



# **Uniform Disclosure of Assisted Living Services & Amenities** (UDALSA)

This is a required document per 144G.40 Subd. 2 (www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident's ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents' family members, or meet oneon-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

#### **General Information**

This information is current as of (MM/DD/YYYY): 04/09/2024
Name of Assisted Living: Hub City Developement Doing Business As - Lindenwood Assisted Living
HFID: 30791
Unique building/unit description (if applicable):
Facility Address: 2409 Linden Avenue, Slayton, MN 56172
If services are provided at more than one building (on the assisted living campus), please list all locations below.
☐ No additional buildings
Additional Building:
Building Name (if applicable):
Physical Address (if different than above):
Additional Building:
Building Name (if applicable):
Physical Address (if different than above):
Additional Building:
Building Name (if applicable):
Physical Address (if different than above):
Facility/Campus listed above has the following license; Check one:

Assisted Living Facility License
Assisted Living Facility with Dementia Care License
Availability of Unlicensed Staff (ULP); check one:
Unlicensed staff are in the building and available to respond to resident requests 24/7
Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7
Availability of Licensed (RN/LPN) Staff (in <i>addition</i> to an RN who is required to be accessible to the staff 24/7) check one if applicable:
Licensed staff are on site 24/7
Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7
Number of unlicensed direct care staff typically scheduled per shift:
Day Shift: 1-3
Evening Shift: 1-2
Night shift: 1

### **Payment Options**

The facility will indicate by placing an "X" in the "Accepted" column if the payment option is accepted (may check more than one). The facility may indicate in the "Comments" column if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waivered service funds as well as the number of months required.

## **Payment Options for Housing Contract**

Payment Option	Accepted	Comments
Private Pay	х	
Sliding Scale		
Housing Support (formerly Minnesota Group Residential Housing) Payments	х	
Federal rent subsidy		
Other; explain:		

#### **Payment Options for Services**

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	x	
Private Pay	x	
Long Term Care Insurance		Staff will assist in filing the reqeusted LTC Insurance documents. Full payment from resident
Other; explain:	1	

#### **Services and Amenities Available**

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a "yes" or "X" in the "Available" column if the service is provided or available at/on the campus/unit of the location listed above. If the "Available" column is blank, the facility does **not** provide that service.

#### Section 1: Dementia Care

Pertains only to facilities with an Assisted Living with Dementia Care license

Check each service available at the location(s) listed above.

#### **Dementia Care Services Available**

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior		
Secured outdoor grounds on facility premises		
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		
Prepared to manage challenging behaviors		

¿Other; specify:

# Section 2: Medication Management

Check each service available at the location(s) listed above.

## **Medication Management Services Available**

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments	х	As deemed appropriate per RN assessment
Communication with physician/pharmacy about ordering or refill requests	х	Available for those receiving medication managemnt services under RN assessment
Medication administration by licensed or unlicensed personnel	x	
Delivery of medication to resident previously set up by the facility nurse	х	As directed by RN medication management assessment
Medications set up by nurse for resident to self-administer	х	As deened appropriate by RN assessment
Delivery of medication from the original containers to resident	х	
Delivery of liquid or food to resident if required to ingest medication	х	
Delegation of medication management services by licensed health professional to unlicensed staff	х	
Central storage of medication	x	
Diabetic Care: insulin pen dosing		
Diabetic Care: insulin pump management		
Diabetic Care: insulin syringe dosing		
Diabetic Care: sliding scale insulin management		
Clinical monitoring of labs related to medications	х	Labs are ordered and reviewed by medical provider. Licensed staff review labs as they sent
Anticoagulant medication management	х	Licensed staff may draw lab for INR and/or per individual INR monitoring devices as ordered
B-12 injections	х	Licensed staff may administer as ordered by medical provider

