

2026 Minnesota Department of Health Annual Network Maps

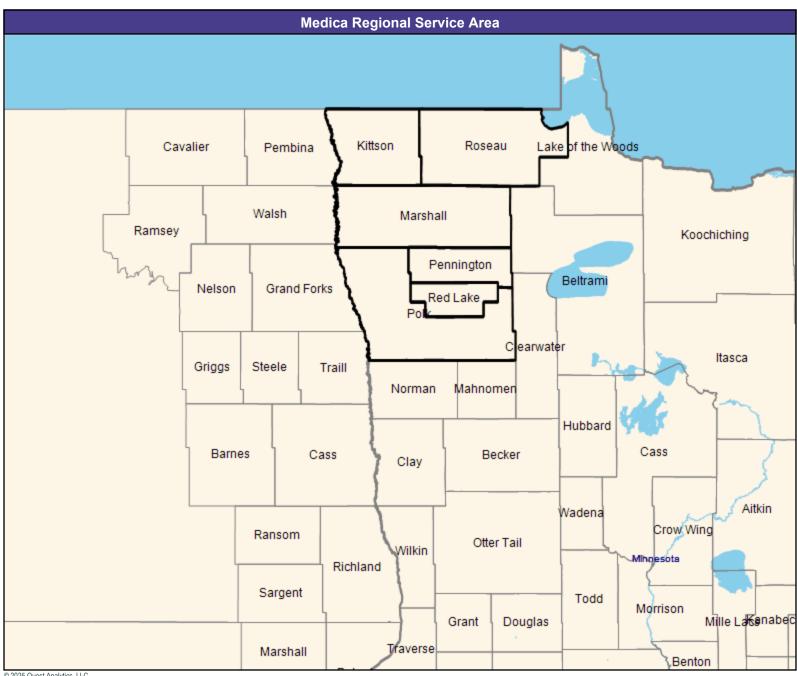
Medica Insurance Company

Altru & You with Medica - MNN009

Map Completion Date: July 7, 2025

Service Area Map/Altru & You with Medica/MNN009

July 7, 2025 Created by... Medica Service Areas ☐ Altru & You with Medica MNN009 39.70 miles



Acupuncture/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Acupuncture

0 providers at 0 locations

All providers

Acupuncture

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Acupuncture (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (0)
- Without access (1,682)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Acupuncture (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Acupuncture (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas...

1 (Altru & You with Medica MNN009 Acupuncture (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

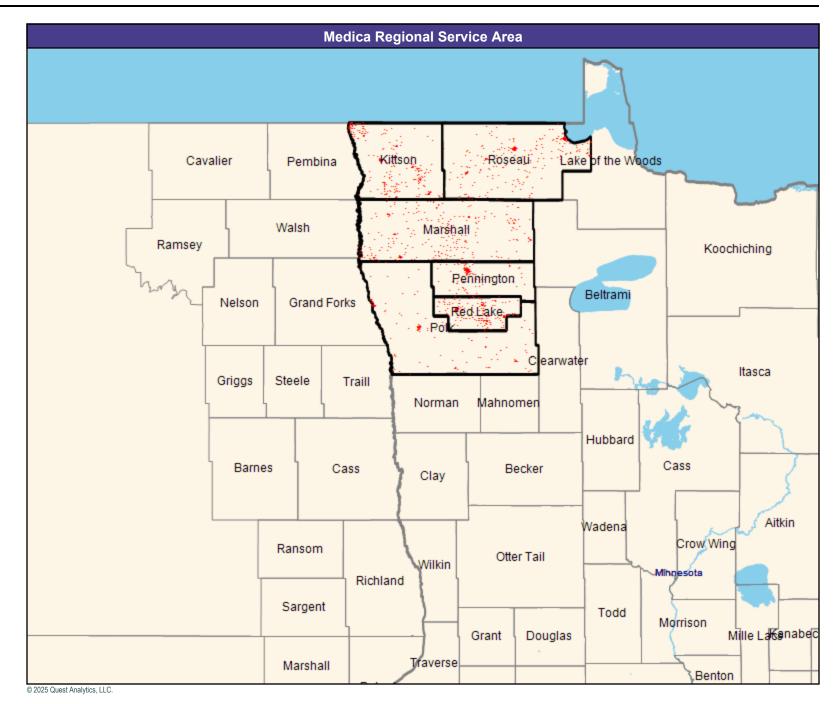
1 (Altru & You with Medica MNN009 Acupuncture (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Acupuncture (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Acupuncture

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Acupuncture (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	0	0	0.0	334	100.0		
	Marshall	376	1 in 100 miles and 110 m	0	0	0.0		100.0		
	Pennington	148	1 in 60 miles and 75 mins	0	0	0.0	148	100.0		
	Polk		1 in 60 miles and 75 mins	0	0	0.0	151	100.0		
	Red Lake		1 in 100 miles and 110 m	0	0	0.0		100.0		
	Roseau	343	1 in 100 miles and 110 m	0	0	0.0	343	100.0		
Grand Totals		1,383	1 in 100 miles and 110 m	0	0	0.0	1,383	100.0		
		299	1 in 60 miles and 75 mins	0	0	0.0	299	100.0		
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Allergy and Immunology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Allergy and Immunology
2 providers at 2 locations

All providers

Allergy and Immunology
Employee Group
National Proxy Census (Altru & You

Regional Service Area)

1,682 enrollee locations

◆ With access (1,682)

with Medica MNN009)
Provider Group

Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

Altru & You with Medica MNN009

Allergy and Immunology (Medica

1 (Altru & You with Medica MNN009 Allergy and Immunology (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Allergy and Immunology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Allergy and Immunology (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

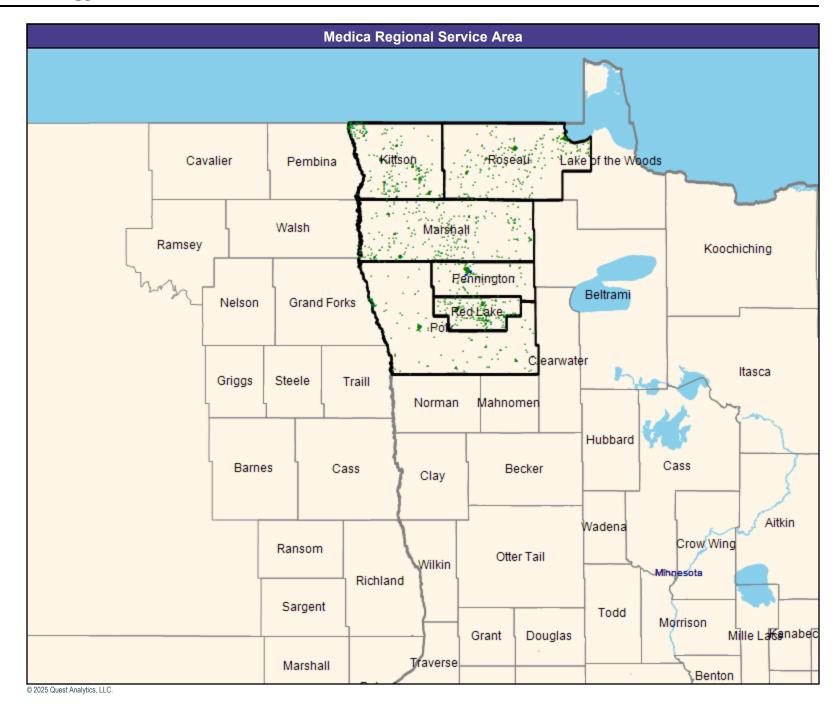
1 (Altru & You with Medica MNN009 Allergy and Immunology (Medica Regional Service Area)) provider in 75 miles and 90 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Allergy and Immunology (Medica Regional Service Area)) provider in 110 miles and 125 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Allergy and Immunology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Allergy and Immunology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural C: CEAC

			All En	ollees						
State		Enrollee	Provider	Counts	With Ac	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 110 miles and 125 m	0	334	100.0	0	0.0	62.5	68.5
	Marshall		1 in 110 miles and 125 m	0		100.0		0.0	31.2	34.0
	Pennington	148	1 in 75 miles and 90 mins	3		100.0	0		5.2	5.6
	Polk		1 in 75 miles and 90 mins	0			0	0.0	40.2	43.8
	Red Lake		1 in 110 miles and 125 m	0		100.0	0	0.0	20.5	22.3
	Roseau	343	1 in 110 miles and 125 m	0	343	100.0	0	0.0	58.4	63.7
Grand Totals			1 in 110 miles and 125 m	0	1,383	100.0	0	0.0	42.9	46.9
		299	1 in 75 miles and 90 mins	3	299	100.0	0	0.0	22.9	24.9
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Anesthesiology Physicians and CRNAs/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Anesthesiology Physicians and CRNAs

162 providers at 18 locations

All providers

Anesthesiology Physicians and CRNAs

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Anesthesiology Physicians and CRNAs (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Anesthesiology Physicians and CRNAs (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Anesthesiology Physicians and CRNAs (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Micro areas..

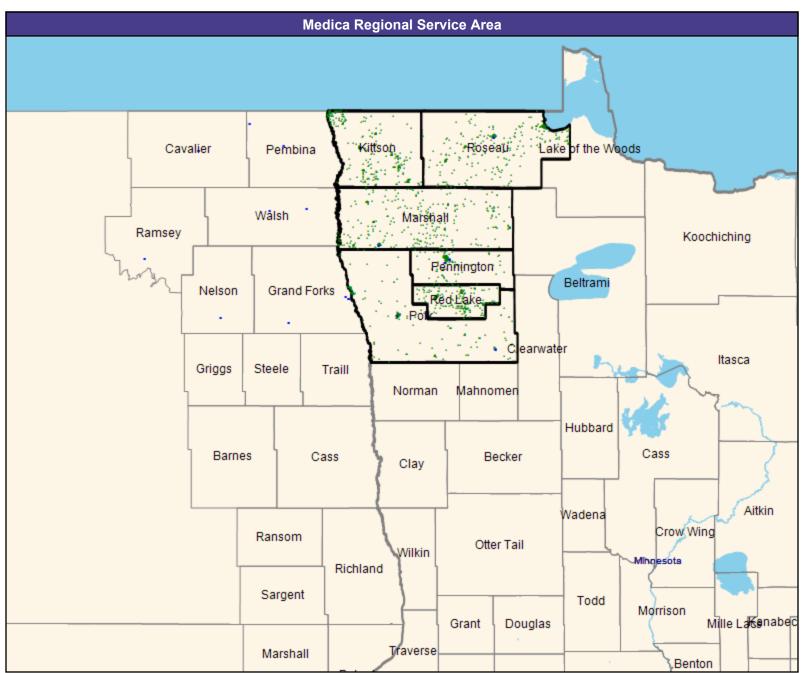
1 (Altru & You with Medica MNN009 Anesthesiology Physicians and CRNAs (Medica Regional Service Area)) provider in 35 miles and 50 minutes

Rural areas...

1 (Altru & You with Medica MNN009 Anesthesiology Physicians and CRNAs (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Anesthesiology Physicians and CRNAs (Medica Regional Service Area)) provider in 85 miles and 95 minutes



July 7, 2025

Created by... Medica

Access Analysis

Anesthesiology Physicians and CRNAs

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Anesthesiology Physicians and CRNAs (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 85 miles and 95 mins	0	334	100.0	0	0.0	33.3	36.4
	Marshall		1 in 85 miles and 95 mins	3		100.0	0	0.0	17.2	18.7
	Pennington		1 in 60 miles and 75 mins	64		100.0	0	0.0	5.2	5.6
	Polk		1 in 60 miles and 75 mins	21		100.0	0	0.0	9.9	10.8
	Red Lake		1 in 85 miles and 95 mins	0		100.0	0	0.0	18.8	20.5
	Roseau	343	1 in 85 miles and 95 mins	2	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 85 miles and 95 mins	5	1,383	100.0	0	0.0	21.0	22.9
		299	1 in 60 miles and 75 mins	85	299	100.0	0	0.0	7.6	8.2
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Cardiology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Cardiology

54 providers at 16 locations

All providers

Cardiology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Cardiology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Cardiology (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Cardiology (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Cardiology (Medica Regional Service Area)) provider in 35 miles and 50 minutes

Rural areas...

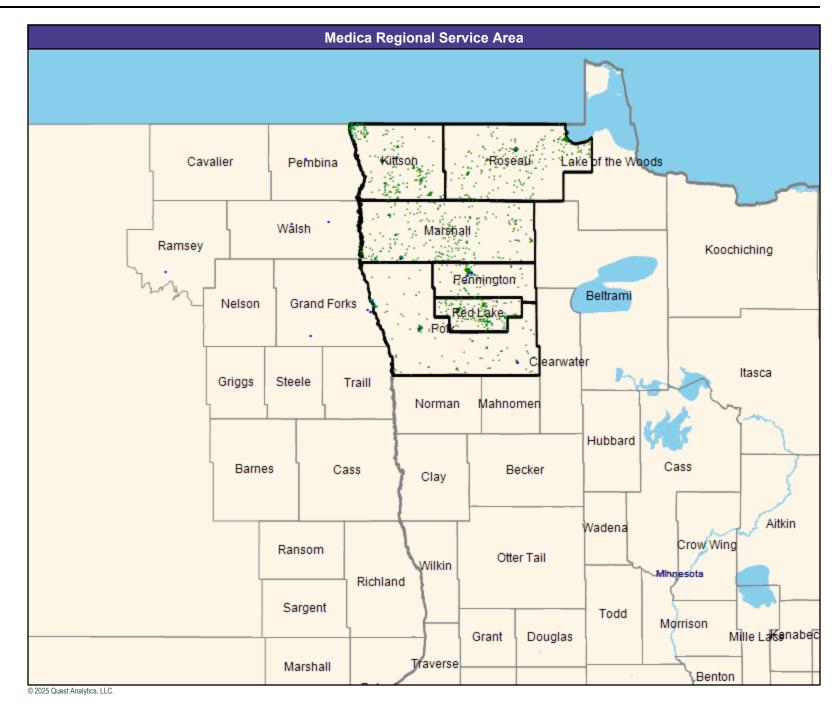
1 (Altru & You with Medica MNN009 Cardiology (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Cardiology (Medica Regional Service Area)) provider in 85 miles and 95 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Cardiology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Cardiology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 85 miles and 95 mins	0		100.0	0	0.0	33.3	36.4
	Marshall	376	1 in 85 miles and 95 mins	1		100.0	0	0.0	17.2	18.7
	Pennington		1 in 60 miles and 75 mins	18		100.0	0	0.0	5.2	5.6
	Polk		1 in 60 miles and 75 mins	10		100.0	0	0.0	9.3	10.1
	Red Lake		1 in 85 miles and 95 mins	0		100.0	0	0.0	18.8	20.4
	Roseau	343	1 in 85 miles and 95 mins	12	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 85 miles and 95 mins	13	1,383		0	0.0	21.0	22.9
		299	1 in 60 miles and 75 mins	28	299	100.0	0	0.0	7.3	7.9
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Cardiothoracic Surgery/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Cardiothoracic Surgery

54 providers at 16 locations

All providers

Cardiothoracic Surgery

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Cardiothoracic Surgery (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Cardiothoracic Surgery (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Cardiothoracic Surgery (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Cardiothoracic Surgery (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas...

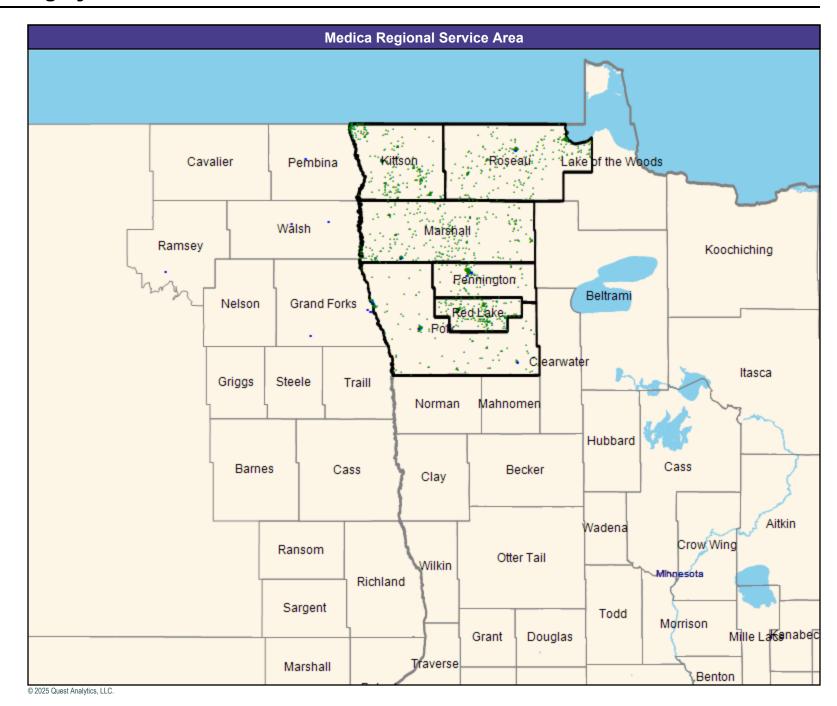
1 (Altru & You with Medica MNN009 Cardiothoracic Surgery (Medica Regional Service Area)) provider in 90 miles and 110 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Cardiothoracic Surgery (Medica Regional Service Area)) provider in 130 miles and 145 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Cardiothoracic Surgery

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Cardiothoracic Surgery (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 130 miles and 145 m	0		100.0	0	0.0	33.3	36.4
	Marshall		1 in 130 miles and 145 m	1		100.0		0.0	17.2	18.7
	Pennington		1 in 90 miles and 110 mins	18		100.0	0	0.0	5.2	5.6
	Polk		1 in 90 miles and 110 mins	10		100.0	0	0.0	9.3	10.1
	Red Lake		1 in 130 miles and 145 m	0		100.0	0	0.0	18.8	20.4
	Roseau	343	1 in 130 miles and 145 m	12	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 130 miles and 145 m	13	1,383		0	0.0	21.0	22.9
		299	1 in 90 miles and 110 mins	28	299	100.0	0	0.0	7.3	7.9
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Chiropractic Services/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Chiropractic Services

1,886 providers at 1,364 locations

All providers

Chiropractic Services

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Chiropractic Services (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Chiropractic Services (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Chiropractic Services (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas...

1 (Altru & You with Medica MNN009 Chiropractic Services (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

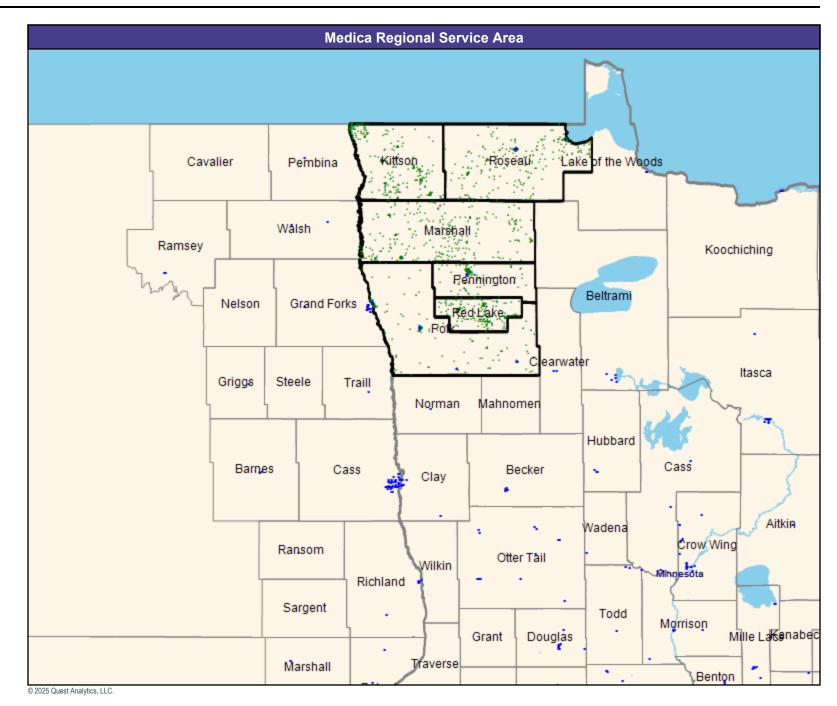
1 (Altru & You with Medica MNN009 Chiropractic Services (Medica Regional Service Area)) provider in 75 miles and 90 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Chiropractic Services (Medica Regional Service Area)) provider in 110 miles and 125 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Chiropractic Services

Enrollee / Provider Groups National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Chiropractic Services (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 110 miles and 125 m	0		100.0	0	0.0	35.9	39.3
	Marshall		1 in 110 miles and 125 m	0		100.0	0	0.0	25.4	27.7
	Pennington		1 in 75 miles and 90 mins	4		100.0	0	0.0	5.5	5.9
	Polk		1 in 75 miles and 90 mins	8		100.0	0	0.0	7.4	8.0
	Red Lake		1 in 110 miles and 125 m	0		100.0	0	0.0	18.9	20.6
	Roseau	343	1 in 110 miles and 125 m	6	343	100.0	0	0.0	10.2	11.1
Grand Totals			1 in 110 miles and 125 m	6	1,383		0	0.0	22.6	24.7
		299	1 in 75 miles and 90 mins	12	299	100.0	0	0.0	6.4	7.0
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Colon and Rectal/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Colon and Rectal

0 providers at 0 locations

All providers

Colon and Rectal

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Colon and Rectal (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (0)
- Without access (1,682)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Colon and Rectal (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Colon and Rectal (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Colon and Rectal (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas...

