

Uniform Disclosure of Assisted Living Services & Amenities (UDALSA)

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident's ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents' family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

General Information

This information is current as of (MM/DD/YYYY): 09/01/2024

Name of Assisted Living: Brightondale Senior Community

HFID: 20231

Unique building/unit description (if applicable): _____

Facility Address: 2700 Rice Creek Road, New Brighton, MN 55112

If services are provided at more than one building (on the assisted living campus), please list all locations below.

No additional buildings

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Facility/Campus listed above has the following license; Check one:

- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: 9

Evening Shift: 9

Night shift: 4

Payment Options

The facility will indicate by placing an "X" in the "Accepted" column if the payment option is accepted (may check more than one). The facility may indicate in the "Comments" column if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds as well as the number of months required.

Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	X	
Sliding Scale		
Housing Support (formerly Minnesota Group Residential Housing) Payments		
Federal rent subsidy		
Other; explain:		

Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations		Accept limited EW recipients for residents that have lived in the community for 2+ years and are living in our Assisted Living Plus or Memory Care neighborhoods.
Private Pay	X	
Long Term Care Insurance	X	The resident is responsible for all costs associated with receiving our services. Upon request, we will submit requested information to long term care insurance providers for reimbursement to the resident.

Other; explain:

Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

Section 1: Dementia Care

Pertains only to facilities with an **Assisted Living with Dementia Care** license

Check each service available at the location(s) listed above.

Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior	X	2 secured Dementia/Alzheimer neighborhoods
Secured outdoor grounds on facility premises		Balcony off Dementia/Alzheimer common dining room
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		
Prepared to manage challenging behaviors	X	Each resident is assessed prior to move-in, 14 & 90 days & change in condition. Determination will be made if needs can be met safely for resident/staff at the time of the assessment. Unable to provide ongoing 1:1 support to meet behavioral needs.

Other; specify:

Section 2: Medication Management

Check each service available at the location(s) listed above.

Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments		
Communication with physician/pharmacy about ordering or refill requests	X	Available to residents receiving medication management services.
Medication administration by licensed or unlicensed personnel	X	Available to residents receiving medication management services.
Delivery of medication to resident previously set up by the facility nurse		
Medications set up by nurse for resident to self-administer		
Delivery of medication from the original containers to resident		
Delivery of liquid or food to resident if required to ingest medication	X	Available to residents receiving medication management services.
Delegation of medication management services by licensed health professional to unlicensed staff	X	RN delegation and supervision of ULP.
Central storage of medication	X	Narcotics only
Diabetic Care: insulin pen dosing	X	RN delegation to ULP. Services provided based upon staff training and availability. Available to residents receiving diabetic management services.
Diabetic Care: insulin pump management		
Diabetic Care: insulin syringe dosing		
Diabetic Care: sliding scale insulin management		
Clinical monitoring of labs related to medications	X	Available to residents receiving medication management services.
Anticoagulant medication management	X	Available to residents receiving medication management services.
B-12 injections	X	Administered by licensed nurse only and subject to nurse availability. Available to residents receiving medication management services.

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Service	Available	Comments
Nutritional supplement administration	X	Signed physician orders required.
(IV) Intravenous management		
PICC lines (Peripherally Inserted Central Catheter)		
Injections; specify types or limits in comments (IM, SQ)	X	Except for insulin, IM, SQ injections are administered by licensed nurse only and subject to nurse availability. This service is available to residents receiving medication management.
Nebulizers	X	Available to residents receiving medication management services.
Inhalers	X	Available to residents receiving medication management services.
Ear drops	X	Available to residents receiving medication management services.
Eye drops	X	Available to residents receiving medication management services.
Topicals	X	Available to residents receiving medication management services.
Patches	X	Available to residents receiving medication management services.
Medication delivery via enteral (feeding) tube		
Pain pump management		
Medical cannabis administration (pill form) for certified patients		
Medical Cannabis storage for certified patients		
Cannabidiol oil administration for certified patients		

Other; specify:

Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises		
Wound care: basic	X	
Wound care: complex		
Diabetic care: blood glucose monitoring	X	RN delegation to ULP. Services provided to residents receiving medication management and based upon staff training and availability.
Diabetic care: foot/nail care	X	Services provided by licensed nurse only to residents receiving personal care services.
C-PAP	X	Rn delegated to ULP after RN determines if need can be met based upon ongoing assessments and RN supervision. Service is available in AL Plus and Reflections Dementia Care only.
Bi-PAP		
Oxygen Management; specify any delivery system limitations	X	Service available only through nasal cannula or face mask, NO high flow O2 or ventilator.
Oxygen saturation checks	X	Available to residents receiving oxygen management, medication and/or personal care services.
Ventilators		
Suctioning		
Tracheostomy Care: cleaning of site and tube		
Tracheostomy Care: showering assistance		
Tracheostomy Care: suctioning assistance		
Pacemaker Checks	X	Service provided based on availability of RN. Resident provides equipment to transmit.
Arrange for On-Site Dialysis		
Arrange for/set-up Off-Site Dialysis	X	Assistance with arranging transportation is available upon resident request.

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Service	Available	Comments
Peritoneal Dialysis (on-site)		
Compression stockings	X	
Lymphedema wraps		
Fall Prevention: balance assessments		
Fall Prevention: exercise programs	X	Staff led exercise classes available
Fall Prevention: strength training	X	Staff led strength training classes available
Integrative Health Services: acupuncture		
Integrative Health Services: aromatherapy		
Integrative Health Services: healing touch		
Integrative Health Services: massage		
Blood pressure checks	X	Available through care team.
Daily weight check	X	Available with physician order for residents receiving personal care services or medication management.
Indwelling urinary catheter care; emptying and bag changes	X	Available to residents receiving personal care services.
Indwelling urinary catheter replacement by nurse		
Straight (intermittent) catheter assistance		
Suprapubic catheter care		
Ostomy care	X	Available to residents receiving personal care services. RN determines if need can be met based upon ongoing assessments and RN supervision. Service available based on training and availability of staff.
Arrangements for and coordination with hospice care	X	Available to residents receiving assisted living and dementia care services.
End-of-life palliative care		

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Service	Available	Comments
Access to and training on use of automatic electronic defibrillators (AED)		
Training of and use of Cardiopulmonary Resuscitation (CPR)		Licensed nurses have training in CPR.

Other; specify:

Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	X	Available to residents receiving personal care services.
Bathing: shower	X	Available to residents receiving personal care services.
Bathing: bathtub		Available to residents who have a bath tub in their apartment
Oral hygiene	X	Available to residents receiving personal care services.
Denture care	X	Available to residents receiving personal care services.
Cuing/reminders for self-cares	X	Available to residents receiving personal care services.
Use of special utensils	X	Recommendation received by therapy. Resident purchases and is responsible for utensils.
Feeding assistance for residents with complicated eating problems	X	RN will collaborate with third party speech therapy to determine if need can be met. Services available based on staff training and availability.
Set-up and cut food at meals	X	
Manual Feeding; specify limits in comments	X	Service available based on RN assessment and can be safely completed within 30 minutes.
Tube Feeding; specify limits in comments		
Feeding in common area with one staff member per resident		

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Service	Available	Comments
Feeding in resident's apartment with one staff member per resident		
Grooming: hair care, make-up, shaving, application of lotion, etc.	X	Wash, towel dry & style w/o use of curlers, irons, etc. shaving with electric razors only.
Nail care: toenails, fingernails	X	Service available to residents receiving personal care services.
Toileting: standby assistance/supervision	X	Service available to residents receiving personal care services.
Changing incontinence products; perineal care	X	Service available to residents receiving personal care services. Products are supplied by the resident.
Ordering replacement incontinence products	X	Service available to residents on <i>Incontinence Care Service</i> package.
Assistance with bowel and bladder control, devices, and training programs		

Other; specify:

Section 5: Mobility Support

Check each service available at the location(s) listed above.

