crow Wing	344	1 in 35 miles and 50 mins	20	344	100.0	0	0.0	6.8	7.3
	Hubbard	109	1 in 60 miles and 75 mins	9	109	100.0	0	0.0	12.6	13.7
	Itasca	858	1 in 60 miles and 75 mins	17	858	100.0	0	0.0	10.9	11.9
	Mahnomen	213	1 in 85 miles and 95 mins	0	213	100.0	0	0.0	23.6	25.7
	Norman	281	1 in 85 miles and 95 mins	1	281	100.0	0	0.0	13.0	14.1
	Pine	293	1 in 60 miles and 75 mins	7	293	100.0	0	0.0	11.2	12.2
Grand Totals	St. Louis	912	1 in 20 miles and 30 mins	66	794	87.1	118	12.9	8.4	9.6
	Wilkin	283	1 in 85 miles and 95 mins	0	283	100.0	0	0.0	13.2	14.4
		1,764	1 in 60 miles and 75 mins	56	1,764	100.0	0	0.0	10.7	11.6
		672	1 in 35 miles and 50 mins	21	672	100.0	0	0.0	8.1	8.8
		777	1 in 85 miles and 95 mins	1	777	100.0	0	0.0	16.0	17.4
		912	1 in 20 miles and 30 mins	66	794	87.1	118	12.9	8.4	9.6



# Gynecology, OB/GYN/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Gynecology, OB/GYN

183 providers at 62 locations

■ All providers

Gynecology, OB/GYN

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Gynecology, OB/GYN  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (3,528)

● Without access (597)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 5 miles and 10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 10 miles and 15 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 20 miles and 30 minutes

Rural areas...

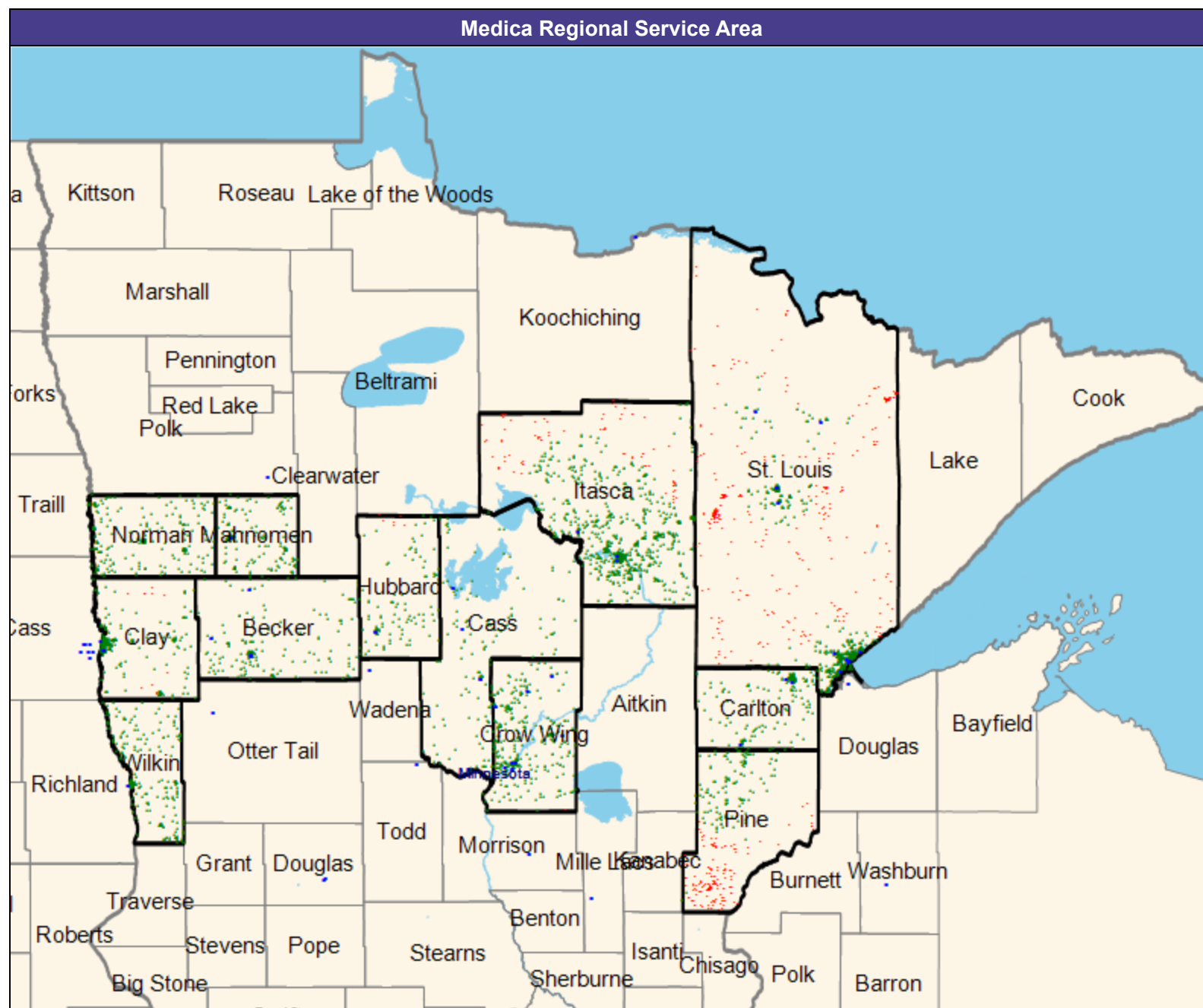
1 (Essentia Choice Care with Medica  
MNN022 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 30 miles and 40 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Gynecology, OB/GYN  
(Medica Regional Service Area))  
provider in 60 miles and 70 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Gynecology, OB/GYN

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Gynecology, OB/GYN  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 30 miles and 40 mins	22	181	100.0	0	0.0	7.8	8.5
	Carlton	177	1 in 30 miles and 40 mins	19	177	100.0	0	0.0	6.4	7.0
	Cass	146	1 in 30 miles and 40 mins	13	146	100.0	0	0.0	9.6	10.4
	Clay	328	1 in 20 miles and 30 mins	38	315	96.0	13	4.0	6.9	7.5
	Crow Wing	344	1 in 20 miles and 30 mins	46	343	99.7	1	0.3	5.4	5.9
	Hubbard	109	1 in 30 miles and 40 mins	13	103	94.5	6	5.5	12.8	13.9
	Itasca	858	1 in 30 miles and 40 mins	27	781	91.0	77	9.0	14.0	15.2
	Mahnomen	213	1 in 60 miles and 70 mins	1	213	100.0	0	0.0	8.5	9.2
	Norman	281	1 in 60 miles and 70 mins	0	281	100.0	0	0.0	25.1	27.4
	Pine	293	1 in 30 miles and 40 mins	0	133	45.4	160	54.6	27.5	29.9
Grand Totals	St. Louis	912	1 in 10 miles and 15 mins	155	572	62.7	340	37.3	9.4	10.4
	Wilkin	283	1 in 60 miles and 70 mins	0	283	100.0	0	0.0	12.0	13.0
		1,764	1 in 30 miles and 40 mins	94	1,521	86.2	243	13.8	14.4	15.7
		672	1 in 20 miles and 30 mins	84	658	97.9	14	2.1	6.2	6.7
		777	1 in 60 miles and 70 mins	1	777	100.0	0	0.0	15.8	17.2
		912	1 in 10 miles and 15 mins	155	572	62.7	340	37.3	9.4	10.4

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Infectious Diseases

14 providers at 3 locations

- All providers

## Infectious Diseases

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Infectious Diseases (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (2,851)

- Without access (1,274)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MN022 Infectious Diseases (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MN022 Infectious Diseases (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MN022 Infectious Diseases (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

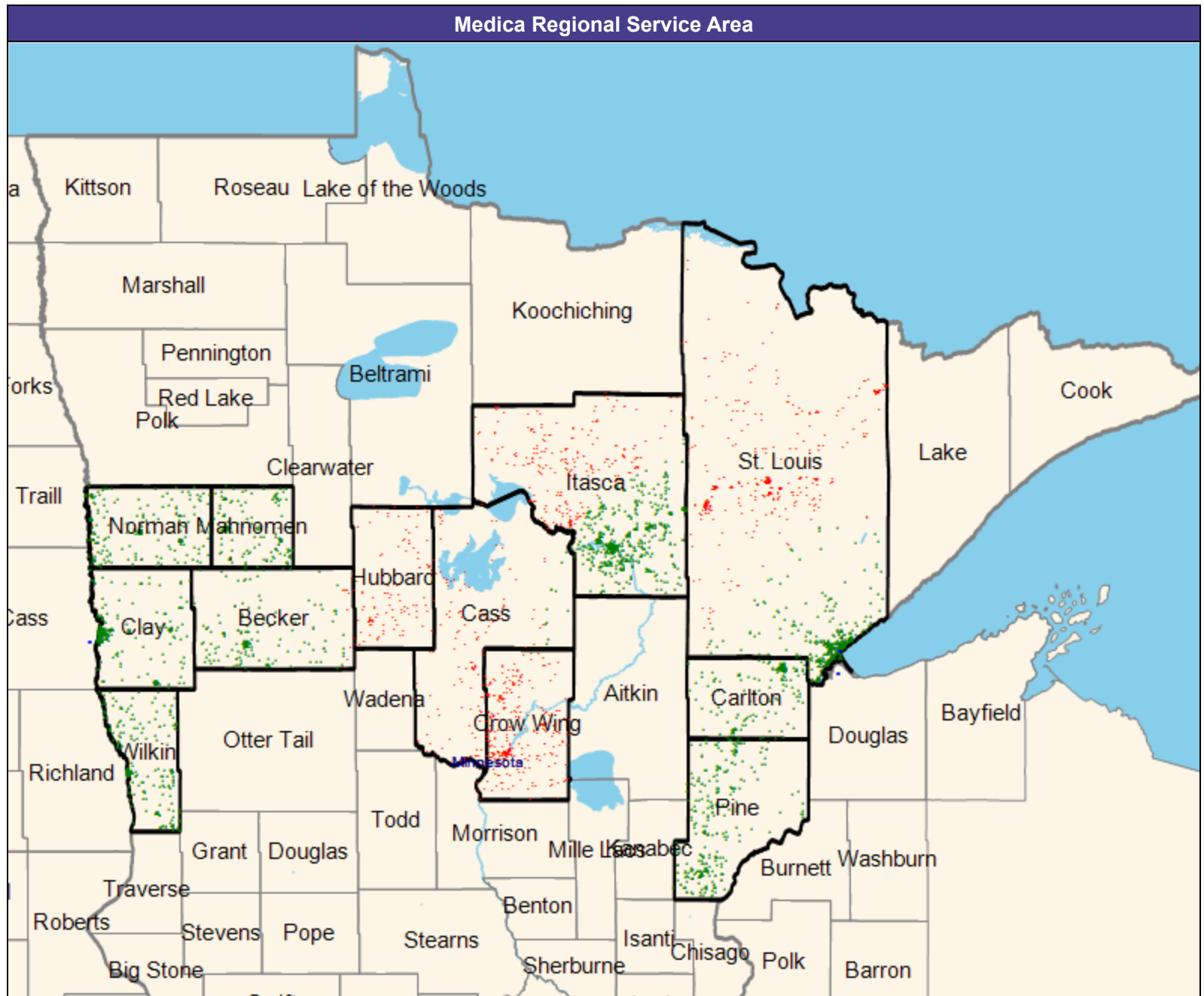
1 (Essentia Choice Care with Medica  
MN022 Infectious Diseases (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Infectious Diseases (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

## Service Areas

☐ Essentia Choice Care with Medica  
MNN022



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Infectious Diseases

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Infectious Diseases  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 90 miles and 110 mins	0	171	94.5	10	5.5	53.6	75.7
	Carlton	177	1 in 90 miles and 110 mins	0	177	100.0	0	0.0	25.2	27.4
	Cass	146	1 in 90 miles and 110 mins	0	11	7.5	135	92.5	108.0	123.2
	Clay	328	1 in 75 miles and 100 mins	0	328	100.0	0	0.0	13.0	18.5
	Crow Wing	344	1 in 75 miles and 100 mins	0	0	0.0	344	100.0	101.1	110.2
	Hubbard	109	1 in 90 miles and 110 mins	0	0	0.0	109	100.0	94.1	131.8
	Itasca	858	1 in 90 miles and 110 mins	0	607	70.7	251	29.3	84.5	96.5
	Mahnomen	213	1 in 130 miles and 145 m...	0	213	100.0	0	0.0	65.2	92.0
	Norman	281	1 in 130 miles and 145 m...	0	281	100.0	0	0.0	42.3	59.7
	Pine	293	1 in 90 miles and 110 mins	0	293	100.0	0	0.0	67.4	73.5
Grand Totals	St. Louis	912	1 in 40 miles and 60 mins	10	487	53.4	425	46.6	35.3	42.1
	Wilkin	283	1 in 130 miles and 145 m...	0	283	100.0	0	0.0	45.0	63.4
		1,764	1 in 90 miles and 110 mins	0	1,259	71.4	505	28.6	75.1	88.0
		672	1 in 75 miles and 100 mins	0	328	48.8	344	51.2	58.1	65.5
		777	1 in 130 miles and 145 m...	0	777	100.0	0	0.0	49.6	69.9
		912	1 in 40 miles and 60 mins	10	487	53.4	425	46.6	35.3	42.1

# Mental Health Providers (outpatient therapy)/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Mental Health Providers  
(outpatient therapy)

3,100 providers at 862 locations

■ All providers

Mental Health Providers (outpatient  
therapy)

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)

4,125 enrollee locations

◆ With access (3,888)

● Without access (237)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)) provider in 5 miles and  
10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)) provider in 10 miles  
and 15 minutes

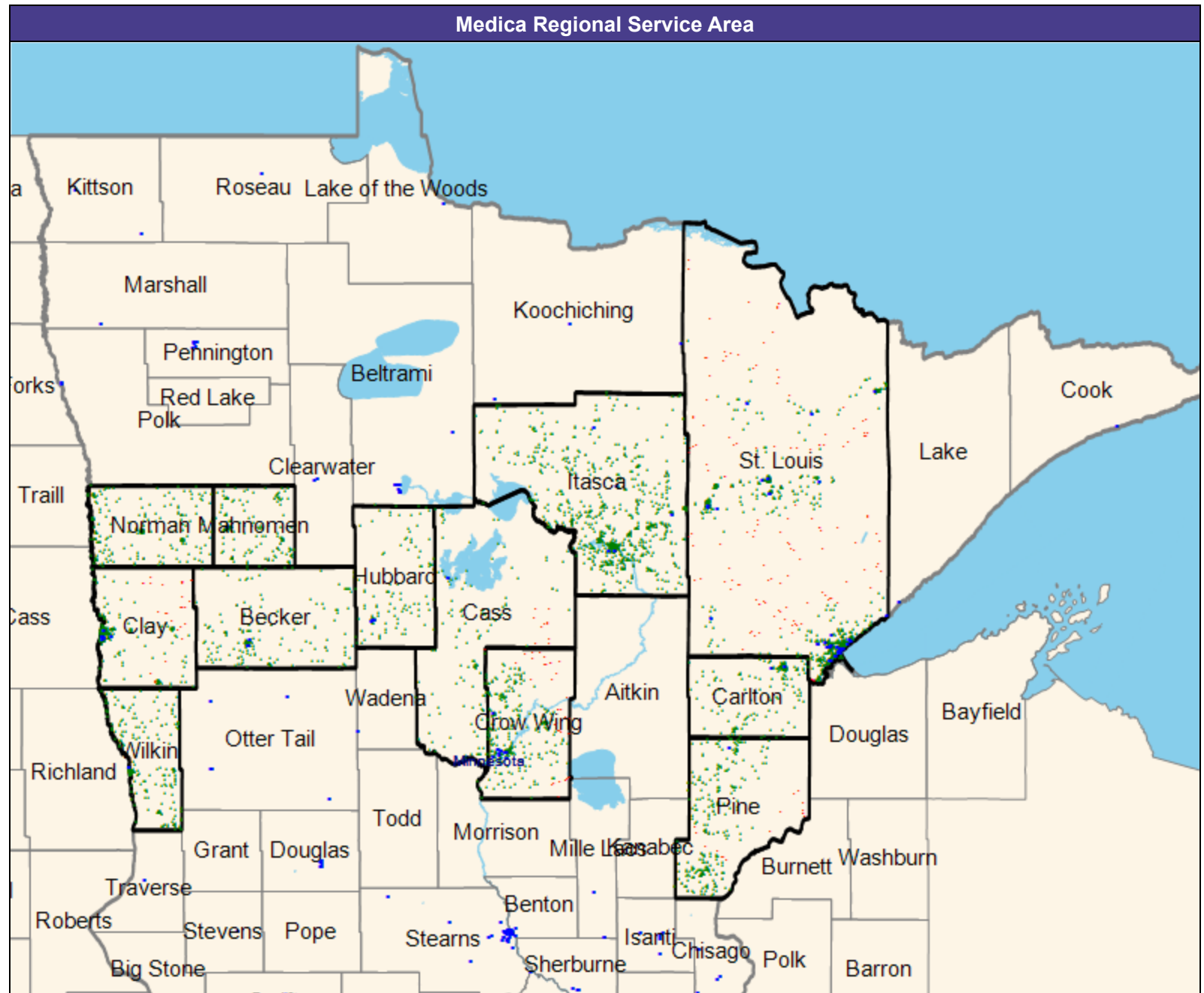
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)) provider in 20 miles  
and 30 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Mental Health Providers  
(outpatient therapy) (Medica Regional  
Service Area)) provider in 30 miles  
and 40 minutes

CEAC areas...



## Access Detail By County

Created by...  
Medica

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Mental Health Providers  
(outpatient therapy) (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Mental Health Provide Prescribers/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Mental Health Provider  
Prescribers

1,319 providers at 457 locations

■ All providers

Mental Health Provider Prescribers

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,110)

● Without access (15)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)) provider in 10 miles and 20  
minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)) provider in 30 miles and 45  
minutes

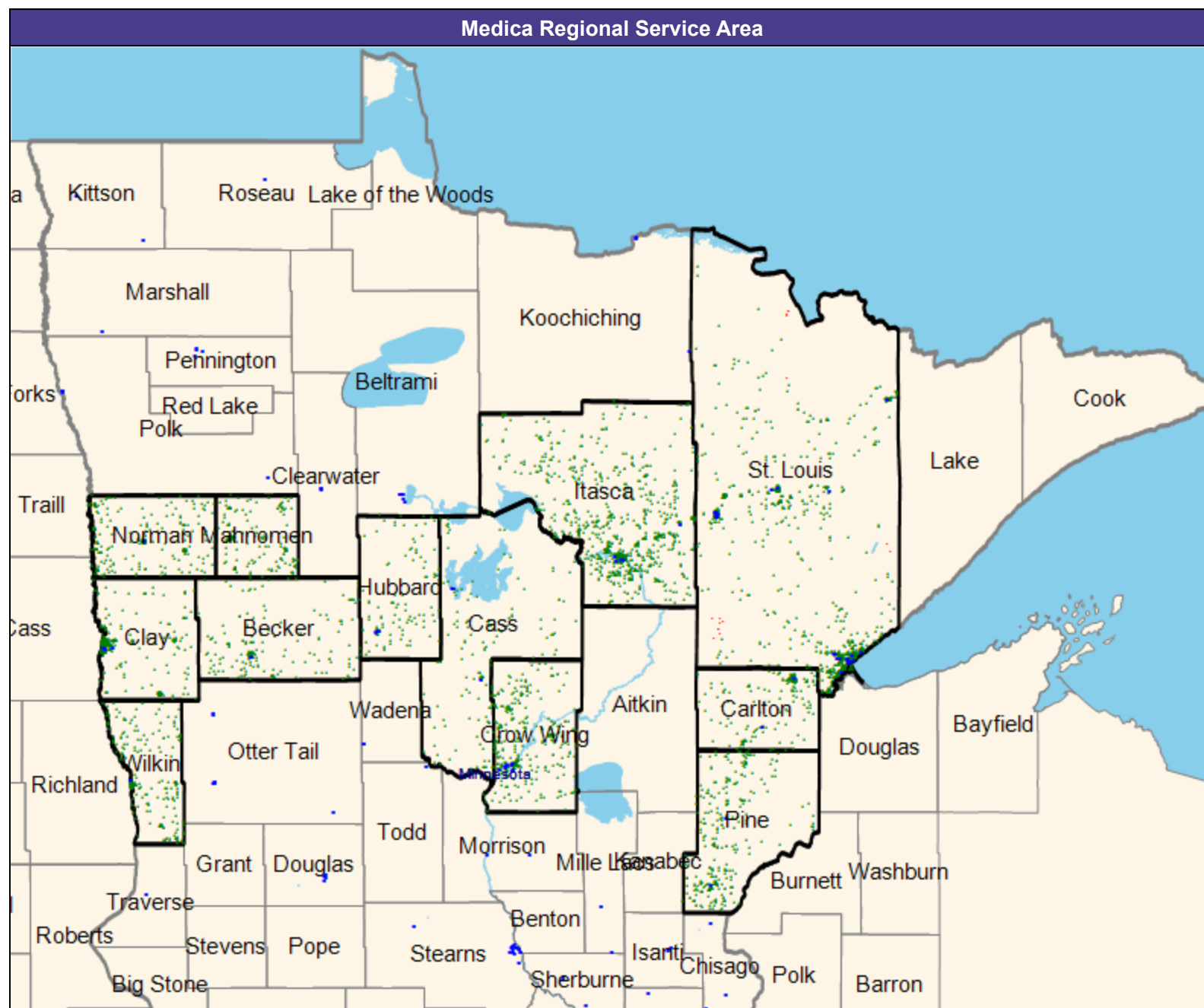
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)) provider in 45 miles and 60  
minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Mental Health Provider  
Prescribers (Medica Regional Service  
Area)) provider in 60 miles and 75  
minutes

CEAC areas...