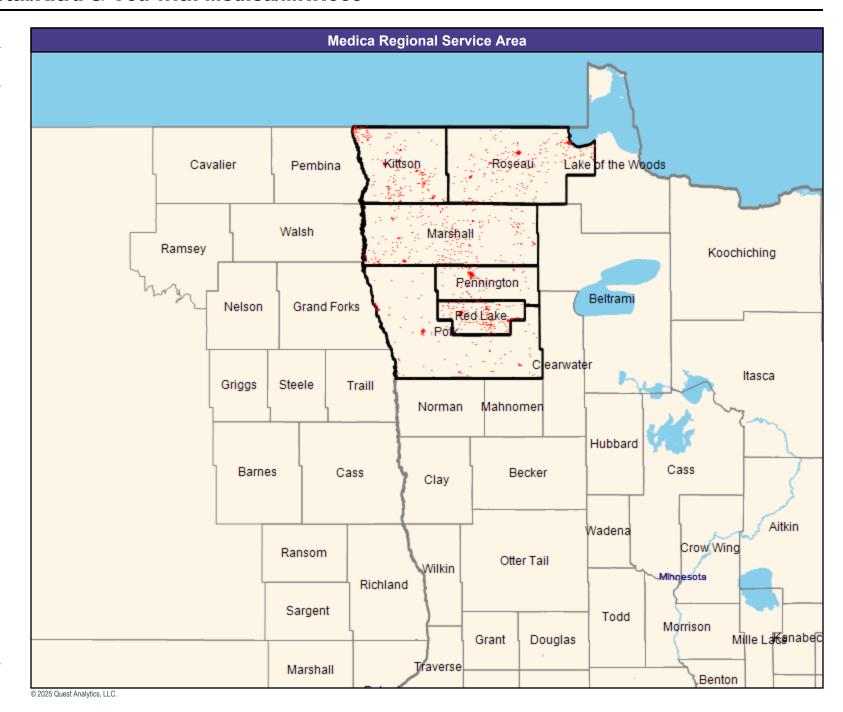
1 (Altru & You with Medica MNN009 Colon and Rectal (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Colon and Rectal (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Colon and Rectal

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Colon and Rectal (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 100 miles and 110 m	0	0	0.0	334	100.0		
	Marshall		1 in 100 miles and 110 m	0	0	0.0		100.0		
	Pennington		1 in 60 miles and 75 mins	0	0	0.0		100.0		_
	Polk		1 in 60 miles and 75 mins	0	0	0.0		100.0		
	Red Lake		1 in 100 miles and 110 m	0	0	0.0		100.0		
	Roseau	343	1 in 100 miles and 110 m	0	0	0.0	343	100.0		
Grand Totals			1 in 100 miles and 110 m	0	0	0.0	1,383			
		299	1 in 60 miles and 75 mins	0	0	0.0	299	100.0		
© 2025 Quest Analytics, LLC.										

Pediatric dental benefits are not offered by

Medica Insurance Company for Altru & You with Medica – MNN009

Dermatology/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Dermatology

14 providers at 15 locations

All providers

Dermatology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Dermatology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Dermatology (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Dermatology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Dermatology (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas...

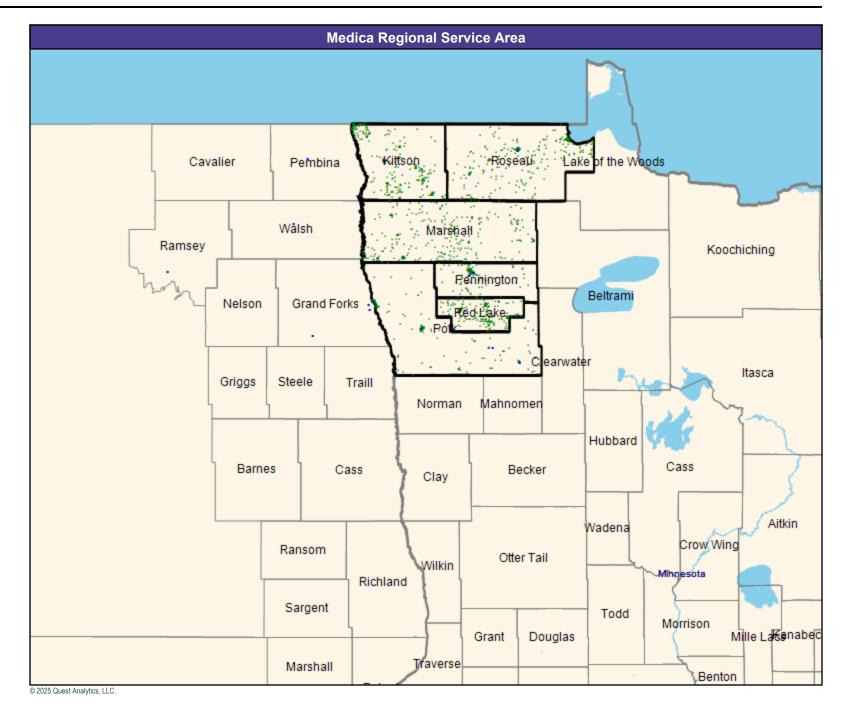
1 (Altru & You with Medica MNN009 Dermatology (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Dermatology (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Dermatology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Dermatology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural C: CEAC

			All En	ollees						
State		Enrollee	Provider	Counts	With Ac	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	3	334	100.0	0	0.0	15.9	17.4
	Marshall		1 in 100 miles and 110 m	0		100.0		0.0	25.0	27.2
	Pennington	148	1 in 60 miles and 75 mins	7	148	100.0			5.2	5.6
	Polk		1 in 60 miles and 75 mins	5	151		0	0.0	8.4	9.1
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	16.0	17.4
	Roseau	343	1 in 100 miles and 110 m	4	343	100.0	0	0.0	15.5	16.9
Grand Totals			1 in 100 miles and 110 m	7	1,383	100.0	0	0.0	18.3	19.9
		299	1 in 60 miles and 75 mins	12	299	100.0	0	0.0	6.8	7.4
© 2025 Quest Analytics, LLC.						L				

Emergency Medicine/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Emergency Medicine

450 providers at 11 locations

All providers

Emergency Medicine

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Emergency Medicine (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Emergency Medicine (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Emergency Medicine (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Emergency Medicine (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

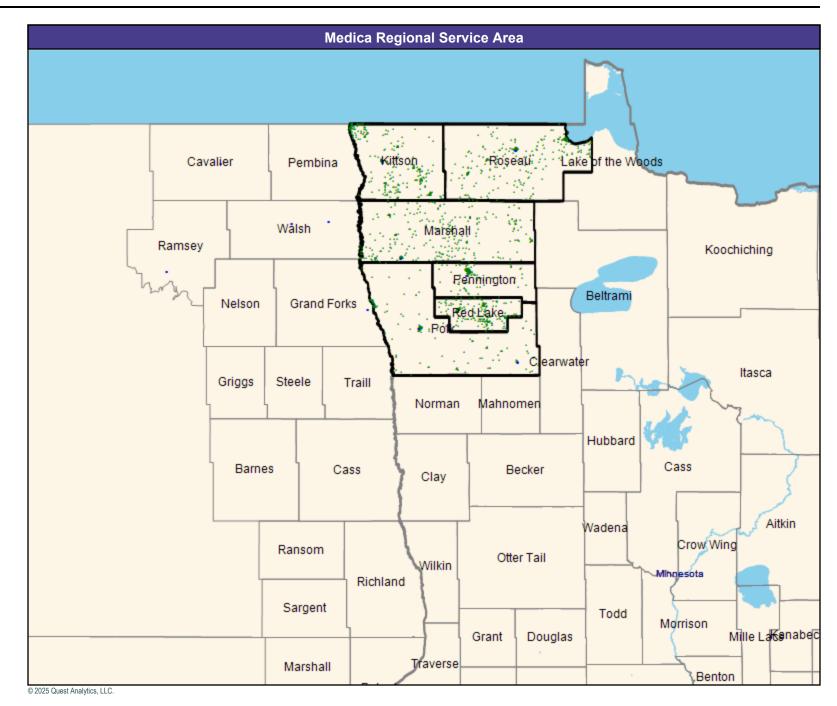
1 (Altru & You with Medica MNN009 Emergency Medicine (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Emergency Medicine (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis
Emergency Medicine

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Emergency Medicine (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 100 miles and 110 m	3		100.0	0	0.0	16.1	17.6
	Marshall		1 in 100 miles and 110 m	2		100.0	0		17.6	19.1
	Pennington		1 in 60 miles and 75 mins	82		100.0	0		6.1	6.6
	Polk		1 in 60 miles and 75 mins	64		100.0	0	0.0	10.0	10.8
	Red Lake		1 in 100 miles and 110 m	0		100.0	0		19.1	20.8
	Roseau	343	1 in 100 miles and 110 m	74	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 100 miles and 110 m	79	1,383				17.1	18.6
		299	1 in 60 miles and 75 mins	146	299	100.0	0	0.0	8.1	8.7

Endocrinology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Endocrinology

2 providers at 2 locations

All providers

Endocrinology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Endocrinology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Endocrinology (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Endocrinology (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Endocrinology (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas...

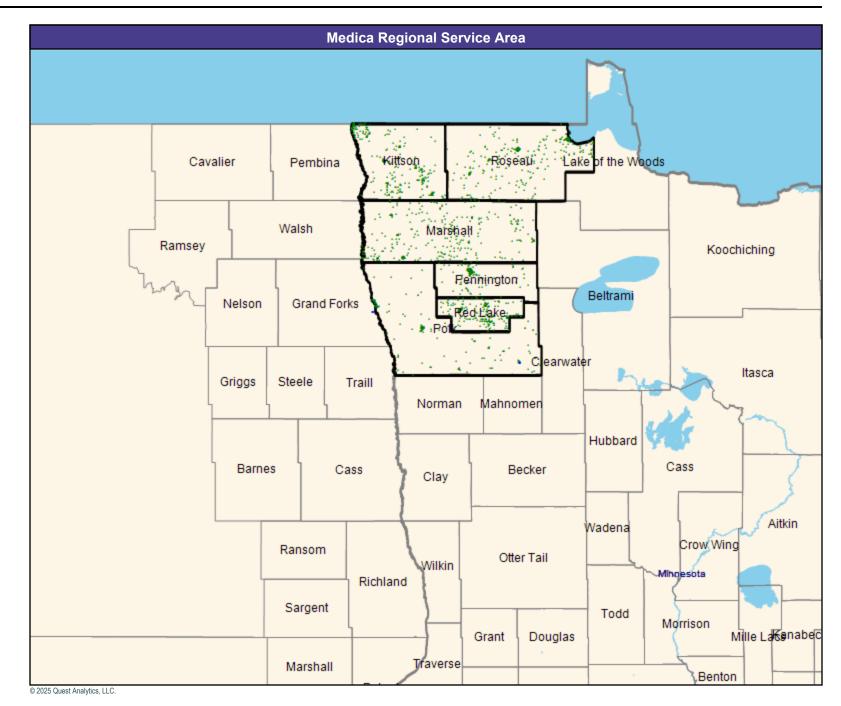
1 (Altru & You with Medica MNN009 Endocrinology (Medica Regional Service Area)) provider in 90 miles and 110 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Endocrinology (Medica Regional Service Area)) provider in 130 miles and 145 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Endocrinology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Endocrinology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 130 miles and 145 m	0	334	100.0	0	0.0	65.0	71.2
	Marshall		1 in 130 miles and 145 m	0		100.0	0	0.0	45.5	49.6
	Pennington		1 in 90 miles and 110 mins	0		100.0	0	0.0	45.2	49.3
	Polk		1 in 90 miles and 110 mins	1		100.0	0	0.0	17.2	18.7
	Red Lake		1 in 130 miles and 145 m	0		100.0	0	0.0	31.9	34.8
	Roseau	343	1 in 130 miles and 145 m	0	343	100.0	0	0.0	87.2	95.1
Grand Totals			1 in 130 miles and 145 m	0	1,383	100.0	0	0.0	57.3	62.6
		299	1 in 90 miles and 110 mins	1	299	100.0	0	0.0	31.1	33.9
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ENT/Otolaryngology/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 ENT/Otolaryngology

25 providers at 9 locations

All providers

ENT/Otolaryngology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 ENT/Otolaryngology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 ENT/Otolaryngology (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 ENT/Otolaryngology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 ENT/Otolaryngology (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

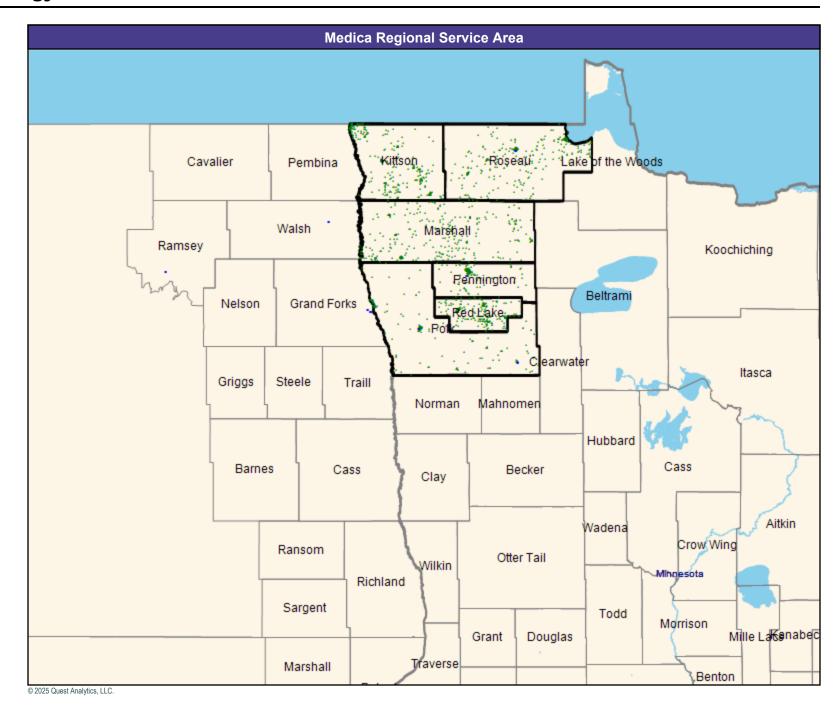
1 (Altru & You with Medica MNN009 ENT/Otolaryngology (Medica Regional Service Area)) provider in 75 miles and 90 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 ENT/Otolaryngology (Medica Regional Service Area)) provider in 110 miles and 125 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

ENT/Otolaryngology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 ENT/Otolaryngology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 110 miles and 125 m	0		100.0	0	0.0	41.6	45.5
	Marshall		1 in 110 miles and 125 m	0		100.0		0.0	26.3	28.6
	Pennington		1 in 75 miles and 90 mins	3		100.0	0	0.0	6.1	6.6
	Polk		1 in 75 miles and 90 mins	4		100.0		0.0	10.2	11.1
	Red Lake		1 in 110 miles and 125 m	0		100.0	0	0.0	19.1	20.8
	Roseau	343	1 in 110 miles and 125 m	2	343	100.0	0	0.0	15.6	16.9
		4.000			4.000					
Grand Totals			1 in 110 miles and 125 m	2 7	1,383		0	0.0	25.6	27.9
		299	1 in 75 miles and 90 mins	1	299	100.0	0	0.0	8.2	8.9
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Gastroenterology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Gastroenterology

20 providers at 8 locations

All providers

Gastroenterology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Gastroenterology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,653)
- Without access (29)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Gastroenterology (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Gastroenterology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Gastroenterology (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas...

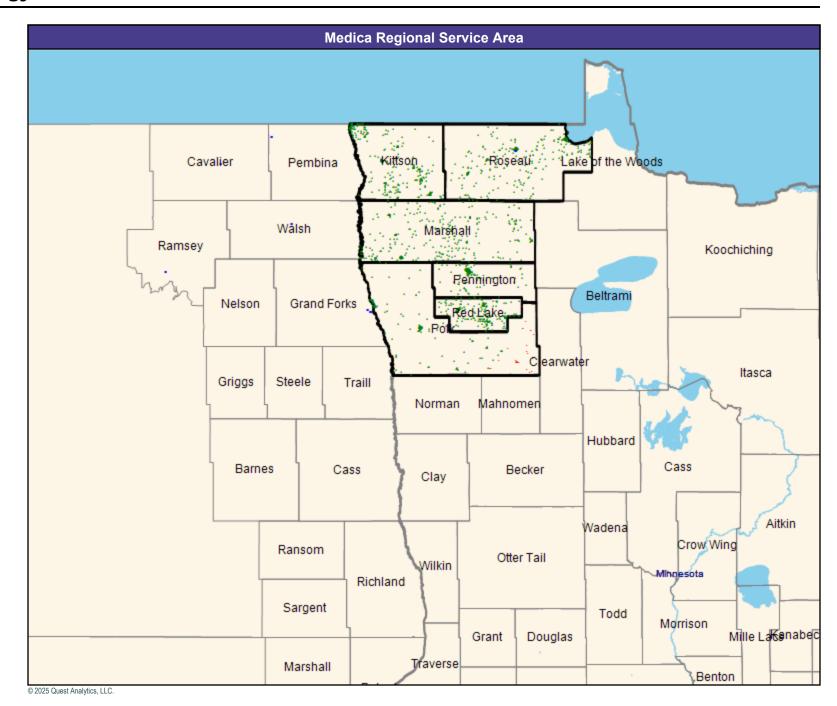
1 (Altru & You with Medica MNN009 Gastroenterology (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Gastroenterology (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis
Gastroenterology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Gastroenterology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 100 miles and 110 m	0		100.0	0		43.8	47.9
	Marshall		1 in 100 miles and 110 m	0		100.0		0.0	38.8	42.3
	Pennington		1 in 60 miles and 75 mins	0		100.0	0	0.0	47.4	51.6
	Polk		1 in 60 miles and 75 mins	0	122			19.2	34.7	37.8
	Red Lake		1 in 100 miles and 110 m	0		100.0		0.0	44.1	48.1
	Roseau	343	1 in 100 miles and 110 m	2	343	100.0	0	0.0	15.6	17.0
Grand Totals			1 in 100 miles and 110 m	2	1,383		0	0.0	35.5	38.7
		299	1 in 60 miles and 75 mins	0	270	90.3	29	9.7	41.0	44.6
2025 Queet Analytics LLC										

General Surgery/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 General Surgery

69 providers at 12 locations

All providers

General Surgery

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 General Surgery (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 General Surgery (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 General Surgery (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Micro areas..

1 (Altru & You with Medica MNN009 General Surgery (Medica Regional Service Area)) provider in 35 miles and 50 minutes

Rural areas...