Mobility Services Available

Service	Available	Comments
Standby Assistance	X	Service available to residents receiving personal care services.
Transfers with assist of one staff	X	Service available to residents receiving personal care services.
Transfers with assist of two staff	X	Service available to residents receiving personal care services.
Transfers utilizing sit-to-stand lifts	X	Service available to residents receiving personal care services. Services provided based on staff availability
Transfers utilizing sliding boards	X	Service available to residents receiving personal care services.
Transfers utilizing bariatric equipment		
Ceiling lift transfers		

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Service	Available	Comments
Non-mechanical transfers (trapeze)		
Mechanical lift: assist of 1 transfer		
Mechanical lift: assist of 2 transfer	X	Service available to residents receiving personal care services. Services provided based upon staff availability
Ambulation with assist of 1	X	Services available to residents receiving personal care or escort services.
Bed mobility	X	Services available to residents receiving personal care services.
Assistance with chair mobility	X	Services available to residents receiving personal care services.
Chair Glide System		
Mechanical Stair Lift System		
Handrails; in personal space	X	
Elevators	X	

Other; specify:

Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks		
Every 30-minutes safety checks		
Hourly safety checks		
Every two-hours safety checks	X	Resident need determined based on RN assessment in Reflections Dementia Care.

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Service	Available	Comments
Daily safety checks	X	Available to residents receiving assisted living and dementia care services.
Emergency call system; specify type in comments	X	Personal emergency call pendant and bathroom pullcord provided to AL residents
Non-emergency call system; specify type in comments	X	Available to residents receiving assisted living care services. Available to residents receiving Reflections Dementia Care services based upon RN assessment.
Digital wander alert device on resident		
Wander alert system at facility exits		
Staff monitoring at facility exits; specify method in comments		
Visitor check-in/check-out at facility main entrance	X	
Bed alarms or movement sensing technology		
Door sensors: specify locations (unit, resident room, exits, etc.)		
Security Guard		
Security cameras in common spaces	X	Security cameras located in some, but not all, common spaces.
Key card/fob access: specify locations (unit, resident room, exits, etc.)	X	Key access for front entry, resident apartments and exterior doors
Other lock systems: specify locations (unit, resident room, exits, etc.)		
Emergency generator(s) to power the facility during power outages		

Other; specify:

Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	
Breakfast available in community space	X	
Breakfast available; delivered to apartment	X	
Lunch available in community space	X	
Lunch available; delivered to apartment	X	
Dinner available in community space	X	
Dinner available; delivered to apartment	X	
Meal tray delivery and pick-up from resident's unit	X	
Meal preparation in resident's unit		
Thickened Liquids; specify limits in comments	X	Available to residents receiving assisted living and Reflections Dementia Care services with physician order.
Modified Texture Diets; specify limits in comments	X	Available to residents receiving assisted living and Reflections Dementia Care services with physician order.
Therapeutic Diets: cardiac		
Therapeutic Diets: diabetic or calorie controlled		
Therapeutic Diets: gluten-free		
Therapeutic Diets: high fiber		
Therapeutic Diets: low fat/low cholesterol		
Therapeutic Diets: low sodium		

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Service	Available	Comments
Therapeutic Diets: no added salt		
Therapeutic Diets: renal diet		
Other special diets: kosher		
Other special diets: (vegetarian, vegan, etc.) specify in comments		
Dietitian or Nutritionist Services		
Carbohydrate intake/tracking		
Meal consumption tracking		

Other; specify:

Section 8: Supportive Services

Check each service available at the location(s) listed above.

Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	X	Performed at lunch by dining staff as well as reception staff for those residents not dining for lunch. Residents receiving assisted living services are contacted by staff if not seen or heard from by lunch.
Assistance with meals or food preparation		
Daily Social and Recreational Services	Required	
Housekeeping: bed making	X	Available to resident upon request and staff availability.
Housekeeping: defrost and clean refrigerator	X	Available to resident upon request and staff availability.
Housekeeping: dusting	X	Light dusting, staff do not move décor.
Housekeeping: organize closets and drawers	X	Available to resident upon request and staff availability.

