

Uniform Disclosure of Assisted Living Services & Amenities (UDALSA)

This is a required document per 144G.40 Subd. 2 (www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident's ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents' family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

General Information

This information is current as of (MM/DD/YYYY): 05/01/2023

Name of Assisted Living: New Perspective - Mankato

HFID: 24718

Unique building/unit description (if applicable): _____

Facility Address: 100 Dublin Road, Mankato, MN 56001

If services are provided at more than one building (on the assisted living campus), please list all locations below.

No additional buildings

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Facility/Campus listed above has the following license; Check one:

- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: 5

Evening Shift: 5

Night shift: 3

Payment Options

The facility will indicate by placing an “X” in the “Accepted” column if the payment option is accepted (may check more than one). The facility may indicate in the “Comments” column if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds as well as the number of months required.

Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	X	Pursuant to payment terms of residency agreement
Sliding Scale		Not accepted
Housing Support (formerly Minnesota Group Residential Housing) Payments	X	Pursuant to payment terms of residency agreement
Federal rent subsidy		Not accepted
Other; explain:		Not applicable

Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	x	EW, CADI. Pursuant to payment terms of residency agreement +
Private Pay	x	Pursuant to payment terms of residency agreement
Long Term Care Insurance	x	Resident responsible for payment processing
Other; explain: Not applicable		

Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

Section 1: Dementia Care

Pertains only to facilities with an **Assisted Living with Dementia Care** license

Check each service available at the location(s) listed above.

Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior	x	Memory Care (MC) only
Secured outdoor grounds on facility premises	x	MC only
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		Alarm monitoring is not a service provided or managed by the community +
Prepared to manage challenging behaviors	x	Situational, MC only. Will be assessed for mgmt abilities. N/A to aggressive behaviors +
Other; specify: Not applicable		








Section 2: Medication Management

Check each service available at the location(s) listed above.

Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments		Not available
Communication with physician/pharmacy about ordering or refill requests	x	If community manages medications (medication management required in MC) +
Medication administration by licensed or unlicensed personnel	x	If community manages medications (medication management required in MC) +
Delivery of medication to resident previously set up by the facility nurse		Not available +
Medications set up by nurse for resident to self-administer		Not available +
Delivery of medication from the original containers to resident	x	Medication administration from approved pharmacy-dispensed containers only +
Delivery of liquid or food to resident if required to ingest medication	x	Available only to residents receiving community medication management services +
Delegation of medication management services by licensed health professional to unlicensed staff	x	Available only to residents receiving community medication management services +
Central storage of medication	x	Med cart, refrigerators. Requires community medication management services +
Diabetic Care: insulin pen dosing	x	Available only to residents receiving community medication management services +
Diabetic Care: insulin pump management		Not available
Diabetic Care: insulin syringe dosing		Not available
Diabetic Care: sliding scale insulin management	x	Available only to residents receiving community medication management services +
Clinical monitoring of labs related to medications	x	Available only to residents receiving community medication management services +
Anticoagulant medication management	x	Oral only, for residents receiving community medication management services +
B-12 injections	x	Administered by licensed nurse only if community manages resident's medications +

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Service	Available	Comments
Nutritional supplement administration	X	Available only to residents receiving community medication management services 
(IV) Intravenous management		Not available
PICC lines (Peripherally Inserted Central Catheter)		Not available
Injections; specify types or limits in comments (IM, SQ)	X	IM, SQ for community approved medications
Nebulizers	X	Available only to residents receiving community medication management services 
Inhalers	X	Situational, MC only. Will be assessed for mgmt abilities. N/A to aggressive behaviors 
Ear drops	X	Available only to residents receiving community medication management services 
Eye drops	X	Available only to residents receiving community medication management services 
Topicals	X	Available only to residents receiving community medication management services 
Patches	X	Available only to residents receiving community medication management services 
Medication delivery via enteral (feeding) tube		Not available
Pain pump management		Not available
Medical cannabis administration (pill form) for certified patients		Not available
Medical Cannabis storage for certified patients		Not available
Cannabidiol oil administration for certified patients		Not available
Other; specify: Not available		

Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises		Not available
Wound care: basic	x	Such as band-aid, 2x2 gauze, non-stick pad, etc
Wound care: complex		Not available; may be available through 3rd party provider +
Diabetic care: blood glucose monitoring	x	Available only to residents receiving community medication management services +
Diabetic care: foot/nail care	x	Available only to residents receiving med management services. Filing only +
C-PAP	x	Available only to residents receiving community medication management services +
Bi-PAP		Not available
Oxygen Management; specify any delivery system limitations	x	NC; available only to residents receiving community medication management services +
Oxygen saturation checks	x	Available only to residents receiving community medication management services +
Ventilators		Not available
Suctioning		Not available
Tracheostomy Care: cleaning of site and tube		Not available
Tracheostomy Care: showering assistance		Not available
Tracheostomy Care: suctioning assistance		Not available
Pacemaker Checks	x	Licensed nurse; available only to residents receiving community med mgmt services +
Arrange for On-Site Dialysis		Not available
Arrange for/set-up Off-Site Dialysis		Not available

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Service	Available	Comments
Peritoneal Dialysis (on-site)		Not available
Compression stockings	X	No wraps of any kind; TEDs, zip up & Tubi- grips
Lymphedema wraps		Not available
Fall Prevention: balance assessments		Not available
Fall Prevention: exercise programs		Not available
Fall Prevention: strength training		Not available
Integrative Health Services: acupuncture		Not available
Integrative Health Services: aromatherapy		Not available
Integrative Health Services: healing touch		Not available
Integrative Health Services: massage		Not available
Blood pressure checks	X	Available for residents who elect AL services
Daily weight check		Not available; monthly weights only
Indwelling urinary catheter care; emptying and bag changes	X	Available for residents who elect AL services
Indwelling urinary catheter replacement by nurse		Not available. May be available through 3rd party.
Straight (intermittent) catheter assistance		Not available. May be available through 3rd party.
Suprapubic catheter care	X	Available for residents who elect AL services
Ostomy care	X	Available for residents who elect AL services
Arrangements for and coordination with hospice care	X	Available for residents who elect AL services
End-of-life palliative care	X	In coordination with outside third party health care provider



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Service	Available	Comments
Access to and training on use of automatic electronic defibrillators (AED)		Not available
Training of and use of Cardiopulmonary Resuscitation (CPR)		Not available
Other; specify: Not applicable		

Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	X	Available for residents who elect AL services
Bathing: shower	X	Available for residents who elect AL services
Bathing: bathtub		Not available
Oral hygiene	X	Available for residents who elect AL services
Denture care	X	Available for residents who elect AL services
Cuing/reminders for self-cares	X	Available for residents who elect AL services
Use of special utensils	X	Pursuant to health care provider order
Feeding assistance for residents with complicated eating problems		Not available
Set-up and cut food at meals	X	Available for residents who elect AL services
Manual Feeding; specify limits in comments	X	Available for MC residents only
Tube Feeding; specify limits in comments		Not available
Feeding in common area with one staff member per resident		Not available

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Service	Available	Comments
Feeding in resident's apartment with one staff member per resident		Available for MC residents only: isolation/ quarantine, acute illness or end of life +
Grooming: hair care, make-up, shaving, application of lotion, etc.	X	Available for residents who elect AL services
Nail care: toenails, fingernails	X	Available for residents who elect bathing asst. If diabetic filing only. +
Toileting: standby assistance/supervision		Not available
Changing incontinence products; perineal care	X	Available if AL services elected
Ordering replacement incontinence products	X	Available for residents who elect AL services
Assistance with bowel and bladder control, devices, and training programs		Not available
Other; specify: <i>Not available</i>		

Section 5: Mobility Support

Check each service available at the location(s) listed above.