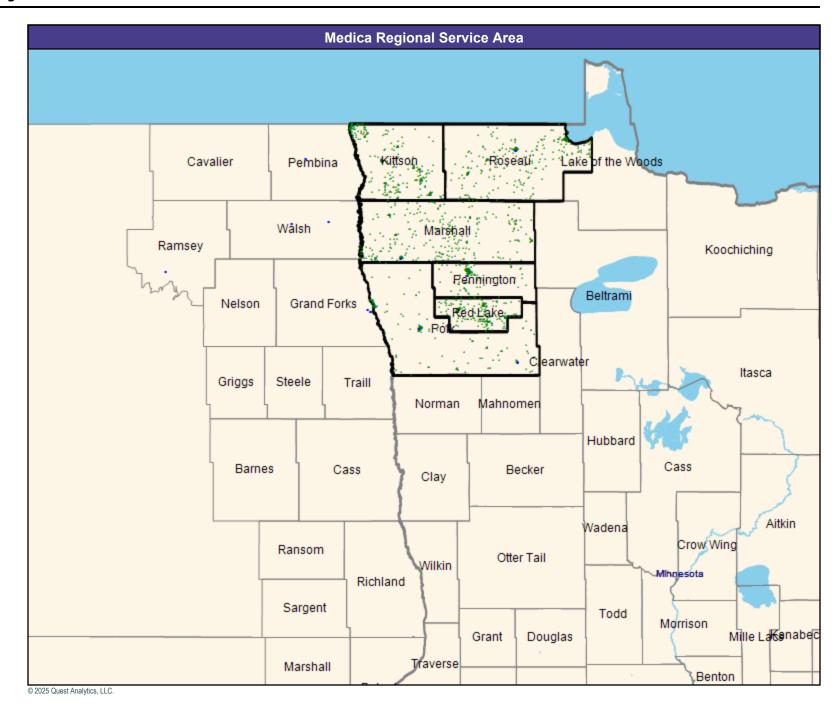
1 (Altru & You with Medica MNN009 General Surgery (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 General Surgery (Medica Regional Service Area)) provider in 85 miles and 95 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis General Surgery

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 General Surgery (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

All Enrollees										
State		Enrollee Provider		Counts	With Access		Without Access		Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 85 miles and 95 mins	0		100.0	0	0.0	33.3	36.4
	Marshall		1 in 85 miles and 95 mins	1		100.0		0.0	17.6	19.2
	Pennington		1 in 60 miles and 75 mins	15		100.0	0	0.0	6.1	6.6
	Polk		1 in 60 miles and 75 mins	8		100.0		0.0	9.9	10.8
	Red Lake		1 in 85 miles and 95 mins	0		100.0		0.0	19.1	20.8
	Roseau	343	1 in 85 miles and 95 mins	4	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 85 miles and 95 mins	5	1,383		0	0.0	21.2	23.1
		299	1 in 60 miles and 75 mins	23	299	100.0	0	0.0	8.0	8.7
2025 Queet Analytics II C										

Gynecology, OB/GYN/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Gynecology, OB/GYN

31 providers at 16 locations

All providers

Gynecology, OB/GYN

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Gynecology, OB/GYN (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Gynecology, OB/GYN (Medica Regional Service Area)) provider in 5 miles and 10 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Gynecology, OB/GYN (Medica Regional Service Area)) provider in 10 miles and 15 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Gynecology, OB/GYN (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Rural areas...

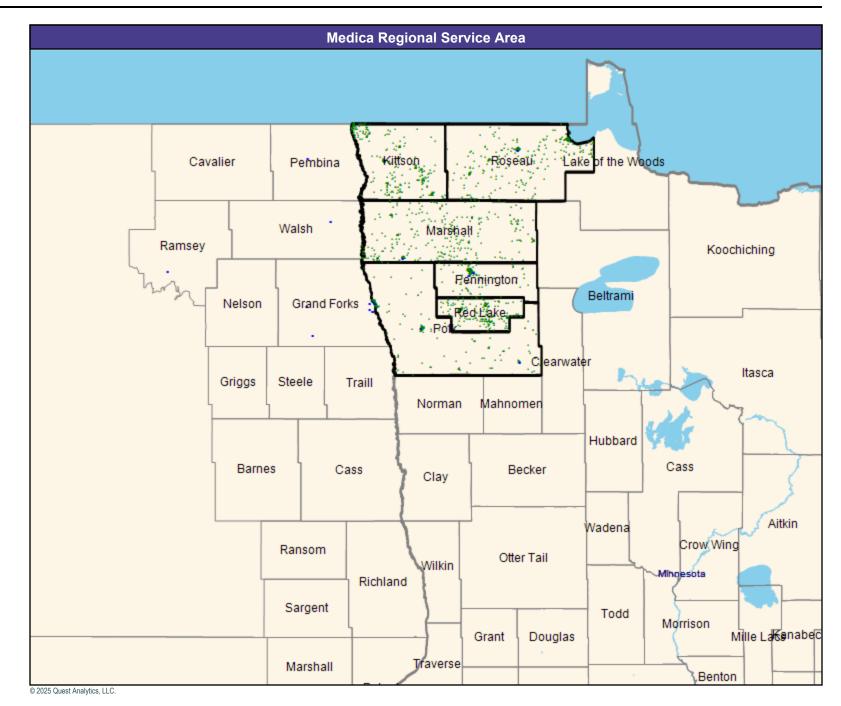
1 (Altru & You with Medica MNN009 Gynecology, OB/GYN (Medica Regional Service Area)) provider in 30 miles and 40 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Gynecology, OB/GYN (Medica Regional Service Area)) provider in 60 miles and 70 minutes

Service Areas

☐ Altru & You with Medica MNN009



State

Name

With Access Without Access Average Distance Average Time

Access Detail By County

July 7, 2025

Created by... Medica

Access Analysis

Gynecology, OB/GYN

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Gynecology, OB/GYN (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural C: CEAC

Name	County	#	Standard	#	#	/0	#	/0		
Minnesota	Kittson		1 in 60 miles and 70 mins	0		100.0				
	Marshall	376	1 in 60 miles and 70 mins	1	376	100.0	0			18.7
	Pennington		1 in 30 miles and 40 mins	15	148	100.0	0			5.7
	Polk		1 in 30 miles and 40 mins	5		100.0	0			10.1
	Red Lake		1 in 60 miles and 70 mins	0		100.0				20.4
	Roseau	343	1 in 60 miles and 70 mins	2	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 60 miles and 70 mins	3		100.0	0	0.0	21.0	22.9
		299	1 in 30 miles and 40 mins	20	299	100.0	0	0.0	7.3	7.9
i	1	1	Ī	1				1	1	i

All Enrollees

Counts

Provider

Standard¹

Enrollee

#

County

Infectious Diseases/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Infectious Diseases

3 providers at 6 locations

All providers

Infectious Diseases

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Infectious Diseases (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Infectious Diseases (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Infectious Diseases (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Infectious Diseases (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas...

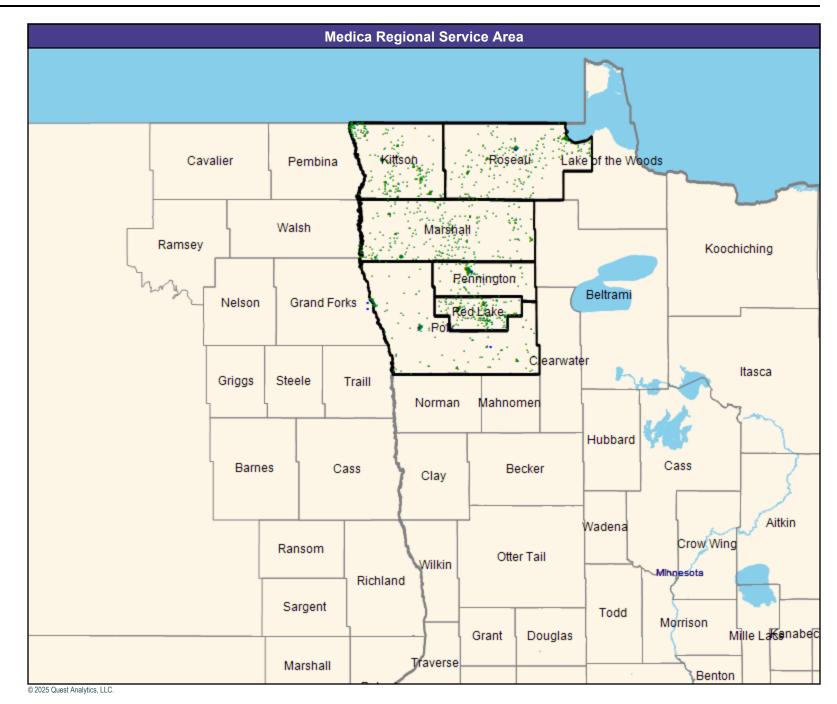
1 (Altru & You with Medica MNN009 Infectious Diseases (Medica Regional Service Area)) provider in 90 miles and 110 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Infectious Diseases (Medica Regional Service Area)) provider in 130 miles and 145 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Infectious Diseases

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Infectious Diseases (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural	
C: CEAC	

All Enrollees										
State		Enrollee Provider		Counts	Counts With Access		Without Access		Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 130 miles and 145 m	0		100.0	0		51.9	56.8
	Marshall		1 in 130 miles and 145 m	0		100.0	0	0.0	27.3	29.7
	Pennington		1 in 90 miles and 110 mins	1		100.0	0	0.0	5.8	6.3
	Polk		1 in 90 miles and 110 mins	2		100.0	0	0.0	10.1	10.9
	Red Lake		1 in 130 miles and 145 m	0		100.0	0	0.0	17.3	18.8
	Roseau	343	1 in 130 miles and 145 m	2	343	100.0	0	0.0	15.6	16.9
		4 000							27.0	22.5
Grand Totals			1 in 130 miles and 145 m	2	1,383		0	0.0	27.9	30.5
		299	1 in 90 miles and 110 mins	3	299	100.0	0	0.0	8.0	8.6
0 2025 Quast Analytics II C										

Mental Health Providers (outpatient therapy)/Altru & You with Medica/MNN009

July 7, 2025

Created by.. Medica

Altru & You with Medica MNN009 Mental Health Providers (outpatient therapy)

3,934 providers at 956 locations

All providers

Mental Health Providers (outpatient therapy)

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Mental Health Providers (outpatient therapy) (Medica Regional Service Area)

1.682 enrollee locations

- ◆ With access (1,667)
- Without access (15)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in:

Large Metro areas...

1 (Altru & You with Medica MNN009 Mental Health Providers (outpatient therapy) (Medica Regional Service Area)) provider in 5 miles and 10 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Mental Health Providers (outpatient therapy) (Medica Regional Service Area)) provider in 10 miles and 15 minutes

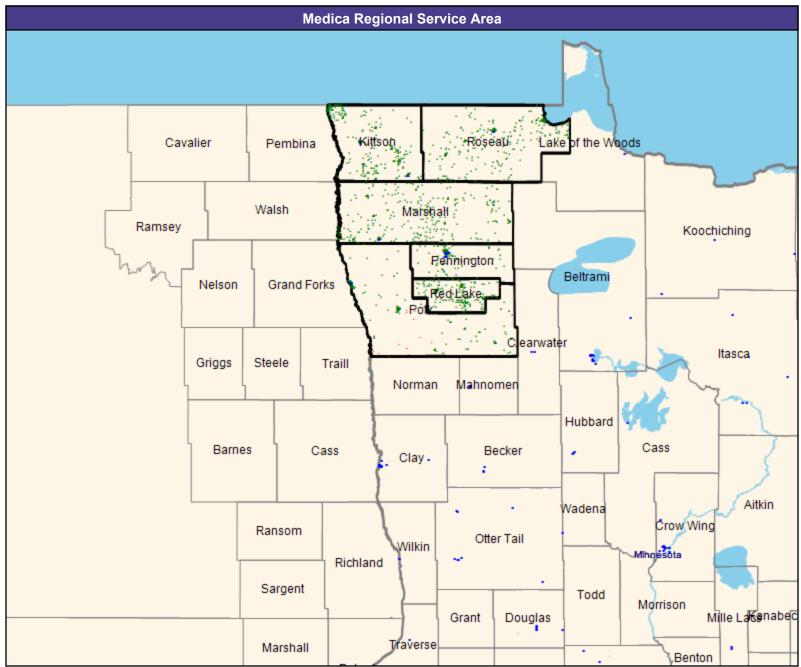
Micro areas..

1 (Altru & You with Medica MNN009 Mental Health Providers (outpatient therapy) (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Rural areas..

1 (Altru & You with Medica MNN009 Mental Health Providers (outpatient therapy) (Medica Regional Service Area)) provider in 30 miles and 40 minutes

CEAC areas...



July 7, 2025

Created by... Medica

Access Analysis

Mental Health Providers (outpatient therapy)

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Mental Health Providers (outpatient therapy) (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

All Enrollees										
State		Enrollee	Provider	Counts	With Ac	cess	Without Access		Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 60 miles and 70 mins	36	334	100.0	0	0.0	11.4	12.5
	Marshall		1 in 60 miles and 70 mins	1		100.0		0.0		16.4
	Pennington		1 in 30 miles and 40 mins	43		100.0	0	0.0	4.5	4.9
	Polk		1 in 30 miles and 40 mins	25	136		15	9.9	19.6	21.4
	Red Lake		1 in 60 miles and 70 mins	0		100.0	0	0.0	20.5	22.3
	Roseau	343	1 in 60 miles and 70 mins	8	343	100.0	0	0.0	14.5	15.7
Grand Totals			1 in 60 miles and 70 mins	45		100.0	0	0.0	15.3	16.7
		299	1 in 30 miles and 40 mins	68	284	95.0	15	5.0	12.1	13.2
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Mental Health Provider Prescribers/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Mental Health Provider Prescribers

1,319 providers at 457 locations

All providers

Mental Health Provider Prescribers

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Mental Health Provider Prescribers (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Mental Health Provider Prescribers (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Mental Health Provider Prescribers (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Mental Health Provider Prescribers (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas...

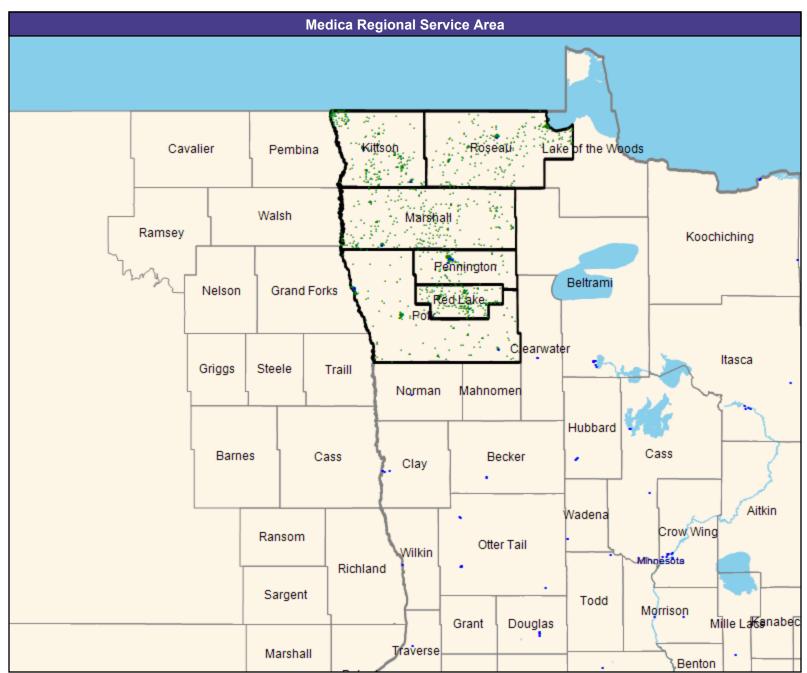
1 (Altru & You with Medica MNN009 Mental Health Provider Prescribers (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Mental Health Provider Prescribers (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Mental Health Provider Prescribers

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Mental Health Provider Prescribers (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
	Kittson		1 in 100 miles and 110 m	82		100.0	0		11.4	12.5
	Marshall		1 in 100 miles and 110 m	6		100.0	0	0.0	15.1	16.5
	Pennington		1 in 60 miles and 75 mins	16		100.0	0	0.0	4.6	4.9
	Polk		1 in 60 miles and 75 mins	11		100.0	0	0.0	15.9	17.3
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	19.0	20.7
	Roseau	343	1 in 100 miles and 110 m	3	343	100.0	0	0.0	14.5	15.8
Grand Totals			1 in 100 miles and 110 m	91	1,383		0	0.0	15.0	16.3
		299	1 in 60 miles and 75 mins	27	299	100.0	0	0.0	10.3	11.2
2025 Ouget Analytics LLC										

Nephrology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Nephrology

20 providers at 14 locations

All providers

Nephrology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Nephrology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Nephrology (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Nephrology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Nephrology (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

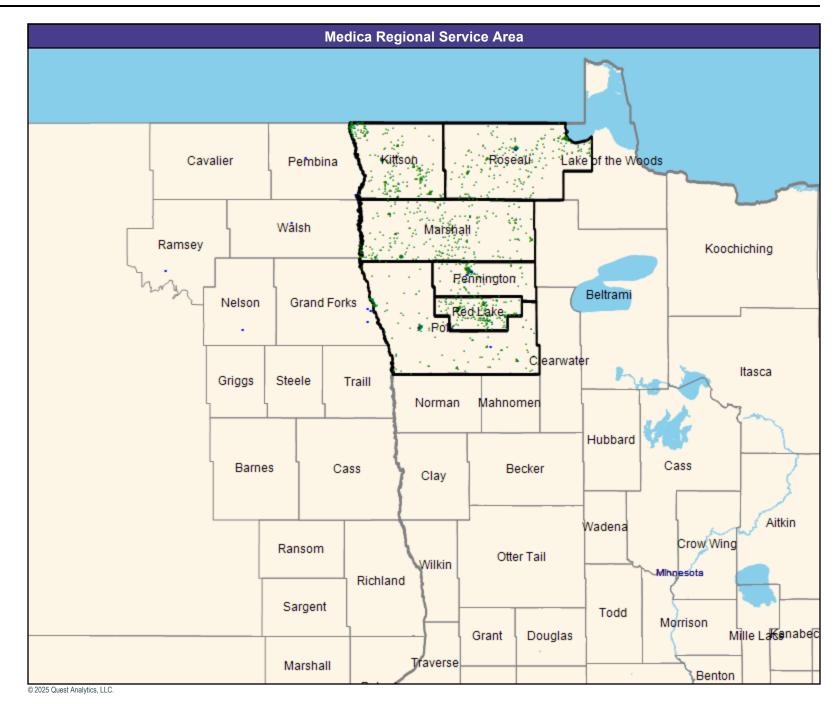
1 (Altru & You with Medica MNN009 Nephrology (Medica Regional Service Area)) provider in 75 miles and 90 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Nephrology (Medica Regional Service Area)) provider in 110 miles and 125 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Nephrology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Nephrology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 110 miles and 125 m	0		100.0	0	0.0	26.6	29.1
	Marshall		1 in 110 miles and 125 m	0		100.0		0.0	25.2	27.4
	Pennington		1 in 75 miles and 90 mins	9		100.0		0.0	5.2	5.6
	Polk		1 in 75 miles and 90 mins	4		100.0		0.0	10.3	11.2
	Red Lake		1 in 110 miles and 125 m	0		100.0		0.0	16.0	17.4
	Roseau	343	1 in 110 miles and 125 m	4	343	100.0	0	0.0	15.6	16.9
							_			
Grand Totals			1 in 110 miles and 125 m	4	1,383		0	0.0	21.0	22.8
		299	1 in 75 miles and 90 mins	13	299	100.0	0	0.0	7.8	8.5
2025 Owest Application LLC										

Neurology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Neurology

124 providers at 7 locations

All providers

Neurology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Neurology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Neurology (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Neurology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Neurology (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas...

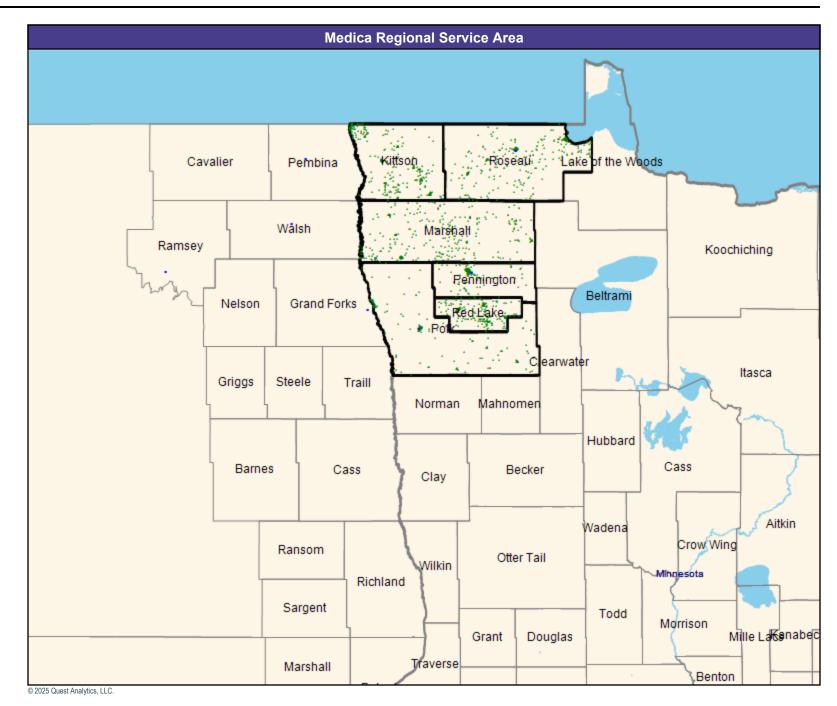
1 (Altru & You with Medica MNN009 Neurology (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas..