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Service	Available	Comments
Housekeeping: trash removal; specify frequency in comments	X	Weekly by housekeeping and more frequently, if needed, for residents receiving personal care services.
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	X	Included in rent when receiving assisted living and Reflections Dementia Care services.
Housekeeping: other; specify in comments		
Laundry: linen (change bed, launder sheets, towels)	X	Provided weekly in Reflections Dementia Care. Available to other residents upon request.
Laundry: wash, dry, and fold clothing; specify loads per week in comments	X	Provided weekly in Reflections Dementia Care. Available to other residents upon request.
Laundry: other; specify in comments		
Schedule offsite social and recreational activities	X	
Schedule medical and social service appointments		
Assistance with arranging transportation for personal, social, and recreational activities	Required	
Assistance with arranging transportation to medical and social services appointments	Required	
Provide transportation to social and recreational activities	X	Community has a set schedule and transportation route for resident shuttle service.
Provide transportation to medical and social service appointments	X	Community has a set schedule and transportation route for resident shuttle service.
Assistance accessing community resources and social services	Required	
Shopping: facility sponsored	X	Community has a set schedule and transportation route for resident shuttle service.
Spiritual Care/Religious Services; on-site	X	
Assistance with bill paying/budgeting		
Communication boards or other supplemental communication devices		
Primary languages spoken by staff	X	English
Supervision of smoking		

Service	Available	Comments
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Other; specify:

Section 9: Staffing

Check each option available at the address location(s) listed above.

Staffing Available

Staffing	Available	Comments
One-to-One staffing available		
One-to-One staffing for special circumstances		
Overnight companion		
Registered Nurse: on-site "part time"		
Registered Nurse: on-site "full time"	X	
Licensed Practical Nurse: on site "part time"		
Licensed Practical Nurse: on-site "full time"	X	
Assisted Living Director: on-site "part time"		
Assisted Living Director: on site "full time"	X	
Advanced Practice Registered Nurse: on-site "part time"		
Advanced Practice Registered Nurse: on site "full time"		
Activities Director: Part Time		
Activities Director: Full Time	X	
Dietician/Nutritionist consultant available or can be arranged		

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Staffing	Available	Comments
Physical Therapist available or can be arranged	X	Service can be arranged for residents receiving assisted living and Reflections Dementia Care services.
Respiratory Therapist available or can be arranged	X	Service can be arranged for residents receiving assisted living and Reflections Dementia Care services.
Occupational Therapist available or can be arranged	X	Service can be arranged for residents receiving assisted living and Reflections Dementia Care services.
Speech Language Pathologist available or can be arranged	X	Service can be arranged for residents receiving assisted living and Reflections Dementia Care services.
Social Worker available or can be arranged	X	Service can be arranged for residents receiving assisted living and Reflections Dementia Care services.
Other Licensed Professional available; specify type in comments		

Other; specify:

Section 10: Amenities

Check each option available at the location(s) listed above.

Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	X	
Private units	X	
Semi-private units		
Studio/efficiency units	X	
One-bedroom units	X	
Two-bedroom units	X	
Kitchen/Kitchenettes in units	X	
Internet access	X	

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Amenity	Available	Comments
Cable (television)	X	
Pets allowed	X	
Pet care; specify in comments		
Pool		
Whirlpool		
Exercise Room	X	
Library	X	
Activity Room	X	
Garden/outdoor spaces	X	
Chapel		
Private entertaining space	X	
Communal Dining room	X	
Beauty/Barber Shop	X	
Parking available for residents	X	
Parking available for guests	X	
Guest accommodations	X	
Laundry Room accessible to Residents	X	
Washer-Dryer in units		
Central Air Conditioning		
Fully sprinklered building	X	

Amenity	Available	Comments
Designated smoking area inside (not apartment space)		
Designated smoking area outside	X	

Other; specify:

Additional Information

Sixty days before the facility plans to reduce or eliminate the availability of one or more services, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\)](#) (www.revisor.mn.gov/statutes/cite/144G.55).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident’s assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident’s needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care](https://mn.gov/board-on-aging/direct-services/ombudsman/) (<https://mn.gov/board-on-aging/direct-services/ombudsman/>); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities](https://mn.gov/omhdd/) (<https://mn.gov/omhdd/>); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- [Minnesota Senior LinkAge Line](http://www.seniorlinkageline.com/) (www.seniorlinkageline.com/); 1-800-333-2433

(Optional) By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

Received Date

Individual or Legal/Designated Representative