

# Uniform Disclosure of Assisted Living Services & Amenities (UDALSA)

This is a required document per 144G.40 Subd. 2 (www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident's ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents' family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

## General Information

This information is current as of (MM/DD/YYYY): 11/16/2023

Name of Assisted Living: Inspired Senior Living of Hanover

HFID: 32913

Unique building/unit description (if applicable): \_\_\_\_\_

Facility Address: 10875 Settlers Lane N, Hanover Building 1, MN 55341

If services are provided at more than one building (on the assisted living campus), please list all locations below.

No additional buildings

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Facility/Campus listed above has the following license; Check one:

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- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift:<sup>3</sup> \_\_\_\_\_

Evening Shift:<sup>3</sup> \_\_\_\_\_

Night shift:<sup>2</sup> \_\_\_\_\_

### Payment Options

The facility will indicate by placing an "X" in the "Accepted" column if the payment option is accepted (may check more than one). The facility may indicate in the "Comments" column if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds as well as the number of months required.

#### Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	X	
Sliding Scale		
Housing Support (formerly Minnesota Group Residential Housing) Payments	X	
Federal rent subsidy		
Other; explain:		

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**Payment Options for Services**

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	X	
Private Pay	X	
Long Term Care Insurance	X	On a limited basis

Other; explain:

**Services and Amenities Available**

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a "yes" or "X" in the "Available" column if the service is provided or available at/on the campus/unit of the location listed above. If the "Available" column is blank, the facility does **not** provide that service.

**Section 1: Dementia Care**

Pertains only to facilities with an **Assisted Living with Dementia Care** license

Check each service available at the location(s) listed above.

**Dementia Care Services Available**

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior	X	
Secured outdoor grounds on facility premises		We have a fenced area that is not secure or attached to the community
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		
Prepared to manage challenging behaviors	X	On a limited basis and based on resident assessment

Other; specify:

## Section 2: Medication Management

Check each service available at the location(s) listed above.

### Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments		
Communication with physician/pharmacy about ordering or refill requests	X	
Medication administration by licensed or unlicensed personnel	X	
Delivery of medication to resident previously set up by the facility nurse	X	
Medications set up by nurse for resident to self-administer		
Delivery of medication from the original containers to resident	X	
Delivery of liquid or food to resident if required to ingest medication	X	
Delegation of medication management services by licensed health professional to unlicensed staff	X	
Central storage of medication	X	
Diabetic Care: insulin pen dosing	X	
Diabetic Care: insulin pump management		
Diabetic Care: insulin syringe dosing		
Diabetic Care: sliding scale insulin management		
Clinical monitoring of labs related to medications	X	Physician/3rd Party manages lab results; facility staff coordinates only
Anticoagulant medication management	X	Physician/3rd Party manages lab results; facility staff coordinates only
B-12 injections	X	Can be done by 3rd party home health nurse

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<b>Service</b>	<b>Available</b>	<b>Comments</b>
Nutritional supplement administration	X	
(IV) Intravenous management		
PICC lines (Peripherally Inserted Central Catheter)		
Injections; specify types or limits in comments (IM, SQ)	X	Lovenox SQ, Ozempic, Humira, Trulicity IM, done by 3rd Party home health nurse
Nebulizers	X	
Inhalers	X	On a limited basis and based on resident assessment
Ear drops	X	
Eye drops	X	
Topicals	X	
Patches	X	
Medication delivery via enteral (feeding) tube		
Pain pump management		
Medical cannabis administration (pill form) for certified patients	X	edible gummies are allowed
Medical Cannabis storage for certified patients		
Cannabidiol oil administration for certified patients		
Other; specify:		

### Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

#### Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	X	
Wound care: basic	X	First Aid
Wound care: complex		Done by 3rd party providers on a limited basis only, No wound vacs
Diabetic care: blood glucose monitoring	X	
Diabetic care: foot/nail care	X	Done by 3rd party Podiatrist
C-PAP		
Bi-PAP		
Oxygen Management; specify any delivery system limitations	X	No liquid oxygen, no in-wall oxygen concentrators and portable tanks only
Oxygen saturation checks	X	SpO2 only with detailed specified ranges in a physician's order, no ABG's
Ventilators		
Suctioning		
Tracheostomy Care: cleaning of site and tube		
Tracheostomy Care: showering assistance		
Tracheostomy Care: suctioning assistance		
Pacemaker Checks		
Arrange for On-Site Dialysis		
Arrange for/set-up Off-Site Dialysis	X	Transportation to and from dialysis appointments are coordinated by a 3rd party provider.