1 (Altru & You with Medica MNN009 Neurology (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Neurology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Neurology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 100 miles and 110 m	0		100.0	0		37.0	40.4
	Marshall		1 in 100 miles and 110 m	0		100.0	0	0.0	28.0	30.5
	Pennington		1 in 60 miles and 75 mins	2		100.0	0	0.0	5.8	6.3
	Polk		1 in 60 miles and 75 mins	2		100.0	0	0.0	19.4	21.1
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	21.5	23.4
	Roseau	343	1 in 100 miles and 110 m	4	343	100.0	0	0.0	15.6	16.9
		4.000							-	07.0
Grand Totals			1 in 100 miles and 110 m	4	1,383		0	0.0	25.5	27.8
		299	1 in 60 miles and 75 mins	4	299	100.0	0	0.0	12.7	13.8
2025 Quest Analytics II C										

Neurosurgery/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Neurosurgery

14 providers at 2 locations

All providers

Neurosurgery

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Neurosurgery (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Neurosurgery (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Neurosurgery (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Neurosurgery (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas...

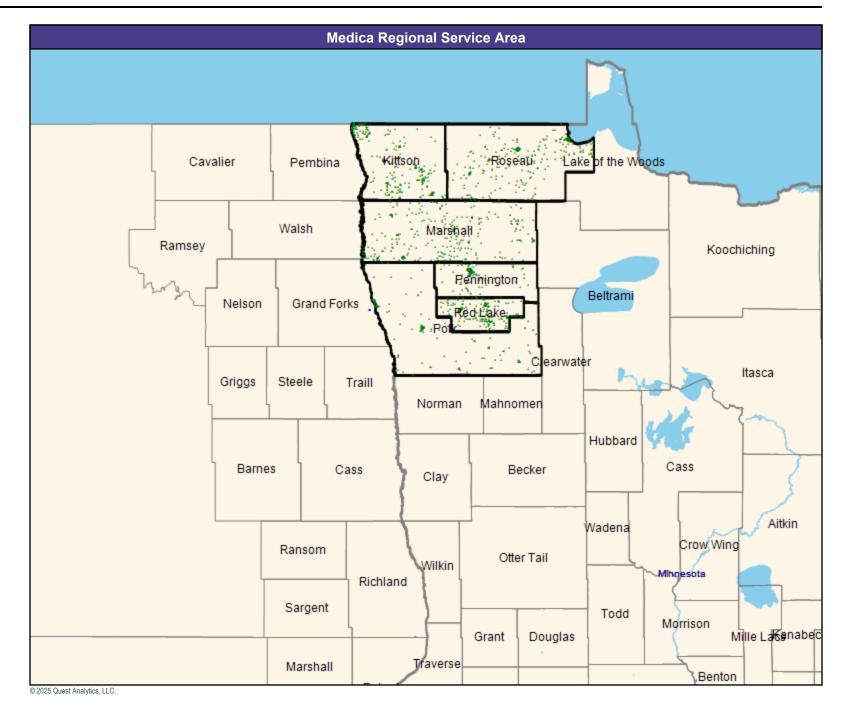
1 (Altru & You with Medica MNN009 Neurosurgery (Medica Regional Service Area)) provider in 90 miles and 110 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Neurosurgery (Medica Regional Service Area)) provider in 130 miles and 145 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

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Access Analysis Neurosurgery

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Neurosurgery (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 130 miles and 145 m	0		100.0	0	0.0	59.5	65.2
	Marshall		1 in 130 miles and 145 m	0		100.0		0.0	28.7	31.3
	Pennington		1 in 90 miles and 110 mins	1		100.0	0	0.0	6.1	6.6
	Polk		1 in 90 miles and 110 mins	0		100.0		0.0	27.8	30.3
	Red Lake		1 in 130 miles and 145 m	0		100.0		0.0	20.9	22.8
	Roseau	343	1 in 130 miles and 145 m	0	343	100.0	0	0.0	60.6	66.0
Grand Totals			1 in 130 miles and 145 m	0	1,383		0	0.0	42.2	46.1
		299	1 in 90 miles and 110 mins	1	299	100.0	0	0.0	17.1	18.6
2025 Ouget Analytics LLC										

Occupational Therapy/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Occupational Therapy

21 providers at 8 locations

All providers

Occupational Therapy

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Occupational Therapy (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Occupational Therapy (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Occupational Therapy (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Occupational Therapy (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

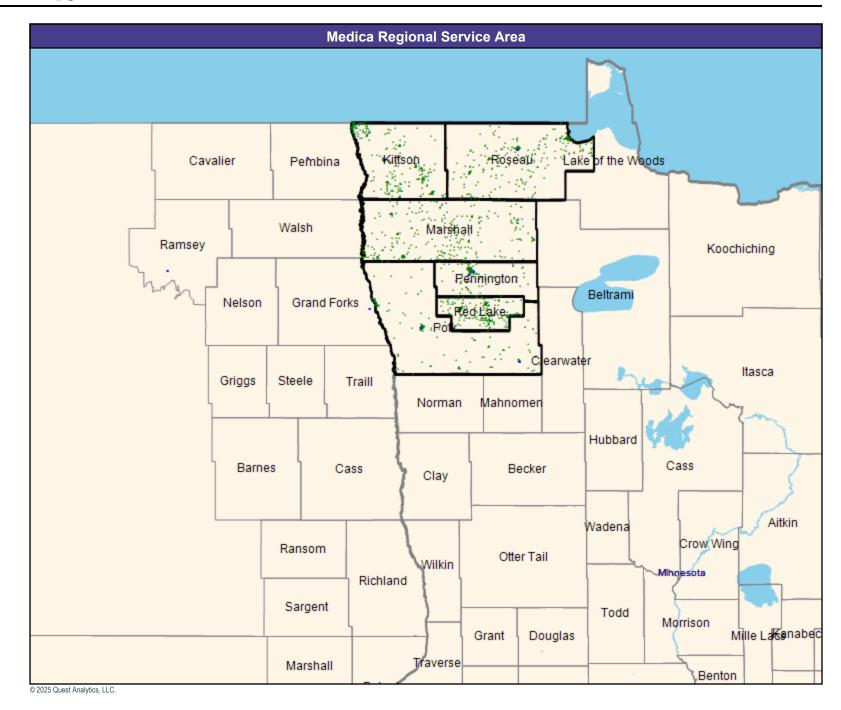
1 (Altru & You with Medica MNN009 Occupational Therapy (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Occupational Therapy (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

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Access Analysis

Occupational Therapy

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Occupational Therapy (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	0		100.0	0	0.0	36.9	40.3
	Marshall		1 in 100 miles and 110 m	0		100.0		0.0	27.6	30.1
	Pennington		1 in 60 miles and 75 mins	4		100.0	0	0.0	5.2	5.7
	Polk		1 in 60 miles and 75 mins	8		100.0	0	0.0	10.3	11.2
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	18.8	20.4
	Roseau	343	1 in 100 miles and 110 m	1	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 100 miles and 110 m	1	1,383		0	0.0	24.8	27.0
		299	1 in 60 miles and 75 mins	12	299	100.0	0	0.0	7.8	8.4
2025 Quest Analytics, LLC.										

Oncology - Medical & Surgical/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Oncology - Medical & Surgical

25 providers at 11 locations

All providers

Oncology - Medical & Surgical

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Oncology - Medical & Surgical (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Oncology - Medical & Surgical (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Oncology - Medical & Surgical (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Oncology - Medical & Surgical (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas...

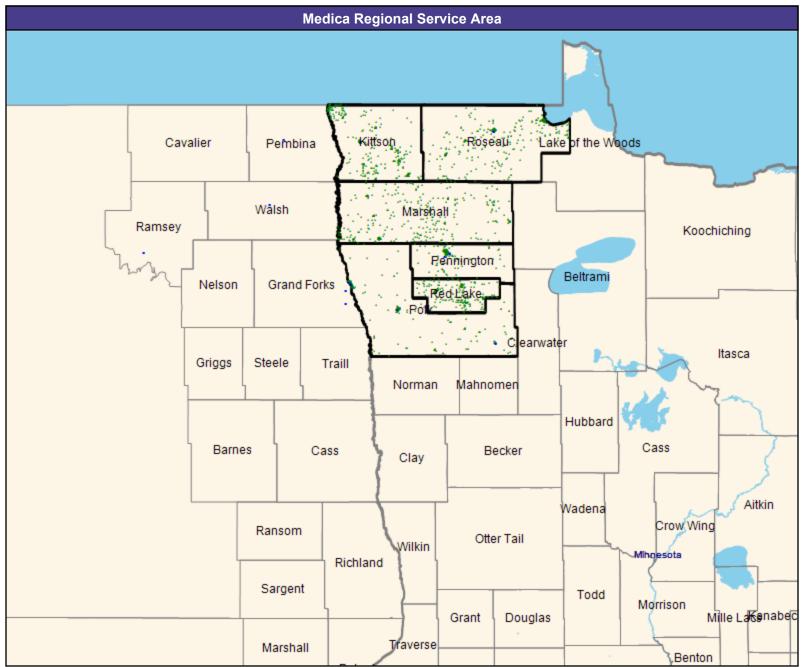
1 (Altru & You with Medica MNN009 Oncology - Medical & Surgical (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Oncology - Medical & Surgical (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

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Access Analysis

Oncology - Medical & Surgical

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Oncology - Medical & Surgical (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	0		100.0	0	0.0	36.9	40.3
	Marshall		1 in 100 miles and 110 m	0		100.0	0	0.0	26.4	28.7
	Pennington		1 in 60 miles and 75 mins	9		100.0	0	0.0	5.2	5.7
	Polk		1 in 60 miles and 75 mins	10		100.0	0	0.0	9.6	10.4
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	18.8	20.5
	Roseau	343	1 in 100 miles and 110 m	7	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 100 miles and 110 m	7	1,383		0	0.0	24.4	26.6
		299	1 in 60 miles and 75 mins	19	299	100.0	0	0.0	7.4	8.0
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Oncology - Radiation/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Oncology - Radiation

4 providers at 3 locations

All providers

Oncology - Radiation

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Oncology - Radiation (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Oncology - Radiation (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Oncology - Radiation (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Oncology - Radiation (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas...

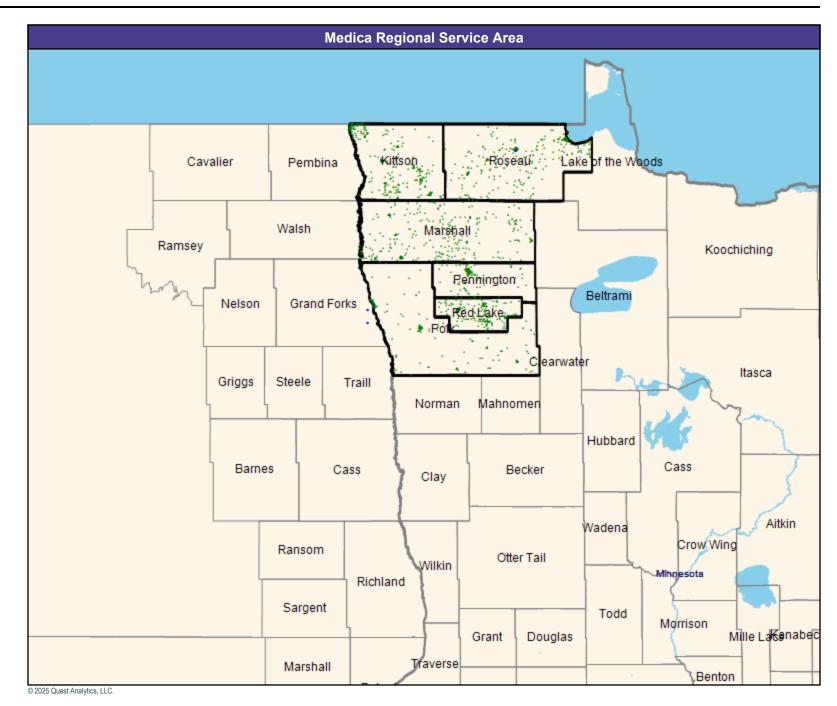
1 (Altru & You with Medica MNN009 Oncology - Radiation (Medica Regional Service Area)) provider in 90 miles and 110 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Oncology - Radiation (Medica Regional Service Area)) provider in 130 miles and 145 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

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Access Analysis

Oncology - Radiation

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Oncology - Radiation (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 130 miles and 145 m	0	334	100.0	0	0.0	52.6	57.6
	Marshall		1 in 130 miles and 145 m	0		100.0	0	0.0	38.9	42.4
	Pennington		1 in 90 miles and 110 mins	0		100.0	0	0.0	47.6	51.9
	Polk		1 in 90 miles and 110 mins	0		100.0	0	0.0	33.4	36.4
	Red Lake		1 in 130 miles and 145 m	0		100.0	0	0.0	44.9	49.0
	Roseau	343	1 in 130 miles and 145 m	2	343	100.0	0	0.0	15.6	17.0
				_			_			
Grand Totals			1 in 130 miles and 145 m	2	1,383	100.0	0	0.0	37.9	41.3
		299	1 in 90 miles and 110 mins	0	299	100.0	0	0.0	40.4	44.1
© 2025 Quest Analytics, LLC.		-		-		-	-			

Ophthalmology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Ophthalmology

48 providers at 26 locations

All providers

Ophthalmology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Ophthalmology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Ophthalmology (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Ophthalmology (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Ophthalmology (Medica Regional Service Area)) provider in 35 miles and 50 minutes

Rural areas...

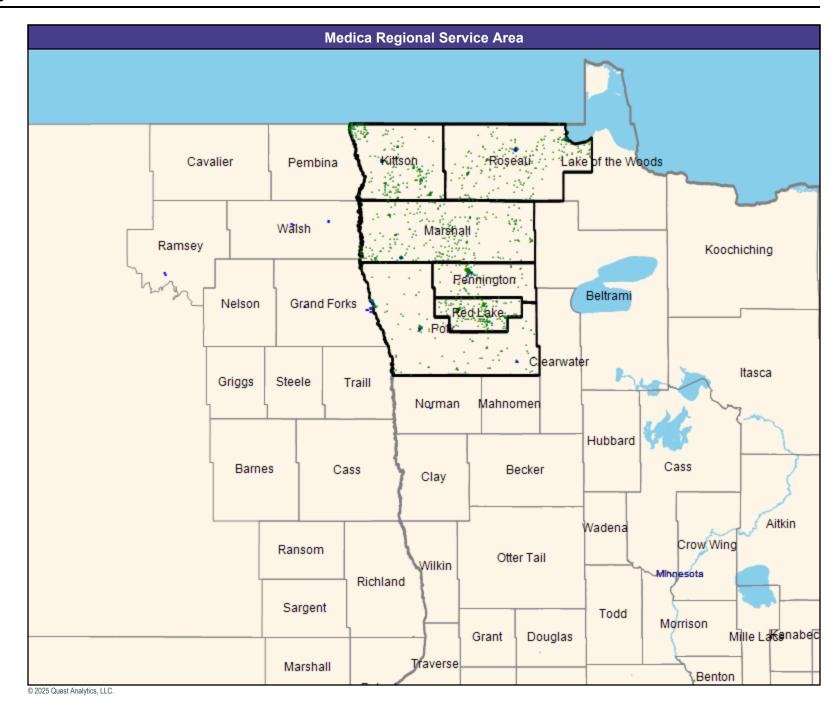
1 (Altru & You with Medica MNN009 Ophthalmology (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Ophthalmology (Medica Regional Service Area)) provider in 85 miles and 95 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Ophthalmology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Ophthalmology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 85 miles and 95 mins	4		100.0	0		16.2	17.7
	Marshall		1 in 85 miles and 95 mins	1		100.0	0	0.0	17.0	18.6
	Pennington		1 in 60 miles and 75 mins	5		100.0	0	0.0	5.2	5.6 9.8
	Polk		1 in 60 miles and 75 mins	12		100.0	0	0.0	9.1	9.8
	Red Lake		1 in 85 miles and 95 mins	0		100.0	0	0.0	18.7	20.3
	Roseau	343	1 in 85 miles and 95 mins	5	343	100.0	0	0.0	10.2	11.1
		4.000		40		400.0				10.0
Grand Totals			1 in 85 miles and 95 mins	10	1,383		0	0.0	15.5	16.9
		299	1 in 60 miles and 75 mins	17	299	100.0	0	0.0	7.2	7.8
2025 Quest Analytics II C										

Orthopedic Surgery/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Orthopedic Surgery

28 providers at 14 locations

All providers

Orthopedic Surgery

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Orthopedic Surgery (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Orthopedic Surgery (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Orthopedic Surgery (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Orthopedic Surgery (Medica Regional Service Area)) provider in 35 miles and 50 minutes

Rural areas...

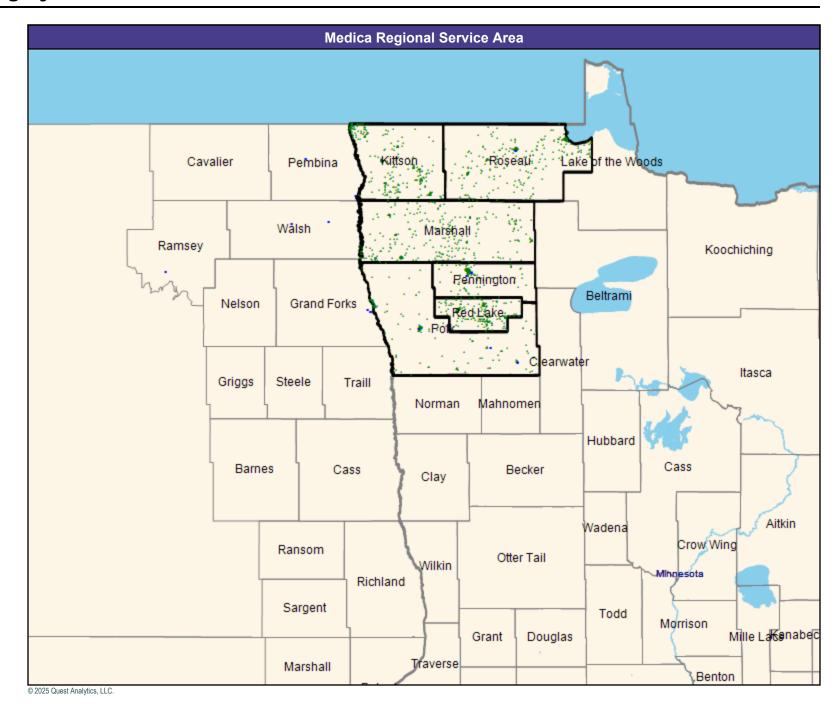
1 (Altru & You with Medica MNN009 Orthopedic Surgery (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Orthopedic Surgery (Medica Regional Service Area)) provider in 85 miles and 95 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Orthopedic Surgery

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Orthopedic Surgery (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All En	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 85 miles and 95 mins	0		100.0	0	0.0	26.6	29.1
	Marshall		1 in 85 miles and 95 mins	0		100.0		0.0	25.1	27.4
	Pennington		1 in 60 miles and 75 mins	9		100.0	0	0.0	5.2	5.7
	Polk		1 in 60 miles and 75 mins	10		100.0		0.0	8.5	9.3
	Red Lake		1 in 85 miles and 95 mins	0		100.0		0.0	15.9	17.4
	Roseau	343	1 in 85 miles and 95 mins	8	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 85 miles and 95 mins	8	1,383		0	0.0	20.9	22.8
		299	1 in 60 miles and 75 mins	19	299	100.0	0	0.0	6.9	7.5
2025 Ouget Analytics LLC				l						

Physical Medicine, Rehabilitation, and Occupational Medicine/Altru & You with Medica/MNN009

July 7, 2025

Created by..

