

Uniform Disclosure of Assisted Living Services & Amenities (UDALSA)

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident’s ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents’ family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

General Information

This information is current as of (MM/DD/YYYY): 05/31/2024

Name of Assisted Living: Scandi Haven of Cura

HFID: 33727

Unique building/unit description (if applicable): Assisted Living with Dementia Care

Facility Address: 1710 McKinney Avenue Benson, MN 56215

If services are provided at more than one building (on the assisted living campus), please list all locations below.

No additional buildings

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Building Name (if applicable): _____

Physical Address (if different than above): _____

Facility/Campus listed above has the following license; Check one:

- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: ⁵ _____


Evening Shift: ⁵ _____

Night shift: ² _____

Payment Options

The facility will indicate by placing an “X” in the “Accepted” column if the payment option is accepted (may check more than one). The facility may indicate in the “Comments” column if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds as well as the number of months required.

Payment Options for Housing Contract

| Payment Option | Accepted | Comments |
|---|----------|---|
| Private Pay | X | |
| Sliding Scale | | |
| Housing Support (formerly Minnesota Group Residential Housing) Payments | X | Accept if GRH Units are available - certain number available.  |
| Federal rent subsidy | | |
| Other; explain: | | |

Payment Options for Services

| Payment Option | Accepted | Comments |
|---|----------|--|
| Waivered Services (EW, CADI, BI); specify any limitations | X | EW accepted based on availability- there is certain number of Units that are available for EW + |
| Private Pay | X | |
| Long Term Care Insurance | X | Most accepted, Business Office will submit claim to Long Term Care Insurance upon request + |
| Other; explain: | | |

Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

Section 1: Dementia Care

Pertains only to facilities with an **Assisted Living with Dementia Care** license

Check each service available at the location(s) listed above.

Dementia Care Services Available

| Service | Available | Comments |
|--|-----------|----------|
| Secured unit or building for wandering or exit-seeking behavior | X | |
| Secured outdoor grounds on facility premises | X | |
| Individualized digital/alarm monitoring for wandering or exit-seeking behavior | | |
| Prepared to manage challenging behaviors | | |
| Other; specify: | | |



Section 2: Medication Management

Check each service available at the location(s) listed above.

Medication Management Services Available

| Service | Available | Comments |
|--|-----------|---|
| Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments | X | |
| Communication with physician/pharmacy about ordering or refill requests | X | If not utilizing Facility Preferred Pharmacy (FPP), see handbook for after hours agreement + |
| Medication administration by licensed or unlicensed personnel | X | Must be provided in bubble pack, see handbook for potential exclusions/further information. + |
| Delivery of medication to resident previously set up by the facility nurse | X | Must be provided in bubble pack, see handbook for potential exclusions/further information. + |
| Medications set up by nurse for resident to self-administer | X | Only when nurse assessment confirms that this is safe and resident is capable. + |
| Delivery of medication from the original containers to resident | | |
| Delivery of liquid or food to resident if required to ingest medication | X | Will supply applesauce, chocolate/vanilla pudding. Special requests will need to be supplied + |
| Delegation of medication management services by licensed health professional to unlicensed staff | X | As directed by licensed nurse. |
| Central storage of medication | X | Controlled substances and refrigerated medications stored centrally per guidelines. + |
| Diabetic Care: insulin pen dosing | X | |
| Diabetic Care: insulin pump management | | |
| Diabetic Care: insulin syringe dosing | | |
| Diabetic Care: sliding scale insulin management | | |
| Clinical monitoring of labs related to medications | X | |
| Anticoagulant medication management | X | f not utilizing Facility Preferred Pharmacy (FPP), see handbook for after hours agreement + |
| B-12 injections | X | Administered by licensed nurse – available on a routine scheduled basis – not daily. + |





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| Service | Available | Comments |
|--|-----------|---|
| Nutritional supplement administration | X | If not covered by insurance will need to be provided by resident.  |
| (IV) Intravenous management | | |
| PICC lines (Peripherally Inserted Central Catheter) | | |
| Injections; specify types or limits in comments (IM, SQ) | X | IM injections- Administered by licensed nurse, not daily scheduled- available Mon-Fri  |
| Nebulizers | X | Machine to be supplied by resident. |
| Inhalers | X | |
| Ear drops | X | |
| Eye drops | X | |
| Topicals | X | |
| Patches | X | |
| Medication delivery via enteral (feeding) tube | | |
| Pain pump management | | |
| Medical cannabis administration (pill form) for certified patients | | |
| Medical Cannabis storage for certified patients | | |
| Cannabidiol oil administration for certified patients | | |
| Other; specify: | | |






Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

Treatments & Therapies Available

| Service | Available | Comments |
|---|-----------|---|
| Verbal or visual reminders to perform regularly scheduled treatments or exercises | X | |
| Wound care: basic | X | Band-aid or orders that can be delegated to ULPs. |
| Wound care: complex | X | Only when supported through homecare involvement for wound management and in AL scope.  |
| Diabetic care: blood glucose monitoring | X | Resident to supply equipment (lancets, pen needles, sensor as applicable, etc).  |
| Diabetic care: foot/nail care | X | Provided by licensed nurse |
| C-PAP | X | |
| Bi-PAP | X | |
| Oxygen Management; specify any delivery system limitations | X | Liquid oxygen not offered and max liter flow of 5 LPM via Nasal Cannula or Mask.  |
| Oxygen saturation checks | X | |
| Ventilators | | |
| Suctioning | | |
| Tracheostomy Care: cleaning of site and tube | | |
| Tracheostomy Care: showering assistance | | |
| Tracheostomy Care: suctioning assistance | | |
| Pacemaker Checks | X | If able to be completed remote - resident responsible for machine and connection needs.  |
| Arrange for On-Site Dialysis | | |
| Arrange for/set-up Off-Site Dialysis | | |

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| Service | Available | Comments |
|--|-----------|---|
| Peritoneal Dialysis (on-site) | | |
| Compression stockings | X | Stocking supplied by resident |
| Lymphedema wraps | X | Need orders and resident supplies. |
| Fall Prevention: balance assessments | | |
| Fall Prevention: exercise programs | | |
| Fall Prevention: strength training | | |
| Integrative Health Services: acupuncture | | |
| Integrative Health Services: aromatherapy | | |
| Integrative Health Services: healing touch | | |
| Integrative Health Services: massage | | |
| Blood pressure checks | X | Monthly checks if resident is on services, additional checks available for additional charge.  |
| Daily weight check | X | Monthly checks if resident is on services, additional checks available for additional charge.  |
| Indwelling urinary catheter care; emptying and bag changes | X | Supplies to be covered by resident, nurse will assist in reordering as needed.  |
| Indwelling urinary catheter replacement by nurse | | |
| Straight (intermittent) catheter assistance | | |
| Suprapubic catheter care | X | Homecare services are needed for management and replacement.  |
| Ostomy care | X | Supplies to be covered by resident, nurse will assist in reordering as needed.  |
| Arrangements for and coordination with hospice care | X | |
| End-of-life palliative care | X | |


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| Service | Available | Comments |
|--|-----------|--|
| Access to and training on use of automatic electronic defibrillators (AED) | | |
| Training of and use of Cardiopulmonary Resuscitation (CPR) | X | licensed staff only - not available 24/7 |
| Other; specify: | | |


Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

Assistance with Daily Living Activities Available

| Service | Available | Comments |
|---|-----------|---|
| Dressing | X | |
| Bathing: shower | X | |
| Bathing: bathtub | X | |
| Oral hygiene | X | |
| Denture care | X | |
| Cuing/reminders for self-cares | X | |
| Use of special utensils | X | Special utensils need to be supplied by resident |
| Feeding assistance for residents with complicated eating problems | X | Provided in Memory Care unit only; cues/prompting. Total assist with eating up to 6 residents  |
| Set-up and cut food at meals | X | |
| Manual Feeding; specify limits in comments | | |
| Tube Feeding; specify limits in comments | | |
| Feeding in common area with one staff member per resident | | |

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| Service | Available | Comments |
|---|-----------|---|
| Feeding in resident's apartment with one staff member per resident | | |
| Grooming: hair care, make-up, shaving, application of lotion, etc. | X | |
| Nail care: toenails, fingernails | X | |
| Toileting: standby assistance/supervision | X | |
| Changing incontinence products; perineal care | X | |
| Ordering replacement incontinence products | X | if insurance covers -- out of pocket will be resident/poa responsibility.  |
| Assistance with bowel and bladder control, devices, and training programs | | |
| Other; specify: | | |

Section 5: Mobility Support

Check each service available at the location(s) listed above.