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Service	Available	Comments
Peritoneal Dialysis (on-site)		
Compression stockings	X	Maintenance only, will place on and take off per specific detailed physician's order
Lymphedema wraps	X	Done by 3rd Party home health nurse
Fall Prevention: balance assessments	X	Completed by 3rd party therapy
Fall Prevention: exercise programs	X	Completed by 3rd party therapy
Fall Prevention: strength training	X	Completed by 3rd party therapy
Integrative Health Services: acupuncture		
Integrative Health Services: aromatherapy		
Integrative Health Services: healing touch		
Integrative Health Services: massage		
Blood pressure checks	X	Per specific detailed physician's orders
Daily weight check		Done by 3rd Party home health nurse
Indwelling urinary catheter care; emptying and bag changes	X	Uncomplicated indwelling catheter care only empty only; complex done by 3rd party provider.
Indwelling urinary catheter replacement by nurse	X	Completed by outside provider, nurse can assist when needed
Straight (intermittent) catheter assistance		
Suprapubic catheter care		
Ostomy care	X	Uncomplicated care; staff will only empty colostomy bag; complex is done by a 3rd party provider
Arrangements for and coordination with hospice care	X	Collaborate with a 3rd party hospice provider
End-of-life palliative care	X	Collaborate with a 3rd party palliative care provider

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Service	Available	Comments
Access to and training on use of automatic electronic defibrillators (AED)		
Training of and use of Cardiopulmonary Resuscitation (CPR)		
Other; specify:		

**Section 4: Assistance with Activities of Daily Living**

Check each service available at the location(s) listed above.

**Assistance with Daily Living Activities Available**

Service	Available	Comments
Dressing	X	
Bathing: shower	X	
Bathing: bathtub	X	
Oral hygiene	X	
Denture care	X	
Cuing/reminders for self-cares	X	
Use of special utensils	X	Per therapy recommendation and physician's order only
Feeding assistance for residents with complicated eating problems	X	Support from family and 3rd party therapy if necessary on a limited basis
Set-up and cut food at meals	X	Per physician's diet order only
Manual Feeding; specify limits in comments	X	Hand over hand on a limited basis
Tube Feeding; specify limits in comments		
Feeding in common area with one staff member per resident		

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Service	Available	Comments
Feeding in resident's apartment with one staff member per resident		
Grooming: hair care, make-up, shaving, application of lotion, etc.	X	
Nail care: toenails, fingernails		
Toileting: standby assistance/supervision	X	
Changing incontinence products; perineal care	X	
Ordering replacement incontinence products	X	Per medicaid requirements only
Assistance with bowel and bladder control, devices, and training programs	X	Done by 3rd party providers as ordered by the physician
Other; specify:		

### Section 5: Mobility Support

Check each service available at the location(s) listed above.

#### Mobility Services Available

Service	Available	Comments
Standby Assistance	X	
Transfers with assist of one staff	X	
Transfers with assist of two staff	X	On a limited basis
Transfers utilizing sit-to-stand lifts	X	On a limited basis as recommended by therapy and ordered by the physician
Transfers utilizing sliding boards		
Transfers utilizing bariatric equipment		
Ceiling lift transfers		

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<b>Service</b>	<b>Available</b>	<b>Comments</b>
Non-mechanical transfers (trapeze)		Must be supplied by resident, only Halo devices acceptable
Mechanical lift: assist of 1 transfer		
Mechanical lift: assist of 2 transfer	X	On a limited basis with therapy recommendation
Ambulation with assist of 1	X	
Bed mobility	X	
Assistance with chair mobility	X	
Chair Glide System		
Mechanical Stair Lift System		
Handrails; in personal space		
Elevators	X	
Other; specify:		

**Section 6: Security & Monitoring**

Check each service/option available at the location(s) listed above.