Medica

Altru & You with Medica MNN009 Physical Medicine, Rehabilitation and Occupational Medicine

8 providers at 4 locations

All providers

Physical Medicine, Rehabilitation and Occupational Medicine

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)) provider in 30 miles and 45 minutes

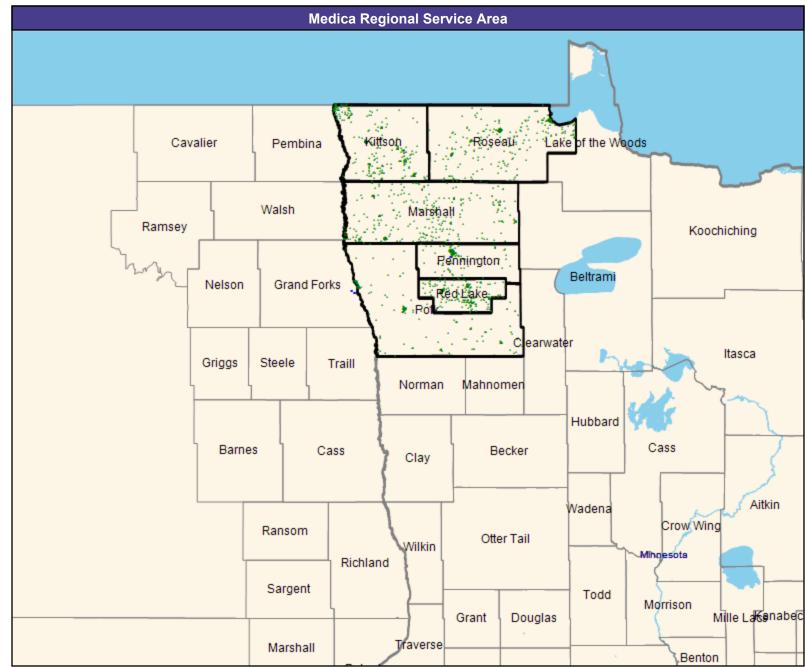
Micro areas

1 (Altru & You with Medica MNN009 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas.

1 (Altru & You with Medica MNN009 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)) provider in 75 miles and 90 minutes

CEAC areas...



July 7, 2025

Created by... Medica

Access Analysis

Physical Medicine, Rehabilitation and Occupational Medicine

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Physical Medicine, Rehabilitation and Occupational Medicine (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All En	ollees						
State		Enrollee	Provider	Counts	With Ac	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 110 miles and 125 m	0		100.0	0	0.0	59.5	65.2
	Marshall		1 in 110 miles and 125 m	0		100.0		0.0	28.7	31.3
	Pennington		1 in 75 miles and 90 mins	1		100.0	0	0.0	6.1	6.6
	Polk		1 in 75 miles and 90 mins	0		100.0	0	0.0	27.3	29.7
	Red Lake		1 in 110 miles and 125 m	0		100.0	0	0.0	20.9	22.8
	Roseau	343	1 in 110 miles and 125 m	0	343	100.0	0	0.0	60.6	66.0
Grand Totals			1 in 110 miles and 125 m	0		100.0	0	0.0	42.2	46.1
		299	1 in 75 miles and 90 mins	1	299	100.0	0	0.0	16.8	18.3
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Physical Therapy/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Physical Therapy

32 providers at 9 locations

All providers

Physical Therapy

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Physical Therapy (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Physical Therapy (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Physical Therapy (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Physical Therapy (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

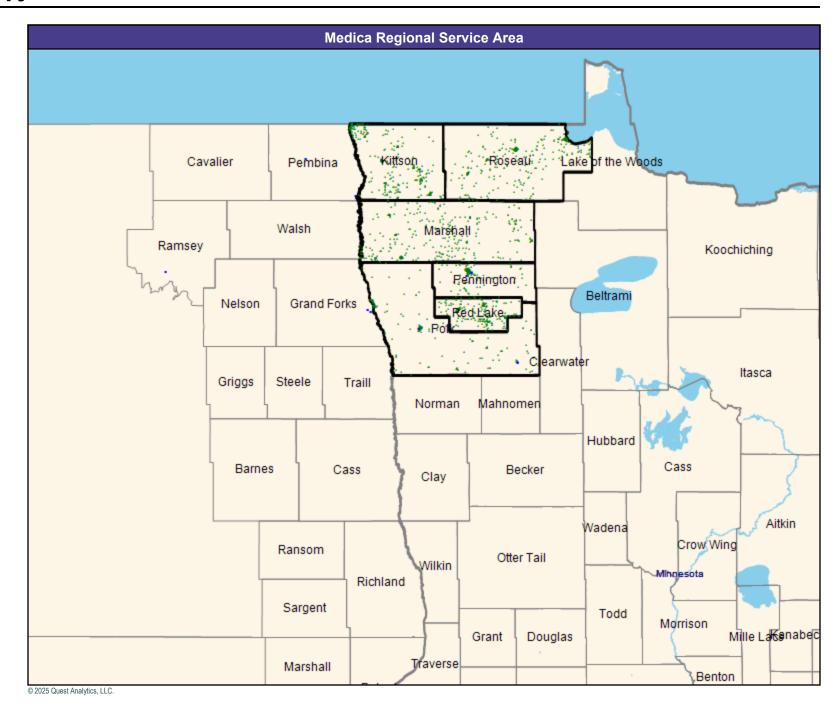
1 (Altru & You with Medica MNN009 Physical Therapy (Medica Regional Service Area)) provider in 75 miles and 90 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Physical Therapy (Medica Regional Service Area)) provider in 110 miles and 125 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Physical Therapy

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Physical Therapy (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 110 miles and 125 m	0		100.0	0	0.0	26.7	29.2
	Marshall		1 in 110 miles and 125 m	0		100.0	0	0.0	25.6	27.9
	Pennington		1 in 75 miles and 90 mins	7		100.0	0	0.0	5.2	5.7
	Polk		1 in 75 miles and 90 mins	7		100.0	0	0.0	10.2	11.1
	Red Lake		1 in 110 miles and 125 m	0		100.0	0	0.0	18.8	20.4
	Roseau	343	1 in 110 miles and 125 m	0	343	100.0	0	0.0	58.4	63.6
Grand Totals			1 in 110 miles and 125 m	0	1,383		0	0.0	32.4	35.3
		299	1 in 75 miles and 90 mins	14	299	100.0	0	0.0	7.7	8.4
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Plastic Surgery/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Plastic Surgery

5 providers at 4 locations

All providers

Plastic Surgery

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Plastic Surgery (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Plastic Surgery (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Plastic Surgery (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Plastic Surgery (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas...

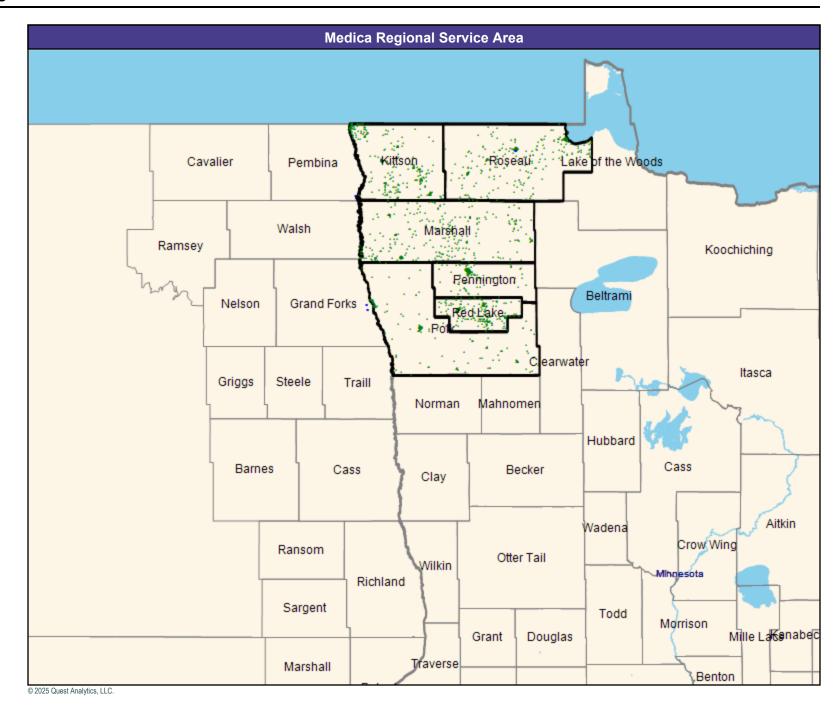
1 (Altru & You with Medica MNN009 Plastic Surgery (Medica Regional Service Area)) provider in 90 miles and 110 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Plastic Surgery (Medica Regional Service Area)) provider in 130 miles and 145 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis
Plastic Surgery

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Plastic Surgery (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 130 miles and 145 m	0		100.0	0		26.6	29.1
	Marshall		1 in 130 miles and 145 m	0		100.0	0	0.0	34.4	37.5
	Pennington		1 in 90 miles and 110 mins	0		100.0	0	0.0	46.8	51.0
	Polk		1 in 90 miles and 110 mins	0		100.0	0	0.0	35.5	38.6
	Red Lake		1 in 130 miles and 145 m	0		100.0	0	0.0	45.1	49.2
	Roseau	343	1 in 130 miles and 145 m	1	343	100.0	0	0.0	15.6	17.0
0 17.1		4.000	4: 400 " 1445	4	4 000	400.0	2	0.0	00.4	22.2
Grand Totals			1 in 130 miles and 145 m	1	1,383		0	0.0	30.4	33.2
		299	1 in 90 miles and 110 mins	0	299	100.0	0	0.0	41.1	44.8
2025 Quest Analytics III C										

Podiatry/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Podiatry

7 providers at 12 locations

All providers

Podiatry

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Podiatry (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Podiatry (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Podiatry (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Podiatry (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas...

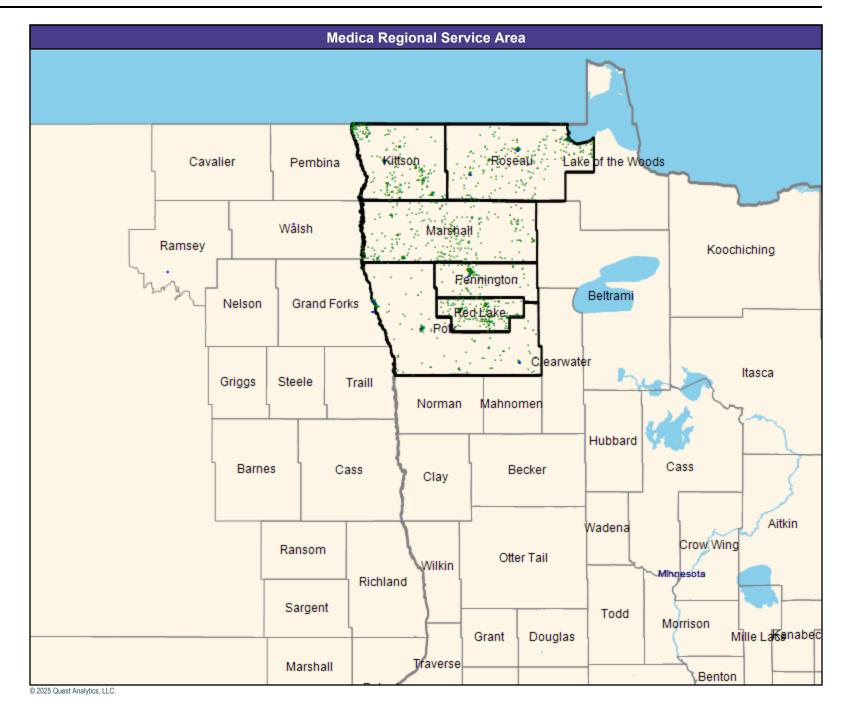
1 (Altru & You with Medica MNN009 Podiatry (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas..

1 (Altru & You with Medica MNN009 Podiatry (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Podiatry

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Podiatry (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

All Enrollees										
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	1		100.0	0	0.0	15.0	16.4
	Marshall		1 in 100 miles and 110 m	0		100.0	0	0.0	24.2	26.4
	Pennington		1 in 60 miles and 75 mins	3		100.0	0	0.0	6.1	6.6
	Polk		1 in 60 miles and 75 mins	4		100.0	0	0.0	9.6	10.4
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	19.1	20.8
	Roseau	343	1 in 100 miles and 110 m	4	343	100.0	0	0.0	6.8	7.4
Grand Totals			1 in 100 miles and 110 m	5	1,383		0	0.0	16.4	17.9
		299	1 in 60 miles and 75 mins	7	299	100.0	0	0.0	7.9	8.5
2025 Quest Analytics, LLC.										

Primary Care - Adult/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Primary Care - Adult

411 providers at 57 locations

All providers

Primary Care - Adult

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Primary Care - Adult (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Primary Care - Adult (Medica Regional Service Area)) provider in 5 miles and 10 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Primary Care - Adult (Medica Regional Service Area)) provider in 10 miles and 15 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Primary Care - Adult (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Rural areas...

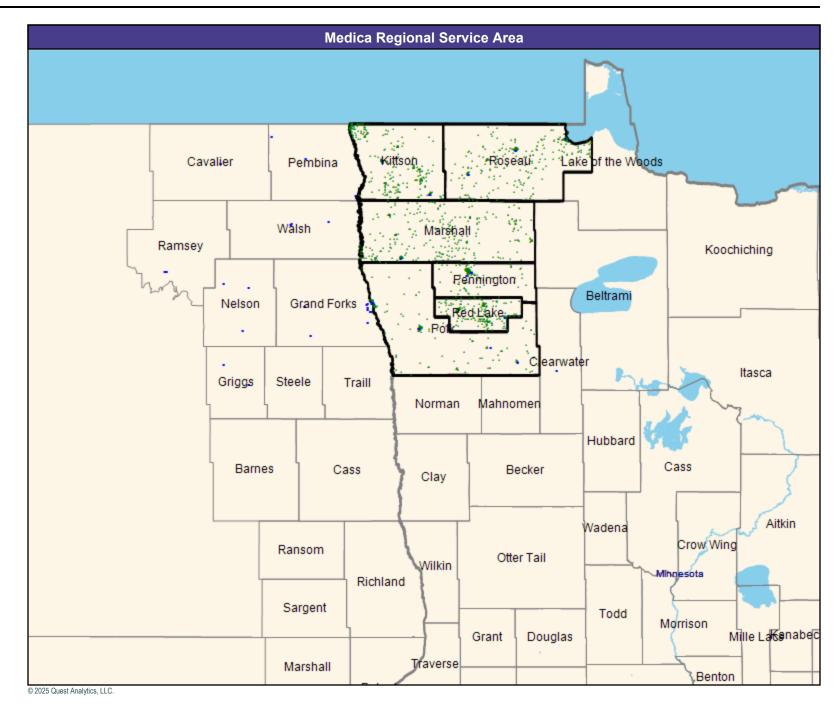
1 (Altru & You with Medica MNN009 Primary Care - Adult (Medica Regional Service Area)) provider in 30 miles and 40 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Primary Care - Adult (Medica Regional Service Area)) provider in 60 miles and 70 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Primary Care - Adult

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Primary Care - Adult (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

All Enrollees											
State		Enrollee	Provider	Counts	With Acc	cess	Without Access		Average Distance	Average Time	
Name	County	#	Standard ¹	#	#	%	#	%	1	1	
Minnesota	Kittson		1 in 60 miles and 70 mins	15		100.0	0	0.0	11.3	12.3	
	Marshall		1 in 60 miles and 70 mins	11		100.0	0	0.0	14.8	16.1	
	Pennington		1 in 30 miles and 40 mins	84		100.0	0	0.0	5.1	5.5	
	Polk		1 in 30 miles and 40 mins	90		100.0	0	0.0	7.2	7.8	
	Red Lake		1 in 60 miles and 70 mins	10		100.0	0	0.0	12.1	13.1	
	Roseau	343	1 in 60 miles and 70 mins	45	343	100.0	0	0.0	6.8	7.4	
Grand Totals			1 in 60 miles and 70 mins	81	1,383		0	0.0	11.3	12.3	
		299	1 in 30 miles and 40 mins	174	299	100.0	0	0.0	6.2	6.7	
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Primary Care - Pediatric/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Primary
Care - Pediatric

15 providers at 7 locations

All providers

Primary Care - Pediatric

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Primary Care - Pediatric (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,369)
- Without access (313)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Primary Care - Pediatric (Medica Regional Service Area)) provider in 5 miles and 10 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Primary Care - Pediatric (Medica Regional Service Area)) provider in 10 miles and 15 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Primary Care - Pediatric (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Rural areas...

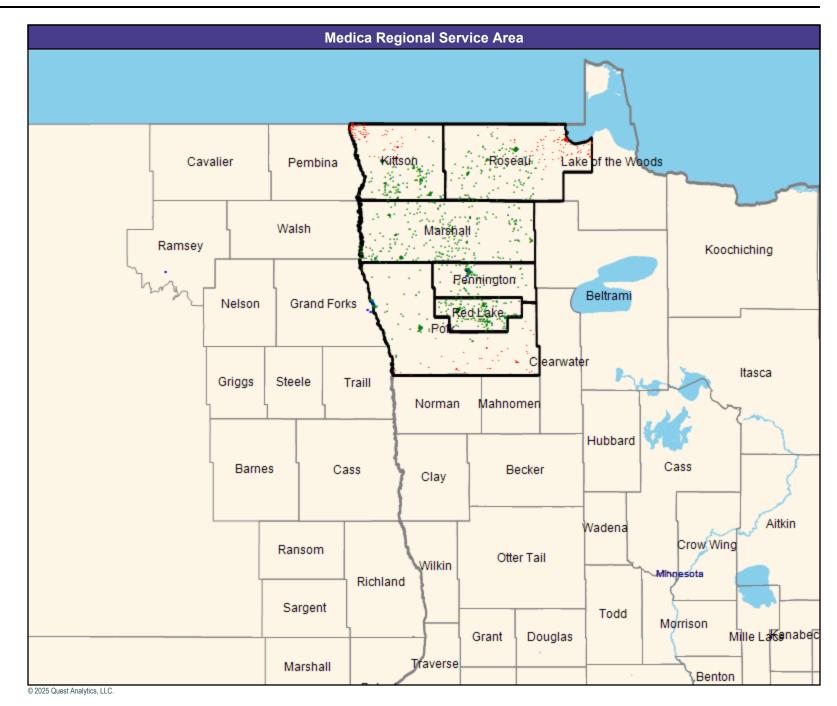
1 (Altru & You with Medica MNN009 Primary Care - Pediatric (Medica Regional Service Area)) provider in 30 miles and 40 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Primary Care - Pediatric (Medica Regional Service Area)) provider in 60 miles and 70 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Primary Care - Pediatric

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Primary Care - Pediatric (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro		
R: Rural		
C: CEAC		

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Access		Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 60 miles and 70 mins	0	211	63.2	123	36.8	57.3	62.7
	Marshall		1 in 60 miles and 70 mins	0		100.0	0	0.0	26.5	28.9
	Pennington		1 in 30 miles and 40 mins	2		100.0	0	0.0	5.0	5.5
	Polk		1 in 30 miles and 40 mins	1	88	58.3	63	41.7	26.5	28.9
	Red Lake		1 in 60 miles and 70 mins	0		100.0	0	0.0	20.9	22.8
	Roseau	343	1 in 60 miles and 70 mins	0	216	63.0	127	37.0	58.9	64.2
0 17.1		4.000	4 . 00 . 11	0	4 400	04.0	050	40.4	40.0	44.4
Grand Totals			1 in 60 miles and 70 mins	0	1,133		250	18.1	40.6	44.4
		299	1 in 30 miles and 40 mins	3	236	78.9	63	21.1	15.9	17.3

Pediatric Specialty Care/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Pediatric Specialty Care

17 providers at 7 locations

All providers

Pediatric Specialty Care

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Pediatric Specialty Care (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,543)
- Without access (139)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Pediatric Specialty Care (Medica Regional Service Area)) provider in 5 miles and 10 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Pediatric Specialty Care (Medica Regional Service Area)) provider in 10 miles and 15 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Pediatric Specialty Care (Medica Regional Service Area)) provider in 20 miles and 30 minutes

Rural areas...