Mobility Services Available

Service	Available	Comments
Standby Assistance		Not available
Transfers with assist of one staff	X	Available for residents who elect AL services. Gait belt transfers only +
Transfers with assist of two staff	X	If Res can bear wt at all times, w/gait belt. Avail based on current res acuity & staffing +
Transfers utilizing sit-to-stand lifts	X	If can bear wt & grip-hold on bars at all times. Avail based on current res acuity & staffin +
Transfers utilizing sliding boards		Not available
Transfers utilizing bariatric equipment		Not available
Ceiling lift transfers		Not available

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Service	Available	Comments
Non-mechanical transfers (trapeze)		Not available
Mechanical lift: assist of 1 transfer		Not available
Mechanical lift: assist of 2 transfer	X	Available for residents who elect AL services
Ambulation with assist of 1	X	Available for residents who elect AL services. Gait belt assist only +
Bed mobility	X	Available for residents who elect AL services
Assistance with chair mobility	X	Available for residents who elect AL services
Chair Glide System		Not available
Mechanical Stair Lift System		Not available
Handrails; in personal space	X	In bathrooms
Elevators	X	Not available in MC
Other; specify:	Not applicable	

Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks		Not available
Every 30-minutes safety checks		Not available
Hourly safety checks		Not available
Every two-hours safety checks		Not available

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Service	Available	Comments
Daily safety checks		Not available
Emergency call system; specify type in comments		Not available
Non-emergency call system; specify type in comments	X	Bathroom pull cords. Pendants for non-MC AL residents
Digital wander alert device on resident		Not available
Wander alert system at facility exits		Not available
Staff monitoring at facility exits; specify method in comments		Not available
Visitor check-in/check-out at facility main entrance	X	
Bed alarms or movement sensing technology		Not available
Door sensors: specify locations (unit, resident room, exits, etc.)	X	MC only: alarmed emergency egress doors
Security Guard		Not available
Security cameras in common spaces	X	Limited interior in common spaces
Key card/fob access: specify locations (unit, resident room, exits, etc.)		Not available
Other lock systems: specify locations (unit, resident room, exits, etc.)	X	Apts have lockable door w/key, community entrance/exit with keypad, MC w/ keypads +
Emergency generator(s) to power the facility during power outages		Not available
Other; specify: Not applicable		

Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	Meals provided based on resident meal plan election
Breakfast available in community space	X	
Breakfast available; delivered to apartment	X	Additional fee if not for acute illness; dependent on staffing availability
Lunch available in community space	X	
Lunch available; delivered to apartment	X	Additional fee if not for acute illness; dependent on staffing availability
Dinner available in community space	X	
Dinner available; delivered to apartment	X	Additional fee if not for acute illness; dependent on staffing availability
Meal tray delivery and pick-up from resident's unit		Not available
Meal preparation in resident's unit		Not available
Thickened Liquids; specify limits in comments	X	Available only to residents receiving community medication management services
Modified Texture Diets; specify limits in comments	X	X
Therapeutic Diets: cardiac		Not available
Therapeutic Diets: diabetic or calorie controlled		Not available
Therapeutic Diets: gluten-free		Not available
Therapeutic Diets: high fiber		Not available
Therapeutic Diets: low fat/low cholesterol		Not available
Therapeutic Diets: low sodium		Not available


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Service	Available	Comments
Therapeutic Diets: no added salt	X	
Therapeutic Diets: renal diet		Not available
Other special diets: kosher		Not available
Other special diets: (vegetarian, vegan, etc.) specify in comments		Not available
Dietitian or Nutritionist Services		Not available
Carbohydrate intake/tracking		Not available
Meal consumption tracking		Not available
Other; specify:	RE: Modified Texture Diets (page 12): Available only to residents receiving community medication management services.	

Section 8: Supportive Services

Check each service available at the location(s) listed above.

Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	X	Not available in MC. For AL residents with serv. up to 1 non-care related check/shift 
Assistance with meals or food preparation		Not available
Daily Social and Recreational Services	Required	
Housekeeping: bed making	X	Available for residents who elect AL services
Housekeeping: defrost and clean refrigerator		Not available
Housekeeping: dusting	X	Light dusting
Housekeeping: organize closets and drawers		Not available

