DEPARTMENT OF HEALTH

Uniform Disclosure of Assisted Living Services and Amenities

Purpose

This is a required document per 144G.40 Subd. 2 (www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident's ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents' family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

General Information

This information is current as of (MM/DD/YYYY): 05/12/2021

Name of Assisted Living: Golden Hearts Home Care Services LLC

Unique building/unit descriptive (if applicable): Anoka House

Physical Address: 3940 9 th Lane Anoka, MN 55303

If the indicated services are provided for more than one building/unit (on the campus), list all additional buildings/units this applies to. Use additional pages if necessary.

☒ No additional buildings/units

Additional Building:

Unique building/unit descriptive (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Unique building/unit descriptive (if applicable): Anoka House

Physical Address (if different than above): _____

Additional Building:

Unique building/unit descriptive (if applicable): Anoka House

Physical Address (if different than above): _____

Facility/Campus listed above has the following license. Check one:

- [x] Assisted Living Facility License
- [ ] Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- [x] Unlicensed staff are in the building and available to respond to resident requests 24/7
- [ ] Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- [ ] Licensed staff are on site 24/7
- [x] Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: 2

Evening Shift: 2

Night shift: 1

Payment Options

The facility will indicate by placing an "X" in the "Available" column if the payment option is accepted (may check more than one). Please indicate in the "Comments" column below if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waivered service funds; and if yes, indicate the number of months required.

Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	X	
Sliding Scale		n/a
Housing Support (formerly Minnesota Group Residential Housing) Payments	X	
Federal rent subsidy		n/a

Payment Option	Accepted	Comments
Other; explain		n/a

Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	X	CADI WAIVER
Private Pay	X	
Long Term Care Insurance		n/a
Other; explain		n/a

Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a "yes" or "X" in the "Available" column if the service is provided or available at/on the campus/unit of the location listed above. If the "Available" column is blank, the facility does ***not*** provide that service.

Section 1: Dementia Care (pertains only to an Assisted Living with Dementia Care license)

Check each service available at the location(s) listed above.

Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior		n/a
Secured outdoor grounds on facility premises		n/a
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		n/a
Prepared to manage challenging behaviors		n/a

Service	Available	Comments
Other; specify in comments		n/a

Section 2: Medication Management

Check each service available at the location(s) listed above.

Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments	X	
Communication with physician/pharmacy about ordering or refill requests	X	
Medication administration by licensed or unlicensed personnel	X	
Delivery of medication to resident previously set up by the facility nurse	X	
Medications set up by nurse for resident to self-administer		n/a
Delivery of medication from the original containers to resident	X	
Delivery of liquid or food to resident if required to ingest medication	X	
Delegation of medication management services by licensed health professional to unlicensed staff	X	
Central storage of medication	X	
Diabetic Care: insulin pen dosing	X	
Diabetic Care: insulin pump management	X	
Diabetic Care: insulin syringe dosing	X	
Diabetic Care: sliding scale insulin management	X	

Service	Available	Comments
Clinical monitoring of labs related to medications	X	
Anticoagulant medication management	X	
B-12 injections	X	
Nutritional supplement administration	X	
(IV) Intravenous management	X	
PICC lines (Peripherally Inserted Central Catheter)		n/a
Injections; specify types or limits in comments (IM, SQ)	X	IM OR SQ
Nebulizers	X	
Inhalers	X	
Ear drops	X	
Eye drops	X	
Topicals	X	
Patches	X	
Medication delivery via enteral (feeding) tube	X	
Pain pump management	X	
Medical cannabis administration (pill form) for certified patients	X	
Medical Cannabis storage for certified patients	X	
Cannabidiol oil administration for certified patients	X	

Service	Available	Comments
Other; specify in comments		n/a

Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	X	
Wound care: basic	X	
Wound care: complex		Will get referal for Wound Care Management.
Diabetic care: blood glucose monitoring	X	
Diabetic care: foot/nail care	X	
C-PAP	X	
Bi-PAP	X	
Oxygen Management; specify any delivery system limitations	X	OXYGEN TANK
Oxygen saturation checks	X	
Ventilators	X	
Suctioning	X	
Tracheostomy Care: cleaning of site and tube	X	
Tracheostomy Care: showering assistance	X	