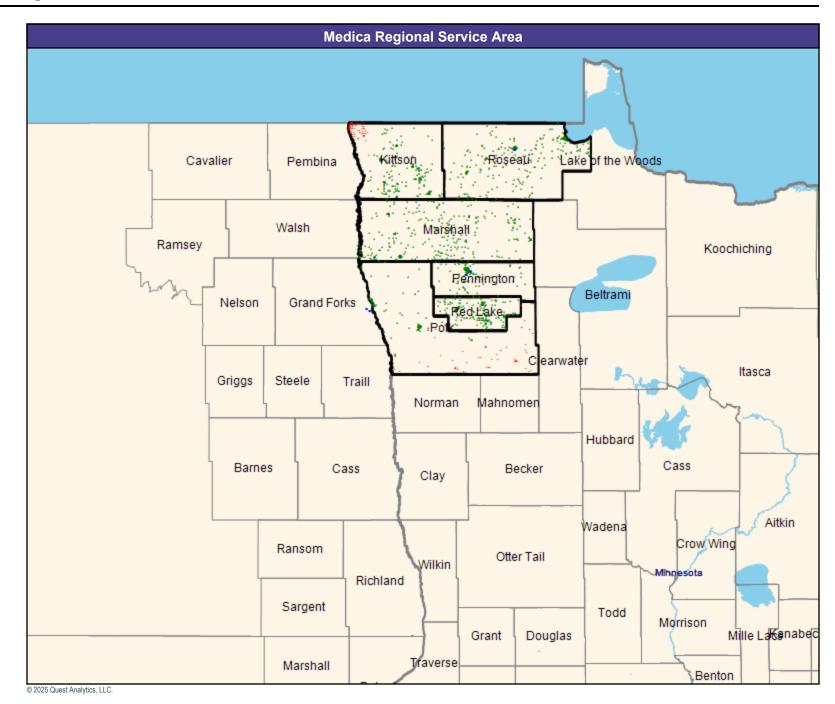
1 (Altru & You with Medica MNN009 Pediatric Specialty Care (Medica Regional Service Area)) provider in 30 miles and 40 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Pediatric Specialty Care (Medica Regional Service Area)) provider in 60 miles and 70 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Pediatric Specialty Care

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Pediatric Specialty Care (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural C: CEAC

All Enrollees											
State		Counts With Access			Without Access		Average Distance	Average Time			
Name	County	#	Standard ¹	#	#	%	#	%	1	1	
Minnesota	Kittson	334	1 in 60 miles and 70 mins	0	258	77.2	76	22.8	52.1	57.1	
	Marshall		1 in 60 miles and 70 mins	0		100.0		0.0		30.1	
	Pennington		1 in 30 miles and 40 mins	11		100.0	0			5.6	
	Polk		1 in 30 miles and 40 mins	0	88		63	41.7	27.1	29.5	
	Red Lake		1 in 60 miles and 70 mins	0	330		0		20.5	22.3	
	Roseau	343	1 in 60 miles and 70 mins	1	343	100.0	0	0.0	15.6	16.9	
Grand Totals			1 in 60 miles and 70 mins	1	,		76	5.5		31.5	
		299	1 in 30 miles and 40 mins	11	236	78.9	63	21.1	16.3	17.7	
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Pulmonology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Pulmonology

19 providers at 5 locations

All providers

Pulmonology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Pulmonology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,653)
- Without access (29)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Pulmonology (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Pulmonology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Pulmonology (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas...

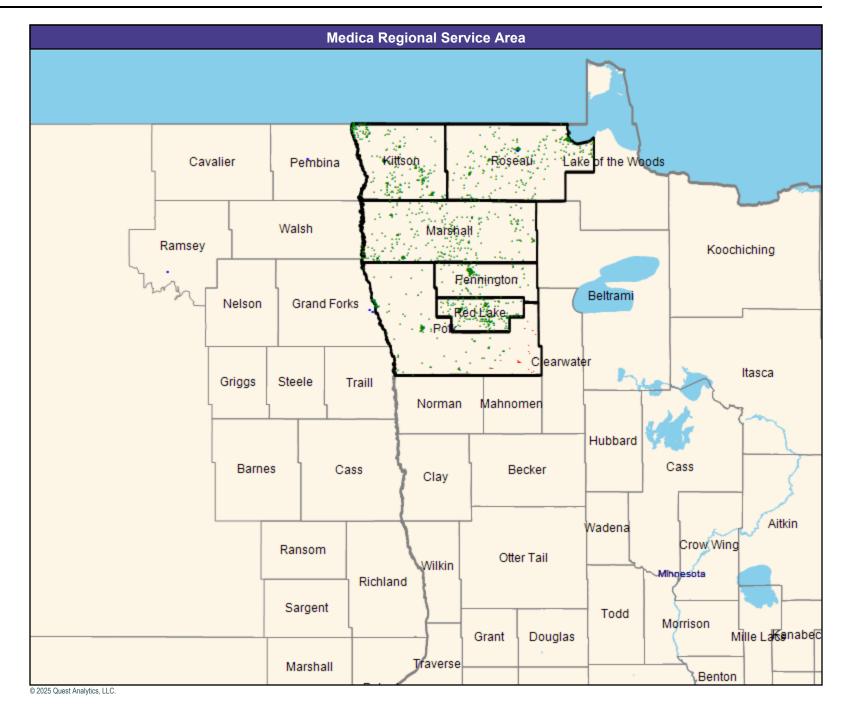
1 (Altru & You with Medica MNN009 Pulmonology (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Pulmonology (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Pulmonology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Pulmonology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

All Enrollees										
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	0		100.0	0	0.0	37.3	40.8
	Marshall		1 in 100 miles and 110 m	0		100.0		0.0	38.8	42.3
	Pennington		1 in 60 miles and 75 mins	0		100.0	0	0.0	47.3	51.6
	Polk		1 in 60 miles and 75 mins	0	122			19.2	34.7	37.8
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	44.1	48.1
	Roseau	343	1 in 100 miles and 110 m	2	343	100.0	0	0.0	15.6	17.0
Grand Totals			1 in 100 miles and 110 m	2	1,383		0	0.0	34.0	37.0
		299	1 in 60 miles and 75 mins	0	270	90.3	29	9.7	41.0	44.6
© 2025 Quest Analytics, LLC.										

Rheumatology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Rheumatology

0 providers at 0 locations

All providers

Rheumatology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Rheumatology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (0)
- Without access (1,682)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Rheumatology (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Rheumatology (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Rheumatology (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas...

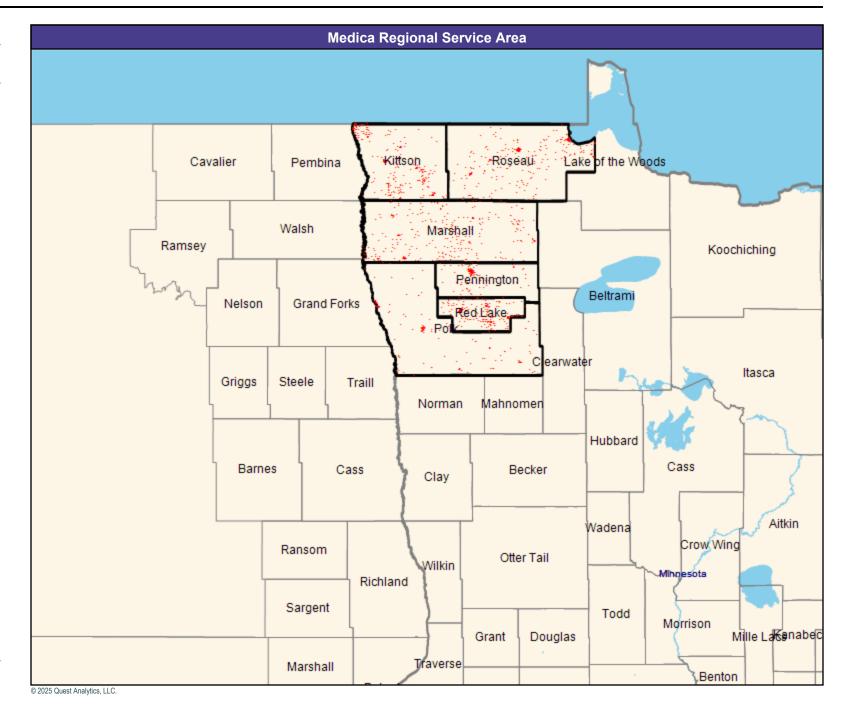
1 (Altru & You with Medica MNN009 Rheumatology (Medica Regional Service Area)) provider in 90 miles and 110 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Rheumatology (Medica Regional Service Area)) provider in 130 miles and 145 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Rheumatology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Rheumatology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

All Enrollees										
State		Enrollee	Provider	Counts	With Ac	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 130 miles and 145 m	0	(334	100.0		
	Marshall		1 in 130 miles and 145 m	0	(100.0		
	Pennington		1 in 90 miles and 110 mins	0	(100.0		
	Polk		1 in 90 miles and 110 mins	0	(100.0		
	Red Lake		1 in 130 miles and 145 m	0	(100.0		
	Roseau	343	1 in 130 miles and 145 m	0	(0.0	343	100.0		
0 17.1		4 000	4: 400 " 1445				4.000	400.0		
Grand Totals			1 in 130 miles and 145 m	0	(1,383	100.0		
		299	1 in 90 miles and 110 mins	0	(0.0	299	100.0		
0 2025 Quaet Analytics II C										

Speech Therapy/Altru & You with Medica/MNN009

Created by...
Medica

Altru & You with Medica MNN009 Speech

Altru & You with Medica MNN009 Speech Therapy

15 providers at 7 locations

All providers

Speech Therapy

July 7, 2025

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Speech Therapy (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Speech Therapy (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Speech Therapy (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Speech Therapy (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

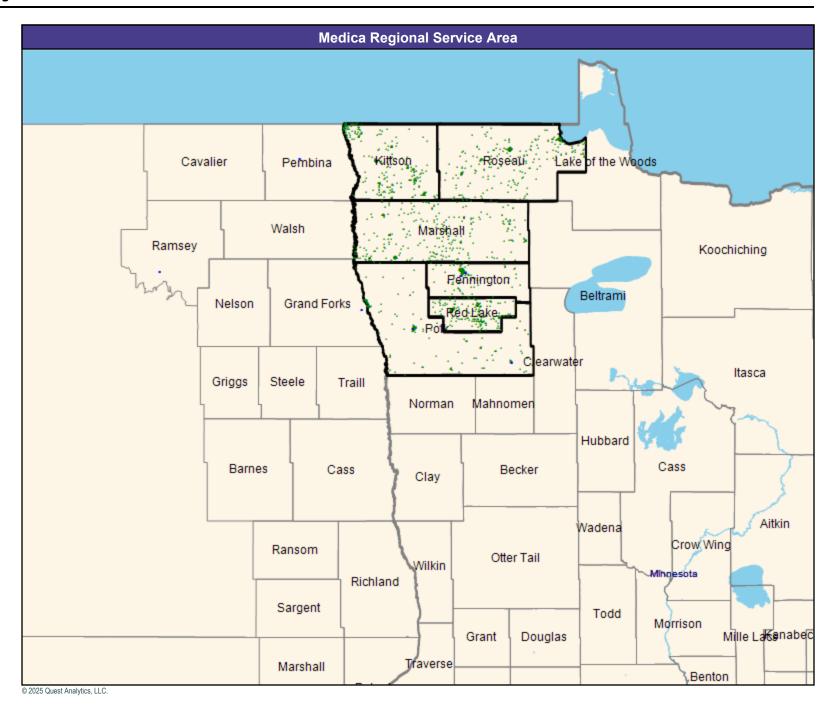
1 (Altru & You with Medica MNN009 Speech Therapy (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Speech Therapy (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis
Speech Therapy

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Speech Therapy (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	0		100.0	0	0.0	37.9	41.4
	Marshall		1 in 100 miles and 110 m	0		100.0		0.0	28.1	30.6
	Pennington		1 in 60 miles and 75 mins	5		100.0	0	0.0	5.2	5.7
	Polk		1 in 60 miles and 75 mins	7		100.0	0	0.0	10.3	11.2
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	18.8	20.5
	Roseau	343	1 in 100 miles and 110 m	0	343	100.0	0	0.0	58.4	63.7
Grand Totals			1 in 100 miles and 110 m	0	1,383		0	0.0	35.7	39.0
		299	1 in 60 miles and 75 mins	12	299	100.0	0	0.0	7.8	8.4
2025 Quest Analytics, LLC.										

Urology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Urology
12 providers at 9 locations
All providers

Urology

Employee Group
National Proxy Census (Altru & You with Medica MNN009)

Provider Group
Altru & You with Medica MNN009

1,682 enrollee locations

Area)

♦ With access (1,682)

Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in:

Urology (Medica Regional Service

Large Metro areas...

1 (Altru & You with Medica MNN009 Urology (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas...

1 (Altru & You with Medica MNN009 Urology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas...

1 (Altru & You with Medica MNN009 Urology (Medica Regional Service Area)) provider in 45 miles and 60 minutes

Rural areas..

1 (Altru & You with Medica MNN009 Urology (Medica Regional Service Area)) provider in 60 miles and 75 minutes

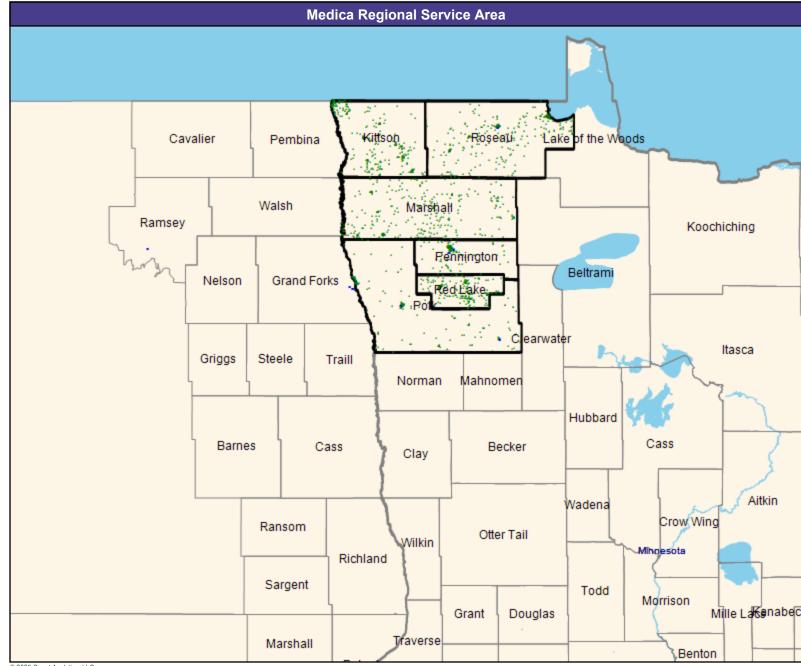
CEAC areas..

1 (Altru & You with Medica MNN009 Urology (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009

39.70 miles



July 7, 2025

Created by... Medica

Access Analysis Urology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Urology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 100 miles and 110 m	0		100.0	0	0.0	52.1	57.1
	Marshall		1 in 100 miles and 110 m	0	376	100.0	0	0.0	27.6	30.1
	Pennington		1 in 60 miles and 75 mins	3		100.0	0	0.0	5.2	5.7
	Polk		1 in 60 miles and 75 mins	4		100.0	0	0.0	10.2	11.1
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	18.8	20.5
	Roseau	343	1 in 100 miles and 110 m	3	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 100 miles and 110 m	3	1,383		0	0.0	28.4	31.1
		299	1 in 60 miles and 75 mins	7	299	100.0	0	0.0	7.7	8.4
2025 Quest Analytics, LLC.										

Vascular Surgery/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Vascular Surgery

13 providers at 10 locations

All providers

Vascular Surgery

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Vascular Surgery (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Vascular Surgery (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Vascular Surgery (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Vascular Surgery (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas...

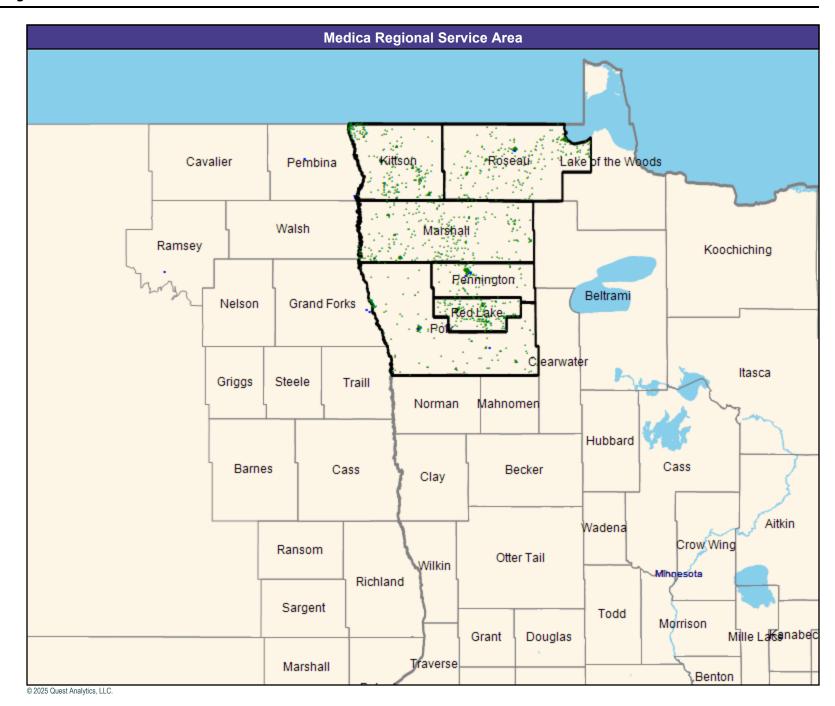
1 (Altru & You with Medica MNN009 Vascular Surgery (Medica Regional Service Area)) provider in 90 miles and 110 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Vascular Surgery (Medica Regional Service Area)) provider in 130 miles and 145 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Vascular Surgery

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Vascular Surgery (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 130 miles and 145 m	0		100.0	0	0.0	26.6	29.1
	Marshall		1 in 130 miles and 145 m	0		100.0		0.0	25.2	27.4
	Pennington		1 in 90 miles and 110 mins	4		100.0	0	0.0	5.2	5.7
	Polk		1 in 90 miles and 110 mins	4		100.0	0	0.0	10.3	11.2
	Red Lake		1 in 130 miles and 145 m	0		100.0	0	0.0	16.0	17.4
	Roseau	343	1 in 130 miles and 145 m	3	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 130 miles and 145 m	3	1,383		0	0.0	21.0	22.8
		299	1 in 90 miles and 110 mins	8	299	100.0	0	0.0	7.8	8.5
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Acute Inpatient Hospitals/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Acute Inpatient Hospitals

17 providers at 17 locations

All providers

Acute Inpatient Hospitals

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Acute Inpatient Hospitals (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Acute Inpatient Hospitals (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Acute Inpatient Hospitals (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Acute Inpatient Hospitals (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

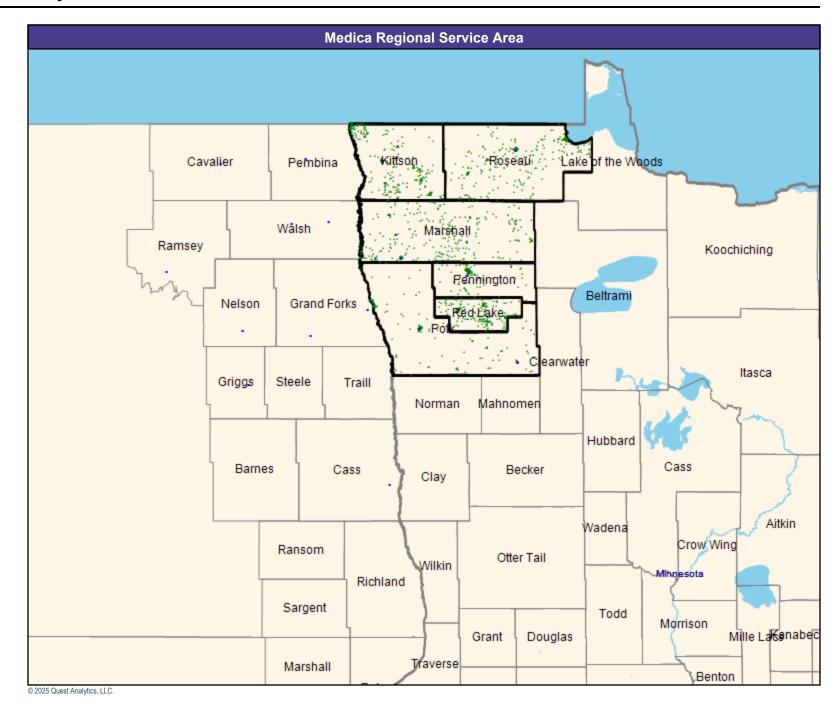
1 (Altru & You with Medica MNN009 Acute Inpatient Hospitals (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Acute Inpatient Hospitals (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

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Access Analysis

Acute Inpatient Hospitals

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Acute Inpatient Hospitals (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	3		100.0	0	0.0	16.1	17.6
	Marshall		1 in 100 miles and 110 m	3		100.0	0	0.0	17.6	19.1
	Pennington		1 in 60 miles and 75 mins	2		100.0	0	0.0	6.1	6.6
	Polk		1 in 60 miles and 75 mins	6		100.0	0	0.0	10.0	10.8
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	19.1	20.8
	Roseau	343	1 in 100 miles and 110 m	2	343	100.0	0	0.0	15.6	16.9
Grand Totals			1 in 100 miles and 110 m	8	1,383		0	0.0	17.1	18.6
		299	1 in 60 miles and 75 mins	8	299	100.0	0	0.0	8.1	8.7
2025 Quest Analytics, LLC.										