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Service	Available	Comments
Housekeeping: trash removal; specify frequency in comments	X	MC: daily. AL: weekly. Available for residents who elect AL services 
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	x	
Housekeeping: other; specify in comments		Not applicable
Laundry: linen (change bed, launder sheets, towels)	X	Available for residents who elect AL services.
Laundry: wash, dry, and fold clothing; specify loads per week in comments	X	Available for residents who elect AL services. Two loads per week. Add'l loads for a fee 
Laundry: other; specify in comments		Not applicable
Schedule offsite social and recreational activities	X	Activities scheduled by the community
Schedule medical and social service appointments	X	Assistance available upon request for residents who elect AL services 
Assistance with arranging transportation for personal, social, and recreational activities	Required	Assistance available upon request for residents who elect AL services
Assistance with arranging transportation to medical and social services appointments	Required	Assistance available upon request for residents who elect AL services
Provide transportation to social and recreational activities	X	Community scheduled outings
Provide transportation to medical and social service appointments		Not available
Assistance accessing community resources and social services	Required	Assistance available upon request for residents who elect AL services
Shopping: facility sponsored		Not available in MC. Community scheduled activity. Shopping assistance not available. 
Spiritual Care/Religious Services; on-site	X	
Assistance with bill paying/budgeting		Not available; document production for LTC insurance processing by resident for a fee 
Communication boards or other supplemental communication devices	X	Available for residents who elect AL services at resident cost 
Primary languages spoken by staff		English
Supervision of smoking		Supervision and transportation to and from approved smoking locations is not available 

Service	Available	Comments
Other; specify: Not applicable		

Section 9: Staffing

Check each option available at the address location(s) listed above.

Staffing Available

Staffing	Available	Comments
One-to-One staffing available		Not available
One-to-One staffing for special circumstances		Not available
Overnight companion		Not available
Registered Nurse: on-site “part time”		Not available
Registered Nurse: on-site “full time”	X	
Licensed Practical Nurse: on site “part time”	X	
Licensed Practical Nurse: on-site “full time”		Not available
Assisted Living Director: on-site “part time”		Not available
Assisted Living Director: on site “full time”	X	
Advanced Practice Registered Nurse: on-site “part time”		Not available
Advanced Practice Registered Nurse: on site “full time”		Not available
Activities Director: Part Time		Not available
Activities Director: Full Time	X	
Dietician/Nutritionist consultant available or can be arranged		Not available

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Staffing	Available	Comments
Physical Therapist available or can be arranged	X	Can be arranged with third party provider
Respiratory Therapist available or can be arranged		Not available
Occupational Therapist available or can be arranged	X	Can be arranged with third party provider
Speech Language Pathologist available or can be arranged	X	Can be arranged with third party provider
Social Worker available or can be arranged		Not available
Other Licensed Professional available; specify type in comments		Not available
Other; specify: Not available		

Section 10: Amenities

Check each option available at the location(s) listed above.

Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	X	
Private units	X	
Semi-private units	X	
Studio/efficiency units	X	MC only
One-bedroom units	X	
Two-bedroom units	X	Not available in MC
Kitchen/Kitchenettes in units	X	Not available in MC
Internet access	X	Available at resident expense

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Amenity	Available	Comments
Cable (television)	X	Available at resident expense
Pets allowed	X	Not available in MC; per pet policy in AL
Pet care; specify in comments		Not available. Resident must manage
Pool		Not available
Whirlpool		Not available
Exercise Room	X	Not available in MC
Library	X	Not available in MC
Activity Room	X	
Garden/outdoor spaces	X	
Chapel	X	Not available in MC
Private entertaining space		Not available
Communal Dining room	X	
Beauty/Barber Shop	X	Not available in MC
Parking available for residents	X	
Parking available for guests	X	
Guest accommodations	X	Available for an additional fee
Laundry Room accessible to Residents		Not available
Washer-Dryer in units	X	Limited number of units. Not available in MC
Central Air Conditioning	X	
Fully sprinklered building	X	

Amenity	Available	Comments
Designated smoking area inside (not apartment space)		Not available
Designated smoking area outside	X	Not available in MC
Other; specify: Not applicable		

Additional Information

Sixty days before the facility plans to reduce or eliminate the availability of one or more services, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\)](#) (www.revisor.mn.gov/statutes/cite/144G.55).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident’s assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident’s needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care](https://mn.gov/board-on-aging/direct-services/ombudsman/) (<https://mn.gov/board-on-aging/direct-services/ombudsman/>); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities](https://mn.gov/omhdd/) (<https://mn.gov/omhdd/>); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- [Minnesota Senior LinkAge Line](http://www.seniorlinkageline.com/) (www.seniorlinkageline.com/); 1-800-333-2433

(Optional) By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

Date (DD/MM/YYYY)

Individual or Legal/Designated Representative