## Access Detail By County

Created by...  
Medica

National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Mental Health Provider  
Prescribers (Medica Regional  
Service Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]



# Nephrology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN022 Nephrology

21 providers at 14 locations

■ All providers

Nephrology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Nephrology (Medica Regional  
Service Area)

4,125 enrollee locations

◆ With access (3,874)

● Without access (251)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Nephrology (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Nephrology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Nephrology (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

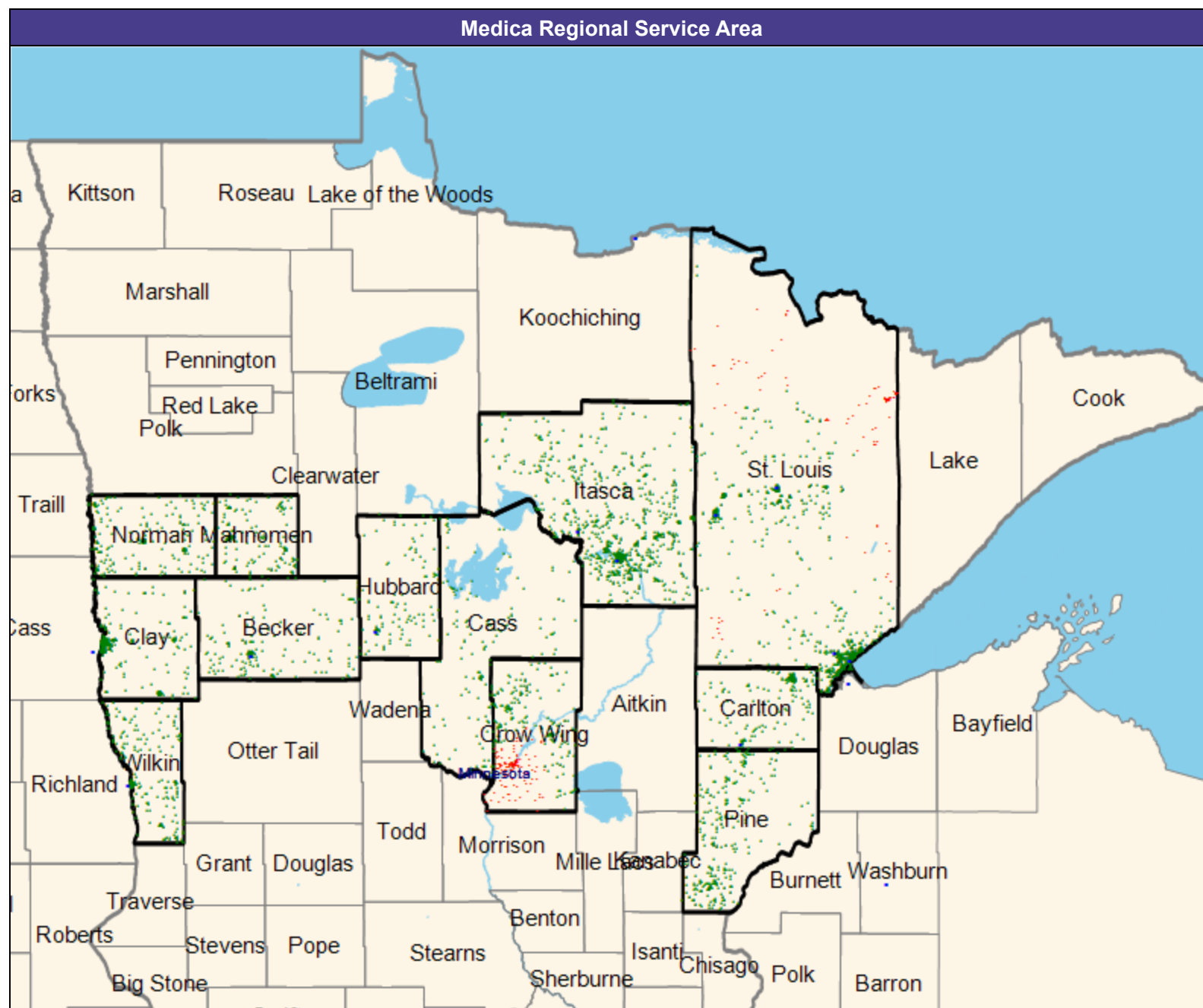
Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Nephrology (Medica  
Regional Service Area)) provider in  
75 miles and 90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Nephrology (Medica  
Regional Service Area)) provider in  
110 miles and 125 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022

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## Access Detail By County

July 3, 2025

Created by...  
Medica

## Access Analysis

Nephrology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Nephrology (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

[illegible]

Neurology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Neurology

66 providers at 21 locations

■ All providers

Neurology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Neurology (Medica Regional  
Service Area)

4,125 enrollee locations

◆ With access (4,075)

● Without access (50)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurology (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

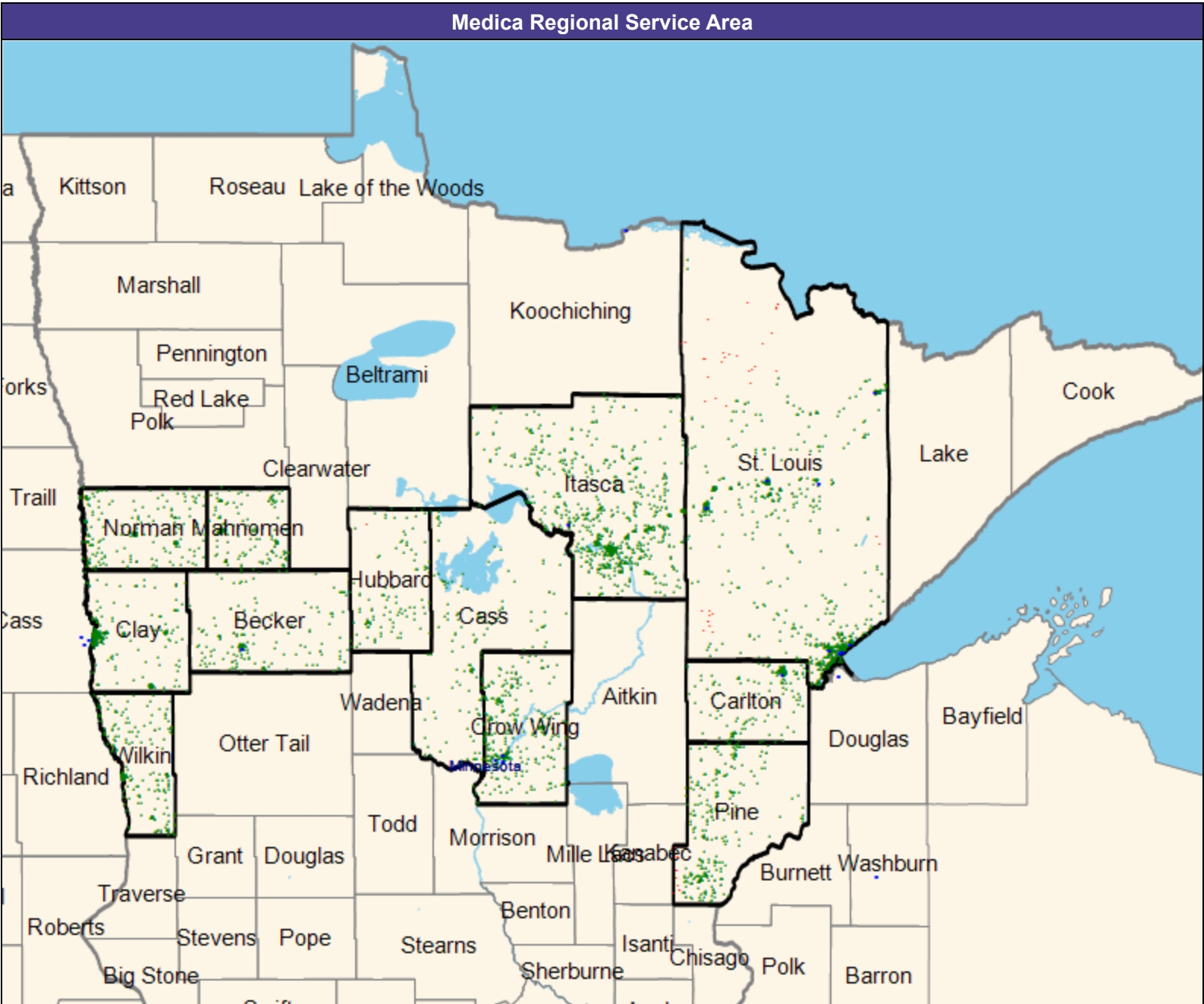
1 (Essentia Choice Care with Medica  
MNN022 Neurology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurology (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
Neurology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Neurology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Neurosurgery

26 providers at 6 locations

- All providers

Neurosurgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Neurosurgery (Medica  
Regional Service Area)

4.125 enrollee locations

◆ With access (3,823)

- Without access (302)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurosurgery (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurosurgery (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurosurgery (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

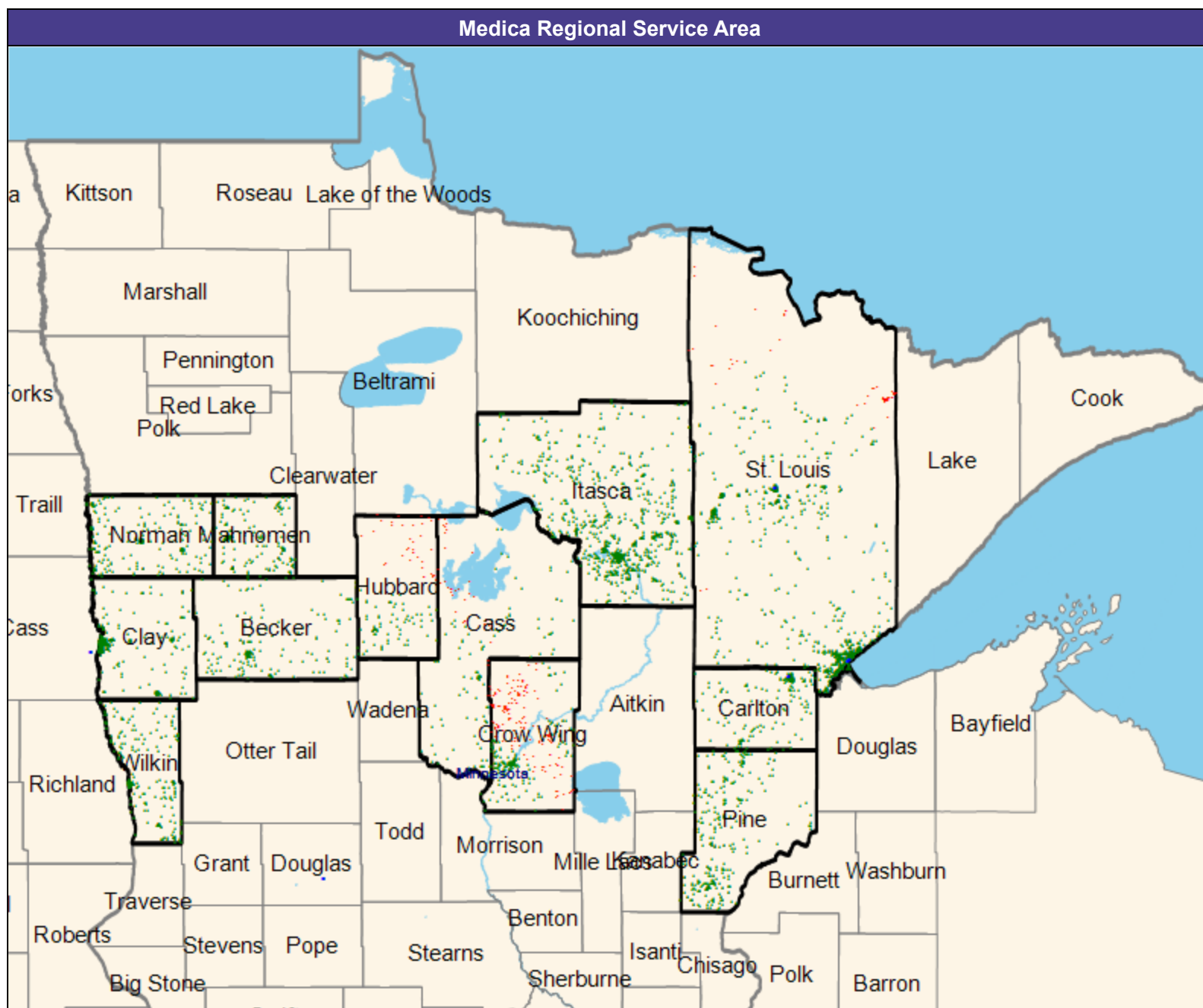
Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurosurgery (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Neurosurgery (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

## Service Areas

☐ Essentia Choice Care with Medica  
MNN022





Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Occupational Therapy

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Occupational Therapy  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 60 miles and 75 mins	8	181	100.0	0	0.0	9.6	10.5
	Carlton	177	1 in 60 miles and 75 mins	0	177	100.0	0	0.0	21.6	24.0
	Cass	146	1 in 60 miles and 75 mins	1	146	100.0	0	0.0	21.4	23.3
	Clay	328	1 in 60 miles and 80 mins	0	328	100.0	0	0.0	8.8	10.1
	Crow Wing	344	1 in 60 miles and 80 mins	0	344	100.0	0	0.0	28.1	30.6
	Hubbard	109	1 in 60 miles and 75 mins	3	109	100.0	0	0.0	16.4	17.9
	Itasca	858	1 in 60 miles and 75 mins	7	858	100.0	0	0.0	13.5	14.7
	Mahnomen	213	1 in 100 miles and 110 m...	0	213	100.0	0	0.0	16.8	18.3
	Norman	281	1 in 100 miles and 110 m...	0	281	100.0	0	0.0	30.7	33.4
	Pine	293	1 in 60 miles and 75 mins	1	293	100.0	0	0.0	17.5	19.0
Grand Totals	St. Louis	912	1 in 30 miles and 45 mins	98	827	90.7	85	9.3	9.6	10.6
	Wilkin	283	1 in 100 miles and 110 m...	6	283	100.0	0	0.0	10.6	11.6
		1,764	1 in 60 miles and 75 mins	20	1,764	100.0	0	0.0	15.4	16.8
		672	1 in 60 miles and 80 mins	0	672	100.0	0	0.0	18.7	20.6
		777	1 in 100 miles and 110 m...	6	777	100.0	0	0.0	19.6	21.3
		912	1 in 30 miles and 45 mins	98	827	90.7	85	9.3	9.6	10.6



July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Oncology - Medical & Surgical

44 providers at 24 locations

- All providers

Oncology - Medical & Surgical

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,023)

- Without access (102)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)) provider in 10 miles and 20  
minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)) provider in 30 miles and 45  
minutes

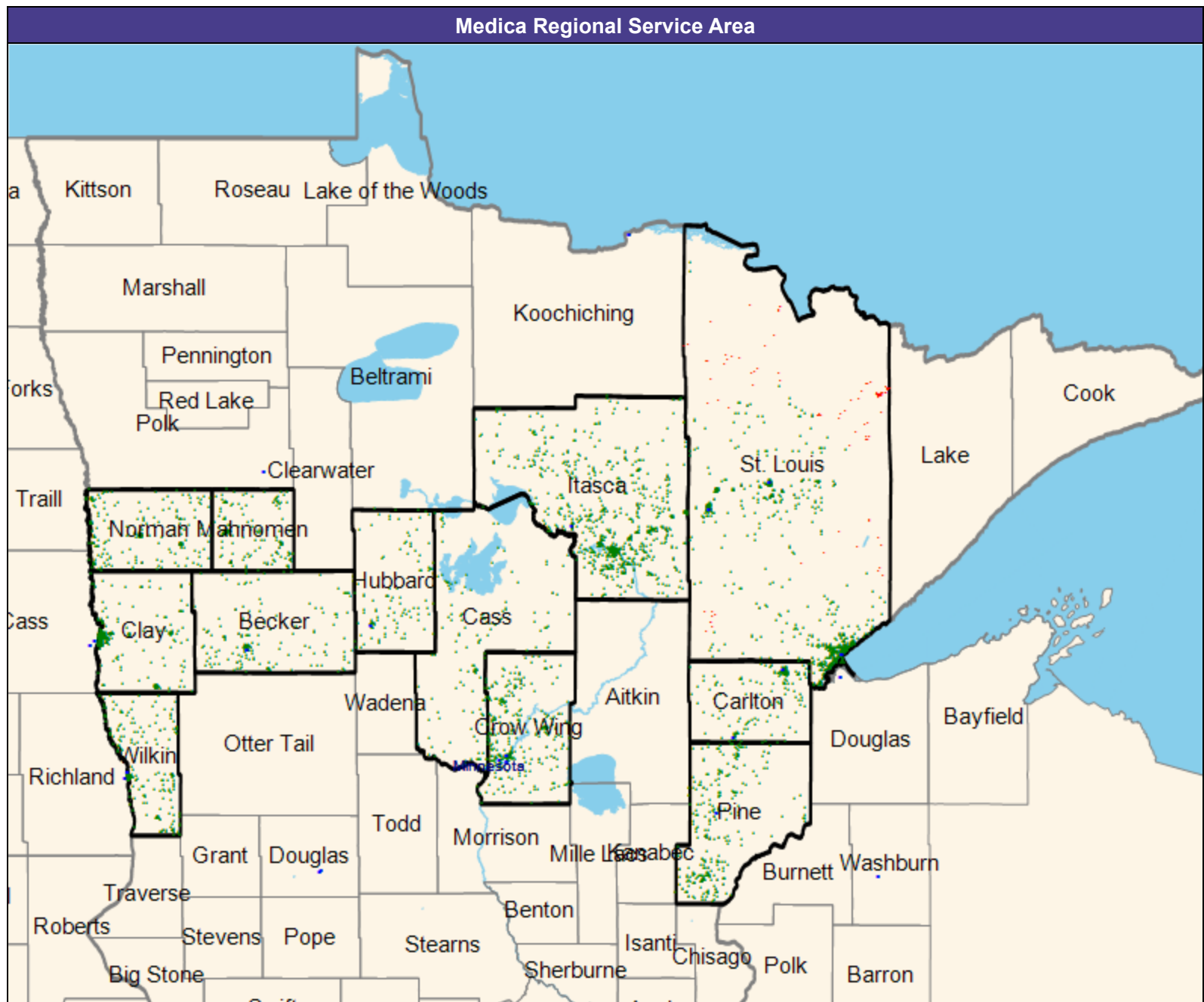
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)) provider in 45 miles and 60  
minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)) provider in 60 miles and 75  
minutes

CEAC areas...



## Access Detail By County

Created by...  
Medica

Access Analysis  
Oncology - Medical & Surgical  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Oncology - Medical &  
Surgical (Medica Regional Service  
Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Oncology - Radiation/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Oncology - Radiation

30 providers at 4 locations

■ All providers

Oncology - Radiation

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Oncology - Radiation (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,568)

● Without access (557)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 75 miles and 100 minutes

Rural areas...