Mobility Services Available

| Service | Available | Comments |
|---|-----------|-----------------------------------|
| Standby Assistance | X | |
| Transfers with assist of one staff | X | |
| Transfers with assist of two staff | X | Provided in Memory Care unit only |
| Transfers utilizing sit-to-stand lifts | | |
| Transfers utilizing sliding boards | | |
| Transfers utilizing bariatric equipment | | |
| Ceiling lift transfers | | |

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| Service | Available | Comments |
|---------------------------------------|-----------|---|
| Non-mechanical transfers (trapeze) | | |
| Mechanical lift: assist of 1 transfer | X | AL -Max of 4 residents in Sonsteng wing; MC - Max of 8 residents utilizing any type of lift |
| Mechanical lift: assist of 2 transfer | X | AL - Not provided; MC - Max of 8 residents utilizing any type of lift. |
| Ambulation with assist of 1 | X | |
| Bed mobility | X | AL - up to assist of one; MC - up to assist of two |
| Assistance with chair mobility | X | |
| Chair Glide System | | |
| Mechanical Stair Lift System | | |
| Handrails; in personal space | X | |
| Elevators | X | |
| Other; specify: | | |


Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

Security and Monitoring Services

| Service | Available | Comments |
|--------------------------------|-----------|--|
| Every 15-minutes safety checks | | |
| Every 30-minutes safety checks | | |
| Hourly safety checks | X | Available for additional fee for short term needs; maximum of 3 days per instance |
| Every two-hours safety checks | X | Available for additional fee; AL - short term needs, max of 3 days; Available on Memory Care |


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| Service | Available | Comments |
|---|-----------|---|
| Daily safety checks | X | Only available to those receiving services. |
| Emergency call system; specify type in comments | X | Pull cords in all bathrooms. Residents that receive services are also provided a pendant.  |
| Non-emergency call system; specify type in comments | | |
| Digital wander alert device on resident | | |
| Wander alert system at facility exits | | |
| Staff monitoring at facility exits; specify method in comments | | |
| Visitor check-in/check-out at facility main entrance | | |
| Bed alarms or movement sensing technology | | |
| Door sensors: specify locations (unit, resident room, exits, etc.) | | |
| Security Guard | | |
| Security cameras in common spaces | | |
| Key card/fob access: specify locations (unit, resident room, exits, etc.) | | Key card/fob access not available for resident/family use. |
| Other lock systems: specify locations (unit, resident room, exits, etc.) | X | Secured Memory Unit |
| Emergency generator(s) to power the facility during power outages | | |
| Other; specify: | | |


Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

Dining and Nutrition Services

| Service | Available | Comments |
|---|-----------|--|
| Three meals available, plus snacks | Required | |
| Breakfast available in community space | X | |
| Breakfast available; delivered to apartment | X | |
| Lunch available in community space | X | |
| Lunch available; delivered to apartment | X | |
| Dinner available in community space | X | |
| Dinner available; delivered to apartment | X | |
| Meal tray delivery and pick-up from resident's unit | X | |
| Meal preparation in resident's unit | | |
| Thickened Liquids; specify limits in comments | X | Resident to provide pre-thickened liquids if outside of elected meal service  |
| Modified Texture Diets; specify limits in comments | X | |
| Therapeutic Diets: cardiac | X | |
| Therapeutic Diets: diabetic or calorie controlled | X | |
| Therapeutic Diets: gluten-free | X | limited menu options - condiments or other specialties supplied by resident  |
| Therapeutic Diets: high fiber | X | |
| Therapeutic Diets: low fat/low cholesterol | X | |
| Therapeutic Diets: low sodium | X | |

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| Service | Available | Comments |
|--|-----------|---|
| Therapeutic Diets: no added salt | X | |
| Therapeutic Diets: renal diet | X | |
| Other special diets: kosher | | |
| Other special diets: (vegetarian, vegan, etc.) specify in comments | X | Vegetarian Limited menu - specialty items supplied by resident.  |
| Dietitian or Nutritionist Services | | |
| Carbohydrate intake/tracking | | |
| Meal consumption tracking | X | temporary up to 14 days with an added fee |
| Other; specify: | | |

Section 8: Supportive Services

Check each service available at the location(s) listed above.

Supportive Services Available

| Service | Available | Comments |
|--|-----------|----------|
| Daily "I'm okay" checks service; specify procedure in comments | | |
| Assistance with meals or food preparation | | |
| Daily Social and Recreational Services | Required | |
| Housekeeping: bed making | X | |
| Housekeeping: defrost and clean refrigerator | | |
| Housekeeping: dusting | | |
| Housekeeping: organize closets and drawers | | |

