

Uniform Disclosure of Assisted Living Services & Amenities (UDALSA)

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident's ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents' family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

General Information

This information is current as of (MM/DD/YYYY): 05/27/2025

Name of Assisted Living: Farmstead Care of Moorhead, LP

HFID: 31557

Unique building/unit description (if applicable): Care

Facility Address: 3200 28th Street South, Moorhead MN 56560

If services are provided at more than one building (on the assisted living campus), please list all locations below.

No additional buildings

Additional Building:

Building Name (if applicable): Villa

Physical Address (if different than above): 3300 28th Street South, Moorhead MN 56560

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Facility/Campus listed above has the following license; Check one:

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- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: ¹¹ _____

Evening Shift: ¹¹ _____

Night shift: ⁶ _____

Payment Options

The facility will indicate by placing an “X” in the “Accepted” column if the payment option is accepted (may check more than one). The facility may indicate in the “Comments” column if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds as well as the number of months required.

Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	x	Care and Villa
Sliding Scale		
Housing Support (formerly Minnesota Group Residential Housing) Payments	x	Care Only
Federal rent subsidy		
Other; explain:		

Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	x	Care Only
Private Pay	x	Care and Villa
Long Term Care Insurance	x	Care and Villa
Other; explain:		

Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

Section 1: Dementia Care

Pertains only to facilities with an **Assisted Living with Dementia Care** license

Check each service available at the location(s) listed above.

Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior	x	Care Only
Secured outdoor grounds on facility premises	x	Care Only
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		
Prepared to manage challenging behaviors		Care and Villa
Other; specify:		

Section 2: Medication Management

Check each service available at the location(s) listed above.

Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments	x	Care and Villa
Communication with physician/pharmacy about ordering or refill requests	x	Care and Villa
Medication administration by licensed or unlicensed personnel	x	Care and Villa
Delivery of medication to resident previously set up by the facility nurse	x	Care and Villa
Medications set up by nurse for resident to self-administer	x	Care and Villa
Delivery of medication from the original containers to resident	x	Care and Villa
Delivery of liquid or food to resident if required to ingest medication	x	Care and Villa
Delegation of medication management services by licensed health professional to unlicensed staff	x	Care and Villa
Central storage of medication	x	Care and Villa
Diabetic Care: insulin pen dosing	x	Care and Villa
Diabetic Care: insulin pump management		
Diabetic Care: insulin syringe dosing	x	Care and Villa
Diabetic Care: sliding scale insulin management	x	Care and Villa
Clinical monitoring of labs related to medications	x	Care and Villa
Anticoagulant medication management	x	Care and Villa
B-12 injections	x	Care and Villa

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Service	Available	Comments
Nutritional supplement administration	x	Care and Villa
(IV) Intravenous management		
PICC lines (Peripherally Inserted Central Catheter)		
Injections; specify types or limits in comments (IM, SQ)	x	Care and Villa (IM & SQ)
Nebulizers	x	Care and Villa
Inhalers	x	Care and Villa
Ear drops	x	Care and Villa
Eye drops	x	Care and Villa
Topicals	x	Care and Villa
Patches	x	Care and Villa
Medication delivery via enteral (feeding) tube		
Pain pump management		
Medical cannabis administration (pill form) for certified patients		
Medical Cannabis storage for certified patients		
Cannabidiol oil administration for certified patients		
Other; specify:		

Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	x	Care and Villa
Wound care: basic	x	Care and Villa
Wound care: complex		
Diabetic care: blood glucose monitoring	x	Care and Villa
Diabetic care: foot/nail care	x	Care and Villa
C-PAP	x	Care and Villa
Bi-PAP	x	Care and Villa
Oxygen Management; specify any delivery system limitations	x	Care and Villa
Oxygen saturation checks	x	Care and Villa
Ventilators		
Suctioning		
Tracheostomy Care: cleaning of site and tube		
Tracheostomy Care: showering assistance		
Tracheostomy Care: suctioning assistance		
Pacemaker Checks	x	Care and Villa
Arrange for On-Site Dialysis		
Arrange for/set-up Off-Site Dialysis		

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Service	Available	Comments
Peritoneal Dialysis (on-site)		
Compression stockings	x	Care and Villa
Lymphedema wraps		
Fall Prevention: balance assessments		
Fall Prevention: exercise programs		
Fall Prevention: strength training		
Integrative Health Services: acupuncture		
Integrative Health Services: aromatherapy		
Integrative Health Services: healing touch		
Integrative Health Services: massage		
Blood pressure checks	x	Care and Villa
Daily weight check	x	Care and Villa
Indwelling urinary catheter care; emptying and bag changes	x	Care Only
Indwelling urinary catheter replacement by nurse	x	Care Only
Straight (intermittent) catheter assistance		
Suprapubic catheter care	x	Care Only
Ostomy care	x	Care Only
Arrangements for and coordination with hospice care	x	Care Only
End-of-life palliative care	x	Care Only