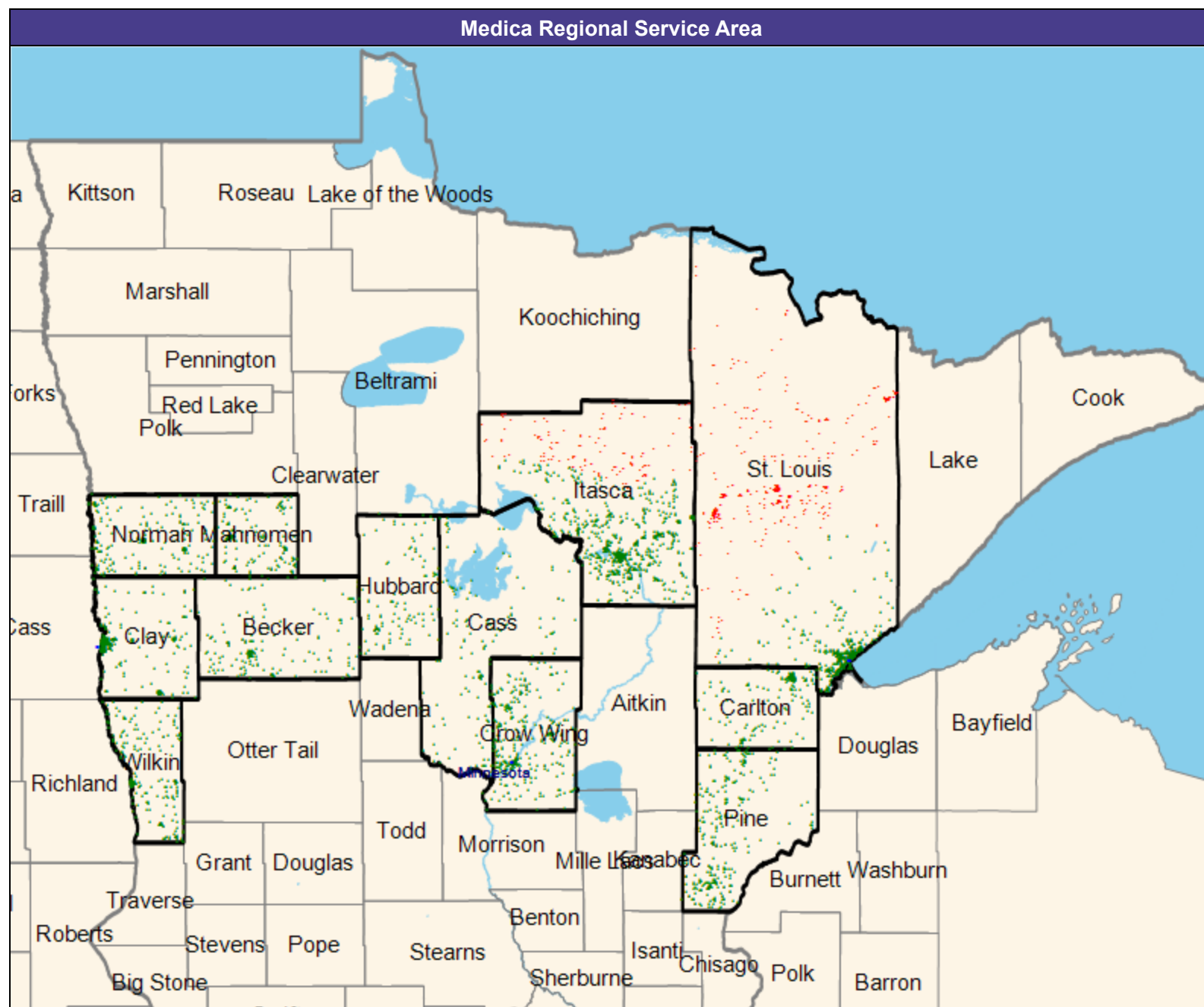
1 (Essentia Choice Care with Medica  
MNN022 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Oncology - Radiation  
(Medica Regional Service Area))  
provider in 130 miles and 145  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
Oncology - Radiation  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Oncology - Radiation  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Ophthalmology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN022 Ophthalmology

119 providers at 76 locations

■ All providers

Ophthalmology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Ophthalmology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,011)

● Without access (114)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Ophthalmology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Ophthalmology (Medica  
Regional Service Area)) provider in  
20 miles and 30 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Ophthalmology (Medica  
Regional Service Area)) provider in  
35 miles and 50 minutes

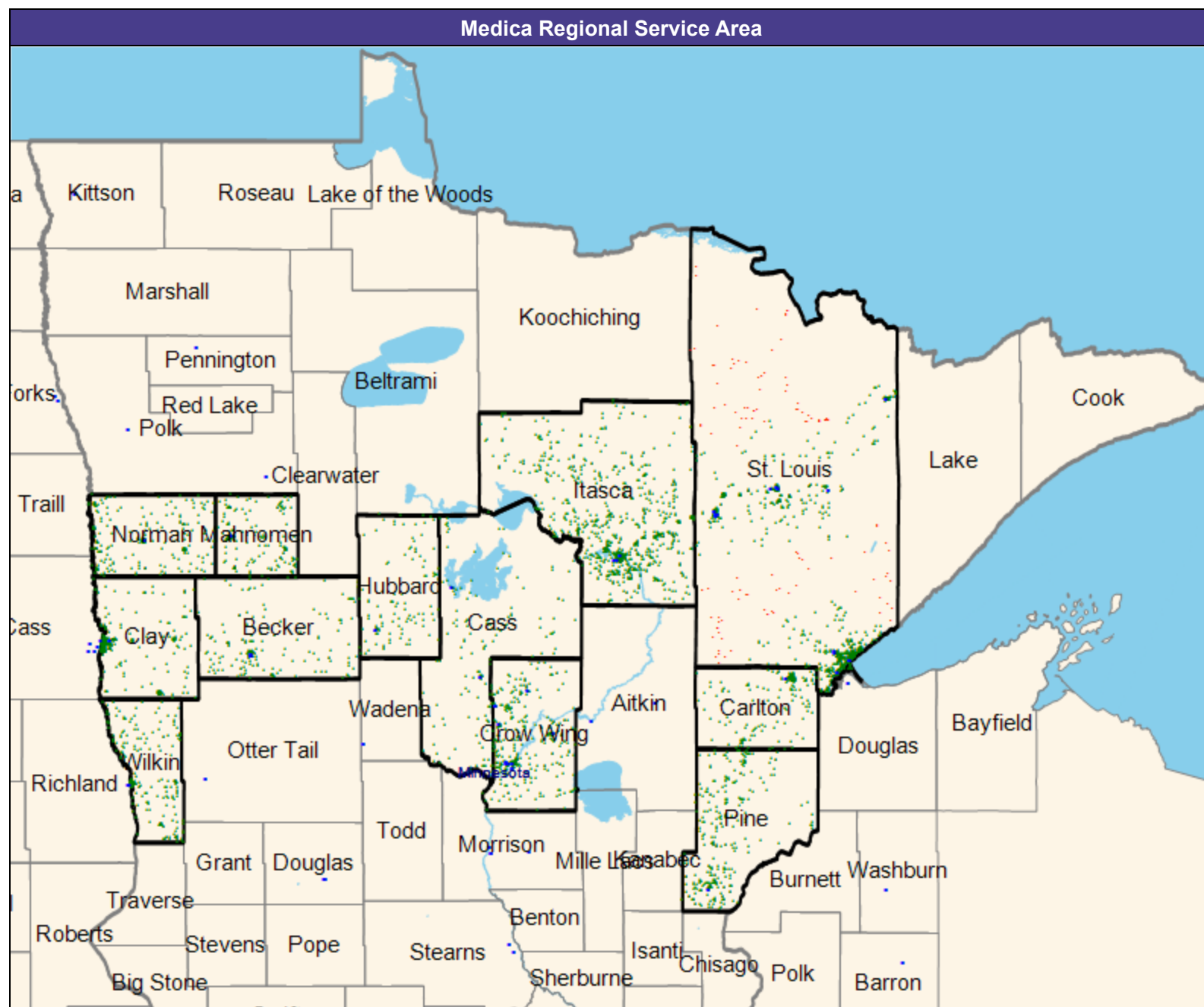
Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Ophthalmology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Ophthalmology (Medica  
Regional Service Area)) provider in  
85 miles and 95 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022

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## Access Detail By County

Created by...  
Medica

National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Ophthalmology (Medica  
Regional Service Area)

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Orthopedic Surgery/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Orthopedic Surgery

99 providers at 45 locations

■ All providers

Orthopedic Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Orthopedic Surgery (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,989)

● Without access (136)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
20 miles and 30 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
35 miles and 50 minutes

Rural areas...

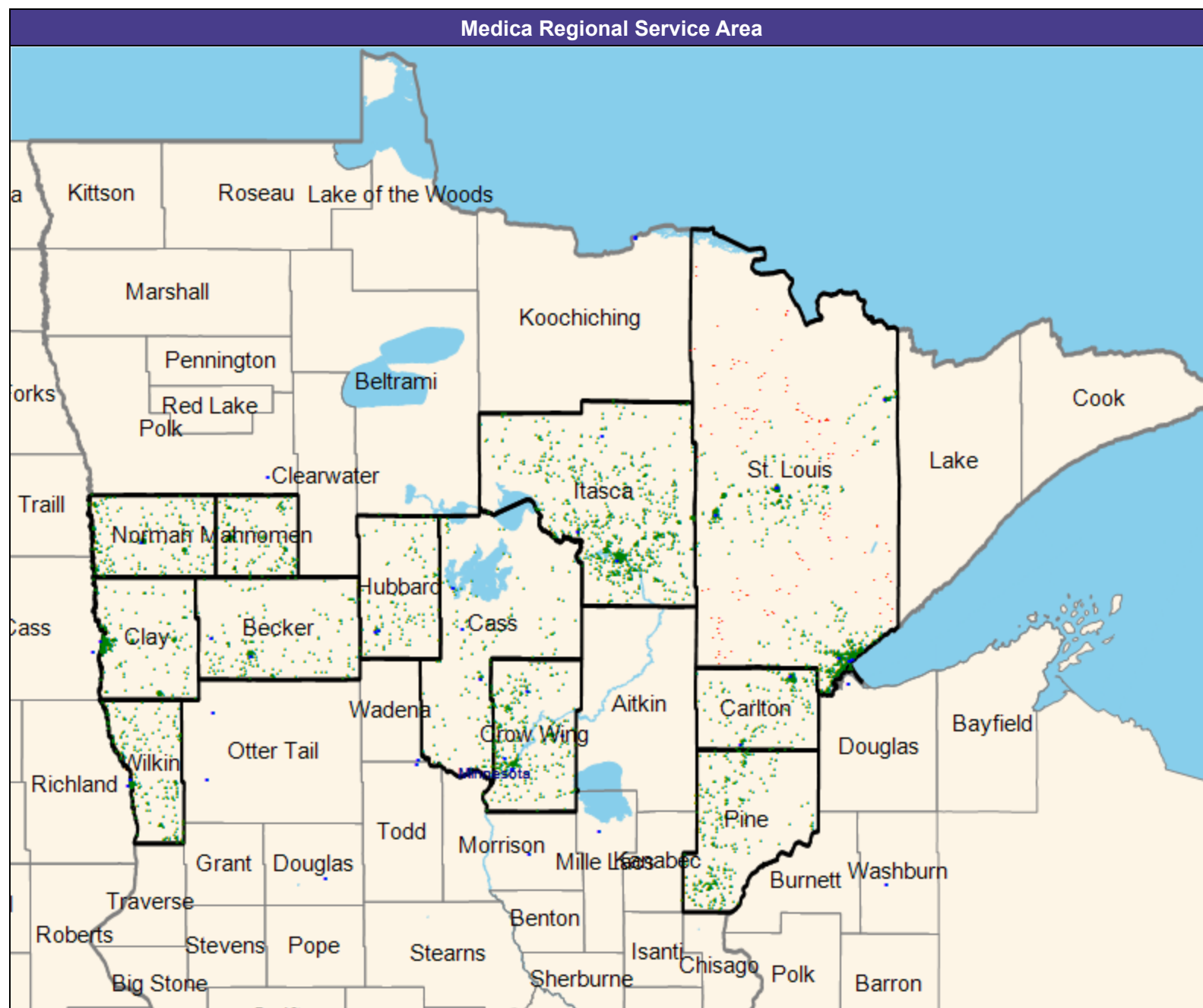
1 (Essentia Choice Care with Medica  
MNN022 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Orthopedic Surgery (Medica  
Regional Service Area)) provider in  
85 miles and 95 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022





## Access Detail By County

Created by...  
Medica

Access Analysis  
Orthopedic Surgery

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MN022)  
Essentia Choice Care with Medica  
MN022 Orthopedic Surgery  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]



July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Physical Medicine,  
Rehabilitation and Occupational Medicine

26 providers at 25 locations

- All providers

Physical Medicine, Rehabilitation and Occupational Medicine

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Physical Medicine,  
Rehabilitation and Occupational  
Medicine (Medica Regional Service  
Area)

4,125 enrollee locations

- ◆ With access (4,074)
- Without access (51)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica MNN022 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)) provider in 15 miles and 30 minutes

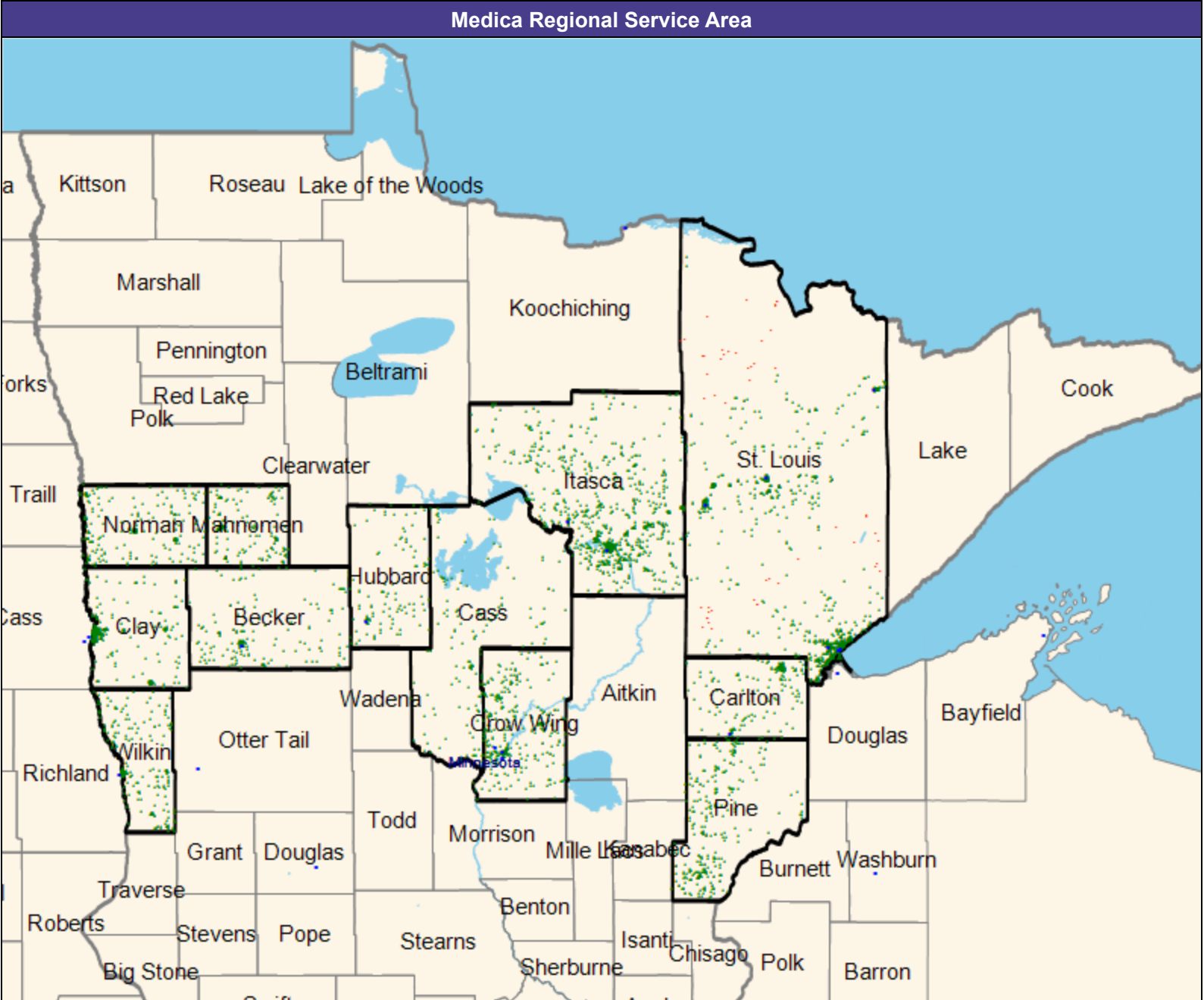
Metro areas...

1 (Essentia Choice Care with Medica MNN022 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica MNN022 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Physical Medicine, Rehabilitation and Occupational Medicine

Enrollee / Provider Groups  
National Proxy Census (Essentia Choice Care with Medica MNN022)  
Essentia Choice Care with Medica MNN022 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 75 miles and 90 mins	2	181	100.0	0	0.0	11.0	12.0
	Carlton	177	1 in 75 miles and 90 mins	3	177	100.0	0	0.0	15.4	16.8
	Cass	146	1 in 75 miles and 90 mins	0	146	100.0	0	0.0	26.7	29.1
	Clay	328	1 in 60 miles and 80 mins	0	328	100.0	0	0.0	10.6	13.6
	Crow Wing	344	1 in 60 miles and 80 mins	6	344	100.0	0	0.0	13.0	14.1
	Hubbard	109	1 in 75 miles and 90 mins	1	109	100.0	0	0.0	17.1	18.6
	Itasca	858	1 in 75 miles and 90 mins	3	858	100.0	0	0.0	13.5	14.7
	Mahnomen	213	1 in 110 miles and 125 m...	0	213	100.0	0	0.0	36.5	39.8
	Norman	281	1 in 110 miles and 125 m...	0	281	100.0	0	0.0	38.5	49.7
	Pine	293	1 in 75 miles and 90 mins	0	293	100.0	0	0.0	30.8	33.5
Grand Totals	St. Louis	912	1 in 30 miles and 45 mins	26	861	94.4	51	5.6	9.3	10.4
	Wilkin	283	1 in 110 miles and 125 m...	0	283	100.0	0	0.0	12.0	13.2
		1,764	1 in 75 miles and 90 mins	9	1,764	100.0	0	0.0	17.6	19.2
		672	1 in 60 miles and 80 mins	6	672	100.0	0	0.0	11.8	13.8
		777	1 in 110 miles and 125 m...	0	777	100.0	0	0.0	28.3	33.7
		912	1 in 30 miles and 45 mins	26	861	94.4	51	5.6	9.3	10.4

Physical Therapy/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Physical Therapy

188 providers at 51 locations

■ All providers

Physical Therapy

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Physical Therapy (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,120)

● Without access (5)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Physical Therapy (Medica  
Regional Service Area)) provider in  
20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Physical Therapy (Medica  
Regional Service Area)) provider in  
45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Physical Therapy (Medica  
Regional Service Area)) provider in  
80 minutes

Rural areas...

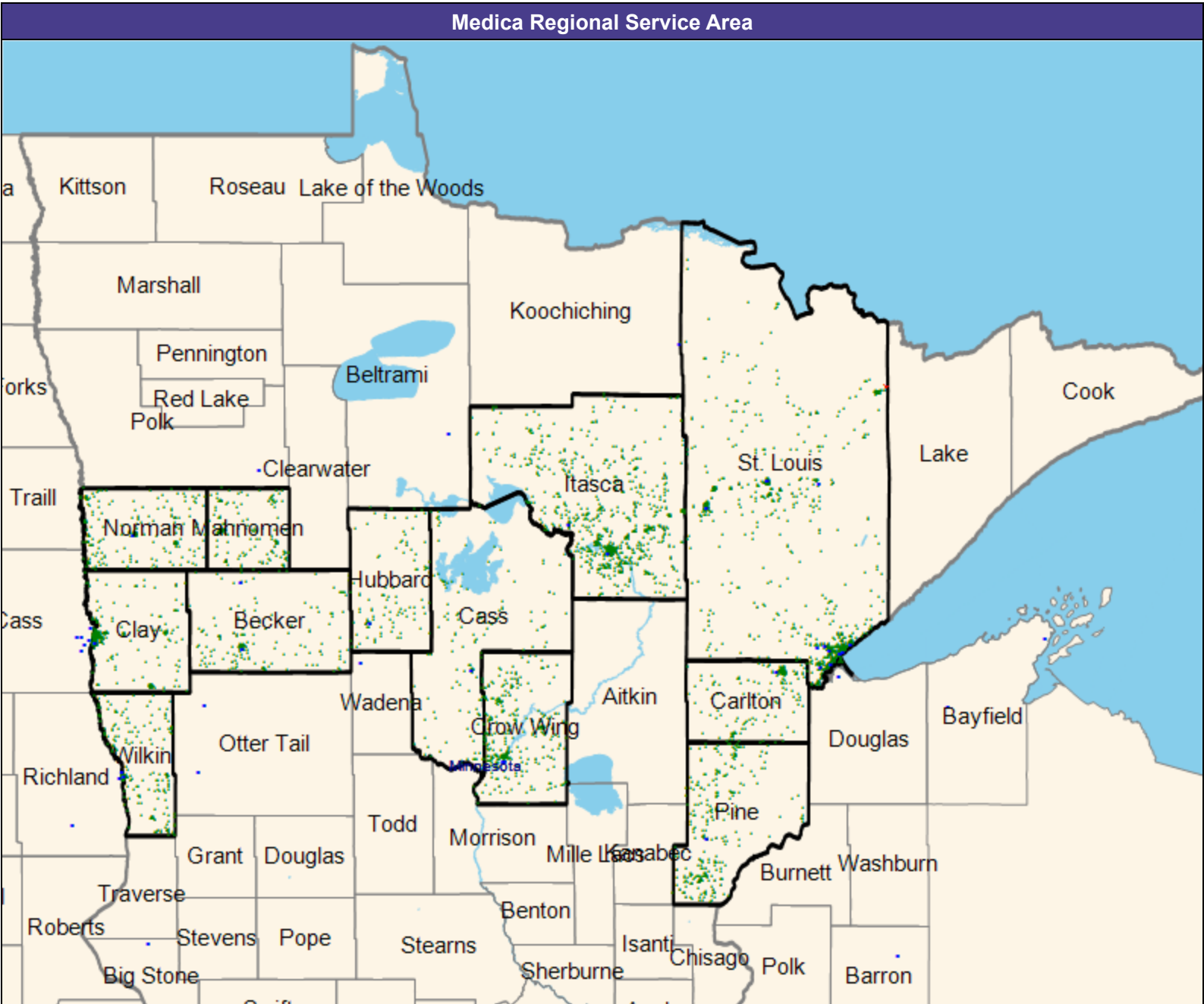
1 (Essentia Choice Care with Medica  
MNN022 Physical Therapy (Medica  
Regional Service Area)) provider in  
90 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Physical Therapy (Medica  
Regional Service Area)) provider in  
125 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Plastic Surgery/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Plastic Surgery