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| Service | Available | Comments |
|---|-----------|---|
| Housekeeping: trash removal; specify frequency in comments | X | trash removal daily for those receiving services |
| Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum) | X | Cleaning without moving furniture or appliances. |
| Housekeeping: other; specify in comments | | |
| Laundry: linen (change bed, launder sheets, towels) | X | Laundry provided 1 day per week; maximum of 3 loads |
| Laundry: wash, dry, and fold clothing; specify loads per week in comments | X | Laundry provided 1 day per week; maximum of 3 loads |
| Laundry: other; specify in comments | | |
| Schedule offsite social and recreational activities | X | |
| Schedule medical and social service appointments | X | Will follow up on referrals and recommendations. Will not arrange new start of cares.  |
| Assistance with arranging transportation for personal, social, and recreational activities | Required | with proper notification |
| Assistance with arranging transportation to medical and social services appointments | Required | with proper notification - information provided |
| Provide transportation to social and recreational activities | X | Facility scheduled activities |
| Provide transportation to medical and social service appointments | | |
| Assistance accessing community resources and social services | Required | |
| Shopping: facility sponsored | X | based on availability - will be sign ups for all outings |
| Spiritual Care/Religious Services; on-site | X | |
| Assistance with bill paying/budgeting | | |
| Communication boards or other supplemental communication devices | X | |
| Primary languages spoken by staff | X | English |
| Supervision of smoking | | non-smoking community |

| Service | Available | Comments |
|-----------------|-----------|----------|
| Other; specify: | | |


Section 9: Staffing

Check each option available at the address location(s) listed above.

Staffing Available

| Staffing | Available | Comments |
|--|-----------|----------|
| One-to-One staffing available | | |
| One-to-One staffing for special circumstances | | |
| Overnight companion | | |
| Registered Nurse: on-site “part time” | | |
| Registered Nurse: on-site “full time” | X | |
| Licensed Practical Nurse: on site “part time” | | |
| Licensed Practical Nurse: on-site “full time” | X | |
| Assisted Living Director: on-site “part time” | | |
| Assisted Living Director: on site “full time” | X | |
| Advanced Practice Registered Nurse: on-site “part time” | | |
| Advanced Practice Registered Nurse: on site “full time” | | |
| Activities Director: Part Time | | |
| Activities Director: Full Time | X | |
| Dietician/Nutritionist consultant available or can be arranged | | |

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES (UDALSA)

| Staffing | Available | Comments |
|---|-----------|---|
| Physical Therapist available or can be arranged | X | Can be arranged through outside agency |
| Respiratory Therapist available or can be arranged | | |
| Occupational Therapist available or can be arranged | X | Can be arranged through outside agency |
| Speech Language Pathologist available or can be arranged | X | Can be arranged through outside agency |
| Social Worker available or can be arranged | | |
| Other Licensed Professional available; specify type in comments | X | Can be arranged through outside agency - Skilled Nursing cares, mental health services etc.  |
| Other; specify: | | |

Section 10: Amenities

Check each option available at the location(s) listed above.

Amenities Available

| Amenity | Available | Comments |
|--|-----------|----------|
| Accessible bathrooms; specify limits in comments | X | |
| Private units | X | |
| Semi-private units | | |
| Studio/efficiency units | X | |
| One-bedroom units | X | |
| Two-bedroom units | X | |
| Kitchen/Kitchenettes in units | X | |
| Internet access | X | |

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| Amenity | Available | Comments |
|--------------------------------------|-----------|---|
| Cable (television) | X | |
| Pets allowed | X | Per pet policy Guidelines and fee paid in full prior to move in. |
| Pet care; specify in comments | | Resident must be able to provide all care and have arrangements for placement if LOA + |
| Pool | | |
| Whirlpool | X | Whirlpool tub available for additional fee |
| Exercise Room | X | |
| Library | X | |
| Activity Room | X | |
| Garden/outdoor spaces | X | |
| Chapel | | |
| Private entertaining space | | |
| Communal Dining room | X | |
| Beauty/Barber Shop | X | |
| Parking available for residents | X | |
| Parking available for guests | X | |
| Guest accommodations | | |
| Laundry Room accessible to Residents | X | |
| Washer-Dryer in units | X | not in all units |
| Central Air Conditioning | X | |
| Fully sprinklered building | X | |

| Amenity | Available | Comments |
|--|-----------|----------|
| Designated smoking area inside (not apartment space) | | |
| Designated smoking area outside | | |
| Other; specify: | | |

Additional Information

Sixty days before the facility plans to reduce or eliminate the availability of one or more services, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\)](#) (www.revisor.mn.gov/statutes/cite/144G.55).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident’s assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident’s needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care \(https://mn.gov/board-on-aging/direct-services/ombudsman/\)](https://mn.gov/board-on-aging/direct-services/ombudsman/); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities \(https://mn.gov/omhdd/\)](https://mn.gov/omhdd/); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- [Minnesota Senior LinkAge Line \(www.seniorlinkageline.com/\)](http://www.seniorlinkageline.com/); 1-800-333-2433

(Optional) By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

Received Date

Individual or Legal/Designated Representative