Service	Available	Comments
Tracheostomy Care: suctioning assistance	X	
Pacemaker Checks	X	
Arrange for On-Site Dialysis		1 Client on Dialysis. Goes ofsite for this servive.
Arrange for/set-up Off-Site Dialysis	X	
Peritoneal Dialysis (on-site)		Can be arranged to be done off site
Compression stockings	X	
Lymphedema wraps	X	
Fall Prevention: balance assessments	X	
Fall Prevention: exercise programs	X	
Fall Prevention: strength training	X	
Integrative Health Services: acupuncture		Can be arranged off site
Integrative Health Services: aromatherapy	X	
Integrative Health Services: healing touch	X	
Integrative Health Services: massage	X	
Blood pressure checks	X	
Daily weight check	X	
Indwelling urinary catheter care; emptying and bag changes	X	
Indwelling urinary catheter replacement by nurse	X	

Service	Available	Comments
Straight (intermittent) catheter assistance	X	
Suprapubic catheter care	X	
Ostomy care	X	
Arrangements for and coordination with hospice care	X	
End-of-life palliative care	X	
Access to and training on use of automatic electronic defibrillators (AED)	x	
Training of and use of Cardiopulmonary Resuscitation (CPR)	X	
Other; specify in comments		n/a

Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	X	
Bathing: shower	X	
Bathing: bathtub		Facility has a shower.
Oral hygiene	X	
Denture care	X	
Cueing/reminders for self-care	X	

Service	Available	Comments
Use of special utensils	X	
Feeding assistance for residents with complicated eating problems	X	
Set-up and cut food at meals	X	
Manual Feeding; specify limits in comments	X	
Tube Feeding; specify limits in comments	X	
Feeding in common area with one staff member per resident		n/a
Feeding in resident's apartment with one staff member per resident		n/a
Grooming: hair care, make-up, shaving, application of lotion, etc.	X	
Nail care: toenails, fingernails	X	
Toileting: standby assistance/supervision	X	
Changing incontinence products; perineal care	X	
Ordering replacement incontinence products	X	
Assistance with bowel and bladder control, devices, and training programs	X	
Other; specify in comments		n/a

Section 5: Mobility Support

Check each service available at the location(s) listed above.

Mobility Services Available

Service	Available	Comments
Standby Assistance	X	
Transfers with assist of one staff	X	
Transfers with assist of two staff	X	
Transfers utilizing sit-to-stand lifts	X	
Transfers utilizing sliding boards	X	
Transfers utilizing bariatric equipment	X	
Ceiling lift transfers		n/a
Non-mechanical transfers (trapeze)	X	
Mechanical lift: assist of 1 transfer	X	
Mechanical lift: assist of 2 transfer	X	
Ambulation with assist of 1	X	
Bed mobility	X	
Assistance with chair mobility	X	
Chair Glide System	X	
Mechanical Stair Lift System		Facility does not have
Handrails; in personal space	X	

Service	Available	Comments
Elevators		n/a
Other; specify in comments		n/a

Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks	x	Will depend on Clients Needs.
Every 30-minutes safety checks	x	Will depend on Client's needs.
Hourly safety checks	x	Clients are checked on hourly for 24 hours daily/
Every two-hours safety checks		n/a
Daily safety checks		n/a
Emergency call system; specify type in comments	x	CALL BELL
Non-emergency call system; specify type in comments	x	CALL BELL
Digital wander alert device on resident		n/a
Wander alert system at facility exits	X	Security system Installed. Staff can hear loud al when a door or window is openedThe rent
Staff monitoring at facility exits; specify method in comments	x	Security system installed. Staff can hear loud alarm when door or window is opened/
Visitor check-in/check-out at facility main entrance	x	Client is checked out and back in when leaving the facility.
Bed alarms or movement sensing technology		n/a