4 providers at 4 locations

■ All providers

Plastic Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Plastic Surgery (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (2,254)

● Without access (1,871)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Plastic Surgery (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Plastic Surgery (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Plastic Surgery (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

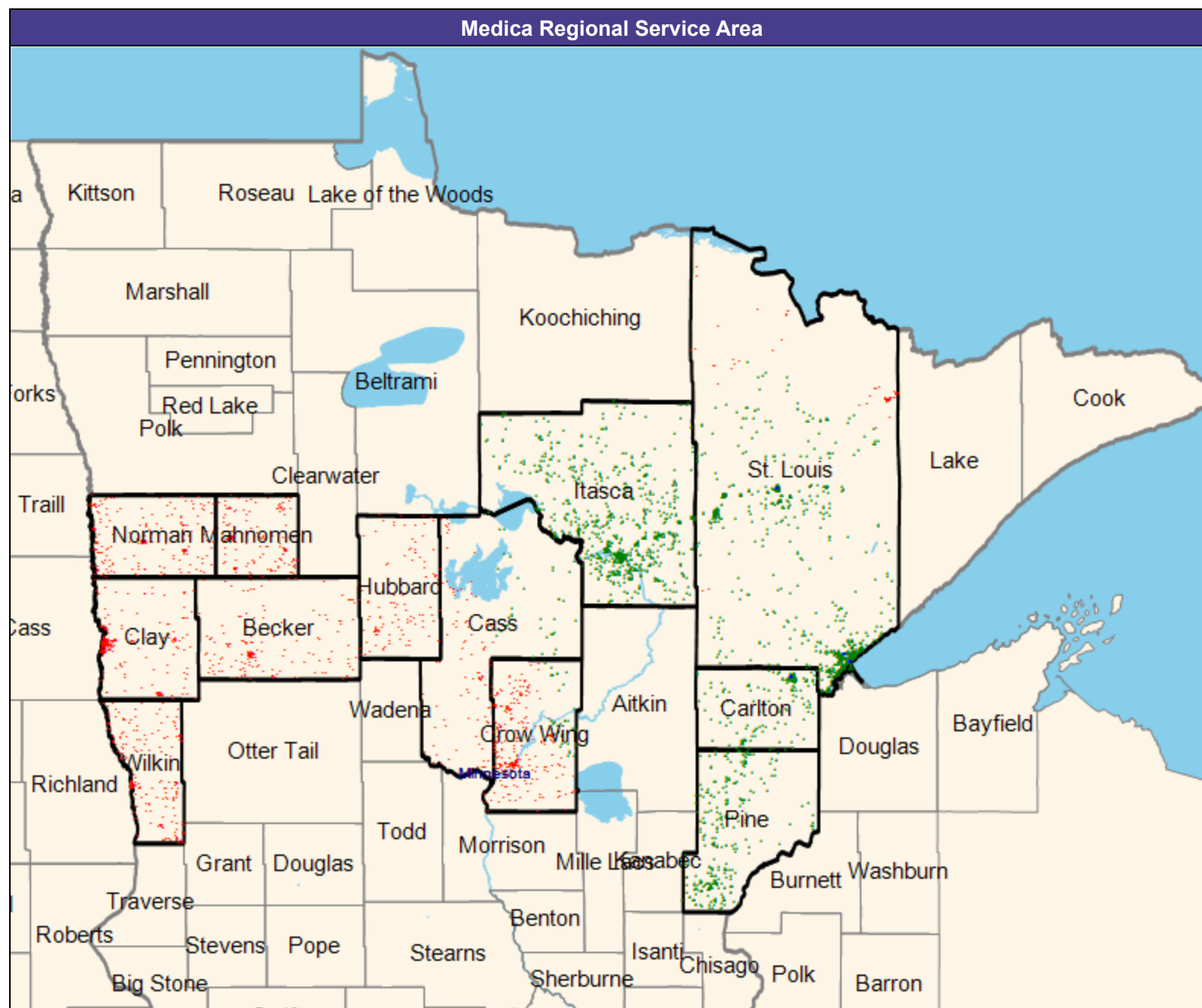
1 (Essentia Choice Care with Medica  
MNN022 Plastic Surgery (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Plastic Surgery (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



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## Access Detail By County

Created by...  
Medica

Access Analysis  
Plastic Surgery

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Plastic Surgery (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Podiatry/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Podiatry

27 providers at 39 locations

All providers

Podiatry

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Podiatry (Medica Regional  
Service Area)

4,125 enrollee locations

With access (4,086)

Without access (39)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Podiatry (Medica Regional  
Service Area)) provider in 10 miles  
and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Podiatry (Medica Regional  
Service Area)) provider in 30 miles  
and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Podiatry (Medica Regional  
Service Area)) provider in 45 miles  
and 60 minutes

Rural areas...

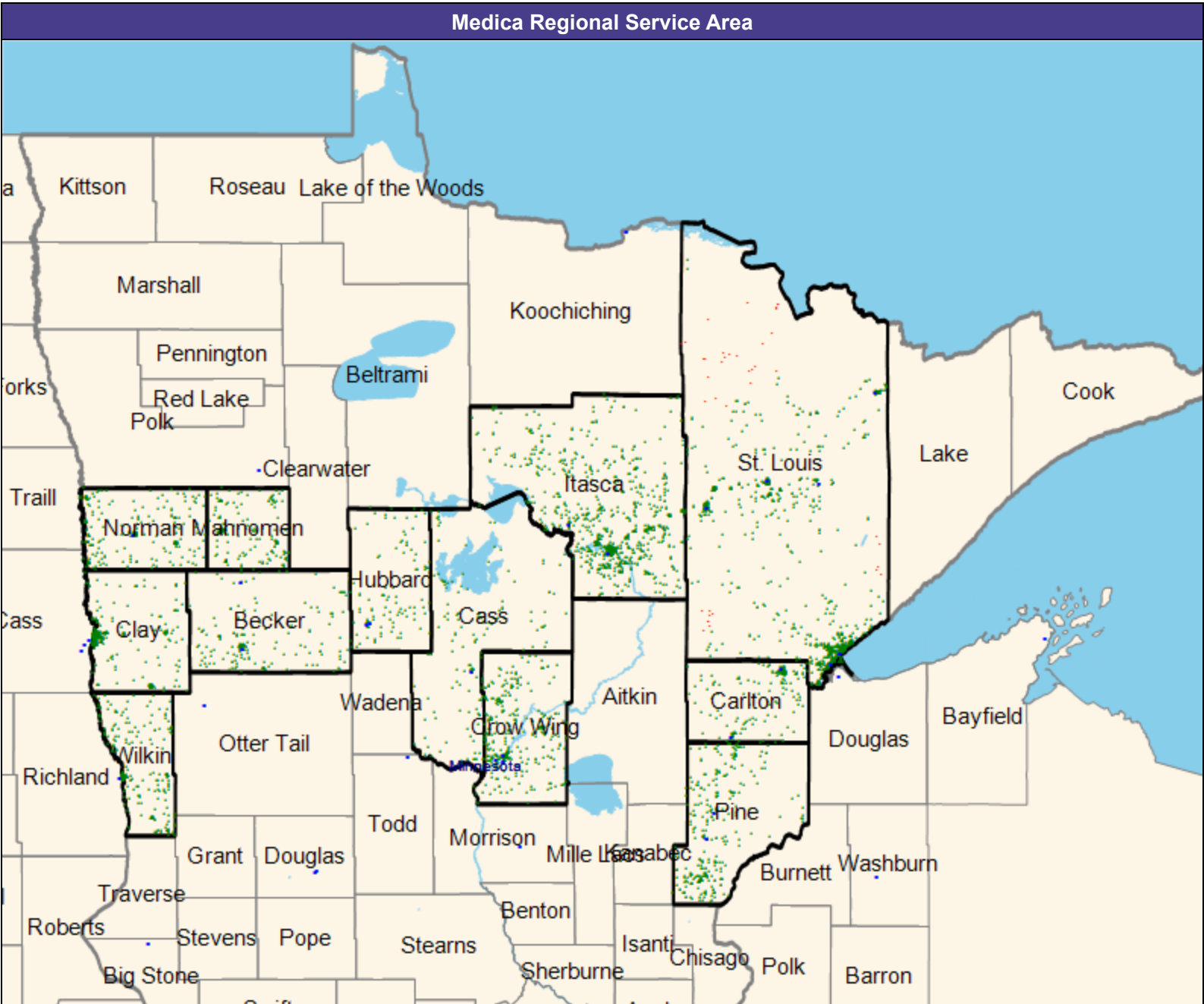
1 (Essentia Choice Care with Medica  
MNN022 Podiatry (Medica Regional  
Service Area)) provider in 60 miles  
and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Podiatry (Medica Regional  
Service Area)) provider in 100 miles  
and 110 minutes

Service Areas

Essentia Choice Care with Medica  
MNN022



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Podiatry

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Podiatry (Medica Regional  
Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 60 miles and 75 mins	5	181	100.0	0	0.0	9.5	10.3
	Carlton	177	1 in 60 miles and 75 mins	6	177	100.0	0	0.0	7.2	7.8
	Cass	146	1 in 60 miles and 75 mins	3	146	100.0	0	0.0	18.0	19.6
	Clay	328	1 in 45 miles and 60 mins	0	328	100.0	0	0.0	9.0	11.2
	Crow Wing	344	1 in 45 miles and 60 mins	9	344	100.0	0	0.0	11.2	12.2
	Hubbard	109	1 in 60 miles and 75 mins	4	109	100.0	0	0.0	16.2	17.7
	Itasca	858	1 in 60 miles and 75 mins	9	858	100.0	0	0.0	13.5	14.7
	Mahnomen	213	1 in 100 miles and 110 m...	0	213	100.0	0	0.0	16.8	18.3
	Norman	281	1 in 100 miles and 110 m...	3	281	100.0	0	0.0	12.8	14.0
	Pine	293	1 in 60 miles and 75 mins	3	293	100.0	0	0.0	11.2	12.2
Grand Totals	St. Louis	912	1 in 30 miles and 45 mins	25	873	95.7	39	4.3	8.4	9.7
	Wilkin	283	1 in 100 miles and 110 m...	0	283	100.0	0	0.0	12.0	13.1
		1,764	1 in 60 miles and 75 mins	30	1,764	100.0	0	0.0	12.6	13.7
		672	1 in 45 miles and 60 mins	9	672	100.0	0	0.0	10.1	11.7
		777	1 in 100 miles and 110 m...	3	777	100.0	0	0.0	13.6	14.8
		912	1 in 30 miles and 45 mins	25	873	95.7	39	4.3	8.4	9.7



## Primary Care - Adult/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Primary Care - Adult

808 providers at 129 locations

■ All providers

Primary Care - Adult

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Primary Care - Adult (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,967)

● Without access (158)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 5 miles and 10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 10 miles and 15 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 20 miles and 30 minutes

Rural areas...

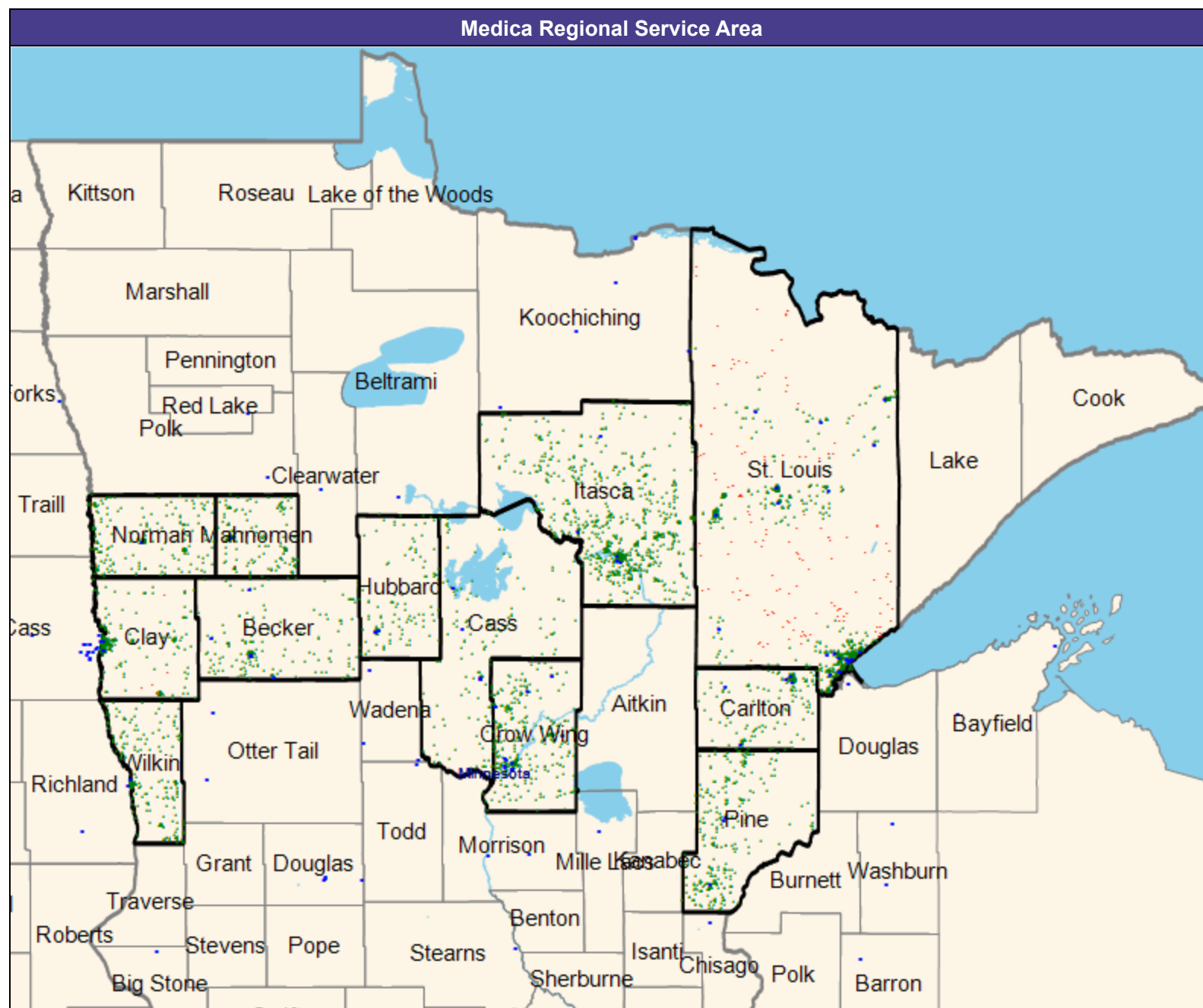
1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 30 miles and 40 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Adult  
(Medica Regional Service Area))  
provider in 60 miles and 70 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Primary Care - Adult

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Primary Care - Adult  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 30 miles and 40 mins	113	181	100.0	0	0.0	7.0	7.6
	Carlton	177	1 in 30 miles and 40 mins	26	177	100.0	0	0.0	5.0	5.4
	Cass	146	1 in 30 miles and 40 mins	94	146	100.0	0	0.0	9.5	10.3
	Clay	328	1 in 20 miles and 30 mins	69	321	97.9	7	2.1	6.3	6.9
	Crow Wing	344	1 in 20 miles and 30 mins	233	344	100.0	0	0.0	5.3	5.7
	Hubbard	109	1 in 30 miles and 40 mins	71	109	100.0	0	0.0	10.0	10.9
	Itasca	858	1 in 30 miles and 40 mins	53	858	100.0	0	0.0	10.2	11.1
	Mahnomen	213	1 in 60 miles and 70 mins	15	213	100.0	0	0.0	8.5	9.2
	Norman	281	1 in 60 miles and 70 mins	29	281	100.0	0	0.0	12.1	13.1
	Pine	293	1 in 30 miles and 40 mins	17	293	100.0	0	0.0	7.9	8.6
Grand Totals	St. Louis	912	1 in 10 miles and 15 mins	491	761	83.4	151	16.6	5.1	5.6
	Wilkin	283	1 in 60 miles and 70 mins	6	283	100.0	0	0.0	10.8	11.8
		1,764	1 in 30 miles and 40 mins	374	1,764	100.0	0	0.0	8.9	9.7
		672	1 in 20 miles and 30 mins	302	665	99.0	7	1.0	5.8	6.3
		777	1 in 60 miles and 70 mins	50	777	100.0	0	0.0	10.6	11.6
		912	1 in 10 miles and 15 mins	491	761	83.4	151	16.6	5.1	5.6

## Primary Care - Pediatric/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Primary Care - Pediatric

45 providers at 27 locations

■ All providers

Primary Care - Pediatric

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Primary Care - Pediatric  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (2,062)

● Without access (2,063)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 5 miles and 10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 10 miles and 15 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 20 miles and 30 minutes

Rural areas...

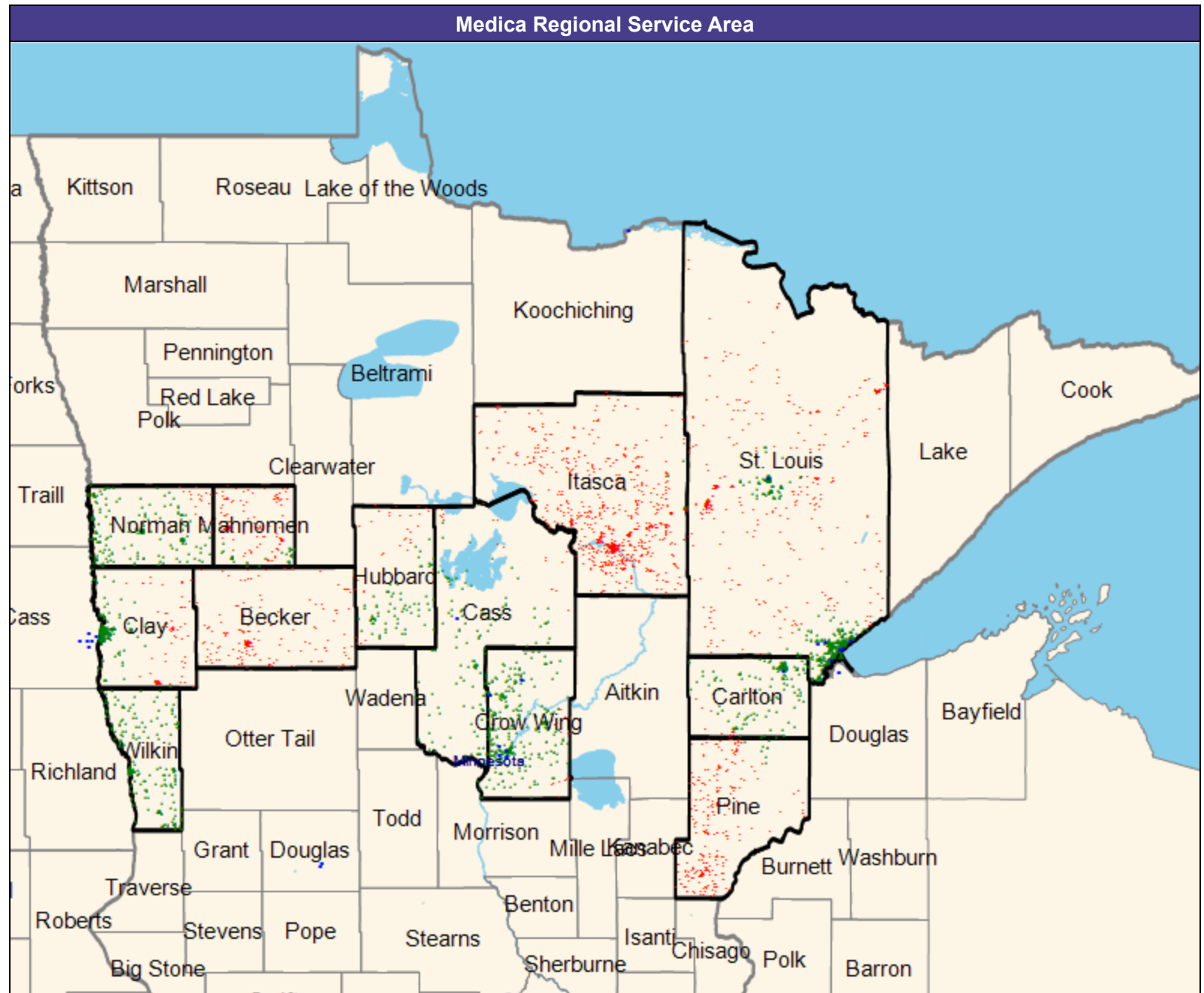
1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 30 miles and 40 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Primary Care - Pediatric  
(Medica Regional Service Area))  
provider in 60 miles and 70 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Primary Care - Pediatric

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Primary Care - Pediatric  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 30 miles and 40 mins	0	0	0.0	181	100.0	45.0	54.6
	Carlton	177	1 in 30 miles and 40 mins	1	165	93.2	12	6.8	11.4	12.4
	Cass	146	1 in 30 miles and 40 mins	2	127	87.0	19	13.0	15.7	17.1
	Clay	328	1 in 20 miles and 30 mins	0	248	75.6	80	24.4	10.8	14.4
	Crow Wing	344	1 in 20 miles and 30 mins	14	326	94.8	18	5.2	7.9	8.6
	Hubbard	109	1 in 30 miles and 40 mins	0	75	68.8	34	31.2	27.0	29.5
	Itasca	858	1 in 30 miles and 40 mins	0	5	0.6	853	99.4	50.6	55.2
	Mahnomen	213	1 in 60 miles and 70 mins	0	43	20.2	170	79.8	61.5	73.7
	Norman	281	1 in 60 miles and 70 mins	0	263	93.6	18	6.4	40.2	51.8
	Pine	293	1 in 30 miles and 40 mins	0	10	3.4	283	96.6	54.9	59.9
Grand Totals	St. Louis	912	1 in 10 miles and 15 mins	56	517	56.7	395	43.3	13.1	14.5
	Wilkin	283	1 in 60 miles and 70 mins	0	283	100.0	0	0.0	42.6	50.2
		1,764	1 in 30 miles and 40 mins	3	382	21.7	1,382	78.3	42.5	46.9
		672	1 in 20 miles and 30 mins	14	574	85.4	98	14.6	9.3	11.4
		777	1 in 60 miles and 70 mins	0	589	75.8	188	24.2	46.9	57.2
		912	1 in 10 miles and 15 mins	56	517	56.7	395	43.3	13.1	14.5

# Pediatric Specialty Care/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Pediatric Specialty Care

53 providers at 25 locations

■ All providers

Pediatric Specialty Care

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Pediatric Specialty Care  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (3,233)

● Without access (892)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 5 miles and 10 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 10 miles and 15 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 20 miles and 30 minutes

Rural areas...

