

Uniform Disclosure of Assisted Living Services and Amenities

Purpose

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident’s ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents’ family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

General Information

This information is current as of (MM/DD/YYYY): 11/01/2022

Name of Assisted Living: Norbella Prior Lake Senior Lviing

Unique building/unit descriptive (if applicable): _____

Physical Address: 4285 Fountain Hills Dr. Prior Lake, MN 55372

If the indicated services are provided for more than one building/unit (on the campus), list all additional buildings/units this applies to. Use additional pages if necessary.

No additional buildings/units

Additional Building:

Unique building/unit descriptive (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Unique building/unit descriptive (if applicable): _____

Physical Address (if different than above): _____

Additional Building:

Unique building/unit descriptive (if applicable): _____

Physical Address (if different than above): _____

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Facility/Campus listed above has the following license. Check one:

- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: 5

Evening Shift: 5

Night shift: 3

Payment Options

The facility will indicate by placing an “X” in the “Available” column if the payment option is accepted (may check more than one). Please indicate in the “Comments” column below if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds; and if yes, indicate the number of months required.

Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	X	
Sliding Scale		
Housing Support (formerly Minnesota Group Residential Housing) Payments		
Federal rent subsidy		

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Payment Option	Accepted	Comments
Other; explain	VA Benefits	Resident to make arrangements for payment from VA, then pay NorBella for services. NorBella to assist with required documentation.

Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	X	
Private Pay	X	
Long Term Care Insurance	X	Resident to make arrangements for payment from LTC insurance, then pay NorBella for services. NorBella to assist with required documentation.
Other; explain	VA Benefits	Resident to make arrangements for payment from VA, then pay NorBella for services. NorBella to assist with required documentation.

Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

Section 1: Dementia Care (pertains only to an Assisted Living with Dementia Care license)

Check each service available at the location(s) listed above.

Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior	X	Key code/fob access.
Secured outdoor grounds on facility premises	X	Key code/fob access.
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		
Prepared to manage challenging behaviors	X	Case by case basis reviewed by RN

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Service	Available	Comments
Other; specify in comments		

Section 2: Medication Management

Check each service available at the location(s) listed above.

Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments	x	
Communication with physician/pharmacy about ordering or refill requests	x	
Medication administration by licensed or unlicensed personnel	x	
Delivery of medication to resident previously set up by the facility nurse	x	
Medications set up by nurse for resident to self-administer	x	
Delivery of medication from the original containers to resident	x	
Delivery of liquid or food to resident if required to ingest medication	x	
Delegation of medication management services by licensed health professional to unlicensed staff	x	
Central storage of medication	x	
Diabetic Care: insulin pen dosing	x	
Diabetic Care: insulin pump management	x	Case by case basis as determined by RN assessment and ongoing review.
Diabetic Care: insulin syringe dosing		
Diabetic Care: sliding scale insulin management	x	Case by case basis as determined by RN assessment and ongoing review.

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Service	Available	Comments
Clinical monitoring of labs related to medications	X	
Anticoagulant medication management	X	
B-12 injections	X	
Nutritional supplement administration	X	Resident/family responsible for providing supplements
(IV) Intravenous management		
PICC lines (Peripherally Inserted Central Catheter)		
Injections; specify types or limits in comments (IM, SQ)	X	IM, SQ. Case by case basis as determined by RN assessment
Nebulizers	X	
Inhalers	X	
Ear drops	X	
Eye drops	X	
Topicals	X	
Patches	X	
Medication delivery via enteral (feeding) tube		
Pain pump management		
Medical cannabis administration (pill form) for certified patients		
Medical Cannabis storage for certified patients		
Cannabidiol oil administration for certified patients		

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Service	Available	Comments
Other; specify in comments		

Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	X	
Wound care: basic	X	Determined by RN to delegate service, supplies provided by family/resident.
Wound care: complex	X	With the support of home care/wound care specialist.
Diabetic care: blood glucose monitoring	X	Resident/Family responsible for supplies.
Diabetic care: foot/nail care	X	Case by case basis determined by RN. Charge may apply
C-PAP	X	Resident/Family responsible for equipment and supplies
Bi-PAP	X	Resident/Family responsible for equipment and supplies
Oxygen Management; specify any delivery system limitations	X	Resident/Family responsible for equipment and supplies, limited to concentrator/transfill
Oxygen saturation checks	X	
Ventilators		
Suctioning		
Tracheostomy Care: cleaning of site and tube		
Tracheostomy Care: showering assistance		

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Service	Available	Comments
Tracheostomy Care: suctioning assistance		
Pacemaker Checks	X	In conjunction with cardiology via phone, Resident/Family to provide equipment
Arrange for On-Site Dialysis		
Arrange for/set-up Off-Site Dialysis	X	Resident/Family to arrange. Facility can provide names of companies on request.
Peritoneal Dialysis (on-site)		
Compression stockings	X	Resident/Family to provide supplies
Lymphedema wraps	X	Case by case basis determined by RN assessment- Resident/Family provide supplies
Fall Prevention: balance assessments	X	Can be arranged by skilled provider
Fall Prevention: exercise programs	X	In coordination with skilled physical therapist/home care
Fall Prevention: strength training	X	In coordination with skilled physical therapist/home care
Integrative Health Services: acupuncture		
Integrative Health Services: aromatherapy	X	Resident/family responsible for supplies
Integrative Health Services: healing touch		
Integrative Health Services: massage		
Blood pressure checks	X	Charges may apply.
Daily weight check	X	Charges may apply. Resident/family to provide scale.
Indwelling urinary catheter care; emptying and bag changes	X	Resident/family to provide supplies.
Indwelling urinary catheter replacement by nurse		

