

Uniform Disclosure of Assisted Living Services & Amenities (UDALSA)

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident’s ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents’ family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

General Information

This information is current as of (MM/DD/YYYY): 04/08/2025

Name of Assisted Living: Ma's Room and Board

HFID: 32641

Unique building/unit description (if applicable): _____

Facility Address: 605 East Ave Red Wing, MN 55066

If services are provided at more than one building (on the assisted living campus), please list all locations below.

No additional buildings

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Facility/Campus listed above has the following license; Check one:

- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: ²⁻³ _____

Evening Shift: ¹⁻² _____

Night shift: ¹ _____

Payment Options

The facility will indicate by placing an “X” in the “Accepted” column if the payment option is accepted (may check more than one). The facility may indicate in the “Comments” column if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds as well as the number of months required.

Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	x	Private Pay on ly accepted for Board and lodging fees
Sliding Scale		
Housing Support (formerly Minnesota Group Residential Housing) Payments	x	Used for Board and Lodging Fees
Federal rent subsidy		
Other; explain:		

Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	x	We will accept only Cadi and BI waivered services
Private Pay	x	Private Pay only accepted for Board and Lodging fees
Long Term Care Insurance		
Other; explain:		

Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

Section 1: Dementia Care

Pertains only to facilities with an **Assisted Living with Dementia Care** license

Check each service available at the location(s) listed above.

Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior		
Secured outdoor grounds on facility premises		
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		
Prepared to manage challenging behaviors		Setup performed by RN. Administration performed by trained unlicensed personnel
Other; specify:		

Section 2: Medication Management

Check each service available at the location(s) listed above.

Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments	x	No limit to frequency to medications reminders
Communication with physician/pharmacy about ordering or refill requests	x	RN communicates and sets up medication orders and refill requests.
Medication administration by licensed or unlicensed personnel	x	Majority of Medication administration is performed by trained unlicensed personnel.
Delivery of medication to resident previously set up by the facility nurse	x	RN will set up all medication. Unlicensed trained staff will administer medication
Medications set up by nurse for resident to self-administer	x	RN will set up medications. Resident will self-administer as specified in care plan.
Delivery of medication from the original containers to resident	x	RN sets up all weekly medication boxes.
Delivery of liquid or food to resident if required to ingest medication	x	RN will set up plan and trained unlicensed personal will assist
Delegation of medication management services by licensed health professional to unlicensed staff	x	RN will train all unlicensed staff
Central storage of medication	x	All medications are locked in a med room. All Schedule 2 & 3 medications are double locked
Diabetic Care: insulin pen dosing	x	RN and/or trained unlicensed personal will assist with monitoring/dosing
Diabetic Care: insulin pump management	x	RN and trained unlicensed personal will work with individual managing this device
Diabetic Care: insulin syringe dosing	x	All insulin syringe dosing will be performed by RN.
Diabetic Care: sliding scale insulin management	x	All sliding scale insulin management will be managed by RN
Clinical monitoring of labs related to medications	x	Performed by RN
Anticoagulant medication management	x	Oversight performed by RN
B-12 injections	x	set up and performed by RN

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Service	Available	Comments
Nutritional supplement administration	x	Setup performed by RN. Administration performed by trained unlicensed personnel
(IV) Intravenous management		
PICC lines (Peripherally Inserted Central Catheter)		
Injections; specify types or limits in comments (IM, SQ)	x	IM, SQ injections given by RN
Nebulizers	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Inhalers	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Ear drops	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Eye drops	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Topicals	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Patches	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Medication delivery via enteral (feeding) tube		
Pain pump management		
Medical cannabis administration (pill form) for certified patients	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Medical Cannabis storage for certified patients	x	Medication will be double locked at all times and specific documentation performed.
Cannabidiol oil administration for certified patients	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Other; specify:		

Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Wound care: basic	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Wound care: complex	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Diabetic care: blood glucose monitoring	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Diabetic care: foot/nail care	x	Setup performed by RN. Duties performed by trained unlicensed personnel and/or RN
C-PAP	x	Setup performed by RN. Duties performed by trained unlicensed personnel
Bi-PAP	x	Setup performed by RN. Duties performed by trained unlicensed personnel
Oxygen Management; specify any delivery system limitations	x	Setup performed by RN.
Oxygen saturation checks	x	Setup performed by RN. Duty performed by trained unlicensed personnel
Ventilators		
Suctioning		
Tracheostomy Care: cleaning of site and tube		
Tracheostomy Care: showering assistance		
Tracheostomy Care: suctioning assistance		
Pacemaker Checks	x	Setup performed by RN. Duty performed by trained unlicensed personnel
Arrange for On-Site Dialysis		
Arrange for/set-up Off-Site Dialysis	x	Setup performed by RN.