Service	Available	Comments
Nutritional supplement administration	х	Delivery of oral nutritional supplements as ordered by provider. Supplied by resident
(IV) Intravenous management		
PICC lines (Peripherally Inserted Central Catheter)		
Injections; specify types or limits in comments (IM, SQ)	х	With some limitations SQ or IM injections will be administered by licensed staff (no insulin)
Nebulizers	x	Nebulizer equipment, medication and supplies provided by resident
Inhalers	x	
Ear drops	х	
Eye drops	x	
Topicals	х	
Patches	х	
Medication delivery via enteral (feeding) tube		
Pain pump management		
Medical cannabis administration (pill form) for certified patients		
Medical Cannabis storage for certified patients		
Cannabidiol oil administration for certified patients		
Other; specify:		

# Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

#### **Treatments & Therapies Available**

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	х	Unlicensed staff are able to provide resident reminders to perform scheduled treatment/exerci
Wound care: basic	х	Very basic skin care treatments
Wound care: complex		
Diabetic care: blood glucose monitoring	х	As ordered by medical provider. Resident to supply equipment and all supplies to test
,Diabetic care: foot/nail care		
C-PAP	х	All equipment and supplies provided by resident
Bi-PAP	х	All equipment and supplies provided by resident
Oxygen Management; specify any delivery system limitations	х	All equipment and supplies provided by resident
Oxygen saturation checks	х	
Ventilators		
'Suctioning		
Tracheostomy Care: cleaning of site and tube		
Tracheostomy Care: showering assistance		
Tracheostomy Care: suctioning assistance		
Pacemaker Checks	х	All necessary equipment and supplies provided by resident
Arrange for On-Site Dialysis		
Arrange for/set-up Off-Site Dialysis		

Service	Available	Comments
Peritoneal Dialysis (on-site)		
Compression stockings	х	Staff able to assist as ordered by provider
Lymphedema wraps		
'Fall Prevention: balance assessments		
Fall Prevention: exercise programs	х	Guided, seated group exercise class six days weekly
'Fall Prevention: strength training		
Integrative Health Services: acupuncture		
Integrative Health Services: aromatherapy		
Integrative Health Services: healing touch		
Integrative Health Services: massage		
Blood pressure checks	х	
Daily weight check	х	
Indwelling urinary catheter care; emptying and bag changes		
Indwelling urinary catheter replacement by nurse		
Straight (intermittent) catheter assistance		
Suprapubic catheter care		
Ostomy care	-	
Arrangements for and coordination with hospice care	х	
End-of-life palliative care		

Service	Available	Comments
Access to and training on use of automatic electronic defibrillators (AED)		
Training of and use of Cardiopulmonary Resuscitation (CPR)		

Other; specify:

# Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

## **Assistance with Daily Living Activities Available**

Service	Available	Comments
Dressing	х	
Bathing: shower	х	
Bathing: bathtub		
Oral hygiene		
Denture care	х	!
Cuing/reminders for self-cares	х	
Use of special utensils	х	Utensils provided by resident
Feeding assistance for residents with complicated eating problems		
Set-up and cut food at meals	х	
Manual Feeding; specify limits in comments		
Tube Feeding; specify limits in comments		1
Feeding in common area with one staff member per resident	<u>.</u>	

Service	Available	Comments
Feeding in resident's apartment with one staff member per resident		
Grooming: hair care, make-up, shaving, application of lotion, etc.	x	Hair care, shaving, lotion application per staff available
Nail care: toenails, fingernails	х	
Toileting: standby assistance/supervision	х	
Changing incontinence products; perineal care	х	
Ordering replacement incontinence products	х	Purchased by resident
Assistance with bowel and bladder control, devices, and training programs		
Other; specify:		

# Section 5: Mobility Support

Check each service available at the location(s) listed above.