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Service	Available	Comments
Straight (intermittent) catheter assistance		
Suprapubic catheter care	x	Resident/family responsible for supplies.
Ostomy care	x	Resident/family responsible for supplies.
Arrangements for and coordination with hospice care	x	Community to provide list of available options.
End-of-life palliative care	x	Community to provide list of available options.
Access to and training on use of automatic electronic defibrillators (AED)		
Training of and use of Cardiopulmonary Resuscitation (CPR)		Staff dial 911 and follow operator instructions
Other; specify in comments		

Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	x	
Bathing: shower	x	
Bathing: bathtub	x	
Oral hygiene	x	
Denture care	x	
Cueing/reminders for self-care	x	

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Service	Available	Comments
Use of special utensils	x	Resident/family responsible for equipment
Feeding assistance for residents with complicated eating problems	x	Case by case basis determined by RN assessment
Set-up and cut food at meals	x	
Manual Feeding; specify limits in comments	x	Based on staff availability
Tube Feeding; specify limits in comments		
Feeding in common area with one staff member per resident		
Feeding in resident's apartment with one staff member per resident		Based on staff availability and determined by RN
Grooming: hair care, make-up, shaving, application of lotion, etc.	x	
Nail care: toenails, fingernails	x	As determined by RN on case by case basis.
Toileting: standby assistance/supervision	x	
Changing incontinence products; perineal care	x	
Ordering replacement incontinence products		
Assistance with bowel and bladder control, devices, and training programs		Case by case basis as determined by RN
Other; specify in comments		

Section 5: Mobility Support

Check each service available at the location(s) listed above.

Mobility Services Available

Service	Available	Comments
Standby Assistance	X	
Transfers with assist of one staff	X	
Transfers with assist of two staff	X	
Transfers utilizing sit-to-stand lifts	X	
Transfers utilizing sliding boards		
Transfers utilizing bariatric equipment		
Ceiling lift transfers		
Non-mechanical transfers (trapeze)		
Mechanical lift: assist of 1 transfer	X	Resident/Family responsible for providing sling (Sit-to-stand lift) based on assessment
Mechanical lift: assist of 2 transfer	X	Resident/Family responsible for providing sling. (sit-to-stand and total lift)
Ambulation with assist of 1	X	
Bed mobility	X	
Assistance with chair mobility	X	
Chair Glide System		
Mechanical Stair Lift System		
Handrails; in personal space	X	located in bathrooms

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Service	Available	Comments
Elevators		
Other; specify in comments		

Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks		
Every 30-minutes safety checks		
Hourly safety checks	x	As determined by RN based on staff availability, and limited in duration.
Every two-hours safety checks	x	As determined by RN.
Daily safety checks	x	
Emergency call system; specify type in comments	x	Pull cords in bathrooms and/or pendant on person.
Non-emergency call system; specify type in comments	x	Pull cords in bathrooms and/or pendant on person.
Digital wander alert device on resident		
Wander alert system at facility exits		
Staff monitoring at facility exits; specify method in comments	x	Coded security/maglock doors in memory care.
Visitor check-in/check-out at facility main entrance	x	
Bed alarms or movement sensing technology		

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Service	Available	Comments
Door sensors: specify locations (unit, resident room, exits, etc.)	x	Memory Care entry and Memory Care exits
Security Guard		
Security cameras in common spaces	x	In site of all entrances.
Key card/fob access: specify locations (unit, resident room, exits, etc.)	x	
Other lock systems: specify locations (unit, resident room, exits, etc.)		
Emergency generator(s) to power the facility during power outages	x	Run off natural gas.
Other; specify in comments		

Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	
Breakfast available in community space	x	
Breakfast available; delivered to apartment	x	As needed. Charge may apply
Lunch available in community space	x	
Lunch available; delivered to apartment	x	As needed. Charge may apply
Dinner available in community space	x	
Dinner available; delivered to apartment	x	As needed. Charge may apply

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Service	Available	Comments
Meal tray delivery and pick-up from resident's unit	x	As needed. Charges apply
Meal preparation in resident's unit		
Thickened Liquids; specify limits in comments	x	Nectar, honey thickened. Resident/family responsible for supplies.
Modified Texture Diets; specify limits in comments	x	Mechanical soft, puree. Charges apply
Therapeutic Diets: cardiac		
Therapeutic Diets: diabetic or calorie controlled	x	Only Diabetic.
Therapeutic Diets: gluten-free	x	
Therapeutic Diets: high fiber		
Therapeutic Diets: low fat/low cholesterol		
Therapeutic Diets: low sodium		
Therapeutic Diets: no added salt	x	
Therapeutic Diets: renal diet		
Other special diets: kosher		
Other special diets: (vegetarian, vegan, etc.) specify in comments	x	vegetarian
Dietitian or Nutritionist Services	x	Available for consulting
Carbohydrate intake/tracking		
Meal consumption tracking	x	Of limited duration and in consultation with nurse.
Other; specify in comments		

Section 8: Supportive Services

Check each service available at the location(s) listed above.

Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments		All residents receive daily services
Assistance with meals or food preparation		
Daily Social and Recreational Services	Required	
Housekeeping: bed making	x	
Housekeeping: defrost and clean refrigerator		
Housekeeping: dusting	x	
Housekeeping: organize closets and drawers		
Housekeeping: trash removal; specify frequency in comments	x	Once a week and as needed.
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	x	
Housekeeping: other; specify in comments	x	Additional housekeeping on request. Charges apply
Laundry: linen (change bed, launder sheets, towels)	x	Weekly and as needed. Charges may apply.
Laundry: wash, dry, and fold clothing; specify loads per week in comments	x	up to two (2) loads per week
Laundry: other; specify in comments		
Schedule offsite social and recreational activities	x	Posted in advance.
Schedule medical and social service appointments	x	On site services available through house calls available through third party provider.
Assistance with arranging transportation for personal, social, and recreational activities	Required	

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Service	Available	Comments
Assistance with arranging transportation to medical and social services appointments	Required	
Provide transportation to social and recreational activities	x	Within community
Provide transportation to medical and social service appointments		
Assistance accessing community resources and social services	Required	
Shopping: facility sponsored		
Spiritual Care/Religious Services; on-site	x	Via outside providers
Assistance with bill paying/budgeting		
Communication boards or other supplemental communication devices	x	Case by case basis in consultation with RN. Supplies provided by Resident/Family.
Primary languages spoken by staff	x	English
Supervision of smoking		
Other; specify in comments		

Section 9: Staffing

Check each option available at the address location(s) listed above.

Staffing Available

Staffing	Available	Comments
One-to-One staffing available		
One-to-One staffing for special circumstances		
Overnight companion		

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Staffing	Available	Comments
Registered Nurse: on-site “part time”		
Registered Nurse: on-site “full time”	x	
Licensed Practical Nurse: on site “part time”		
Licensed Practical Nurse: on-site “full time”		
Assisted Living Director: on-site “part time”		
Assisted Living Director: on site “full time”	x	
Advanced Practice Registered Nurse: on-site “part time”		
Advanced Practice Registered Nurse: on site “full time”		
Activities Director: Part Time		
Activities Director: Full Time	x	Based on occupancy
Dietician/Nutritionist consultant available or can be arranged	x	Contracted with Unidine
Physical Therapist available or can be arranged	x	Arranged through skilled provider and subject to primary insurance coverage
Respiratory Therapist available or can be arranged		
Occupational Therapist available or can be arranged	x	Arranged through skilled provider and subject to primary insurance coverage
Speech Language Pathologist available or can be arranged	x	Arranged though skilled provider and subject to primary insurance coverage
Social Worker available or can be arranged		
Other Licensed Professional available; specify type in comments		
Other; specify in comments		

Section 10: Amenities

Check each option available at the location(s) listed above.

Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	x	Private Bathroom's in each apartment and bathrooms in common spaces
Private units	x	
Semi-private units		
Studio/efficiency units	x	
One-bedroom units		
Two-bedroom units		
Kitchen/Kitchenettes in units	x	
Internet access	x	
Cable (television)	x	
Pets allowed	x	1 pet/unit. Up to 40lb AL only. Resident responsible for all pet care. Charges Apply
Pet care; specify in comments		
Pool		
Whirlpool	x	
Exercise Room		
Library		
Activity Room	x	

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Garden/outdoor spaces	x	Outdoor patio AL, secured outdoor patio memory care
Chapel		
Private entertaining space		
Communal Dining room	x	
Beauty/Barber Shop	x	
Parking available for residents	x	
Parking available for guests	x	
Guest accommodations		
Laundry Room accessible to Residents	x	Assisted living only
Washer-Dryer in units		
Central Air Conditioning	x	Central AC for public areas. Individual units in apartments
Fully sprinklered building	x	
Designated smoking area inside (not apartment space)		
Designated smoking area outside		
Other amenity; specify in comments		
Other amenity; specify in comments		

Additional Information

Sixty days before the facility plans to reduce or eliminate one or more services for a particular resident, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\) \(www.revisor.mn.gov/statutes/cite/144G.55\)](#).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident's assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident's needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care \(https://mn.gov/board-on-aging/direct-services/ombudsman/\)](https://mn.gov/board-on-aging/direct-services/ombudsman/); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities \(https://mn.gov/omhdd/\)](https://mn.gov/omhdd/); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- [Minnesota Senior LinkAge Line \(www.seniorlinkageline.com/\)](http://www.seniorlinkageline.com/); 1-800-333-2433

By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

Date (MM/DD/YYYY)

Individual or Legal/Designated Representative