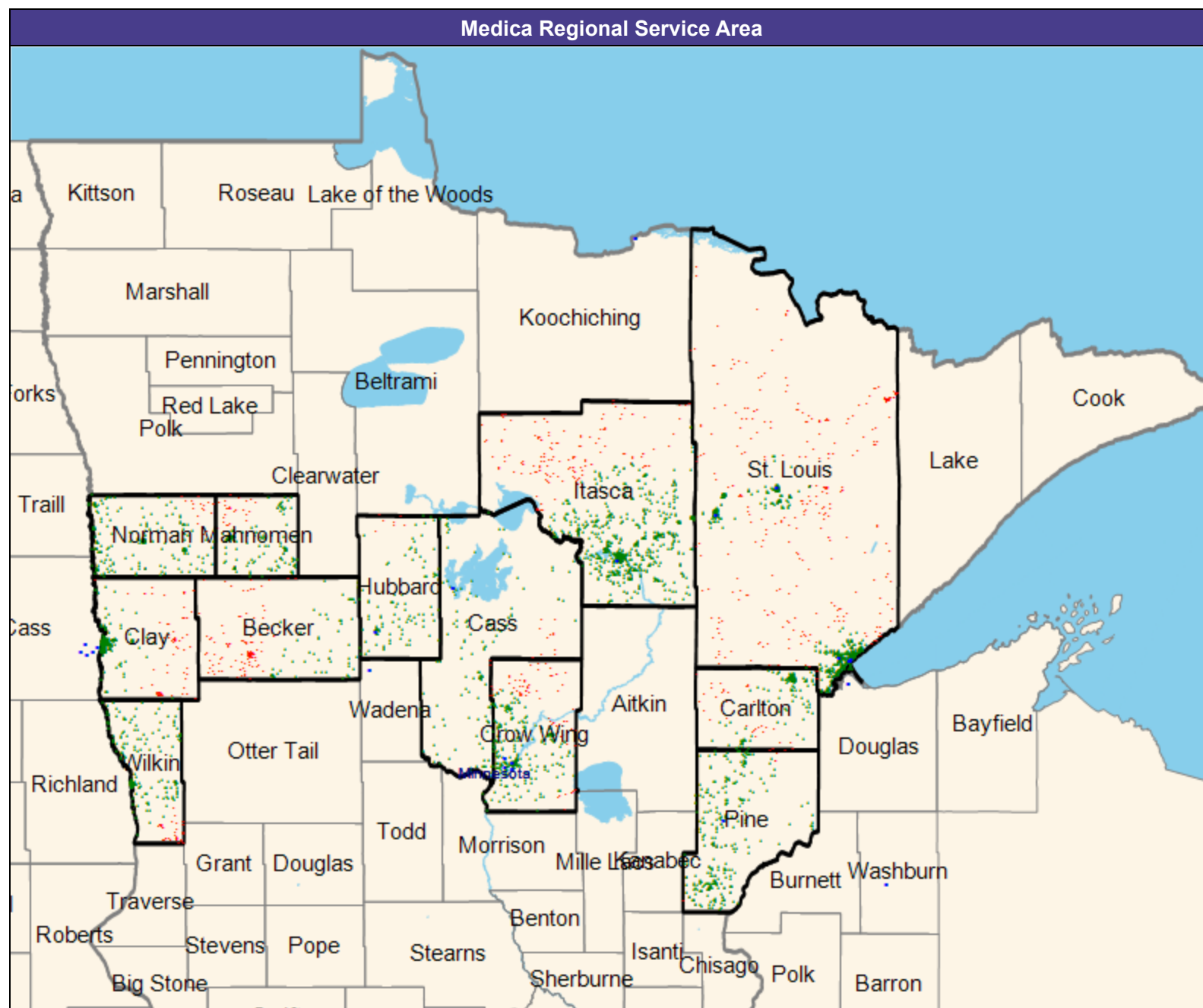
1 (Essentia Choice Care with Medica  
MNN022 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 30 miles and 40 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Pediatric Specialty Care  
(Medica Regional Service Area))  
provider in 60 miles and 70 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

Pulmonology/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Pulmonology

33 providers at 22 locations

■ All providers

Pulmonology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Pulmonology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,980)

● Without access (145)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Pulmonology (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Pulmonology (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Pulmonology (Medica  
Regional Service Area)) provider in  
45 miles and 60 minutes

Rural areas...

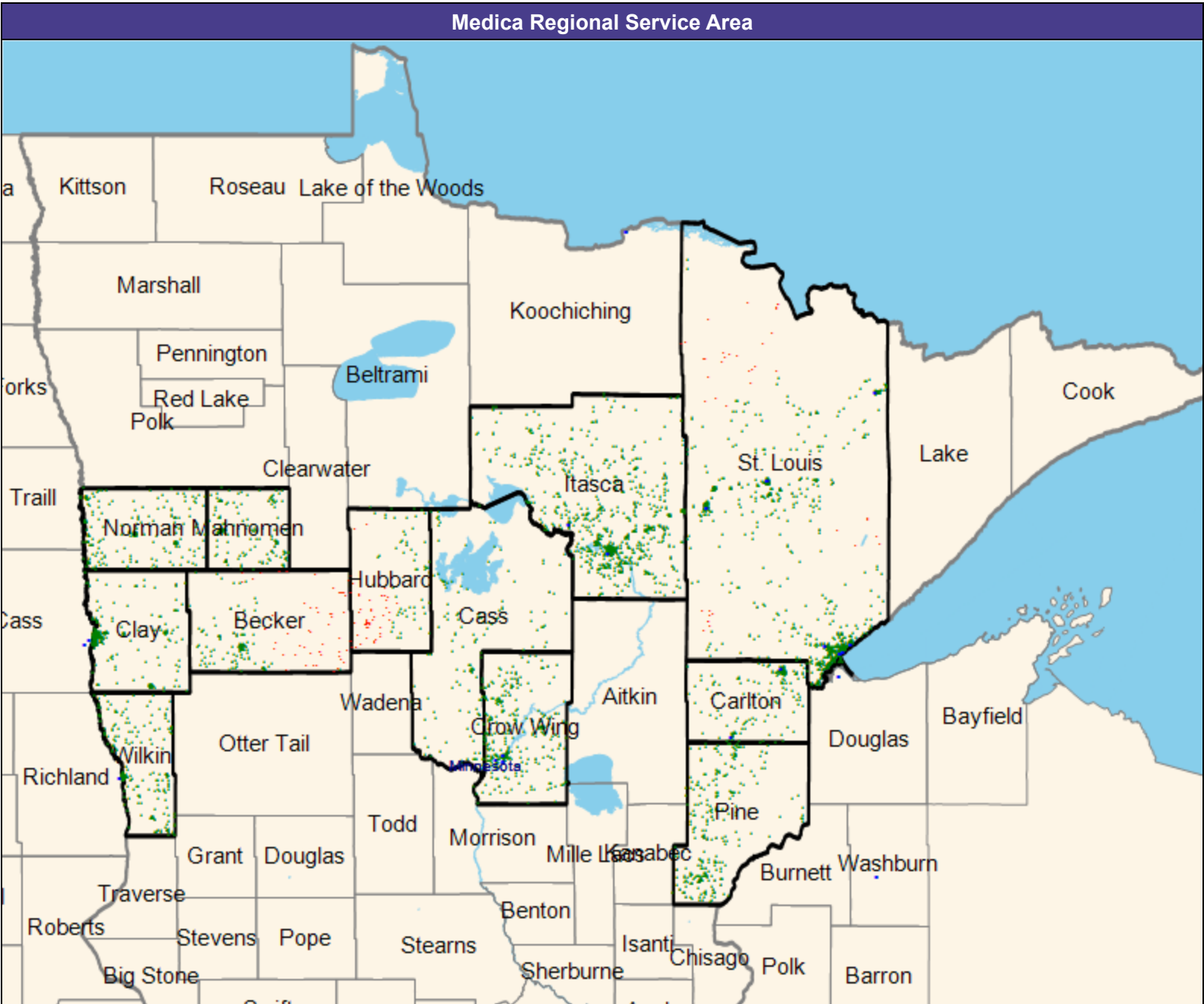
1 (Essentia Choice Care with Medica  
MNN022 Pulmonology (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Pulmonology (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022









July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Rheumatology

18 providers at 13 locations

- All providers

Rheumatology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Rheumatology (Medica  
Regional Service Area)

4.125 enrollee locations

- ◆ With access (4,069)
- Without access (56)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Rheumatology (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Rheumatology (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Rheumatology (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

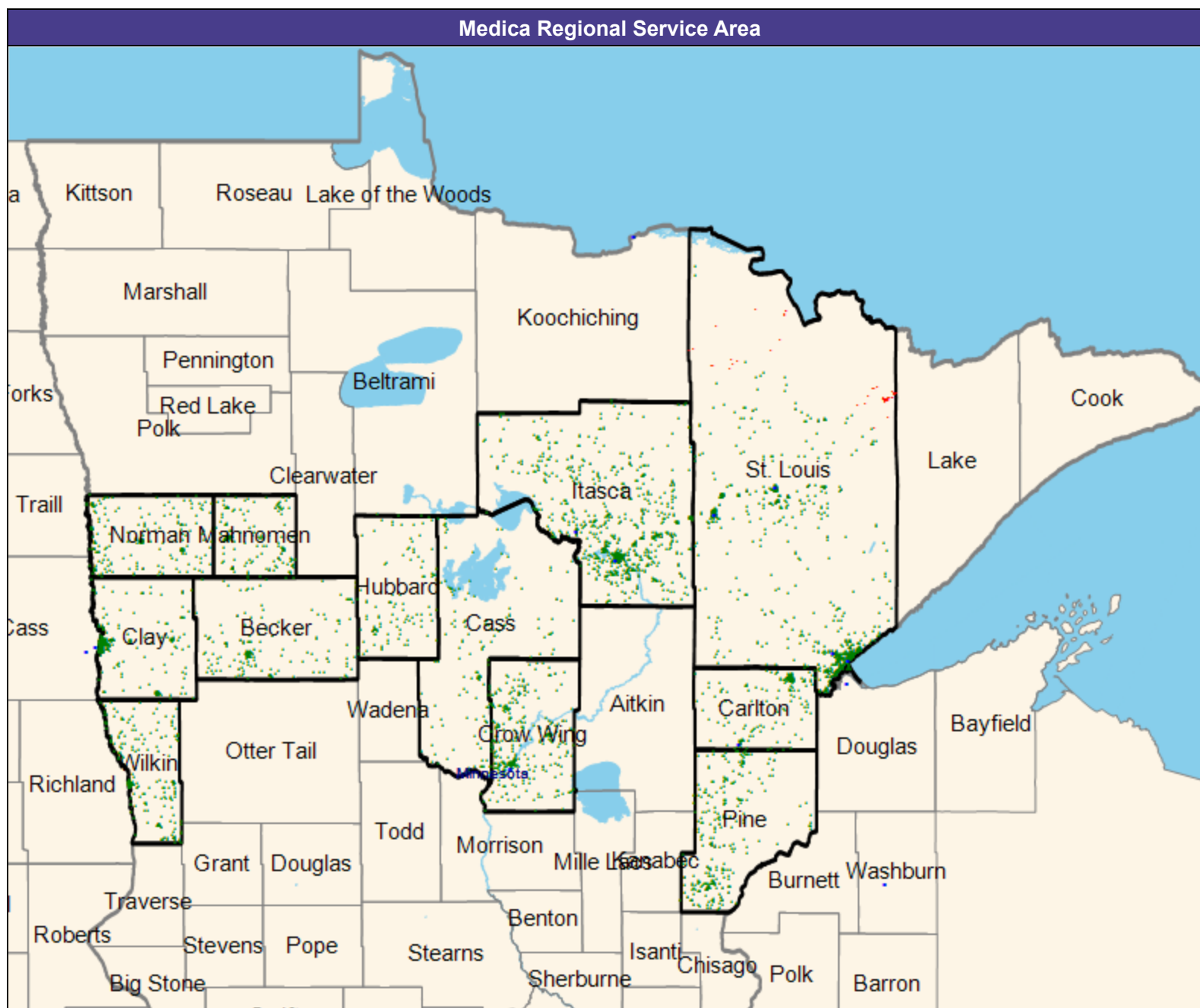
1 (Essentia Choice Care with Medica  
MNN022 Rheumatology (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Rheumatology (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

## Service Areas

- ☐
- Essentia Choice Care with Medica
- 
- MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
Rheumatology

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Rheumatology (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Speech Therapy/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Speech Therapy

70 providers at 24 locations

■ All providers

Speech Therapy

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Speech Therapy (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,577)

● Without access (548)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Speech Therapy (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Speech Therapy (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Speech Therapy (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

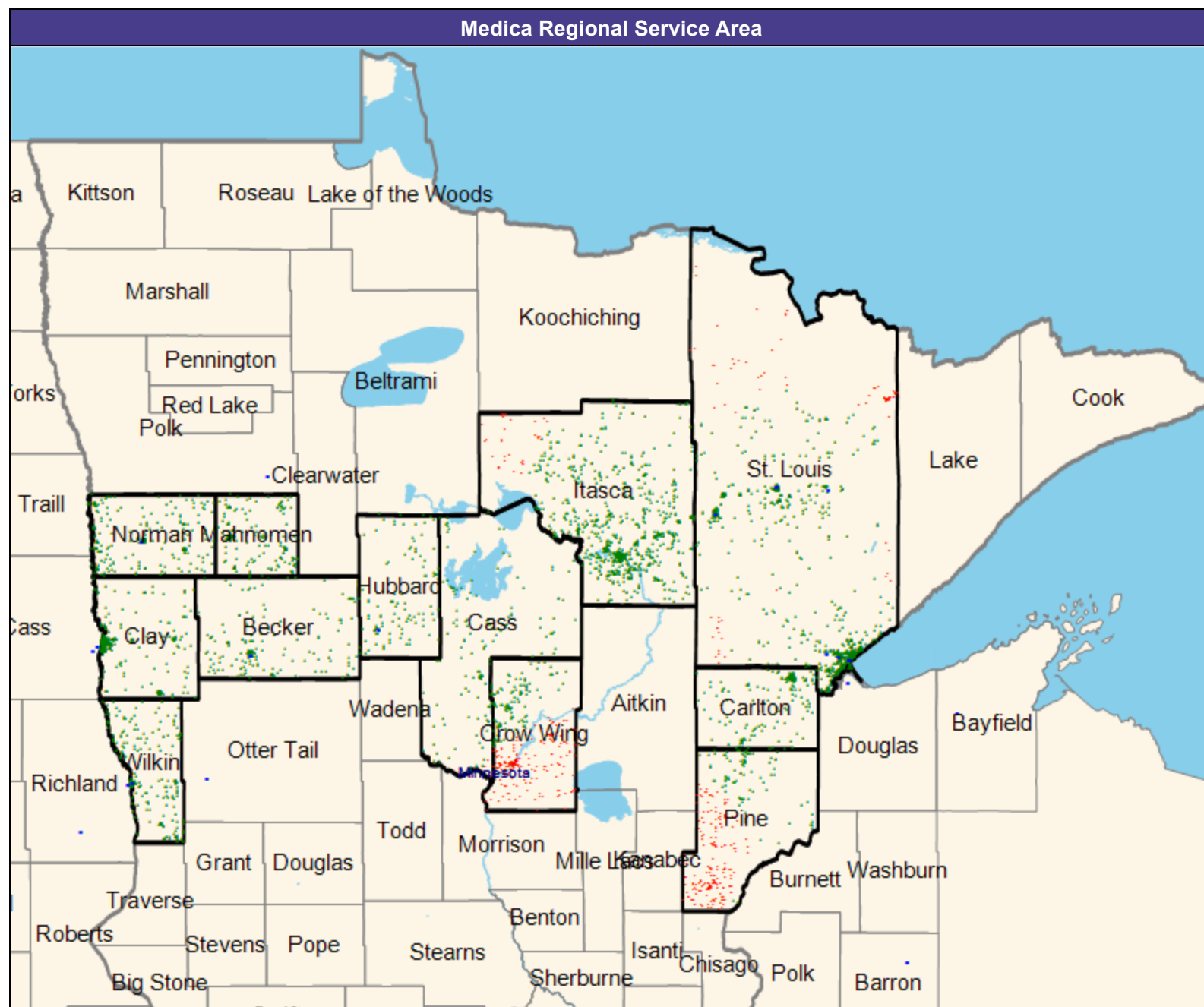
1 (Essentia Choice Care with Medica  
MNN022 Speech Therapy (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Speech Therapy (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



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Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Speech Therapy

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Speech Therapy (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 60 miles and 75 mins	2	181	100.0	0	0.0	11.1	12.1
	Carlton	177	1 in 60 miles and 75 mins	0	177	100.0	0	0.0	24.6	26.8
	Cass	146	1 in 60 miles and 75 mins	0	138	94.5	8	5.5	42.3	46.1
	Clay	328	1 in 60 miles and 80 mins	0	328	100.0	0	0.0	10.2	12.8
	Crow Wing	344	1 in 60 miles and 80 mins	0	126	36.6	218	63.4	62.8	68.5
	Hubbard	109	1 in 60 miles and 75 mins	3	109	100.0	0	0.0	16.4	17.9
	Itasca	858	1 in 60 miles and 75 mins	0	826	96.3	32	3.7	36.1	39.3
	Mahnomen	213	1 in 100 miles and 110 m...	0	213	100.0	0	0.0	23.6	25.7
	Norman	281	1 in 100 miles and 110 m...	2	281	100.0	0	0.0	13.0	14.1
	Pine	293	1 in 60 miles and 75 mins	0	91	31.1	202	68.9	61.8	67.4
Grand Totals	St. Louis	912	1 in 30 miles and 45 mins	74	824	90.4	88	9.6	10.3	11.6
	Wilkin	283	1 in 100 miles and 110 m...	4	283	100.0	0	0.0	11.3	12.4
		1,764	1 in 60 miles and 75 mins	5	1,522	86.3	242	13.7	36.0	39.2
		672	1 in 60 miles and 80 mins	0	454	67.6	218	32.4	37.1	41.3
		777	1 in 100 miles and 110 m...	6	777	100.0	0	0.0	15.3	16.7
		912	1 in 30 miles and 45 mins	74	824	90.4	88	9.6	10.3	11.6

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Urology

49 providers at 25 locations

- All providers

Urology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Urology (Medica Regional  
Service Area)

4.125 enrollee locations

◆ With access (4,071)

- Without access (54)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Urology (Medica Regional  
Service Area)) provider in 10 miles  
and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Urology (Medica Regional  
Service Area)) provider in 30 miles  
and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Urology (Medica Regional  
Service Area)) provider in 45 miles  
and 60 minutes