Service	Available	Comments
Door sensors: specify locations (unit, resident room, exits, etc.)	x	Security system installed. Door sensors on exit doors.
Security Guard		n/a
Security cameras in common spaces	x	Security sytem installed. Cameras in all common areas.
Key card/fob access: specify locations (unit, resident room, exits, etc.)		n/a
Other lock systems: specify locations (unit, resident room, exits, etc.)		n/a
Emergency generator(s) to power the facility during power outages		n/a
Other; specify in comments		n/a

Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	Breakfast, Lunch, Dinner and 3 Snacks is provided to clients daily.
Breakfast available in community space	X	
Breakfast available; delivered to apartment		N/A
Lunch available in community space	X	
Lunch available; delivered to apartment		N/A
Dinner available in community space	X	
Dinner available; delivered to apartment		N/A

Service	Available	Comments
Meal tray delivery and pick-up from resident's unit		N/A
Meal preparation in resident's unit		N/A
Thickened Liquids; specify limits in comments	X	Per Doctor's orders
Modified Texture Diets; specify limits in comments	x	Per Doctor's orders
Therapeutic Diets: cardiac	X	Per Doctor's orders
Therapeutic Diets: diabetic or calorie controlled	X	Per Doctor's orders
Therapeutic Diets: gluten-free	X	Per Doctor's orders
Therapeutic Diets: high fiber	X	Per Doctor's orders
Therapeutic Diets: low fat/low cholesterol	X	Per Doctor's orders
Therapeutic Diets: low sodium	X	Per Doctor's orders
Therapeutic Diets: no added salt	X	Per Doctor's orders
Therapeutic Diets: renal diet	X	Per Doctor's orders
Other special diets: kosher	x	Per Doctor's orders
Other special diets: (vegetarian, vegan, etc.) specify in comments	x	Per Doctor's orders
Dietitian or Nutritionist Services		Off Site. At Primary Care Clinic
Carbohydrate intake/tracking	X	Per Doctor's orders
Meal consumption tracking	x	Per Doctor's orders
Other; specify in comments		n/a

Section 8: Supportive Services

Check each service available at the location(s) listed above.

Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	x	Hourly Safty Checks
Assistance with meals or food preparation	x	Breakfast, Lunch, Dinner and Snacks prepared by staff.
Daily Social and Recreational Services	Required	Facility will provide daily social and recreational dervices tp clients.
Housekeeping: bed making	x	
Housekeeping: defrost and clean refrigerator	x	
Housekeeping: dusting	x	
Housekeeping: organize closets and drawers	x	
Housekeeping: trash removal; specify frequency in comments	X	
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	X	
Housekeeping: other; specify in comments	x	Facilty staff to do all Housekeeping chores/
Laundry: linen (change bed, launder sheets, towels)	X	
Laundry: wash, dry, and fold clothing; specify loads per week in comments	X	
Laundry: other; specify in comments	X	Staff will provide laundry Services to clients as arranged in the Home Care Contract.
Schedule offsite social and recreational activities	x	Socialization will be offeref on site and offsite accordingly.
Schedule medical and social service appointments	x	
Assistance with arranging transportation for personal, social, and recreational activities	Required	Service Provided by facility

Service	Available	Comments
Assistance with arranging transportation to medical and social services appointments	Required	Service Provided by Facility.
Provide transportation to social and recreational activities	x	
Provide transportation to medical and social service appointments	x	Service Provided by Facility.
Assistance accessing community resources and social services	Required	Service Provided by Facility.
Shopping: facility sponsored	x	Service Provided by Facility.
Spiritual Care/Religious Services; on-site		Client have option to attend church of chpice.
Assistance with bill paying/budgeting		Done by client or by court appointed Rep Payee.
Communication boards or other supplemental communication devices	x	Per client/s needs.
Primary languages spoken by staff	x	Eglish
Supervision of smoking	x	
Other; specify in comments		n/a

Section 9: Staffing

Check each option available at the address location(s) listed above.