**Security and Monitoring Services**

<b>Service</b>	<b>Available</b>	<b>Comments</b>
Every 15-minutes safety checks		
Every 30-minutes safety checks		
Hourly safety checks		
Every two-hours safety checks	X	

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<b>Service</b>	<b>Available</b>	<b>Comments</b>
Daily safety checks	X	
Emergency call system; specify type in comments	X	Notify - pendant system
Non-emergency call system; specify type in comments	X	Notify - pendant system
Digital wander alert device on resident		
Wander alert system at facility exits		
Staff monitoring at facility exits; specify method in comments		
Visitor check-in/check-out at facility main entrance	X	At this time, per COVID-19 requirements
Bed alarms or movement sensing technology		
Door sensors: specify locations (unit, resident room, exits, etc.)		
Security Guard		
Security cameras in common spaces	X	
Key card/fob access: specify locations (unit, resident room, exits, etc.)	X	Exterior doors
Other lock systems: specify locations (unit, resident room, exits, etc.)	X	Alarmed exterior doors
Emergency generator(s) to power the facility during power outages	X	

Other; specify:

**Section 7: Dining and Nutrition**

Check each service/option available at the location(s) listed above.

**Dining and Nutrition Services**

Service	Available	Comments
Three meals available, plus snacks	Required	
Breakfast available in community space	X	
Breakfast available; delivered to apartment	X	At additional cost per resident agreement
Lunch available in community space	X	
Lunch available; delivered to apartment	X	At additional cost per resident agreement
Dinner available in community space	X	
Dinner available; delivered to apartment	X	At additional cost per resident agreement
Meal tray delivery and pick-up from resident's unit	X	At additional cost per resident agreement
Meal preparation in resident's unit		
Thickened Liquids; specify limits in comments	X	Pre-thickened liquids
Modified Texture Diets; specify limits in comments	X	mechanical soft and pureed
Therapeutic Diets: cardiac		
Therapeutic Diets: diabetic or calorie controlled		
Therapeutic Diets: gluten-free		
Therapeutic Diets: high fiber		
Therapeutic Diets: low fat/low cholesterol		
Therapeutic Diets: low sodium		

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<b>Service</b>	<b>Available</b>	<b>Comments</b>
Therapeutic Diets: no added salt	X	
Therapeutic Diets: renal diet		
Other special diets: kosher		
Other special diets: (vegetarian, vegan, etc.) specify in comments		
Dietitian or Nutritionist Services	X	Available virtually through menu program and per MD orders
Carbohydrate intake/tracking		
Meal consumption tracking		
Other; specify:		

**Section 8: Supportive Services**

Check each service available at the location(s) listed above.

**Supportive Services Available**

<b>Service</b>	<b>Available</b>	<b>Comments</b>
Daily "I'm okay" checks service; specify procedure in comments	X	
Assistance with meals or food preparation	X	
Daily Social and Recreational Services	Required	
Housekeeping: bed making	X	
Housekeeping: defrost and clean refrigerator		
Housekeeping: dusting		
Housekeeping: organize closets and drawers		

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Service	Available	Comments
Housekeeping: trash removal; specify frequency in comments	X	Daily
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	X	
Housekeeping: other; specify in comments	X	Additional housekeeping at an additional cost, based on assessment
Laundry: linen (change bed, launder sheets, towels)	X	
Laundry: wash, dry, and fold clothing; specify loads per week in comments	X	Once per week at an additional cost, based on assessment
Laundry: other; specify in comments		
Schedule offsite social and recreational activities		
Schedule medical and social service appointments		
Assistance with arranging transportation for personal, social, and recreational activities	Required	
Assistance with arranging transportation to medical and social services appointments	Required	
Provide transportation to social and recreational activities		
Provide transportation to medical and social service appointments		
Assistance accessing community resources and social services	Required	
Shopping: facility sponsored		
Spiritual Care/Religious Services; on-site		Based on availability and through streaming services
Assistance with bill paying/budgeting		
Communication boards or other supplemental communication devices	X	
Primary languages spoken by staff	X	English
Supervision of smoking		

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Service	Available	Comments
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Other; specify:

**Section 9: Staffing**

Check each option available at the address location(s) listed above.