## **Mobility Services Available**

Service	Available	Comments
Standby Assistance	х	
Transfers with assist of one staff	х	
Transfers with assist of two staff		
Transfers utilizing sit-to-stand lifts		
Transfers utilizing sliding boards		
Transfers utilizing bariatric equipment		
Ceiling lift transfers		

Service	Available	Comments
Non-mechanical transfers (trapeze)	х	Provided, attached and maintained by other than faciliy. Safety of use assessed by RN
Mechanical lift: assist of 1 transfer		
Mechanical lift: assist of 2 transfer		
Ambulation with assist of 1	х	
Bed mobility		
Assistance with chair mobility		
Chair Glide System		
Mechanical Stair Lift System		
Handrails; in personal space	х	Provided in resident bathroom
Elevators		
Other; specify:		

# Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

#### **Security and Monitoring Services**

Service	Available	Comments
Every 15-minutes safety checks		
Every 30-minutes safety checks		
Hourly safety checks		i
Every two-hours safety checks	х	Available if desired 12 midnight to 4 am

Service	Available	Comments
Daily safety checks	х	
Emergency call system; specify type in comments	х	Pendant available if desired. Hard wired call system in bathroom and living space
Non-emergency call system; specify type in comments		
Digital wander alert device on resident		
Wander alert system at facility exits		
Staff monitoring at facility exits; specify method in comments		
Visitor check-in/check-out at facility main entrance	х	Visitor check-in done as indicated by Health Department guidance.
Bed alarms or movement sensing technology		
Door sensors: specify locations (unit, resident room, exits, etc.)		
Security Guard		
Security cameras in common spaces	х	Suveillance camers in corridors and common spaces
Key card/fob access: specify locations (unit, resident room, exits, etc.)		
Other lock systems: specify locations (unit, resident room, exits, etc.)	x	Each resident apartment has a lockable entrance door. Master key held by staff.
Emergency generator(s) to power the facility during power outages	х	
Other; specify:		

# Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

## **Dining and Nutrition Services**

Service	Available	Comments
<sup>†</sup> Three meals available, plus snacks	Required	Meal plan available
Breakfast available in community space	х	
Breakfast available; delivered to apartment		
Lunch available in community space	х	
Lunch available; delivered to apartment		
Dinner available in community space	х	
Dinner available; delivered to apartment		
Meal tray delivery and pick-up from resident's unit	х	Available short term for illness and other arrangements on an individual basis
Meal preparation in resident's unit		
Thickened Liquids; specify limits in comments		
Modified Texture Diets; specify limits in comments		
Therapeutic Diets: cardiac		
'Therapeutic Diets: diabetic or calorie controlled		
Therapeutic Diets: gluten-free		
Therapeutic Diets: high fiber		
Therapeutic Diets: low fat/low cholesterol		
Therapeutic Diets: low sodium		1

Service	Available	Comments
Therapeutic Diets: no added salt	x	
Therapeutic Diets: renal diet		
Other special diets: kosher		
Other special diets: (vegetarian, vegan, etc.) specify in comments		,
Dietitian or Nutritionist Services		
Carbohydrate intake/tracking		
Meal consumption tracking	į	

Other; specify:

# **Section 8: Supportive Services**

Check each service available at the location(s) listed above.

## **Supportive Services Available**

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	х	Staff will assure residents well being at least daily
Assistance with meals or food preparation		
Daily Social and Recreational Services	Required	Activity calendar posted to reflect options
Housekeeping: bed making	x	
Housekeeping: defrost and clean refrigerator		
Housekeeping: dusting	x	Light dusting will be provided by staff.
Housekeeping: organize closets and drawers		

Service	Available	Comments
Housekeeping: trash removal; specify frequency in comments	х	Daily and as needed
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	Х	
Housekeeping: other; specify in comments		
Laundry: linen (change bed, launder sheets, towels)	х	
Laundry: wash, dry, and fold clothing; specify loads per week in comments	х	
Laundry: other; specify in comments		
Schedule offsite social and recreational activities		
Schedule medical and social service appointments	Х	Staff able to assist with scheduling appointmens and transportation as available
Assistance with arranging transportation for personal, social, and recreational activities	Required	
Assistance with arranging transportation to medical and social services appointments	Required	
Provide transportation to social and recreational activities		
Provide transportation to medical and social service appointments	х	Staff able to assist with scheduling appointments and transportation as available
Assistance accessing community resources and social services	Required	
Shopping: facility sponsored		
Spiritual Care/Religious Services; on-site	х	At facility per clergy's schedule
Assistance with bill paying/budgeting		
Communication boards or other supplemental communication devices		
Primary languages spoken by staff	Х	English speaking
Supervision of smoking		

	Service	Available	Comments	
Other; specify:				1

# Section 9: Staffing

Check each option available at the address location(s) listed above.