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Service	Available	Comments
Peritoneal Dialysis (on-site)		
Compression stockings	x	Setup performed by RN. Administration performed by trained unlicensed personnel
Lymphedema wraps	x	RN will provide management. Unlicensed personnel will provide care after training
Fall Prevention: balance assessments	x	We will provide set up, transportation, and staffing to outside vendors
Fall Prevention: exercise programs	x	We will provide set up, transportation, and staffing to outside vendors
Fall Prevention: strength training	x	We will provide set up, transportation, and staffing to outside vendors
Integrative Health Services: acupuncture	x	We will provide set up, transportation, and staffing to outside vendors
Integrative Health Services: aromatherapy	x	We will provide set up, transportation, and staffing to outside vendors
Integrative Health Services: healing touch	x	We will provide set up, transportation, and staffing to outside vendors
Integrative Health Services: massage	x	We will provide set up, transportation, and staffing to outside vendors
Blood pressure checks	x	Performed by RN and trained unlicensed personnel
Daily weight check	x	Performed by RN and trained unlicensed personnel
Indwelling urinary catheter care; emptying and bag changes	x	Performed by RN and trained unlicensed personnel
Indwelling urinary catheter replacement by nurse	x	Performed by RN
Straight (intermittent) catheter assistance	x	RN to supervise. Unlicensed trained personnel may assist resident with self cath.
Suprapubic catheter care	x	RN to supervise. Unlicensed trained personnel may assist resident with care
Ostomy care	x	RN to supervise. Unlicensed trained personnel may assist resident with care
Arrangements for and coordination with hospice care	x	RN to supervise. Unlicensed trained staff will assist with coordination of care
End-of-life palliative care	x	We will set and assist with care and bring in outside sources as needed.

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Service	Available	Comments
Access to and training on use of automatic electronic defibrillators (AED)		
Training of and use of Cardiopulmonary Resuscitation (CPR)		
Other; specify:		

Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Bathing: shower	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Bathing: bathtub		
Oral hygiene	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Denture care	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Cuing/reminders for self-cares	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Use of special utensils	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Feeding assistance for residents with complicated eating problems		
Set-up and cut food at meals	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Manual Feeding; specify limits in comments		
Tube Feeding; specify limits in comments		
Feeding in common area with one staff member per resident		

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Service	Available	Comments
Feeding in resident's apartment with one staff member per resident		
Grooming: hair care, make-up, shaving, application of lotion, etc.	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Nail care: toenails, fingernails	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Toileting: standby assistance/supervision	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Changing incontinence products; perineal care	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Ordering replacement incontinence products	x	Unlicensed trained personnel will assist resident.
Assistance with bowel and bladder control, devices, and training programs	x	RN to set up and supervise. Unlicensed trained personnel will assist resident.
Other; specify:		

Section 5: Mobility Support

Check each service available at the location(s) listed above.

Mobility Services Available

Service	Available	Comments
Standby Assistance	x	RN to set up and supervise. Unlicensed trained personnel will assist resident. Short term.
Transfers with assist of one staff	x	RN to set up and supervise. Unlicensed trained personnel will assist resident. Short term.
Transfers with assist of two staff		
Transfers utilizing sit-to-stand lifts		
Transfers utilizing sliding boards		
Transfers utilizing bariatric equipment		
Ceiling lift transfers		

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Service	Available	Comments
Non-mechanical transfers (trapeze)		
Mechanical lift: assist of 1 transfer		
Mechanical lift: assist of 2 transfer		
Ambulation with assist of 1	x	Unlicensed personnel will assist as needed with direction of RN. Short Term
Bed mobility	x	Unlicensed personnel will assist as needed with direction of RN. Short Term
Assistance with chair mobility	x	Unlicensed personnel will assist as needed with direction of RN Short Term
Chair Glide System		
Mechanical Stair Lift System		
Handrails; in personal space	x	Unlicensed personnel will assist as needed with direction of RN
Elevators		
Other; specify:		

Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks		
Every 30-minutes safety checks		
Hourly safety checks		
Every two-hours safety checks	x	Unlicensed personnel will assist as needed with direction of RN

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Service	Available	Comments
Daily safety checks	x	Unlicensed personnel will assist as needed with direction of RN
Emergency call system; specify type in comments		
Non-emergency call system; specify type in comments	x	Pull cord system installed in each room and bathrooms sent to a central location in office
Digital wander alert device on resident		
Wander alert system at facility exits	x	Wrist/ankle band wander devices are available.
Staff monitoring at facility exits; specify method in comments		
Visitor check-in/check-out at facility main entrance	x	We encourage all guests to check in and out at the facility main entrance.
Bed alarms or movement sensing technology		
Door sensors: specify locations (unit, resident room, exits, etc.)	x	Door bells used on all exit doors used for security purposes.
Security Guard		
Security cameras in common spaces		
Key card/fob access: specify locations (unit, resident room, exits, etc.)		
Other lock systems: specify locations (unit, resident room, exits, etc.)		
Emergency generator(s) to power the facility during power outages		
Other; specify:		

Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	
Breakfast available in community space	x	Trained Unlicensed personnel will serve all meals at specified times.
Breakfast available; delivered to apartment		
Lunch available in community space	x	Trained Unlicensed personnel will serve all meals at specified times.
Lunch available; delivered to apartment		
Dinner available in community space	x	Trained Unlicensed personnel will serve all meals at specified times.
Dinner available; delivered to apartment		
Meal tray delivery and pick-up from resident's unit		
Meal preparation in resident's unit		
Thickened Liquids; specify limits in comments		
Modified Texture Diets; specify limits in comments		
Therapeutic Diets: cardiac		
Therapeutic Diets: diabetic or calorie controlled	x	RN to set up and supervise. Unlicensed trained personnel will assist with meal prep.
Therapeutic Diets: gluten-free	x	RN to set up and supervise. Unlicensed trained personnel will assist with meal prep.
Therapeutic Diets: high fiber	x	RN to set up and supervise. Unlicensed trained personnel will assist with meal prep.
Therapeutic Diets: low fat/low cholesterol	x	RN to set up and supervise. Unlicensed trained personnel will assist with meal prep.
Therapeutic Diets: low sodium	x	RN to set up and supervise. Unlicensed trained personnel will assist with meal prep.

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Service	Available	Comments
Therapeutic Diets: no added salt	x	RN to set up and supervise. Unlicensed trained personnel will assist with meal prep.
Therapeutic Diets: renal diet		
Other special diets: kosher		
Other special diets: (vegetarian, vegan, etc.) specify in comments		
Dietitian or Nutritionist Services		
Carbohydrate intake/tracking	x	RN to set up and supervise. Unlicensed trained personnel will assist tracking.
Meal consumption tracking		
Other; specify:		

Section 8: Supportive Services

Check each service available at the location(s) listed above.

Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	x	Trained Unlicensed personnel will assist as needed with direction of RN
Assistance with meals or food preparation	x	Trained Unlicensed personnel will assist as needed
Daily Social and Recreational Services	Required	We provide an many opportunities for socialization/Rec inside and outside the home
Housekeeping: bed making	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Housekeeping: defrost and clean refrigerator		
Housekeeping: dusting	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Housekeeping: organize closets and drawers	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.

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Service	Available	Comments
Housekeeping: trash removal; specify frequency in comments	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Housekeeping: other; specify in comments		
Laundry: linen (change bed, launder sheets, towels)	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Laundry: wash, dry, and fold clothing; specify loads per week in comments	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Laundry: other; specify in comments		
Schedule offsite social and recreational activities	x	We provide many opportunities for social and recreational activities in the community.
Schedule medical and social service appointments	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Assistance with arranging transportation for personal, social, and recreational activities	Required	Trained Unlicensed personnel use company vehicles for tra
Assistance with arranging transportation to medical and social services appointments	Required	Trained Unlicensed personnel will assist as needed. As spe
Provide transportation to social and recreational activities	x	Trained Unlicensed personnel use company vehicles for transport.
Provide transportation to medical and social service appointments	x	Trained Unlicensed personnel use company vehicles for transport.
Assistance accessing community resources and social services	Required	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Shopping: facility sponsored	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Spiritual Care/Religious Services; on-site	x	Trained Licensed minister is on staff to assist with the spiritual needs of house members
Assistance with bill paying/budgeting	x	Trained Unlicensed personnel will assist as needed. As specified in the care plan.
Communication boards or other supplemental communication devices	x	Communication Boards are posted in main common area of the house.
Primary languages spoken by staff		
Supervision of smoking	x	Trained Unlicensed Personnel will monitor the use of specified smoking areas on campus