Cardiac Catheterization Services/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Cardiac Catheterization Services

4 providers at 4 locations

All providers

Cardiac Catheterization Services

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Cardiac Catheterization Services (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 120 miles and 160 minutes

Rural areas...

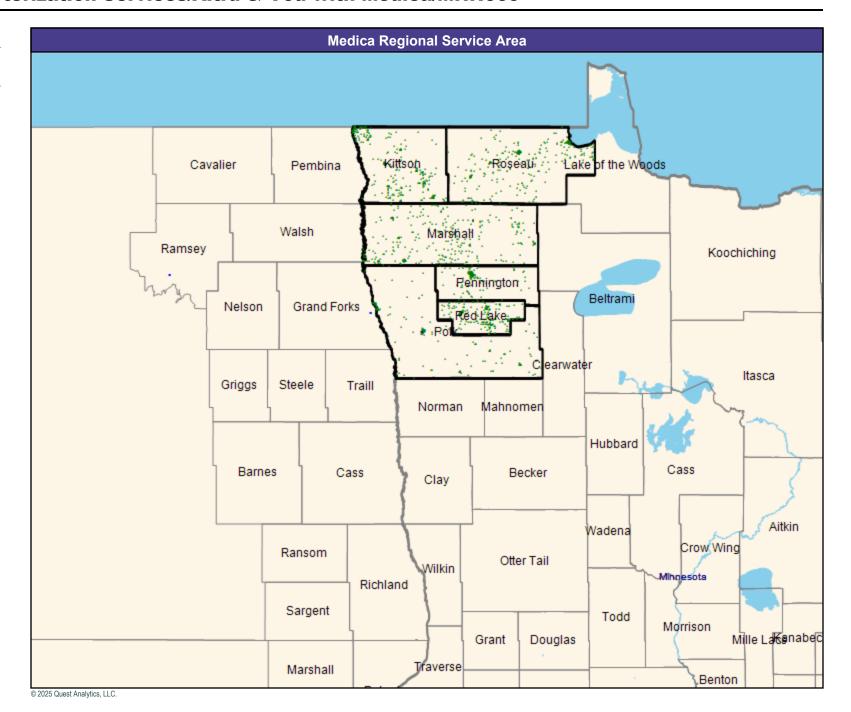
1 (Altru & You with Medica MNN009 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 120 miles and 145 minutes

CEAC areas..

1 (Altru & You with Medica MNN009 Cardiac Catheterization Services (Medica Regional Service Area)) provider in 140 miles and 155 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

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Access Analysis

Cardiac Catheterization Services

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Cardiac Catheterization Services (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 140 miles and 155 m	0		100.0	0	0.0	64.1	70.2
	Marshall		1 in 140 miles and 155 m	0		100.0	0	0.0	43.1	46.9
	Pennington		1 in 120 miles and 145 m	0		100.0	0	0.0	39.6	43.2
	Polk		1 in 120 miles and 145 m	1		100.0	0	0.0	19.8	21.5
	Red Lake		1 in 140 miles and 155 m	0		100.0	0	0.0	27.3	29.8
	Roseau	343	1 in 140 miles and 155 m	0	343	100.0	0	0.0	88.4	96.4
Grand Totals			1 in 140 miles and 155 m	0	1,383		0	0.0	55.6	60.7
		299	1 in 120 miles and 145 m	1	299	100.0	0	0.0	29.6	32.2
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Cardiac Surgery Program/Altru & You with Medica/MNN009

Created by... Medica

Altru & You with Medica MNN009 Cardiac Surgery Program

3 providers at 3 locations

All providers

Cardiac Surgery Program

Employee Group

July 7, 2025

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Cardiac Surgery Program (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Cardiac Surgery Program (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Cardiac Surgery Program (Medica Regional Service Area)) provider in 40 miles and 60 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Cardiac Surgery Program (Medica Regional Service Area)) provider in 120 miles and 160 minutes

Rural areas...

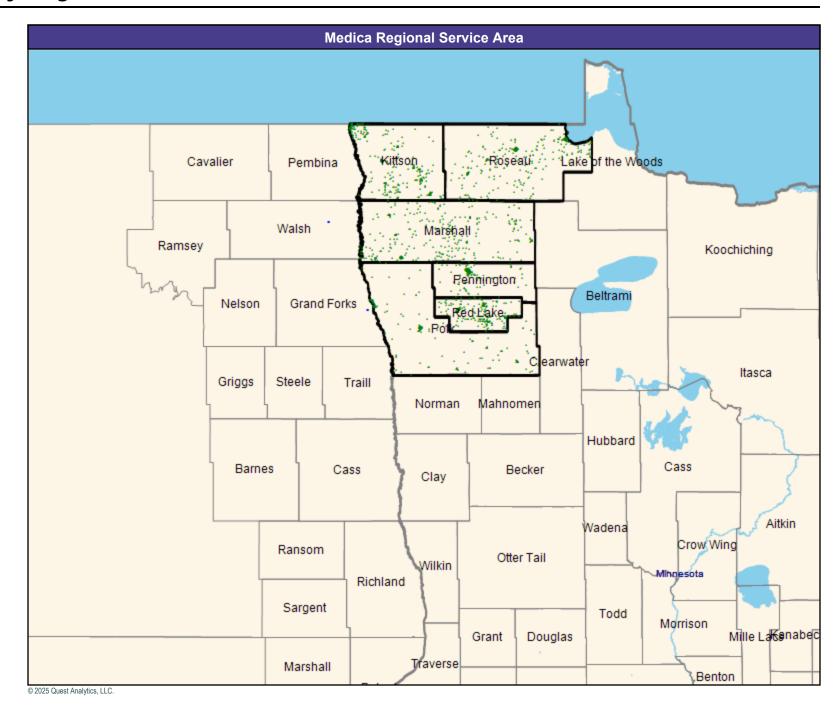
1 (Altru & You with Medica MNN009 Cardiac Surgery Program (Medica Regional Service Area)) provider in 120 miles and 145 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Cardiac Surgery Program (Medica Regional Service Area)) provider in 140 miles and 155 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

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Access Analysis

Cardiac Surgery Program

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Cardiac Surgery Program (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural C: CEAC

			All En	ollees						
State		Enrollee	Provider	Counts	With Ac	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 140 miles and 155 m	0		100.0	0	0.0	43.6	47.7
	Marshall		1 in 140 miles and 155 m	0		100.0		0.0		47.9
	Pennington		1 in 120 miles and 145 m	0		100.0	0			53.1
	Polk		1 in 120 miles and 145 m	0			0	0.0		38.9
	Red Lake		1 in 140 miles and 155 m	0		100.0	0			49.2
	Roseau	343	1 in 140 miles and 155 m	0	343	100.0	0	0.0	85.9	93.7
Grand Totals			1 in 140 miles and 155 m	0	1,383	100.0	0	0.0		59.5
		299	1 in 120 miles and 145 m	0	299	100.0	0	0.0	42.2	46.0
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Critical Care Services - Intensive Care Units (ICU)/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Critical Care Services - Intensive Care Units (ICU)

14 providers at 14 locations

All providers

Critical Care Services - Intensive Care Units (ICU)

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Critical Care Services - Intensive Care Units (ICU) (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Critical Care Services - Intensive Care Units (ICU) (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Critical Care Services - Intensive Care Units (ICU) (Medica Regional Service Area)) provider in 30 miles and 45 minutes

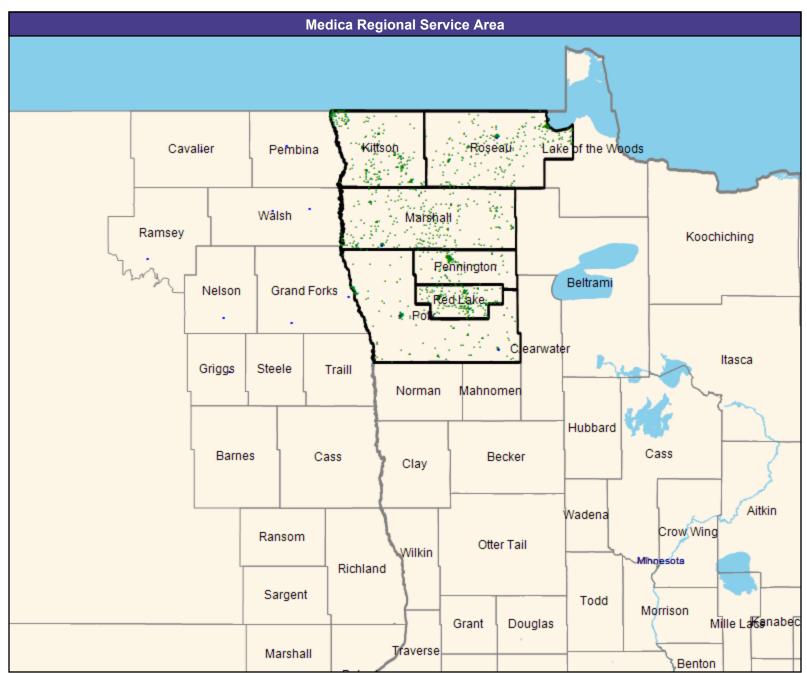
Micro areas..

1 (Altru & You with Medica MNN009 Critical Care Services - Intensive Care Units (ICU) (Medica Regional Service Area)) provider in 120 miles and 160 minutes

Rural areas..

1 (Altru & You with Medica MNN009 Critical Care Services - Intensive Care Units (ICU) (Medica Regional Service Area)) provider in 120 miles and 145 minutes

CEAC areas...



July 7, 2025

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Access Analysis

Critical Care Services - Intensive Care Units (ICU)

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Critical Care Services - Intensive Care Units (ICU) (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 140 miles and 155 m	0	334	100.0	0	0.0	33.3	36.4
	Marshall		1 in 140 miles and 155 m	1		100.0	0	0.0	21.2	23.1
	Pennington		1 in 120 miles and 145 m	0		100.0	0	0.0	30.8	33.6
	Polk		1 in 120 miles and 145 m	2		100.0	0	0.0	10.0	10.8
	Red Lake		1 in 140 miles and 155 m	0		100.0	0	0.0	24.2	26.4
	Roseau	343	1 in 140 miles and 155 m	1	343	100.0	0	0.0	15.6	17.0
Grand Totals			1 in 140 miles and 155 m	2	1,383	100.0	0	0.0	23.5	25.6
		299	1 in 120 miles and 145 m	2	299	100.0	0	0.0	20.3	22.1
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Diagnostic Radiology/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Diagnostic Radiology

16 providers at 16 locations

All providers

Diagnostic Radiology

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Diagnostic Radiology (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Diagnostic Radiology (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Diagnostic Radiology (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Diagnostic Radiology (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

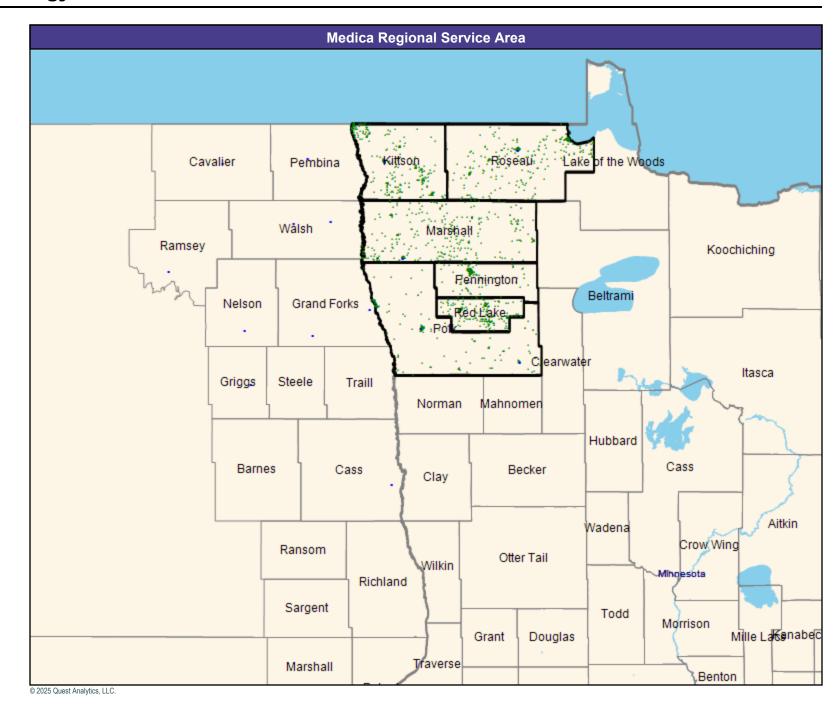
1 (Altru & You with Medica MNN009 Diagnostic Radiology (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Diagnostic Radiology (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

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Access Analysis
Diagnostic Radiology

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Diagnostic Radiology (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 100 miles and 110 m	1		100.0	0		16.1	17.6
	Marshall		1 in 100 miles and 110 m	1		100.0	0	0.0	21.1	23.0
	Pennington		1 in 60 miles and 75 mins	0		100.0	0	0.0	30.8	33.6
	Polk		1 in 60 miles and 75 mins	2		100.0	0	0.0	10.0	10.8
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	24.2	26.4
	Roseau	343	1 in 100 miles and 110 m	1	343	100.0	0	0.0	15.6	17.0
0 17.1		4.000	4: 400 " 1440		4 000	400.0	0	0.0	40.0	24.0
Grand Totals			1 in 100 miles and 110 m	3	1,383		0	0.0	19.3	21.0
		299	1 in 60 miles and 75 mins	2	299	100.0	0	0.0	20.3	22.1
2025 Quest Analytics III C										

Inpatient or Residential Behavioral Health Facility Services/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Inpatient or Residential Behavioral Health Facility Services

111 providers at 181 locations

All providers

Inpatient or Residential Behavioral Health Facility Services

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Inpatient or Residential Behavioral Health Facility Services (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Inpatient or Residential Behavioral Health Facility Services (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Inpatient or Residential Behavioral Health Facility Services (Medica Regional Service Area)) provider in 45 miles and 70 minutes

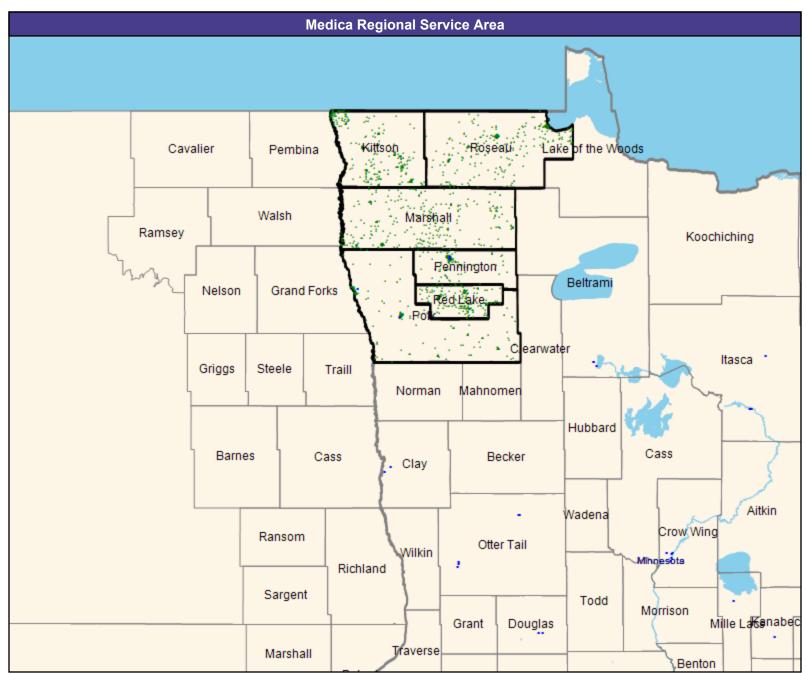
Micro areas..

1 (Altru & You with Medica MNN009 Inpatient or Residential Behavioral Health Facility Services (Medica Regional Service Area)) provider in 75 miles and 100 minutes

Rural areas.

1 (Altru & You with Medica MNN009 Inpatient or Residential Behavioral Health Facility Services (Medica Regional Service Area)) provider in 75 miles and 90 minutes

CEAC areas...



July 7, 2025

Created by... Medica

Access Analysis

Inpatient or Residential Behavioral Health Facility Services

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Inpatient or Residential Behavioral Health Facility Services (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

State Name	All Enrollees State Enrollee Provider Counts With Access Without Access Average Distance Aver										
Name County # Standard¹ # # % # % 1 1 Minnesota Kittson 334 1 in 140 miles and 155 m 0 334 100.0 0 0.0 57.0 Marshall 376 1 in 140 miles and 155 m 0 376 100.0 0 0.0 25.9 Pennington 148 1 in 75 miles and 90 mins 2 148 100.0 0 0.0 5.2 Polk 151 1 in 75 miles and 90 mins 2 151 100.0 0 0.0 17.6 Red Lake 330 1 in 140 miles and 155 m 0 330 100.0 0 0.0 22.1 Roseau 343 1 in 140 miles and 155 m 0 343 100.0 0 0 0 58.2	State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Marshall 376 1 in 140 miles and 155 m 0 376 100.0 0 0.0 25.9 Pennington 148 1 in 75 miles and 90 mins 2 148 100.0 0 0.0 5.2 Polk 151 1 in 75 miles and 90 mins 2 151 100.0 0 0.0 17.6 Red Lake 330 1 in 140 miles and 155 m 0 330 100.0 0 0.0 22.1 Roseau 343 1 in 140 miles and 155 m 0 343 100.0 0 0.0 58.2	Name	County	#	Standard ¹	#	#	%	#	%	1	1
Pennington 148 1 in 75 miles and 90 mins 2 148 100.0 0 0.0 5.2 Polk 151 1 in 75 miles and 90 mins 2 151 100.0 0 0.0 17.6 Red Lake 330 1 in 140 miles and 155 m 0 330 100.0 0 0.0 22.1 Roseau 343 1 in 140 miles and 155 m 0 343 100.0 0 0.0 58.2 Grand Totals 1,383 1 in 140 miles and 155 m 0 1,383 100.0 0 0.0 40.5	Minnesota				0	334	100.0	0			62.5
Polk 151 1 in 75 miles and 90 mins 2 151 100.0 0 0.0 17.6 Red Lake 330 1 in 140 miles and 155 m 0 330 100.0 0 0.0 22.1 Roseau 343 1 in 140 miles and 155 m 0 343 100.0 0 0.0 58.2					0			0			28.2
Red Lake 330 1 in 140 miles and 155 m 0 330 100.0 0 0.0 22.1 Roseau 343 1 in 140 miles and 155 m 0 343 100.0 0 0.0 58.2 Grand Totals 1,383 1 in 140 miles and 155 m 0 1,383 100.0 0 0.0 40.5											5.7
Roseau 343 1 in 140 miles and 155 m 0 343 100.0 0 0.0 58.2 Grand Totals 1,383 1 in 140 miles and 155 m 0 1,383 100.0 0 0.0 40.5											19.2
Grand Totals 1,383 1 in 140 miles and 155 m 0 1,383 100.0 0 0.0 40.5											24.0
		Roseau	343	1 in 140 miles and 155 m	0	343	100.0	0	0.0	58.2	63.4
299 1 in 75 miles and 90 mins	Grand Totals					1,383	100.0				44.2
			299	1 in 75 miles and 90 mins	4	299	100.0	0	0.0	11.5	12.5
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Mammography/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Mammography

12 providers at 12 locations

All providers

Mammography

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Mammography (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Mammography (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Mammography (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Mammography (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

