

## BRADEN SCALE FOR PRESSURE ULCER RISK

COMPLETE DAILY IF SCORE IS 12 OR LESS

<b>SENSORY PERCEPTION</b> Ability to respond appropriately to pressure related discomfort	<b>1. Completely limited</b> Unresponsive (does not moan, flinch, or grasp) to painful stimuli, caused by diminished level of consciousness or sedation. Or has limited ability to feel pain over most of body surface.	<b>2. Very limited</b> Responds only to painful stimuli. Cannot communicate discomfort except by moaning or restlessness. Or has a sensory impairment that limits the ability to feel pain or discomfort over half of body.	<b>3. Slightly limited</b> Responds to verbal commands but cannot always communicate discomfort or need to be turned. Or has some sensory impairment that limits ability to feel pain or discomfort in 1 or 2 extremities.	<b>4. No impairment</b> Responds to verbal commands. Has no sensory deficit that would limit ability to feel or voice pain or discomfort.
<b>MOISTURE</b> Degree to which skin is exposed to moisture	<b>1. Constantly moist</b> Skin is kept moist almost constantly by perspiration, urine, and so on. Dampness is detected every time patient is moved or turned.	<b>2. Moist</b> Skin is usually but no always moist. Linen must be changed at least once a shift.	<b>3. Occasionally moist</b> Skin is occasionally moist, requiring an extra linen change approximately once a day.	<b>4. Rarely moist</b> Skin is usually dry; linen requires changing only at routine intervals.
<b>ACTIVITY</b> Degree of physical activity	<b>1. Bed bound</b> Confined to bed.	<b>2. Chair bound</b> Ability to walk severely limited or non-existent. Cannot bear own weight or must be assisted into the chair or wheelchair.	<b>3. Walks occasionally</b> during day but for very short distances, with or without assistance. Spends most of each shift in bed or chair.	<b>4. Walks frequently</b> Walks outside the room at least twice a day and inside room at least once every 2 hours during waking hours.
<b>MOBILITY</b> Ability to change and control body position	<b>1. Completely immobile</b> Does not make even slight changes in body or extremity position without assistance.	<b>2. Very limited</b> Makes occasional slight changes in body or extremity position, but unable to make frequent or significant changes independently.	<b>3. Slightly limited</b> Independently makes frequent though slight changes in body or extremity position.	<b>4. No limitations</b> Makes major and frequent changes in position without assistance.
<b>NUTRITION</b> Usual food intake pattern	<b>1. Very poor</b> Never eats a complete meal. Rarely eats more than one-third of any food offered. Eats 2 servings or less of protein (meat or dairy products) per day. Takes fluids poorly. Does not take a liquid dietary supplement. Or is NPO or maintained on clear liquids or IV fluids for more than 5 days.	<b>2. Probably inadequate</b> Rarely eats a complete meal and generally eats only about half of any food offered. Eats 3 servings of protein (meat or dairy products) per day. Occasionally will take a dietary supplement. Or receives less than optimum amount of liquid diet or tube feeding.	<b>3. Adequate</b> Eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take supplement if offered or is on a tube feeding or TPN regimen.	<b>4. Excellent</b> Eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products daily. Occasionally eats between meals. Does not require supplementation.
<b>FRICITION AND SHEAR</b> The loss of epidermis due to rubbing against sheets, chair or other devices.	<b>1. Problem</b> Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring repositioning with maximum assistance. Spasticity, contractures, or agitation leads to almost constant friction.	<b>2. Potential problem</b> Moves feebly or requires minimum assistance. During a move, skin slides to some extent against sheets, chair, restraints, or other devices. Maintains relatively good position in chair or bed most of the time but occasionally slides down.	<b>3. No apparent problem</b> Moves in bed and in chair independently and has sufficient muscle strength to lift up completely during move. Maintains good position in bed or chair at all times.	

Initial score \_\_\_\_\_

### DAILY SCORES

Date							
Score							

Signatures: \_\_\_\_\_  
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Initials							
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