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Service	Available	Comments
Access to and training on use of automatic electronic defibrillators (AED)		
Training of and use of Cardiopulmonary Resuscitation (CPR)		
Other; specify:		

Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	x	Care and Villa
Bathing: shower	x	Care and Villa
Bathing: bathtub	x	Care Only
Oral hygiene	x	Care and Villa
Denture care	x	Care and Villa
Cuing/reminders for self-cares	x	Care and Villa
Use of special utensils	x	Care and Villa
Feeding assistance for residents with complicated eating problems	x	Care Only
Set-up and cut food at meals	x	Care and Villa
Manual Feeding; specify limits in comments	x	Care Only
Tube Feeding; specify limits in comments		
Feeding in common area with one staff member per resident		

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Service	Available	Comments
Feeding in resident's apartment with one staff member per resident		
Grooming: hair care, make-up, shaving, application of lotion, etc.	x	Care and Villa
Nail care: toenails, fingernails	x	Care and Villa
Toileting: standby assistance/supervision	x	Care Only
Changing incontinence products; perineal care	x	Care Only
Ordering replacement incontinence products	x	Care Only
Assistance with bowel and bladder control, devices, and training programs	x	Care Only
Other; specify:		

Section 5: Mobility Support

Check each service available at the location(s) listed above.

Mobility Services Available

Service	Available	Comments
Standby Assistance	x	Care and Villa
Transfers with assist of one staff	x	Care and Villa
Transfers with assist of two staff	x	Care Only
Transfers utilizing sit-to-stand lifts	x	Care Only
Transfers utilizing sliding boards	x	Care Only
Transfers utilizing bariatric equipment		
Ceiling lift transfers		

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Service	Available	Comments
Non-mechanical transfers (trapeze)		
Mechanical lift: assist of 1 transfer	x	Care Only
Mechanical lift: assist of 2 transfer	x	Care Only
Ambulation with assist of 1	x	Care Only
Bed mobility	x	Care Only
Assistance with chair mobility	x	Care and Villa
Chair Glide System		
Mechanical Stair Lift System		
Handrails; in personal space	x	Care and Villa
Elevators	x	Villa Only
Other; specify:		

Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks		
Every 30-minutes safety checks		
Hourly safety checks		
Every two-hours safety checks	x	Care Only

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Service	Available	Comments
Daily safety checks	x	Care and Villa
Emergency call system; specify type in comments	x	Care and Villa - pendant call system
Non-emergency call system; specify type in comments		
Digital wander alert device on resident		
Wander alert system at facility exits		
Staff monitoring at facility exits; specify method in comments		
Visitor check-in/check-out at facility main entrance	x	Care Only
Bed alarms or movement sensing technology		
Door sensors: specify locations (unit, resident room, exits, etc.)		
Security Guard		
Security cameras in common spaces	x	Care and Villa
Key card/fob access: specify locations (unit, resident room, exits, etc.)		
Other lock systems: specify locations (unit, resident room, exits, etc.)	x	Care - Assisted Living Rooms Only Villa - All Rooms
Emergency generator(s) to power the facility during power outages		
Other; specify:		

Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	Care and Villa
Breakfast available in community space	x	Care and Villa
Breakfast available; delivered to apartment		
Lunch available in community space	x	Care and Villa
Lunch available; delivered to apartment		
Dinner available in community space	x	Care and Villa
Dinner available; delivered to apartment		
Meal tray delivery and pick-up from resident's unit		
Meal preparation in resident's unit		
Thickened Liquids; specify limits in comments	x	Care Only
Modified Texture Diets; specify limits in comments	x	Care Only
Therapeutic Diets: cardiac		
Therapeutic Diets: diabetic or calorie controlled		
Therapeutic Diets: gluten-free		
Therapeutic Diets: high fiber		
Therapeutic Diets: low fat/low cholesterol		
Therapeutic Diets: low sodium		

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Service	Available	Comments
Therapeutic Diets: no added salt		
Therapeutic Diets: renal diet		
Other special diets: kosher		
Other special diets: (vegetarian, vegan, etc.) specify in comments		
Dietitian or Nutritionist Services		
Carbohydrate intake/tracking		
Meal consumption tracking	x	Care Only
Other; specify:		

Section 8: Supportive Services

Check each service available at the location(s) listed above.

Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	x	Care and Villa
Assistance with meals or food preparation		
Daily Social and Recreational Services	Required	Care and Villa
Housekeeping: bed making	x	Care and Villa
Housekeeping: defrost and clean refrigerator	x	Care and Villa
Housekeeping: dusting	x	Care and Villa
Housekeeping: organize closets and drawers		

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Service	Available	Comments
Housekeeping: trash removal; specify frequency in comments	x	Care and Villa
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	x	Care and Villa
Housekeeping: other; specify in comments		
Laundry: linen (change bed, launder sheets, towels)	x	Care - weekly Villa - Plan B Only
Laundry: wash, dry, and fold clothing; specify loads per week in comments	x	Care - 2 loads per week for AL and AC Villa - Bv requests only
Laundry: other; specify in comments		
Schedule offsite social and recreational activities	x	Care and Villa
Schedule medical and social service appointments	x	Care Only
Assistance with arranging transportation for personal, social, and recreational activities	Required	Care and Villa
Assistance with arranging transportation to medical and social services appointments	Required	Care and Villa
Provide transportation to social and recreational activities	x	Care and Villa
Provide transportation to medical and social service appointments		
Assistance accessing community resources and social services	Required	Care and Villa
Shopping: facility sponsored		
Spiritual Care/Religious Services; on-site	x	Care and Villa
Assistance with bill paying/budgeting		
Communication boards or other supplemental communication devices		
Primary languages spoken by staff		
Supervision of smoking		

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Service	Available	Comments
Other; specify:		

Section 9: Staffing

Check each option available at the address location(s) listed above.

Staffing Available

Staffing	Available	Comments
One-to-One staffing available		
One-to-One staffing for special circumstances		
Overnight companion		
Registered Nurse: on-site “part time”	x	Care and Villa
Registered Nurse: on-site “full time”	x	Care and Villa
Licensed Practical Nurse: on site “part time”	x	Care and Villa
Licensed Practical Nurse: on-site “full time”	x	Care and Villa
Assisted Living Director: on-site “part time”		
Assisted Living Director: on site “full time”	x	Care and Villa
Advanced Practice Registered Nurse: on-site “part time”		
Advanced Practice Registered Nurse: on site “full time”		
Activities Director: Part Time		
Activities Director: Full Time	x	Care and Villa
Dietician/Nutritionist consultant available or can be arranged		

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Staffing	Available	Comments
Physical Therapist available or can be arranged	x	Care and Villa
Respiratory Therapist available or can be arranged		
Occupational Therapist available or can be arranged	x	Care and Villa
Speech Language Pathologist available or can be arranged	x	Care and Villa
Social Worker available or can be arranged		
Other Licensed Professional available; specify type in comments		
Other; specify:		

Section 10: Amenities

Check each option available at the location(s) listed above.

Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	x	Care and Villa
Private units	x	Care and Villa
Semi-private units		
Studio/efficiency units	x	Care Only
One-bedroom units	x	Care Only
Two-bedroom units	x	Care and Villa
Kitchen/Kitchenettes in units	x	Care: Assisted Living Only Villa: All Units
Internet access		

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Amenity	Available	Comments
Cable (television)		
Pets allowed		
Pet care; specify in comments		
Pool		
Whirlpool	x	Care Only
Exercise Room	x	Villa Only
Library	x	Villa Only
Activity Room	x	Care and Villa
Garden/outdoor spaces	x	Care and Villa
Chapel		
Private entertaining space	x	Care and Villa
Communal Dining room	x	Care and Villa
Beauty/Barber Shop	x	Care and Villa
Parking available for residents	x	Care and Villa
Parking available for guests	x	Care and Villa
Guest accommodations		
Laundry Room accessible to Residents		
Washer-Dryer in units	x	Villa Only
Central Air Conditioning	x	Care and Villa: Common areas only
Fully sprinklered building	x	Care and Villa

Amenity	Available	Comments
Designated smoking area inside (not apartment space)		
Designated smoking area outside		
Other; specify:		

Additional Information

Sixty days before the facility plans to reduce or eliminate the availability of one or more services, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\)](http://www.revisor.mn.gov/statutes/cite/144G.55) (www.revisor.mn.gov/statutes/cite/144G.55).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident’s assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident’s needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents may call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care](https://mn.gov/board-on-aging/direct-services/ombudsman/) (<https://mn.gov/board-on-aging/direct-services/ombudsman/>); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities](https://mn.gov/omhdd/) (<https://mn.gov/omhdd/>); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- [Minnesota Senior LinkAge Line](http://www.seniorlinkageline.com/) (www.seniorlinkageline.com/); 1-800-333-2433

(Optional) By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

Received Date

Individual or Legal/Designated Representative