Service	Available	Comments
Other; specify:		

Section 9: Staffing

Check each option available at the address location(s) listed above.

Staffing Available

Staffing	Available	Comments
One-to-One staffing available	x	Trained Unlicensed personnel are available as needed/desired. As specified in the care plan
One-to-One staffing for special circumstances		
Overnight companion		
Registered Nurse: on-site “part time”	x	RN scheduled on-site two days per week. Available to respond and be on-site 24/7
Registered Nurse: on-site “full time”	x	RN available to provide direction and assessments or be on-site 24/7 as needed.
Licensed Practical Nurse: on site “part time”		
Licensed Practical Nurse: on-site “full time”		
Assisted Living Director: on-site “part time”		
Assisted Living Director: on site “full time”	x	Assisted Living Director will be on site daily and as needed 24/7
Advanced Practice Registered Nurse: on-site “part time”		
Advanced Practice Registered Nurse: on site “full time”		
Activities Director: Part Time		
Activities Director: Full Time	x	Activities director will be on site throughout the week. Calender is posted monthly.
Dietician/Nutritionist consultant available or can be arranged	x	RN will consult with all available professionals as needed or desired.

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Staffing	Available	Comments
Physical Therapist available or can be arranged	x	RN will consult with all available professionals as needed or desired.
Respiratory Therapist available or can be arranged		
Occupational Therapist available or can be arranged		
Speech Language Pathologist available or can be arranged		
Social Worker available or can be arranged	x	ALD will consult with all available social workers as needed or desired.
Other Licensed Professional available; specify type in comments		
Other; specify:		

Section 10: Amenities

Check each option available at the location(s) listed above.

Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	x	Bathrooms are not wheel chair accessible.
Private units	x	All residents will have access to a private, lockable room.
Semi-private units		
Studio/efficiency units		
One-bedroom units		
Two-bedroom units		
Kitchen/Kitchenettes in units		
Internet access	x	All residents will have access to Internet included in the B&L fee.

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Amenity	Available	Comments
Cable (television)	x	All residents will have access to cable (television) included in the B&L fee.
Pets allowed		
Pet care; specify in comments		
Pool		
Whirlpool		
Exercise Room		
Library		
Activity Room	x	Main common area is used as the Activity room.
Garden/outdoor spaces	x	We feature flower gardens, lawn, outdoor seating on premises.
Chapel	x	We can schedule a chapel service as desired by residents.
Private entertaining space		
Communal Dining room		
Beauty/Barber Shop		
Parking available for residents		
Parking available for guests	x	Parking for guests is available on the left side of building.
Guest accommodations		
Laundry Room accessible to Residents	x	Use of laundry room is available as requested by residents.
Washer-Dryer in units		
Central Air Conditioning	x	We feature a new central air system
Fully sprinklered building	x	We have a commissioned sprinkler system that is active.

Amenity	Available	Comments
Designated smoking area inside (not apartment space)		
Designated smoking area outside	x	Designated smoking areas are at each exit.
Other; specify:		

Additional Information

Sixty days before the facility plans to reduce or eliminate the availability of one or more services, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\)](#) (www.revisor.mn.gov/statutes/cite/144G.55).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident’s assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident’s needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care](https://mn.gov/board-on-aging/direct-services/ombudsman/) (<https://mn.gov/board-on-aging/direct-services/ombudsman/>); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities](https://mn.gov/omhdd/) (<https://mn.gov/omhdd/>); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- [Minnesota Senior LinkAge Line](http://www.seniorlinkageline.com/) (www.seniorlinkageline.com/); 1-800-333-2433

(Optional) By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

Received Date

Individual or Legal/Designated Representative