## **Staffing Available**

Staffing	Available	Comments
One-to-One staffing available		
One-to-One staffing for special circumstances		
Overnight companion		 
Registered Nurse: on-site "part time"	х	
Registered Nurse: on-site "full time"		
Licensed Practical Nurse: on site "part time"		
Licensed Practical Nurse: on-site "full time"	х	,
Assisted Living Director: on-site "part time"		
Assisted Living Director: on site "full time"	х	: [
Advanced Practice Registered Nurse: on- site "part time"		
Advanced Practice Registered Nurse: on site "full time"		
Activities Director: Part Time	:	
Activities Director: Full Time		
Dietician/Nutritionist consultant available or can be arranged		

Staffing	Available	Comments
Physical Therapist available or can be larranged		Assistance to arrange as odered by provider
Respiratory Therapist available or can be arranged		Assistance to arrange as odered by provider
Occupational Therapist available or can be arranged		Assistance to arrange as odered by provider
Speech Language Pathologist available or can be arranged		Assistance to arrange as odered by provider
Social Worker available or can be arranged	-	Assistance to arrange as odered by provider
Other Licensed Professional available; specify type in comments		

Other; specify:

#### Section 10: Amenities

Check each option available at the location(s) listed above.

#### **Amenities Available**

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	×	
Private units	x	
Semi-private units	х	Double occupancy is allowed as desired/paid for mutually by both tenants individual contract
Studio/efficiency units	x	
One-bedroom units	х	
Two-bedroom units		
Kitchen/Kitchenettes in units		
Internet access	х	Access to unsecured guest wifi is available. Private internet access available to purchase

Amenity	Available	Comments
Cable (television)	х	Basic cable package included. Upgrade availabel at additional cost. Arranged by resident.
Pets allowed		
Pet care; specify in comments		
Pool		
Whirlpool		
Exercise Room		
Library		
Activity Room		
Garden/outdoor spaces	х	Outdoor walking path, patio space with outdoor furniture
Chapel		
Private entertaining space	х	
Communal Dining room	х	
Beauty/Barber Shop	х	Stylist/barber services arranged and paid for by resident.
Parking available for residents	х	
Parking available for guests	х	
Guest accommodations		
Laundry Room accessible to Residents	х	
Washer-Dryer in units		
Central Air Conditioning	х	In common spaces and corridors. Portable air conditioner units available for rent.
Fully sprinklered building	х	

Amenity	Available	Comments
Designated smoking area inside (not apartment space)		
Designated smoking area outside	x	
Other; specify:		

#### **Additional Information**

Sixty days before the facility plans to reduce or eliminate the availability of one or more services, the facility must provide written notice of the reduction. Refer to <a href="mailto:144G.55">144G.55</a> Subd. 1(d) <a href="mailto:www.revisor.mn.gov/statutes/cite/144G.55">(www.revisor.mn.gov/statutes/cite/144G.55</a>).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident's assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident's needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- Office of Ombudsman for Long Term Care (https://mn.gov/board-on-aging/direct-services/ombudsman/);
   1-800-657-3591
- Office of Ombudsman for Mental Health and Developmental Disabilities (https://mn.gov/omhdd/); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- Minnesota Senior LinkAge Line (www.seniorlinkageline.com/); 1-800-333-2433

(Optional) By signing below, I acknowledge that I have reviewed this document.  This is NOT a contract to receive services.				
<del></del>				
Received Date	Individual or Legal/Designated Representative			