**Staffing Available**

Staffing	Available	Comments
One-to-One staffing available		
One-to-One staffing for special circumstances		
Overnight companion		
Registered Nurse: on-site "part time"		
Registered Nurse: on-site "full time"		Full time RN; available by contact on the off hours, 24 hour availability
Licensed Practical Nurse: on site "part time"		
Licensed Practical Nurse: on-site "full time"		
Assisted Living Director: on-site "part time"		
Assisted Living Director: on site "full time"	X	
Advanced Practice Registered Nurse: on-site "part time"		
Advanced Practice Registered Nurse: on site "full time"		
Activities Director: Part Time		
Activities Director: Full Time	X	
Dietician/Nutritionist consultant available or can be arranged		

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<b>Staffing</b>	<b>Available</b>	<b>Comments</b>
Physical Therapist available or can be arranged	X	3rd party, based on need and insurance
Respiratory Therapist available or can be arranged		
Occupational Therapist available or can be arranged	X	3rd party, based on need and insurance
Speech Language Pathologist available or can be arranged	X	3rd party, based on need and insurance
Social Worker available or can be arranged		
Other Licensed Professional available; specify type in comments	X	Physician home visits, based on need
Other; specify:		

**Section 10: Amenities**

Check each option available at the location(s) listed above.

**Amenities Available**

<b>Amenity</b>	<b>Available</b>	<b>Comments</b>
Accessible bathrooms; specify limits in comments	X	
Private units	X	
Semi-private units	X	
Studio/efficiency units	X	
One-bedroom units		
Two-bedroom units		
Kitchen/Kitchenettes in units		
Internet access	X	Charged within the residency agreement

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<b>Amenity</b>	<b>Available</b>	<b>Comments</b>
Cable (television)	X	Charged within the residency agreement
Pets allowed	X	Within limits per residency agreement
Pet care; specify in comments		All pet care must be provided by resident
Pool		
Whirlpool	X	For comfort only
Exercise Room		
Library		
Activity Room		
Garden/outdoor spaces	X	
Chapel		
Private entertaining space		
Communal Dining room	X	
Beauty/Barber Shop	X	3rd party cosmetologist as needed
Parking available for residents	X	
Parking available for guests	X	
Guest accommodations		
Laundry Room accessible to Residents		
Washer-Dryer in units		
Central Air Conditioning	X	
Fully sprinklered building	X	

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Amenity	Available	Comments
Designated smoking area inside (not apartment space)		
Designated smoking area outside	X	
Other; specify:		

**Additional Information**

Sixty days before the facility plans to reduce or eliminate the availability of one or more services, the facility must provide written notice of the reduction. Refer to 144G.55 Subd. 1(d) ([www.revisor.mn.gov/statutes/cite/144G.55](http://www.revisor.mn.gov/statutes/cite/144G.55)).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident's assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident's needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- Office of Ombudsman for Long Term Care (<https://mn.gov/board-on-aging/direct-services/ombudsman/>); 1-800-657-3591
- Office of Ombudsman for Mental Health and Developmental Disabilities (<https://mn.gov/omhdd/>); 1-800-657-3506
- Minnesota Directory for community resources: [www.MinnesotaHelp.Info](http://www.MinnesotaHelp.Info)
- Minnesota Senior LinkAge Line ([www.seniorlinkageline.com/](http://www.seniorlinkageline.com/)); 1-800-333-2433

(Optional) By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

\_\_\_\_\_  
Received Date

\_\_\_\_\_  
Individual or Legal/Designated Representative