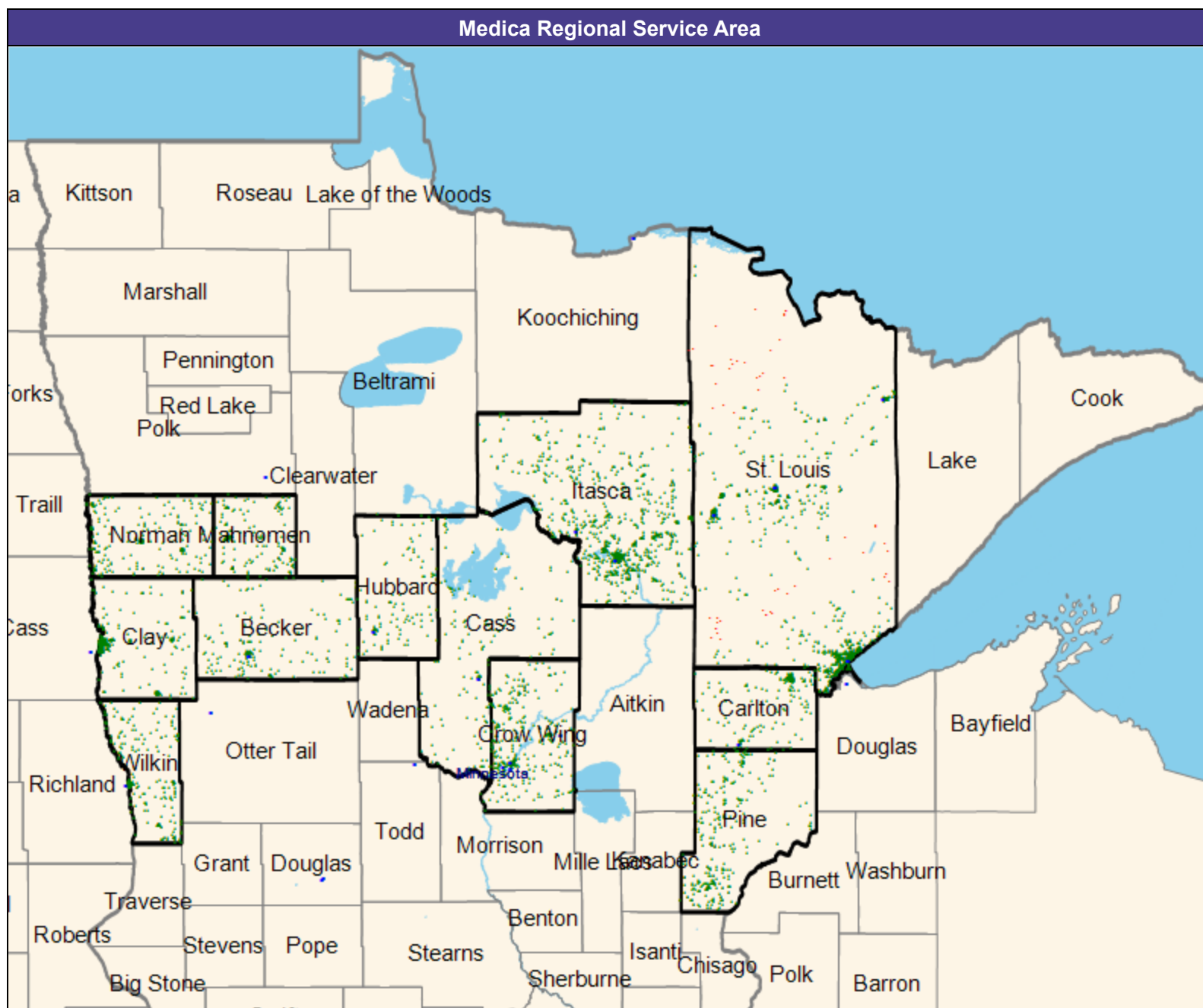
Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Urology (Medica Regional  
Service Area)) provider in 60 miles  
and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Urology (Medica Regional  
Service Area)) provider in 100 miles  
and 110 minutes

## Service Areas

☐ Essentia Choice Care with Medica  
MNN022

## Access Detail By County

Created by...  
Medica

Access Analysis  
Urology

Enrollee / Provider Groups

- National Proxy Census (Essentia Choice Care with Medica MNN022)
- Essentia Choice Care with Medica MNN022 Urology (Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Vascular Surgery

8 providers at 8 locations

- All providers

## Vascular Surgery

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Vascular Surgery (Medica  
Regional Service Area)

4,125 enrollee locations

- ◆ With access (3,581)
- Without access (544)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Vascular Surgery (Medica  
Regional Service Area)) provider in  
15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Vascular Surgery (Medica  
Regional Service Area)) provider in  
40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Vascular Surgery (Medica  
Regional Service Area)) provider in  
75 miles and 100 minutes

Rural areas...

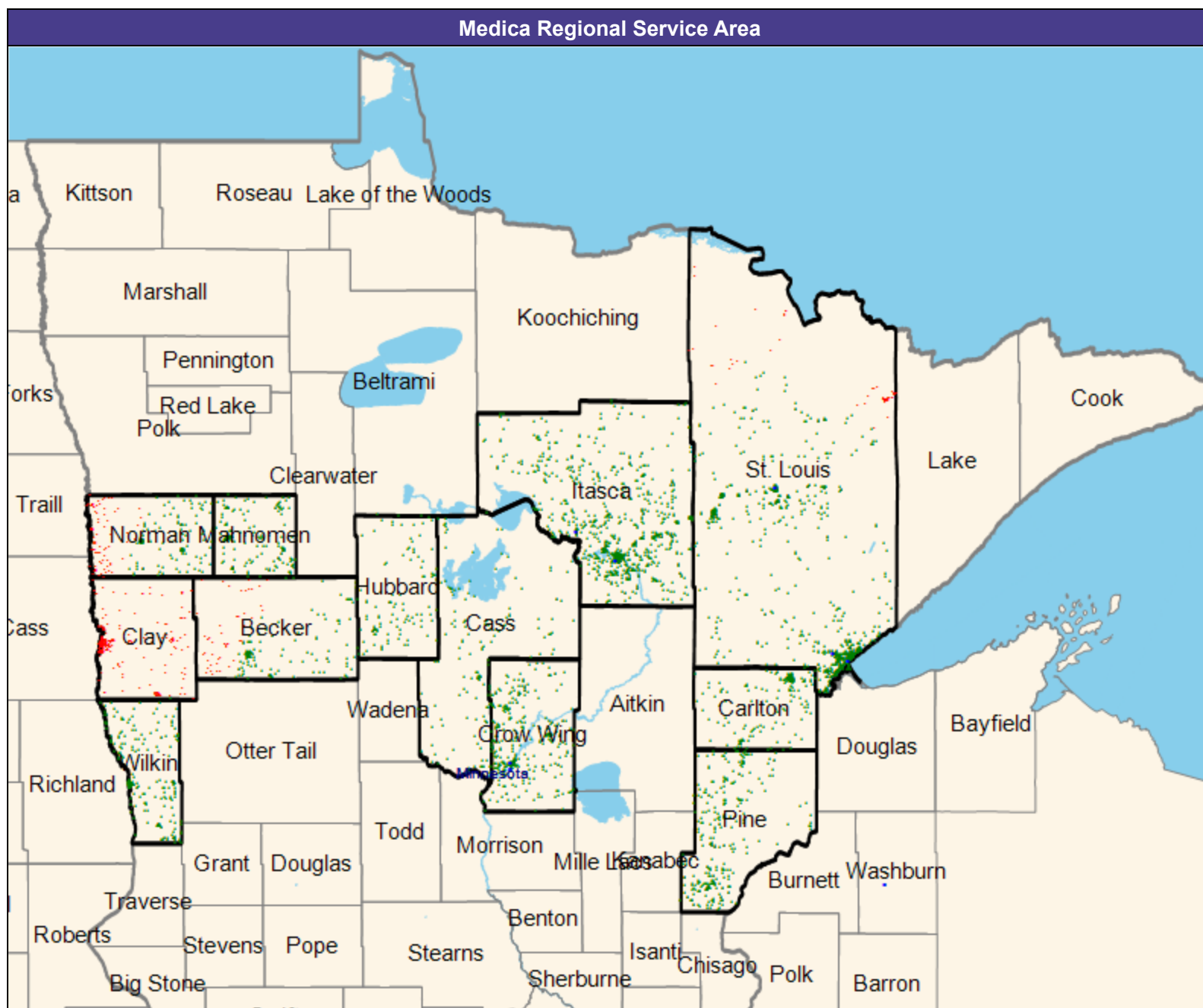
1 (Essentia Choice Care with Medica  
MNN022 Vascular Surgery (Medica  
Regional Service Area)) provider in  
90 miles and 110 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Vascular Surgery (Medica  
Regional Service Area)) provider in  
130 miles and 145 minutes

## Service Areas

- ☐ Essentia Choice Care with Medica  
MNN022



Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Vascular Surgery

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Vascular Surgery (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

All Enrollees										
State Name	County	Enrollee	Provider	Counts	With Access		Without Access		Average Distance	Average Time
		#	Standard <sup>1</sup>	#	#	%	#	%	1	1
Minnesota	Becker	181	1 in 90 miles and 110 mins	0	130	71.8	51	28.2	85.2	92.9
	Carlton	177	1 in 90 miles and 110 mins	0	177	100.0	0	0.0	27.6	30.1
	Cass	146	1 in 90 miles and 110 mins	0	146	100.0	0	0.0	31.8	34.6
	Clay	328	1 in 75 miles and 100 mins	0	0	0.0	328	100.0	123.1	136.3
	Crow Wing	344	1 in 75 miles and 100 mins	7	344	100.0	0	0.0	13.6	14.8
	Hubbard	109	1 in 90 miles and 110 mins	0	109	100.0	0	0.0	59.0	64.3
	Itasca	858	1 in 90 miles and 110 mins	7	858	100.0	0	0.0	14.7	15.9
	Mahnomen	213	1 in 130 miles and 145 m...	0	213	100.0	0	0.0	98.8	107.7
	Norman	281	1 in 130 miles and 145 m...	0	175	62.3	106	37.7	128.8	140.4
	Pine	293	1 in 90 miles and 110 mins	0	293	100.0	0	0.0	54.0	58.9
Grand Totals	St. Louis	912	1 in 40 miles and 60 mins	13	853	93.5	59	6.5	14.4	16.2
	Wilkin	283	1 in 130 miles and 145 m...	0	283	100.0	0	0.0	112.5	122.7
		1,764	1 in 90 miles and 110 mins	7	1,713	97.1	51	2.9	33.9	36.9
		672	1 in 75 miles and 100 mins	7	344	51.2	328	48.8	67.0	74.1
		777	1 in 130 miles and 145 m...	0	671	86.4	106	13.6	114.6	125.0
		912	1 in 40 miles and 60 mins	13	853	93.5	59	6.5	14.4	16.2



# Acute Inpatient Hospitals/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Acute Inpatient Hospitals

25 providers at 25 locations

■ All providers

Acute Inpatient Hospitals

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Acute Inpatient Hospitals  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,092)

● Without access (33)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

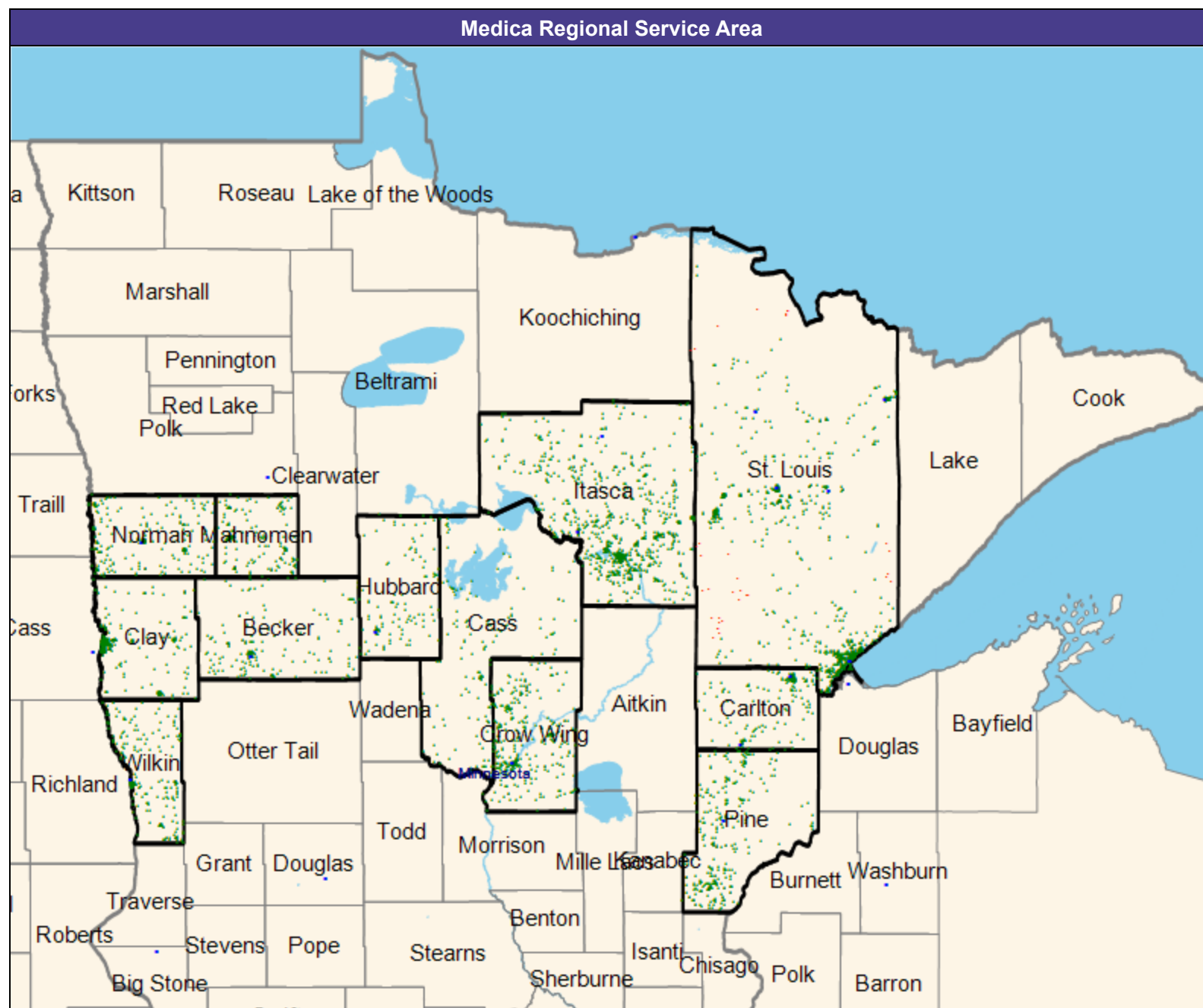
1 (Essentia Choice Care with Medica  
MNN022 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Acute Inpatient Hospitals  
(Medica Regional Service Area))  
provider in 100 miles and 110  
minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



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## Access Detail By County

Created by...  
Medica

Access Analysis  
Acute Inpatient Hospitals  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Acute Inpatient Hospitals  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Cardiac Catheterization  
Services

8 providers at 8 locations

- All providers

### Cardiac Catheterization Services

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Cardiac Catheterization  
Services (Medica Regional Service  
Area)

4,125 enrollee locations

- ◆ With access (4,095)
- Without access (30)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

- 1 (Essentia Choice Care with Medica MN022 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas...

- 1 (Essentia Choice Care with Medica MNN022 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 40 miles and 60 minutes

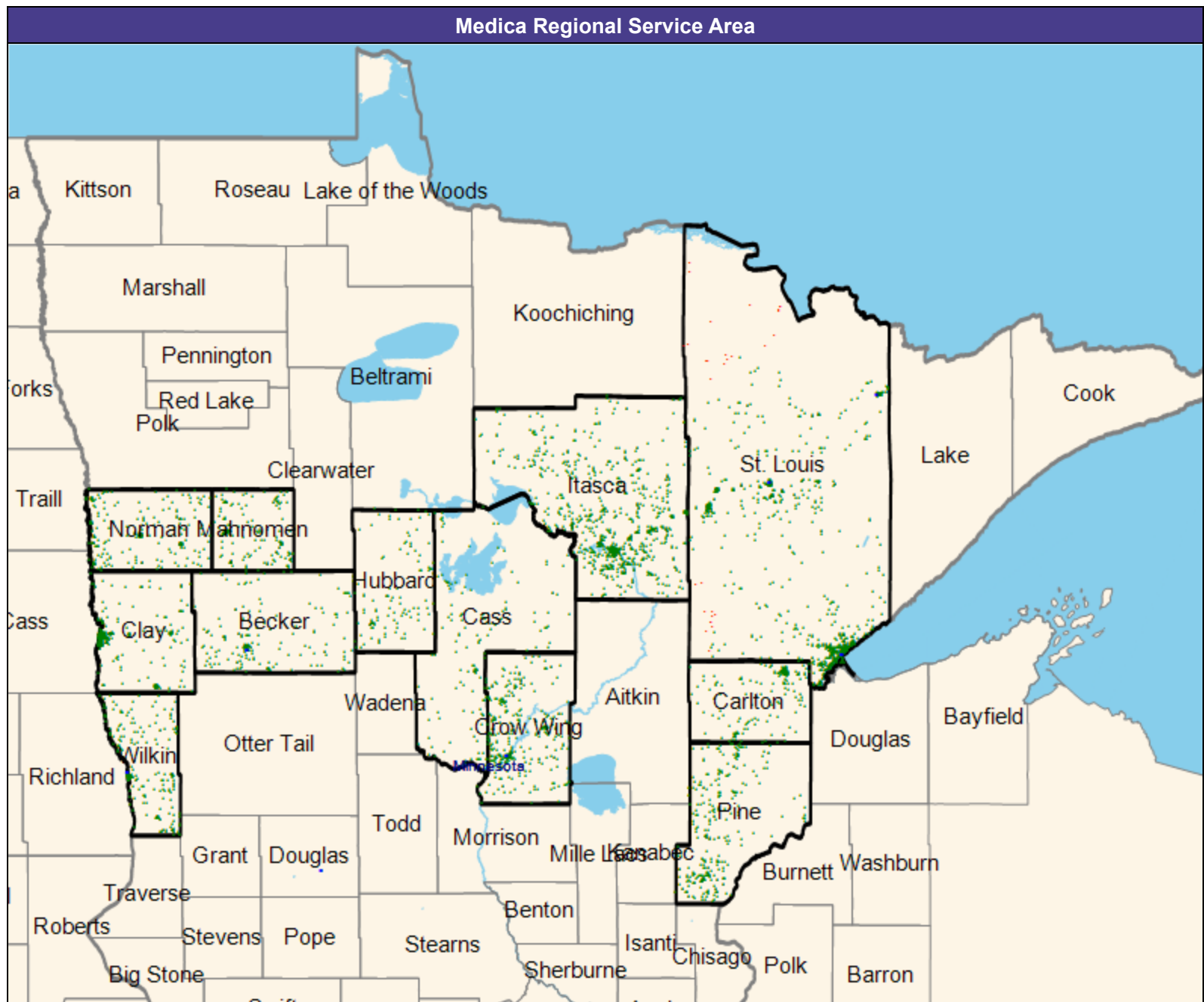
Micro areas...

- 1 (Essentia Choice Care with Medica MNN022 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 120 miles and 160 minutes

Rural areas...

- 1 (Essentia Choice Care with Medica MN022 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 120 miles and 145 minutes

CEAC areas...



July 3, 2025

Created by...  
Medica

Access Analysis  
Cardiac Catheterization Services  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Cardiac Catheterization  
Services (Medica Regional Service  
Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Cardiac Surgery Program

3 providers at 3 locations

- All providers

Cardiac Surgery Program

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Cardiac Surgery Program  
(Medica Regional Service Area)

4.125 enrollee locations

- ◆ With access (3,394)
- Without access (731)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 40 miles and 60 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 120 miles and 160  
minutes

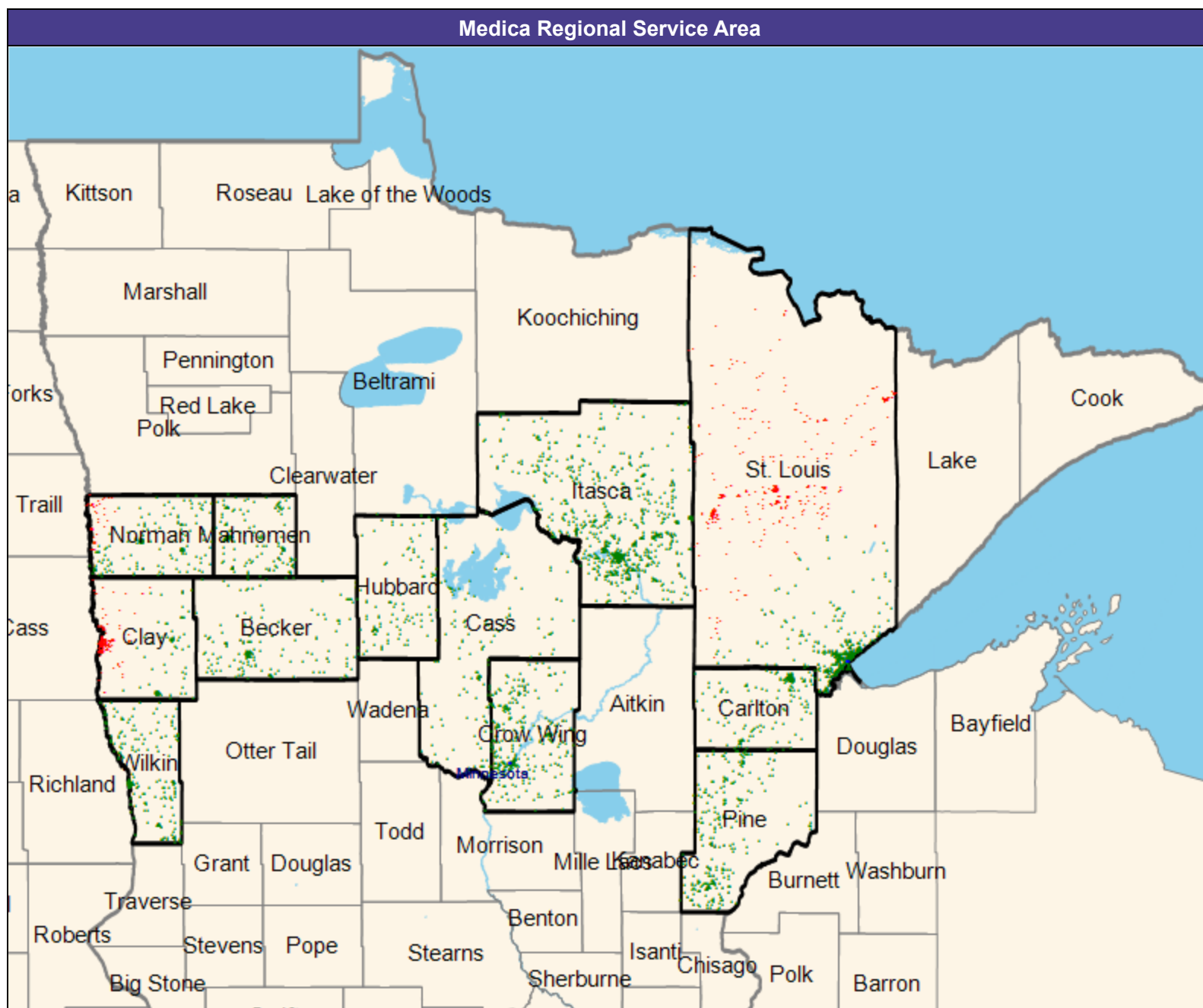
Rural areas...