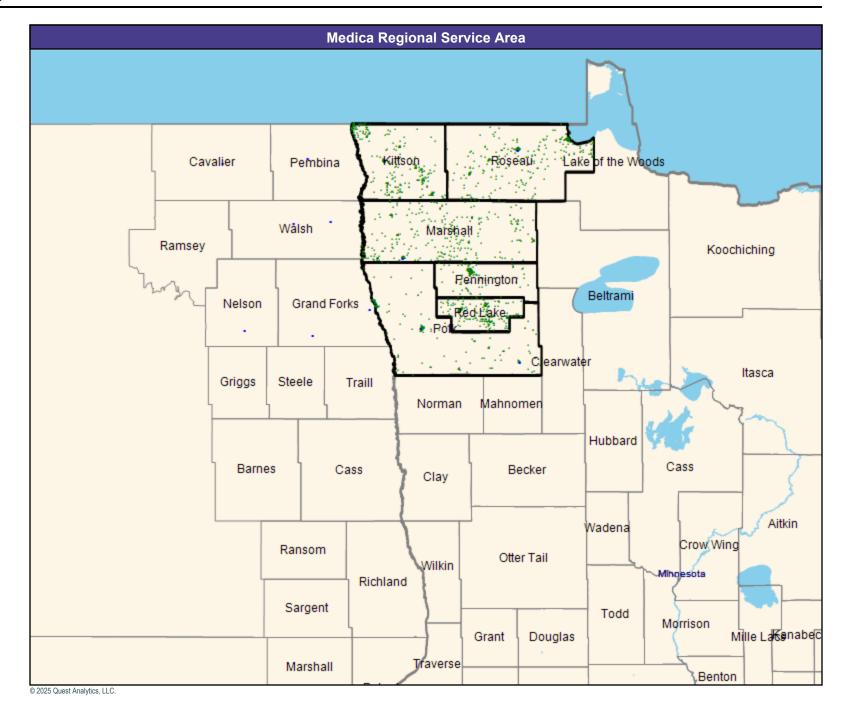
1 (Altru & You with Medica MNN009 Mammography (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Mammography (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Mammography

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Mammography (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 100 miles and 110 m	0		100.0	0	0.0	33.3	36.4
	Marshall		1 in 100 miles and 110 m	1		100.0		0.0	21.2	23.1
	Pennington		1 in 60 miles and 75 mins	0		100.0		0.0	30.8	33.6
	Polk		1 in 60 miles and 75 mins	2		100.0		0.0	10.0	10.8
	Red Lake		1 in 100 miles and 110 m	0		100.0		0.0	24.2	26.4
	Roseau	343	1 in 100 miles and 110 m	1	343	100.0	0	0.0	15.6	17.0
				_			_			
Grand Totals			1 in 100 miles and 110 m	2	1,383		0	0.0	23.5	25.6
		299	1 in 60 miles and 75 mins	2	299	100.0	0	0.0	20.3	22.1
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Outpatient Infusion/Chemotherapy/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Outpatient Infusion/Chemotherapy

9 providers at 9 locations

All providers

Outpatient Infusion/Chemotherapy

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Outpatient Infusion/Chemotherapy (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Outpatient Infusion/Chemotherapy (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Outpatient Infusion/Chemotherapy (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Outpatient Infusion/Chemotherapy (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

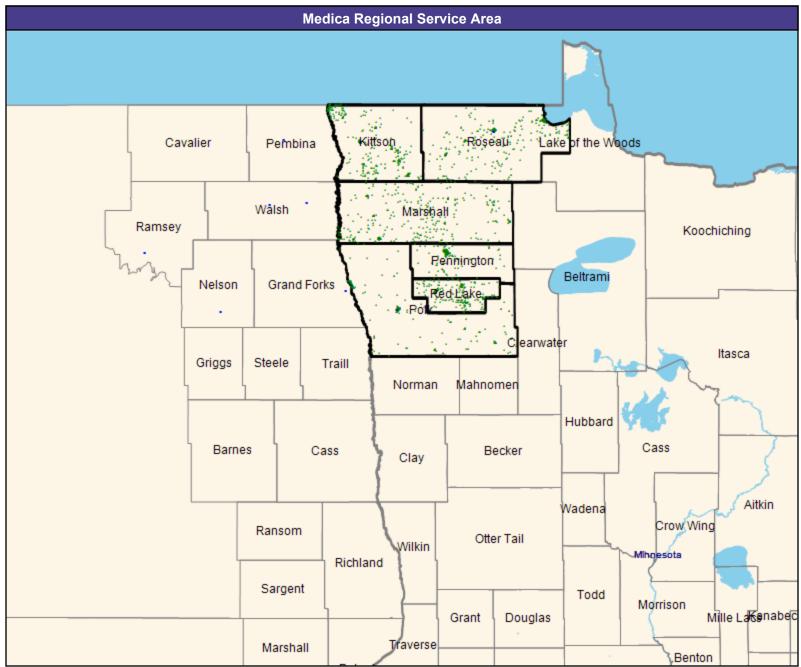
1 (Altru & You with Medica MNN009 Outpatient Infusion/Chemotherapy (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Outpatient Infusion/Chemotherapy (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Outpatient Infusion/Chemotherapy

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Outpatient Infusion/Chemotherapy (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	ess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	0		100.0	0	0.0	36.1	39.5
	Marshall		1 in 100 miles and 110 m	0		100.0	0	0.0	34.7	37.8
	Pennington		1 in 60 miles and 75 mins	0		100.0	0	0.0	39.4	42.9
	Polk		1 in 60 miles and 75 mins	1		100.0	0	0.0	19.8	21.5
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	27.3	29.8
	Roseau	343	1 in 100 miles and 110 m	1	343	100.0	0	0.0	15.6	17.0
Grand Totals			1 in 100 miles and 110 m	1	1,383		0	0.0	28.6	31.1
		299	1 in 60 miles and 75 mins	1	299	100.0	0	0.0	29.5	32.1
2025 Quest Analytics, LLC.										

Skilled Nursing Facilities/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Skillled

Altru & You with Medica MNN009 Skillled Nursing Facilities

5 providers at 5 locations

All providers

Skillled Nursing Facilities

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Skillled Nursing Facilities (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,669)
- Without access (13)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Skillled Nursing Facilities (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Skillled Nursing Facilities (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Skillled Nursing Facilities (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

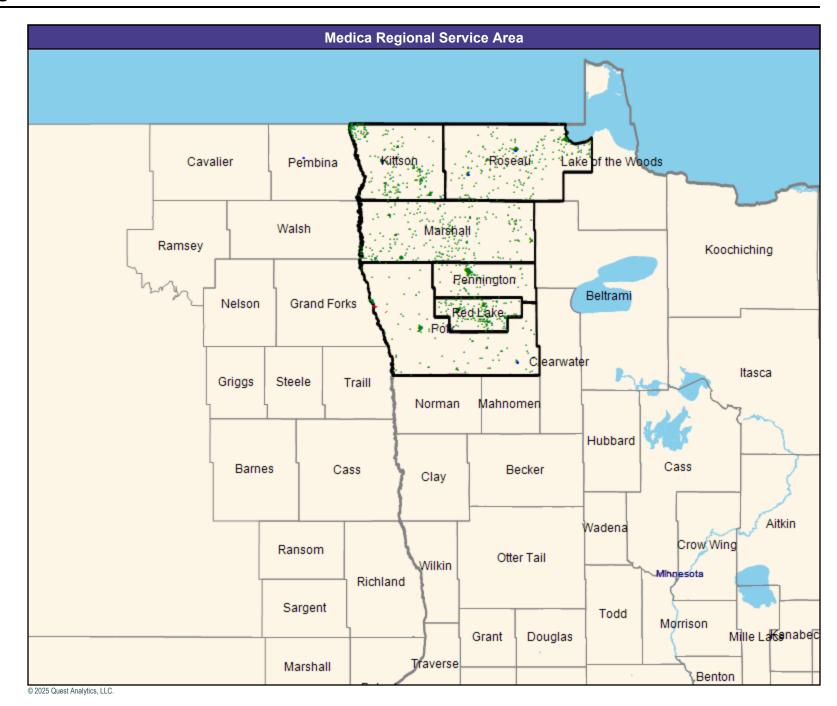
1 (Altru & You with Medica MNN009 Skillled Nursing Facilities (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Skillled Nursing Facilities (Medica Regional Service Area)) provider in 85 miles and 95 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Skillled Nursing Facilities

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Skillled Nursing Facilities (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

			All Enr	ollees						
State		Enrollee	Provider	Counts	With Acc	cess	Without Ac	cess	Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 85 miles and 95 mins	2		100.0	0	0.0	15.0	16.4
	Marshall		1 in 85 miles and 95 mins	0		100.0		0.0	32.7	35.7
	Pennington		1 in 60 miles and 75 mins	0		100.0	0	0.0	41.1	44.8
	Polk		1 in 60 miles and 75 mins	2	138		13	8.6	37.5	40.9
	Red Lake		1 in 85 miles and 95 mins	0		100.0		0.0	34.6	37.7
	Roseau	343	1 in 85 miles and 95 mins	4	343	100.0	0	0.0	12.0	13.1
Grand Totals			1 in 85 miles and 95 mins	6	1,383		0	0.0	23.8	25.9
		299	1 in 60 miles and 75 mins	2	286	95.7	13	4.3	39.3	42.8
2025 Quest Analytics II C										

Substance Use Disorder (Outpatient)/Altru & You with Medica/MNN009

July 7, 2025

Created by...
Medica

Altru & You with Medica MNN009 Substance Use Disorder (Outpatient)

78 providers at 176 locations

All providers

Substance Use Disorder (Outpatient)

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Substance Use Disorder (Outpatient) (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Substance Use Disorder (Outpatient) (Medica Regional Service Area)) provider in 15 miles and 30 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Substance Use Disorder (Outpatient) (Medica Regional Service Area)) provider in 45 miles and 70 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Substance Use Disorder (Outpatient) (Medica Regional Service Area)) provider in 75 miles and 110 minutes

Rural areas...

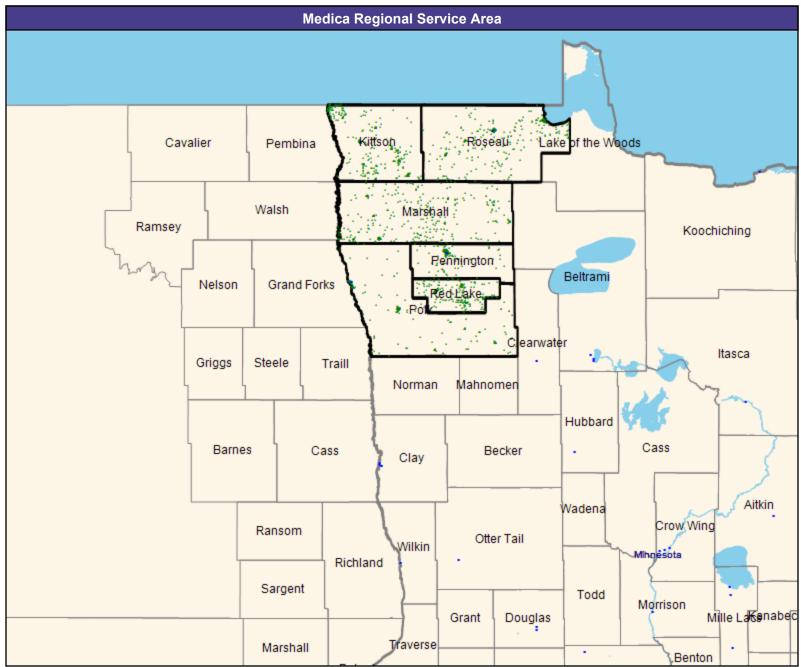
1 (Altru & You with Medica MNN009 Substance Use Disorder (Outpatient) (Medica Regional Service Area)) provider in 75 miles and 90 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Substance Use Disorder (Outpatient) (Medica Regional Service Area)) provider in 140 miles and 155 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Substance Use Disorder (Outpatient)

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Substance Use Disorder (Outpatient) (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

				All Enrollees									
State	County	Enrollee	Provider	Counts	With Acc	ess	Without Access		Average Distance	Average Time			
Name		#	Standard ¹	#	#	%	#	%	1	1			
	ttson		1 in 140 miles and 155 m	0		100.0	0	0.0	51.3	56.2			
	arshall		1 in 140 miles and 155 m	0		100.0	0	0.0	25.9	28.2			
	ennington		1 in 75 miles and 90 mins	1		100.0	0	0.0	5.4	5.8			
Pol			1 in 75 miles and 90 mins	1		100.0	0	0.0	23.0	25.0			
	ed Lake		1 in 140 miles and 155 m	0		100.0	0	0.0	22.5	24.5			
Ros	oseau	343	1 in 140 miles and 155 m	1	343	100.0	0	0.0	15.6	17.0			
		4.000								21.0			
Grand Totals			1 in 140 miles and 155 m	1	1,383		0	0.0	28.7	31.3			
		299	1 in 75 miles and 90 mins	2	299	100.0	0	0.0	14.3	15.5			
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Surgical Services (Outpatient or ASC)/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Surgical Services (Outpatient or ASC)

13 providers at 13 locations

All providers

Surgical Services (outpatient or ASC)

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Surgical Services (Outpatient or ASC) (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,682)
- Without access (0)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Surgical Services (Outpatient or ASC) (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Surgical Services (Outpatient or ASC) (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Surgical Services (Outpatient or ASC) (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

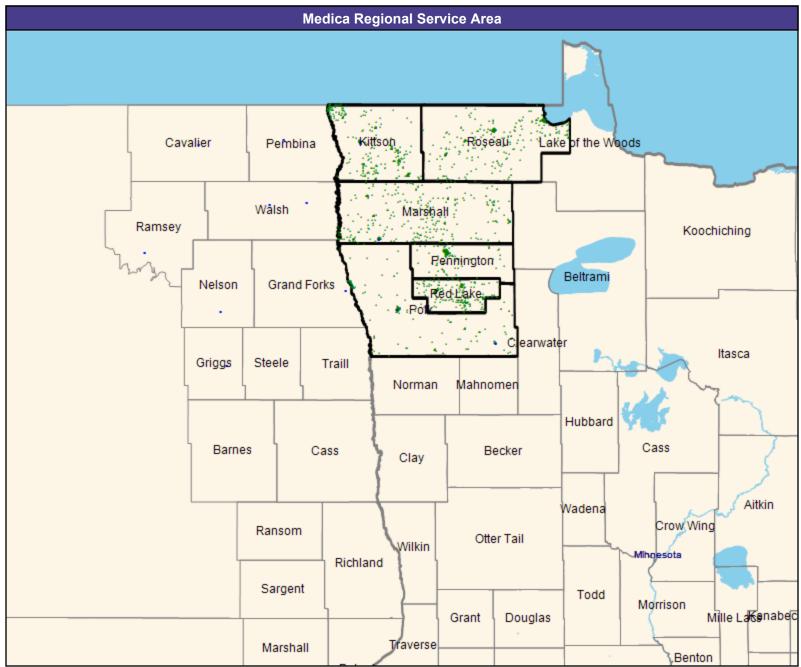
1 (Altru & You with Medica MNN009 Surgical Services (Outpatient or ASC) (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Surgical Services (Outpatient or ASC) (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis

Surgical Services (outpatient or ASC)

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Surgical Services (Outpatient or ASC) (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

All Enrollees										
State		Enrollee	Provider	Counts	With Acc	cess	Without Access		Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson	334	1 in 100 miles and 110 m	1	334	100.0	0	0.0	16.1	17.6
	Marshall	376	1 in 100 miles and 110 m	1		100.0	0	0.0	23.6	25.7
	Pennington		1 in 60 miles and 75 mins	0		100.0	0	0.0	30.8	33.6
	Polk		1 in 60 miles and 75 mins	2		100.0	0	0.0	10.0	10.8
	Red Lake		1 in 100 miles and 110 m	0		100.0	0	0.0	24.2	26.4
	Roseau	343	1 in 100 miles and 110 m	0	343	100.0	0	0.0	58.7	63.9
Grand Totals			1 in 100 miles and 110 m	2	1,383	100.0	0	0.0	30.6	33.4
		299	1 in 60 miles and 75 mins	2	299	100.0	0	0.0	20.3	22.1
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Urgent Care/Altru & You with Medica/MNN009

July 7, 2025

Created by...

Medica

Altru & You with Medica MNN009 Urgent Care

133 providers at 170 locations

All providers

Urgent Care

Employee Group

National Proxy Census (Altru & You with Medica MNN009)

Provider Group

Altru & You with Medica MNN009 Urgent Care (Medica Regional Service Area)

1,682 enrollee locations

- ◆ With access (1,550)
- Without access (132)

The Access Standard is defined as (National Proxy Census (Altru & You with Medica MNN009)) enrollees accessing in: Large Metro areas...

1 (Altru & You with Medica MNN009 Urgent Care (Medica Regional Service Area)) provider in 10 miles and 20 minutes

Metro areas..

1 (Altru & You with Medica MNN009 Urgent Care (Medica Regional Service Area)) provider in 30 miles and 45 minutes

Micro areas..

1 (Altru & You with Medica MNN009 Urgent Care (Medica Regional Service Area)) provider in 60 miles and 80 minutes

Rural areas...

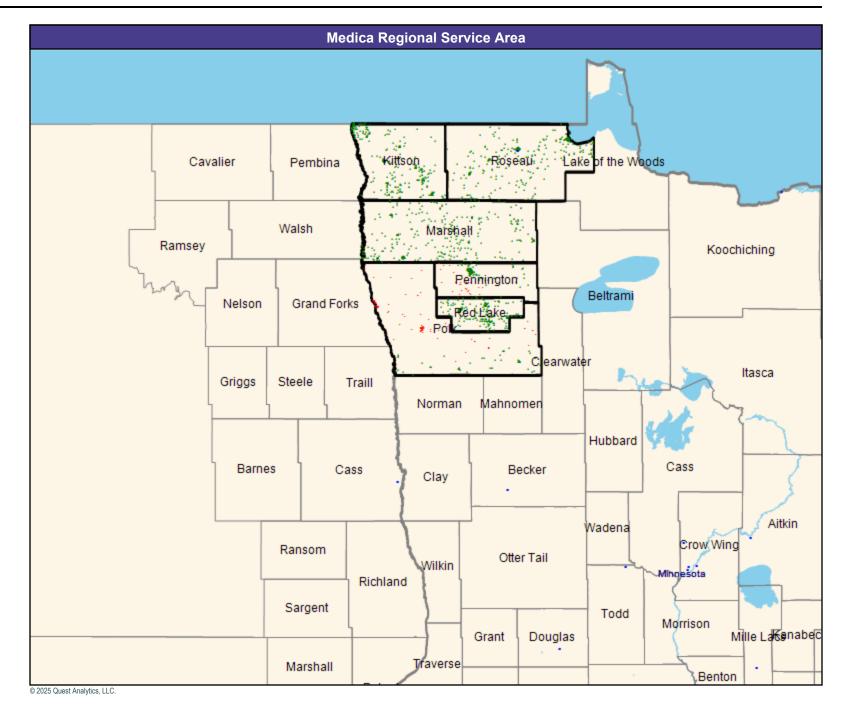
1 (Altru & You with Medica MNN009 Urgent Care (Medica Regional Service Area)) provider in 60 miles and 75 minutes

CEAC areas...

1 (Altru & You with Medica MNN009 Urgent Care (Medica Regional Service Area)) provider in 100 miles and 110 minutes

Service Areas

☐ Altru & You with Medica MNN009



July 7, 2025

Created by... Medica

Access Analysis Urgent Care

Enrollee / Provider Groups

National Proxy Census (Altru & You with Medica MNN009)

Altru & You with Medica MNN009 Urgent Care (Medica Regional Service Area)

¹ Access Standard Criteria Abbreviations:

L: Large Metro

M: Metro

I: Micro

R: Rural

C: CEAC

All Enrollees										
State		Enrollee	Provider	Counts	With Acc	cess	Without Acce		Average Distance	Average Time
Name	County	#	Standard ¹	#	#	%	#	%	1	1
Minnesota	Kittson		1 in 100 miles and 110 m	0		100.0	0		53.4	58.5
	Marshall		1 in 100 miles and 110 m	0		100.0		0.0	58.8	64.1
	Pennington		1 in 60 miles and 75 mins	0	119			19.6	58.4	63.7
	Polk		1 in 60 miles and 75 mins	0	48			68.2	65.2	81.0
	Red Lake		1 in 100 miles and 110 m	0		100.0		0.0	71.4	77.8
	Roseau	343	1 in 100 miles and 110 m	1	343	100.0	0	0.0	15.6	17.0
Grand Totals			1 in 100 miles and 110 m	1	1,383		0	0.0	49.8	54.3
		299	1 in 60 miles and 75 mins	0	167	55.9	132	44.1	61.8	72.4
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