Staffing Available

Staffing	Available	Comments
One-to-One staffing available	x	Depending on client's need and pre arranged
One-to-One staffing for special circumstances	x	Depending on client's need and pre arranged
Overnight companion	x	Depending on client's need and pre arranged

Staffing	Available	Comments
Registered Nurse: on-site "part time"	x	Facility has 2 RN's who are on site part time and on call 24 hours a day.
Registered Nurse: on-site "full time"		n/a
Licensed Practical Nurse: on site "part time"		n/a
Licensed Practical Nurse: on-site "full time"		n/a
Assisted Living Director: on-site "part time"	x	Assisted Living Director is on site part time but in an office and on call 24 hours a day.
Assisted Living Director: on site "full time"		n/a
Advanced Practice Registered Nurse: on-site "part time"	x	Psychiatric Mental Health Nurse Practitioner on site part time and on call during
Advanced Practice Registered Nurse: on site "full time"		n/a
Activities Director: Part Time	x	Activity Director on site Part Time.
Activities Director: Full Time		
Dietician/Nutritionist consultant available or can be arranged	x	Service is arranged through client's primary Care Provider or Clinic.
Physical Therapist available or can be arranged	x	Service is arranged through client's primary Care Provider or Clinic.
Respiratory Therapist available or can be arranged	x	Service is arranged through client's primary Care Provider or Clinic.
Occupational Therapist available or can be arranged	x	Service is arranged through client's primary Care Provider or Clinic.
Speech Language Pathologist available or can be arranged	x	Service is arranged through client's primary Care Provider or Clinic.
Social Worker available or can be arranged	x	Service is arranged through client's primary Care Provider or Clinic.
Other Licensed Professional available; specify type in comments		n/a
Other; specify in comments		n/a

Section 10: Amenities

Check each option available at the location(s) listed above.

Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	x	
Private units	x	
Semi-private units		n/a
Studio/efficiency units		n/a
One-bedroom units		n/a
Two-bedroom units		n/a
Kitchen/Kitchenettes in units		n/a
Internet access	x	Facilty has Comcast Cable, Internet and Phone Service avaible to all clients in their
Cable (television)	x	Facipty has Comcast Cable in all rooms and common areas.
Pets allowed	x	
Pet care; specify in comments	x	Client's Care for their own pets.
Pool		n/a
Whirlpool		n/a
Exercise Room	X	
Library		Rum River Library is a few miles away from the house and clients can access anytime.
Activity Room	x	

Garden/outdoor spaces	x	
Chapel		Clients can attend any church of their choice in the neighborhood.
Private entertaining space	x	Facilty has a back sun room where clients can visit with friends and family privately.
Communal Dining room	x	
Beauty/Barber Shop		n/a
Parking available for residents	x	
Parking available for guests	x	
Guest accommodations		n/a
Laundry Room accessible to Residents	x	
Washer-Dryer in units	x	
Central Air Conditioning	x	
Fully sprinklered building		n/a
Designated smoking area inside (not apartment space)	x	
Designated smoking area outside	x	
Other amenity; specify in comments		n/a
Other amenity; specify in comments		n/a

Additional Information

Sixty days before the facility plans to reduce or eliminate one or more services for a particular resident, the facility must provide written notice of the reduction. Refer to 144G.55 Subd. 1(d) (www.revisor.mn.gov/statutes/cite/144G.55).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident's assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident's needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- Office of Ombudsman for Long Term Care (https://mn.gov/board-on-aging/direct-services/ombudsman/); 1-800-657-3591
- Office of Ombudsman for Mental Health and Developmental Disabilities (https://mn.gov/omhdd/); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- Minnesota Senior LinkAge Line (www.seniorlinkageline.com/); 1-800-333-2433

By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

2/3/2022

Date (MM/DD/YYYY)

[redacted]

Individual or Legal/Designated Representative