1 (Essentia Choice Care with Medica  
MN022 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 120 miles and 145  
minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Cardiac Surgery Program  
(Medica Regional Service Area))  
provider in 140 miles and 155  
minutes

## Service Areas



## Access Detail By County

Created by...  
Medica

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Critical Care Services - Intensive Care Units (ICU)/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Critical Care Services -  
Intensive Care Units (ICU)

24 providers at 24 locations

■ All providers

Critical Care Services - Intensive Care  
Units (ICU)

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,092)

● Without access (33)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

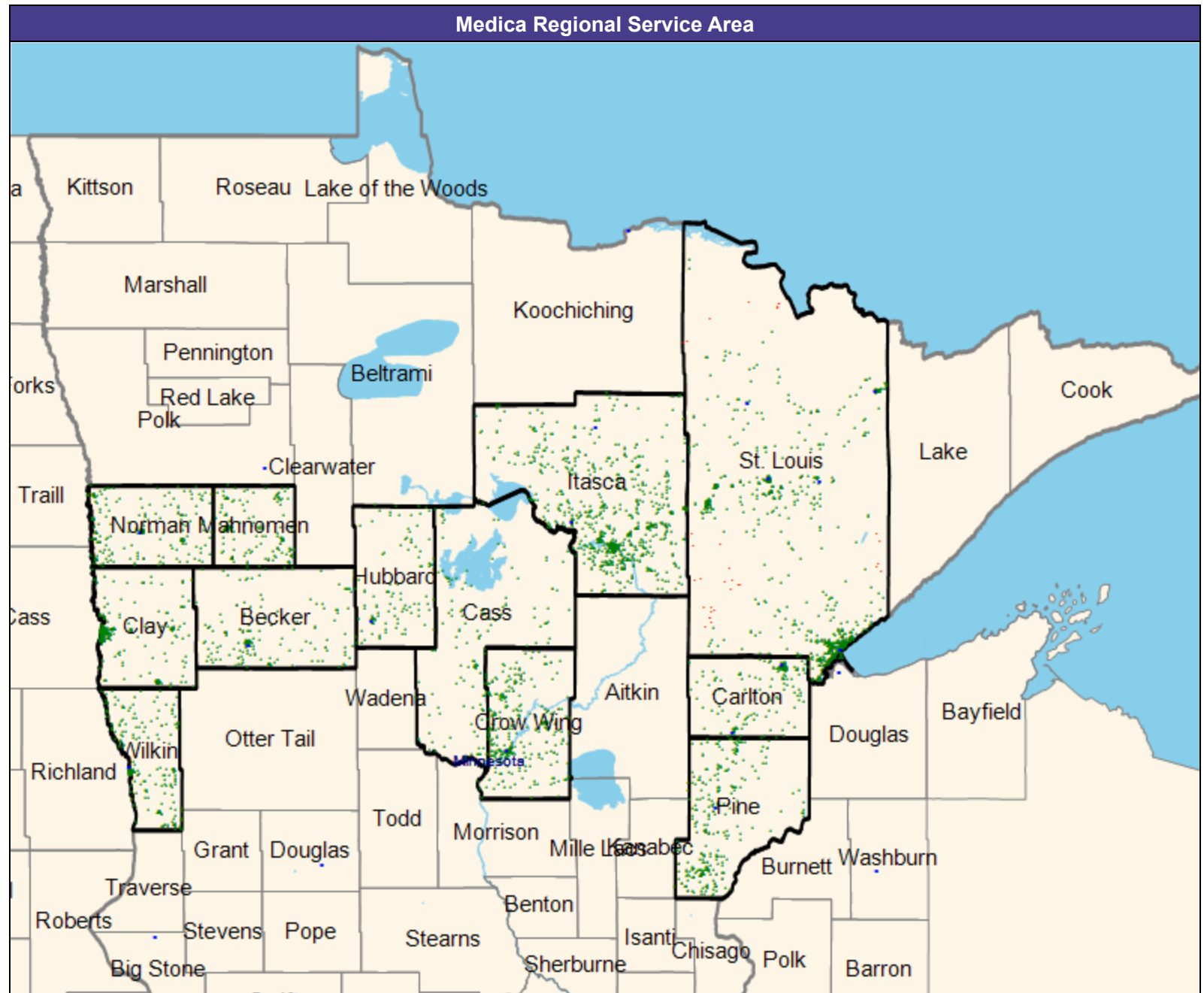
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)) provider in  
120 miles and 160 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Critical Care Services -  
Intensive Care Units (ICU) (Medica  
Regional Service Area)) provider in  
120 miles and 145 minutes

CEAC areas...





## Access Detail By County

Created by...  
Medica

Access Analysis

Critical Care Services - Intensive Care Units (ICU)

Enrollee / Provider Groups

National Proxy Census (Essentia Choice Care with Medica MNN022)

Essentia Choice Care with Medica MNN022 Critical Care Services - Intensive Care Units (ICU) (Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]



July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Diagnostic Radiology

24 providers at 24 locations

- All providers

## Diagnostic Radiology

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MN022 Diagnostic Radiology (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,092)

- Without access (33)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

Rural areas...

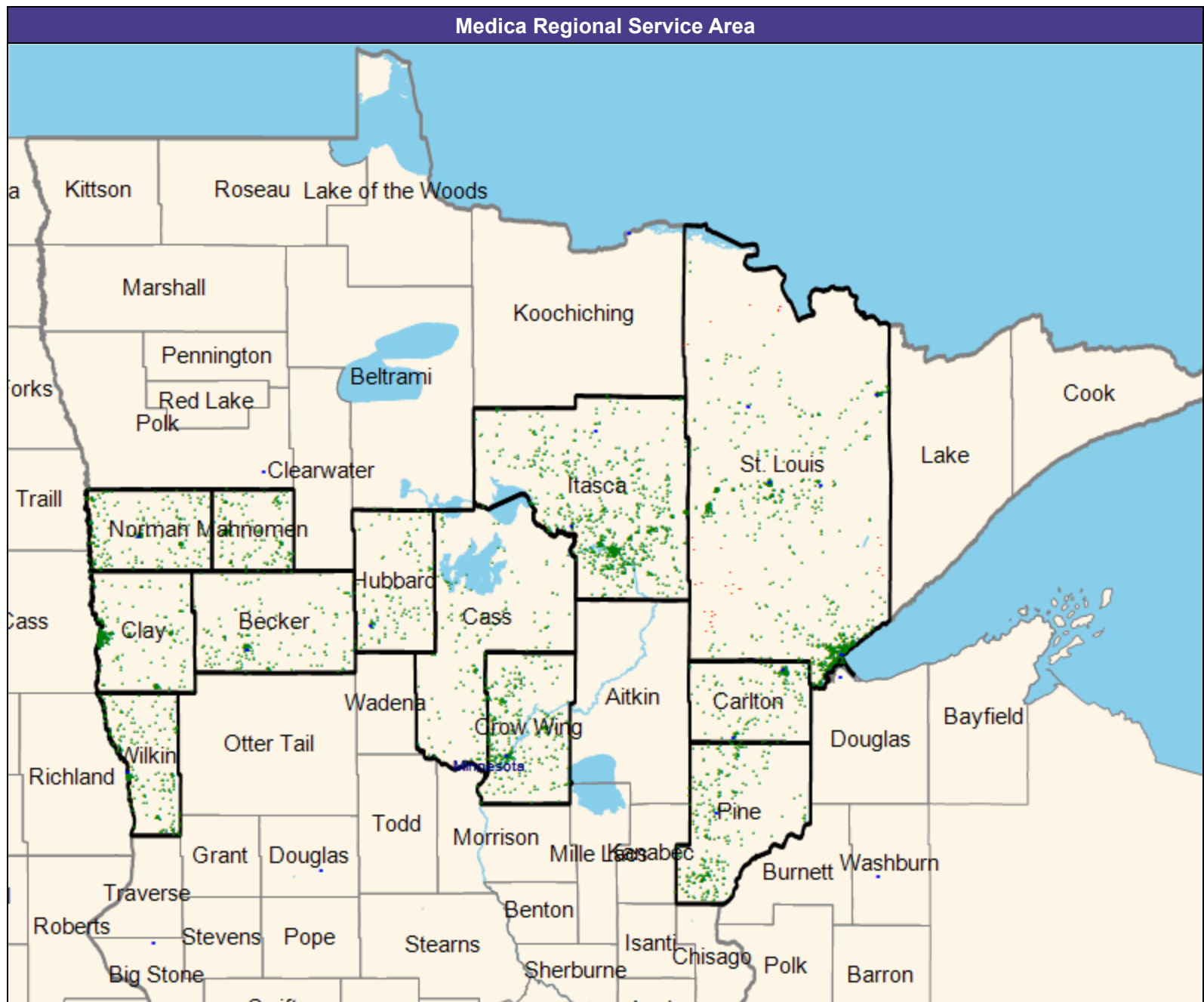
1 (Essentia Choice Care with Medica  
MNN022 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Diagnostic Radiology  
(Medica Regional Service Area))  
provider in 100 miles and 110  
minutes

## Service Areas

☐ Essentia Choice Care with Medica  
MNN022



July 3, 2025

Created by...  
Medica

Access Analysis  
Diagnostic Radiology  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Diagnostic Radiology  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Inpatient or Residential Behavioral Health Facility Services/Essentia Choice Care with Medica/MN

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Inpatient or Residential  
Behavioral Health Facility Services

31 providers at 35 locations

■ All providers

Inpatient or Residential Behavioral Health  
Facility Services

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area)

4,125 enrollee locations

◆ With access (4,033)

● Without access (92)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area))  
provider in 15 miles and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area))  
provider in 45 miles and 70 minutes

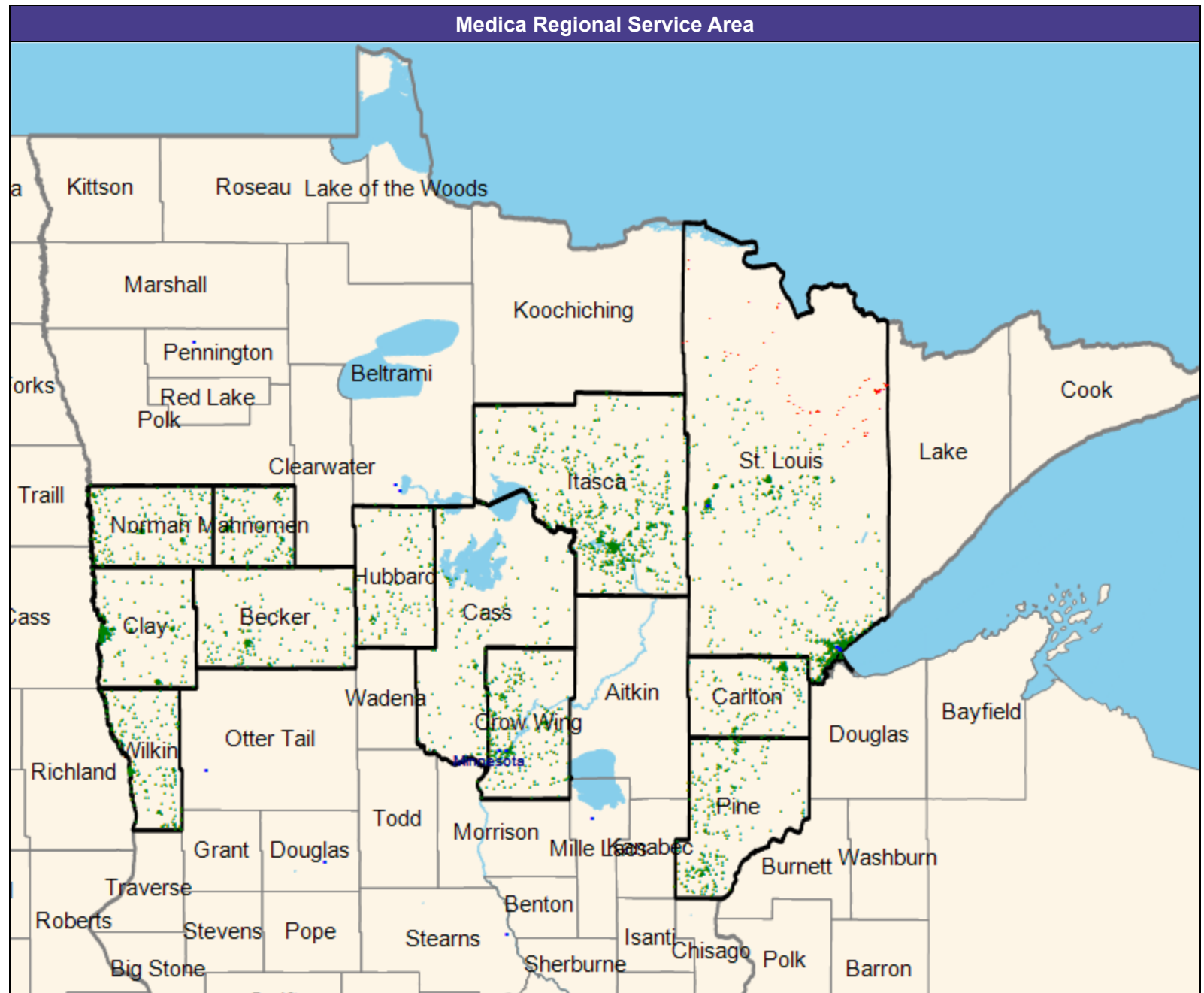
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area))  
provider in 75 miles and 100 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area))  
provider in 75 miles and 90 minutes

CEAC areas...



## Access Detail By County

Created by...  
Medica

Access Analysis

Inpatient or Residential Behavioral  
Health Facility Services

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Inpatient or Residential  
Behavioral Health Facility Services  
(Medica Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Mammography/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Mammography

21 providers at 21 locations

■ All providers

Mammography

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Mammography (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (4,083)

● Without access (42)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mammography (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mammography (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Mammography (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

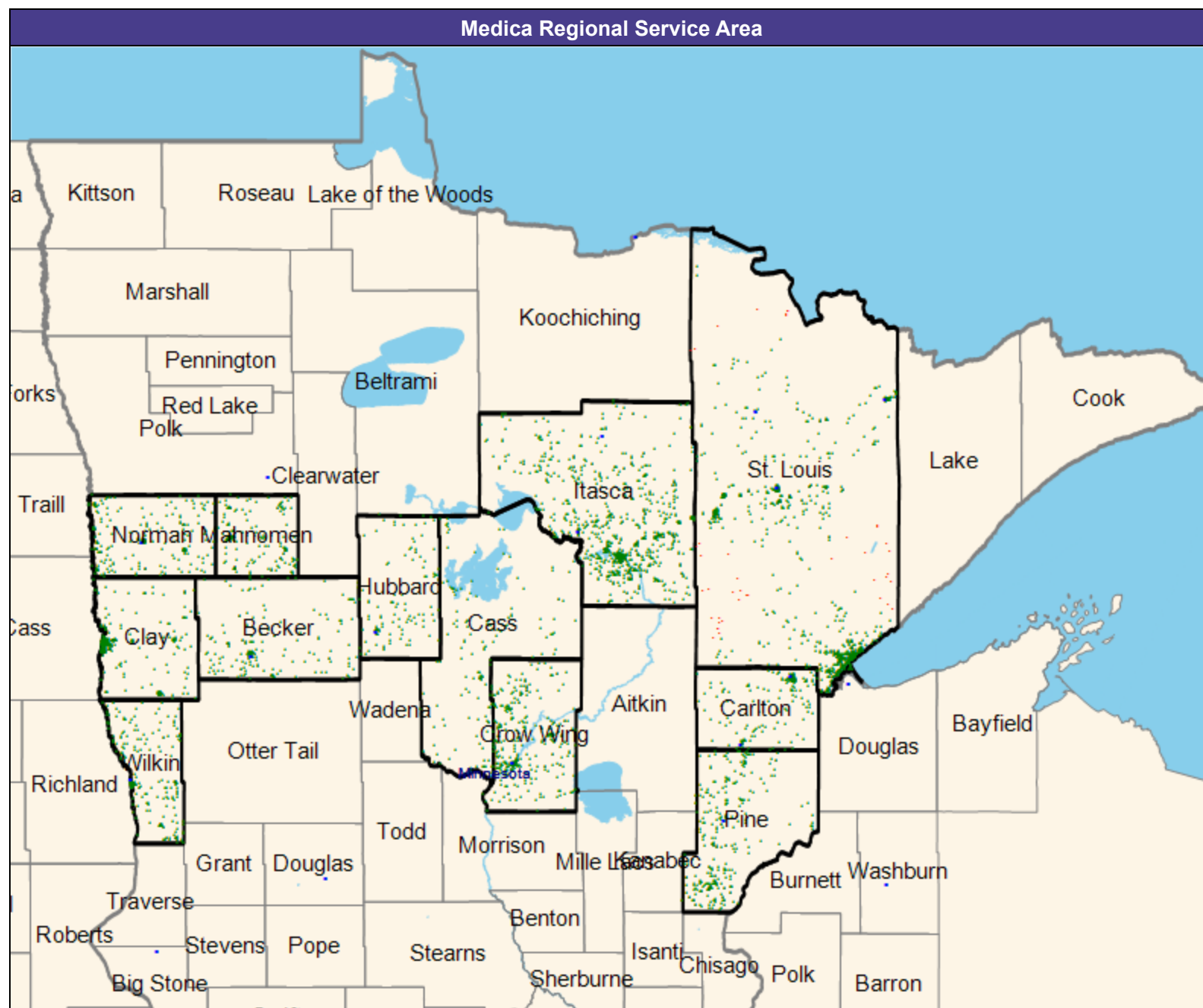
1 (Essentia Choice Care with Medica  
MNN022 Mammography (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Mammography (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

□ Essentia Choice Care with Medica  
MNN022



## Access Detail By County

Created by...  
Medica

Access Analysis  
Mammography

Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Essentia Choice Care with Medica  
MNN022 Mammography (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Outpatient  
Infusion/Chemotherapy

12 providers at 12 locations

- All providers

### Outpatient Infusion/Chemotherapy

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)

4,125 enrollee locations

◆ With access (3,957)

- Without access (168)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

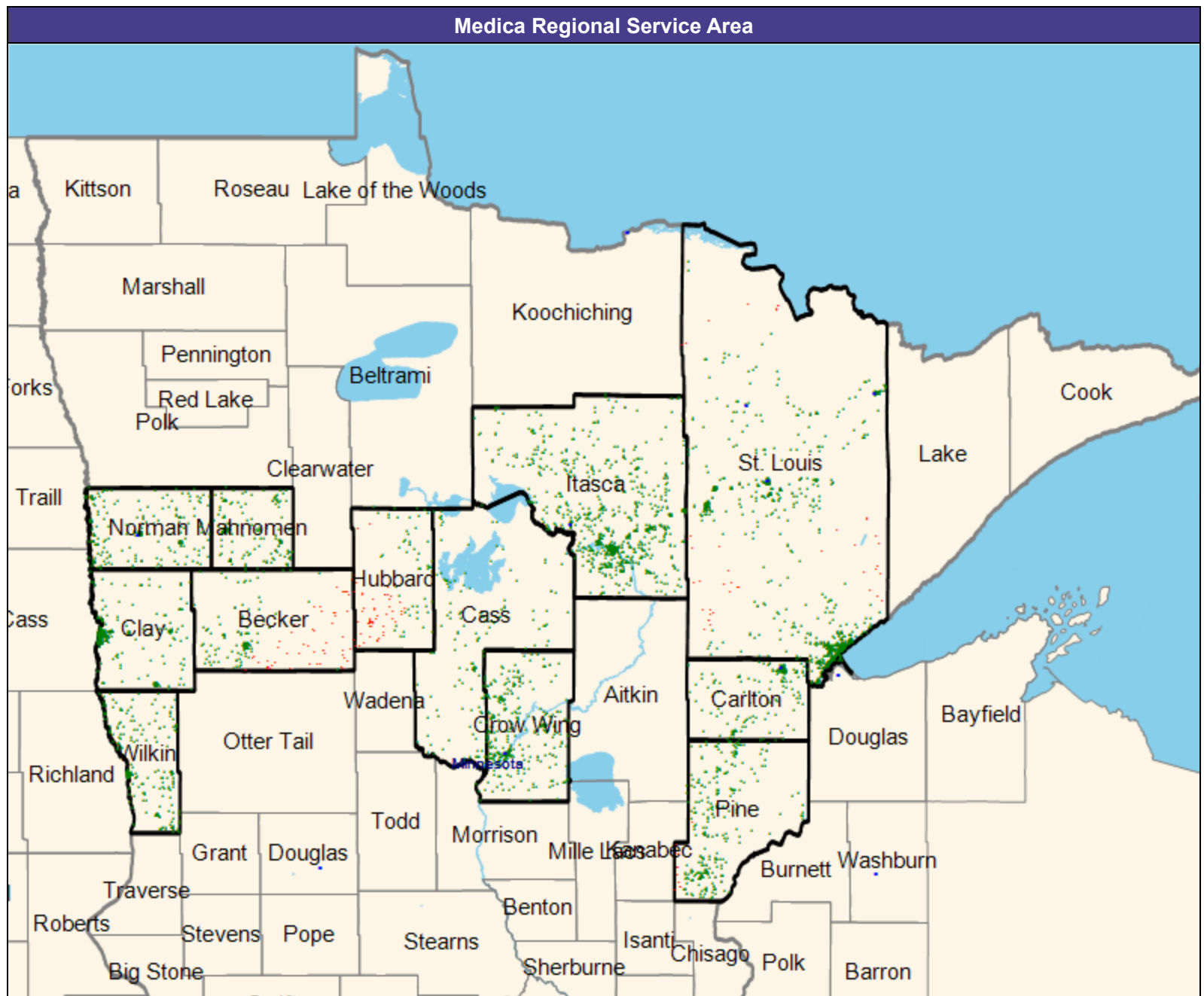
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...





## Access Detail By County

July 3, 2025

Created by...  
Medica

Access Analysis  
Outpatient Infusion/Chemotherapy

### Enrollee / Provider Groups

National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Outpatient  
Infusion/Chemotherapy (Medica  
Regional Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:

L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]



July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Skilled Nursing Facilities

429 providers at 428 locations

- All providers

### Skilled Nursing Facilities

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Skilled Nursing Facilities  
(Medica Regional Service Area)

4.125 enrollee locations

◆ With access (4,108)

- Without access (17)

The Access Standard is defined as (National Proxy Census (Essentia Choice Care with Medica MNN022)) enrollees accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 60 miles and 80 minutes

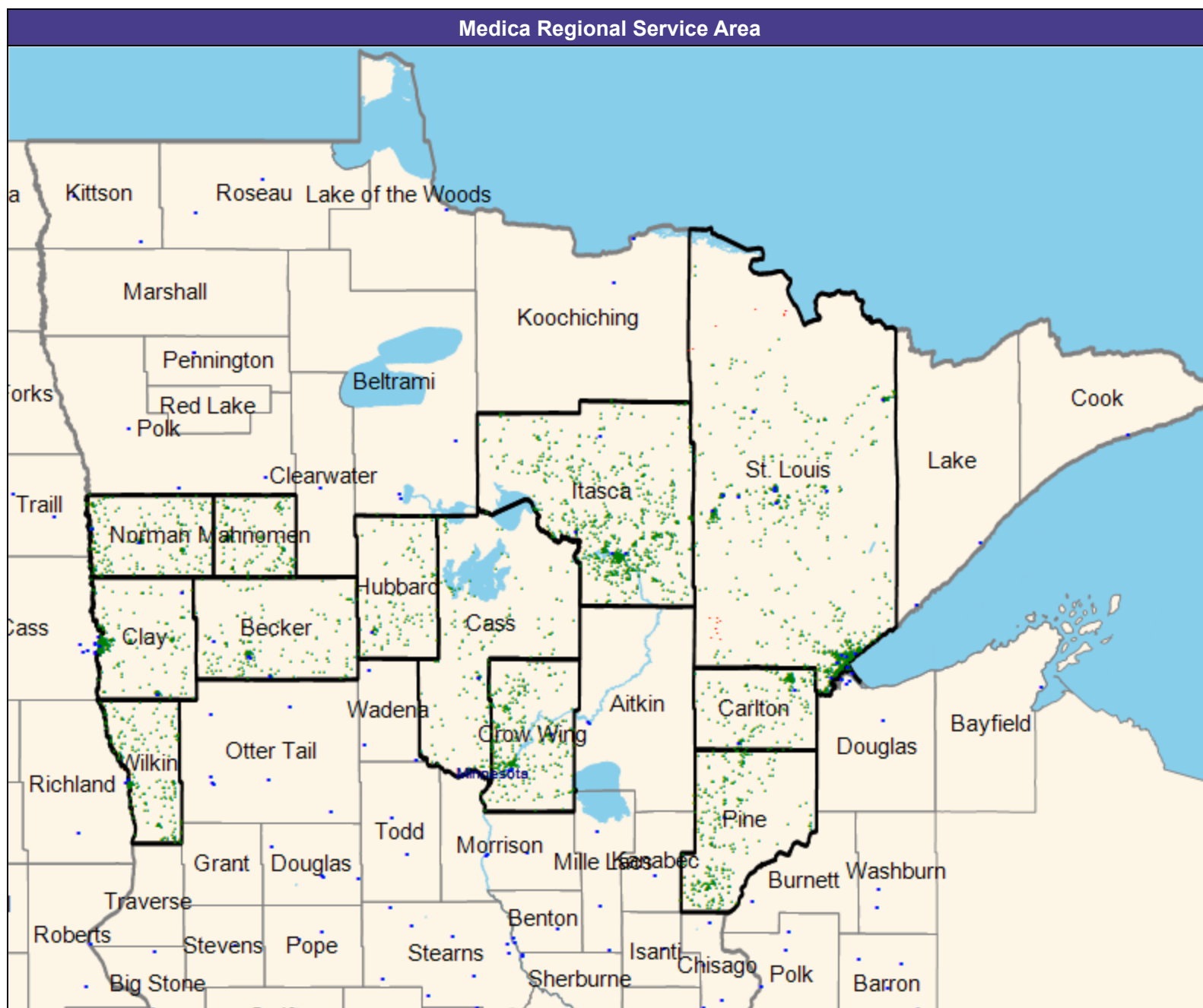
Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Skilled Nursing Facilities  
(Medica Regional Service Area))  
provider in 85 miles and 95 minutes

## Service Areas

☐ Essentia Choice Care with Medica  
MNN022

## Access Detail By County

Created by...  
Medica

Access Analysis  
Skilled Nursing Facilities

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNN022)  
Essentia Choice Care with Medica  
MNN022 Skilled Nursing Facilities  
(Medica Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Substance Use Disorder (Outpatient)/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
MedicaEssentia Choice Care with Medica  
MNN022 Substance Use Disorder  
(Outpatient)

78 providers at 176 locations

■ All providers

Substance Use Disorder (Outpatient)

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Substance Use Disorder  
(Outpatient) (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,082)

● Without access (43)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)) provider in 15 miles  
and 30 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)) provider in 45 miles  
and 70 minutes

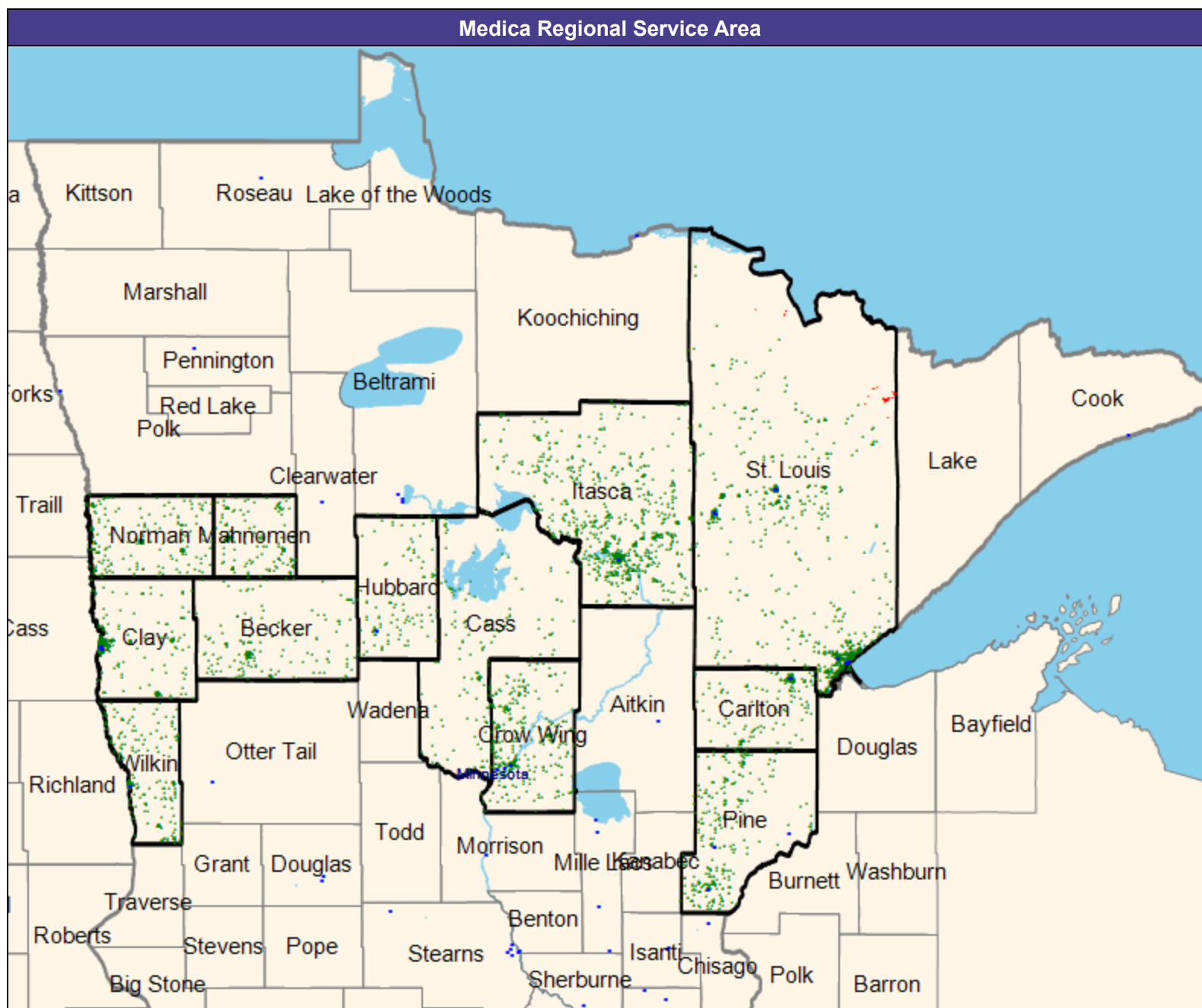
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)) provider in 75 miles  
and 110 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)) provider in 75 miles  
and 90 minutes

CEAC areas...



July 3, 2025

Created by...  
Medica

Access Analysis  
Substance Use Disorder (Outpatient)

Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MN022)  
Essentia Choice Care with Medica  
MN022 Substance Use Disorder  
(Outpatient) (Medica Regional  
Service Area)

<sup>1</sup> Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]

# Surgical Services (Outpatient or ASC)/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Surgical Services (Outpatient or  
ASC)

126 providers at 133 locations

■ All providers

Surgical Services (outpatient or ASC)

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Surgical Services (Outpatient  
or ASC) (Medica Regional Service  
Area)

4,125 enrollee locations

◆ With access (4,093)

● Without access (32)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

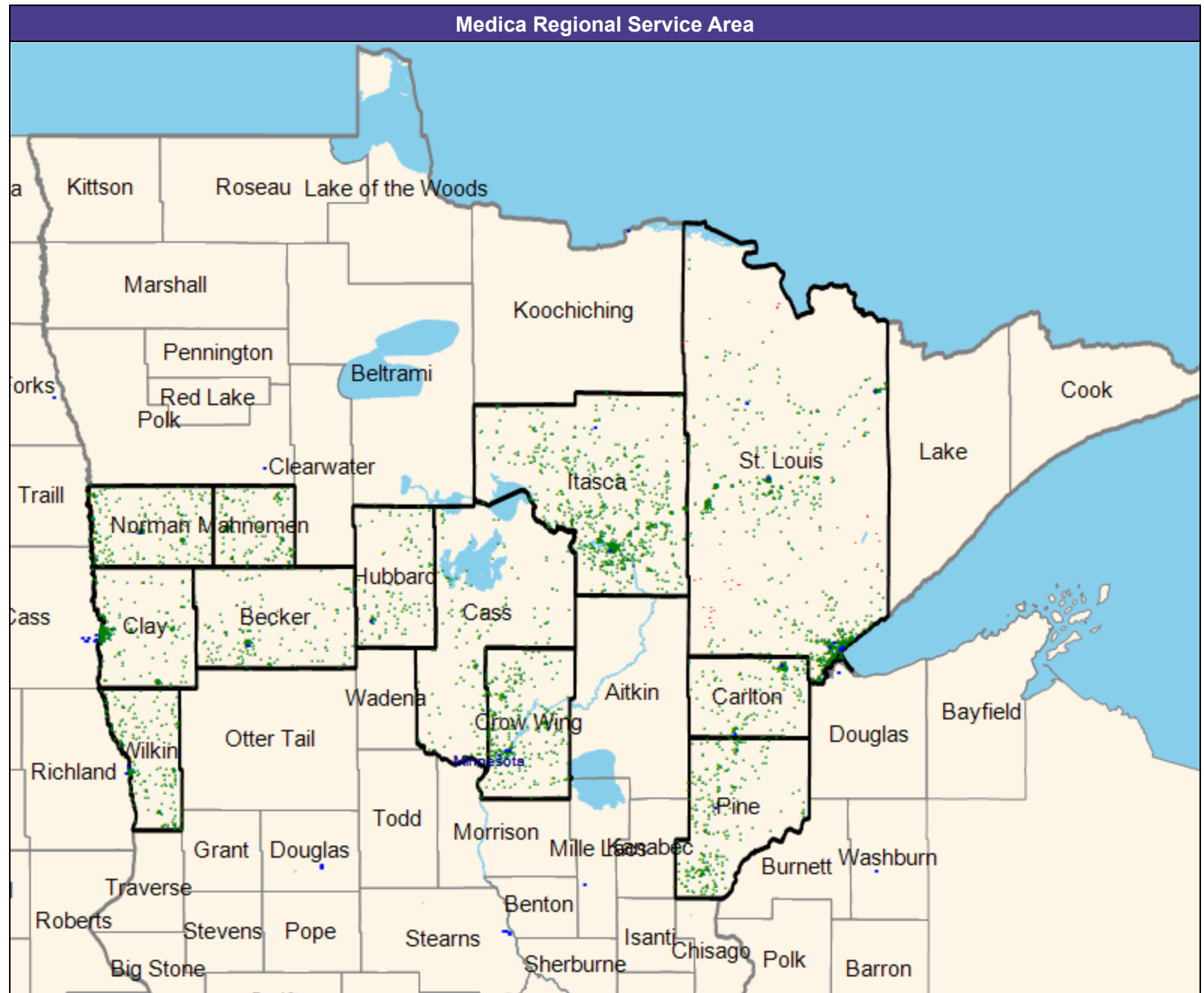
Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

1 (Essentia Choice Care with Medica  
MNN022 Surgical Services  
(Outpatient or ASC) (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...





Urgent Care/Essentia Choice Care with Medica/MNN022

July 3, 2025

Created by...  
Medica

Essentia Choice Care with Medica  
MNN022 Urgent Care

135 providers at 163 locations

All providers

Urgent Care

Employee Group

National Proxy Census (Essentia  
Choice Care with Medica MNN022)

Provider Group

Essentia Choice Care with Medica  
MNN022 Urgent Care (Medica  
Regional Service Area)

4,125 enrollee locations

With access (3,967)

Without access (158)

The Access Standard is defined as  
(National Proxy Census (Essentia Choice  
Care with Medica MNN022)) enrollees  
accessing in:

Large Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Urgent Care (Medica  
Regional Service Area)) provider in  
10 miles and 20 minutes

Metro areas...

1 (Essentia Choice Care with Medica  
MNN022 Urgent Care (Medica  
Regional Service Area)) provider in  
30 miles and 45 minutes

Micro areas...

1 (Essentia Choice Care with Medica  
MNN022 Urgent Care (Medica  
Regional Service Area)) provider in  
60 miles and 80 minutes

Rural areas...

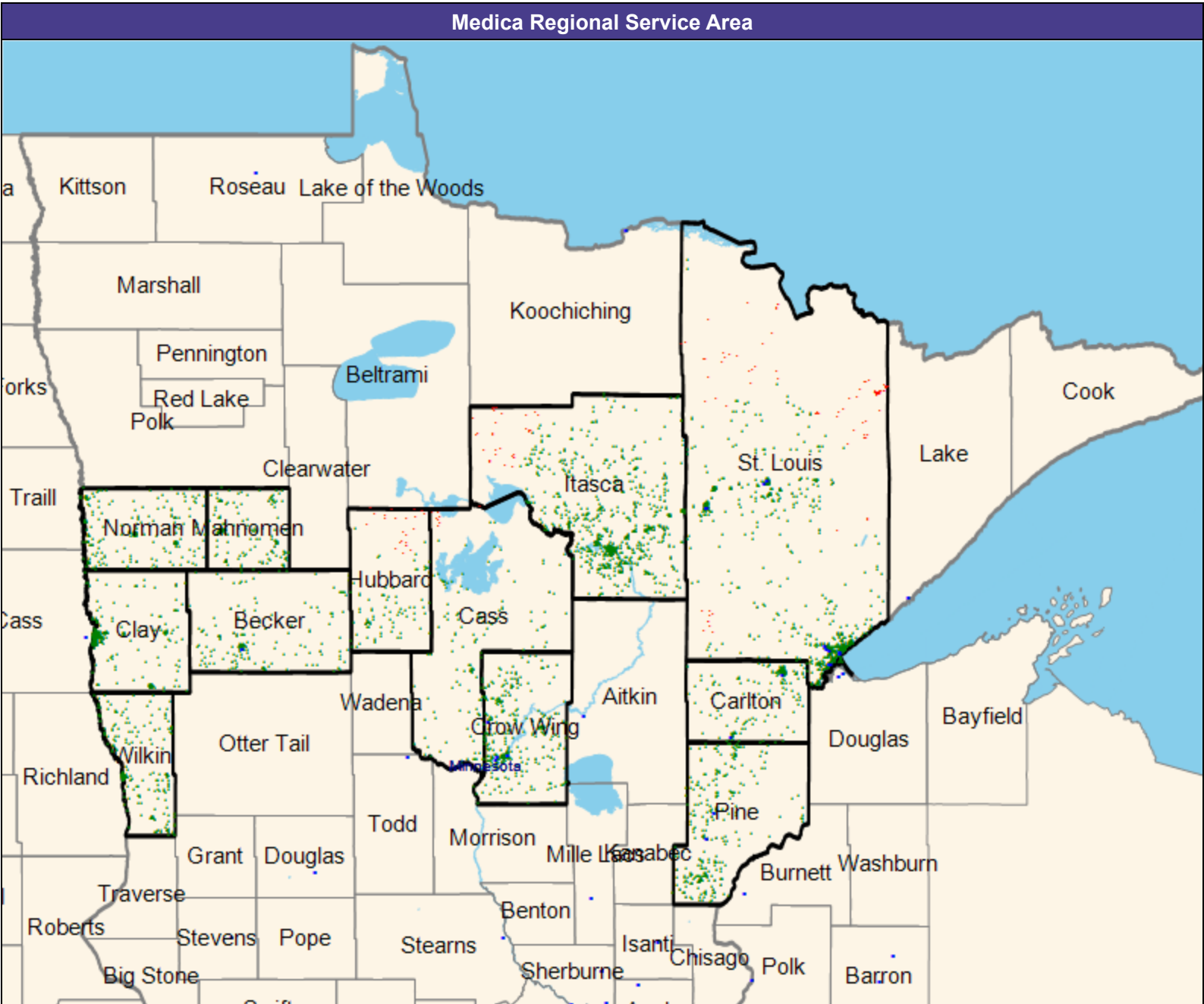
1 (Essentia Choice Care with Medica  
MNN022 Urgent Care (Medica  
Regional Service Area)) provider in  
60 miles and 75 minutes

CEAC areas...

1 (Essentia Choice Care with Medica  
MNN022 Urgent Care (Medica  
Regional Service Area)) provider in  
100 miles and 110 minutes

Service Areas

Essentia Choice Care with Medica  
MNN022





July 3, 2025

Created by...  
Medica

Access Analysis  
Urgent Care  
Enrollee / Provider Groups  
National Proxy Census (Essentia  
Choice Care with Medica MNNO22)  
Essentia Choice Care with Medica  
MNNO22 Urgent Care (Medica  
Regional Service Area)

1 Access Standard Criteria Abbreviations:  
L: Large Metro  
M: Metro  
I: Micro  
R: Rural  
C: CEAC

[illegible]