

Uniform Disclosure of Assisted Living Services and Amenities

Purpose

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident's ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents' family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

General Information

This information is current as of (MM/DD/YYYY): 01/01/2025

Name of Assisted Living: Carechoice Homes LLC

Unique building/unit descriptive (if applicable):

Physical Address: 1422 Trollhagen Dr, Fridley, MN 55421

If the indicated services are provided for more than one building/unit (on the campus), list all additional buildings/units this applies to. Use additional pages if necessary.

No additional buildings/units

Additional Building:

Unique building/unit descriptive (if applicable):

Physical Address (if different than above):

Additional Building:

Unique building/unit descriptive (if applicable):

Physical Address (if different than above):

Additional Building:

Unique building/unit descriptive (if applicable):

Physical Address (if different than above):

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Facility/Campus listed above has the following license. Check one:

- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: _____

Evening Shift: _____

Night shift: _____

Payment Options

The facility will indicate by placing an “X” in the “Available” column if the payment option is accepted (may check more than one). Please indicate in the “Comments” column below if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waivered service funds; and if yes, indicate the number of months required.

Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	Y	
Sliding Scale		
Housing Support (formerly Minnesota Group Residential Housing) Payments		
Federal rent subsidy		

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Payment Option	Accepted	Comments
Other; explain		

Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	Y	CADI.EW,BI, DD
Private Pay	Y	
Long Term Care Insurance	Y	
Other; explain		

Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

Section 1: Dementia Care (pertains only to an Assisted Living with Dementia Care license)

Check each service available at the location(s) listed above.

Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior		
Secured outdoor grounds on facility premises		
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		
Prepared to manage challenging behaviors		

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Other; specify in comments		

Section 2: Medication Management

Check each service available at the location(s) listed above.

Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments	Y	
Communication with physician/pharmacy about ordering or refill requests	Y	
Medication administration by licensed or unlicensed personnel	Y	
Delivery of medication to resident previously set up by the facility nurse	Y	
Medications set up by nurse for resident to self-administer	Y	
Delivery of medication from the original containers to resident		
Delivery of liquid or food to resident if required to ingest medication	Y	
Delegation of medication management services by licensed health professional to unlicensed staff	Y	
Central storage of medication	Y	KEPT IN OFFICE
Diabetic Care: insulin pen dosing	Y	
Diabetic Care: insulin pump management	Y	
Diabetic Care: insulin syringe dosing		
Diabetic Care: sliding scale insulin management	Y	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Clinical monitoring of labs related to medications		
Anticoagulant medication management		
B-12 injections	Y	NURSE TO INJECT
Nutritional supplement administration	Y	PER MD ORDER
(IV) Intravenous management		
PICC lines (Peripherally Inserted Central Catheter)		
Injections; specify types or limits in comments (IM, SQ)	Y	IM,SQ
Nebulizers	Y	
Inhalers	Y	
Ear drops	Y	
Eye drops	Y	
Topicals	Y	
Patches	Y	
Medication delivery via enteral (feeding) tube	Y	PER MD ORDER
Pain pump management		
Medical cannabis administration (pill form) for certified patients		
Medical Cannabis storage for certified patients		
Cannabidiol oil administration for certified patients		

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Other; specify in comments		

Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	Y	
Wound care: basic	Y	
Wound care: complex		
Diabetic care: blood glucose monitoring	Y	
Diabetic care: foot/nail care	Y	PODIATRY OR MD
C-PAP	Y	
Bi-PAP	Y	
Oxygen Management; specify any delivery system limitations	Y	
Oxygen saturation checks	Y	
Ventilators		
Suctioning		
Tracheostomy Care: cleaning of site and tube		
Tracheostomy Care: showering assistance		

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Tracheostomy Care: suctioning assistance		
Pacemaker Checks		
Arrange for On-Site Dialysis		
Arrange for/set-up Off-Site Dialysis		
Peritoneal Dialysis (on-site)		
Compression stockings	Y	PER MD ORDER
Lymphedema wraps		
Fall Prevention: balance assessments		
Fall Prevention: exercise programs	Y	
Fall Prevention: strength training	Y	
Integrative Health Services: acupuncture		
Integrative Health Services: aromatherapy		
Integrative Health Services: healing touch		
Integrative Health Services: massage		
Blood pressure checks	Y	
Daily weight check	Y	
Indwelling urinary catheter care; emptying and bag changes	Y	
Indwelling urinary catheter replacement by nurse	Y	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Straight (intermittent) catheter assistance	Y	
Suprapubic catheter care	Y	
Ostomy care	Y	
Arrangements for and coordination with hospice care	Y	
End-of-life palliative care	Y	
Access to and training on use of automatic electronic defibrillators (AED)		
Training of and use of Cardiopulmonary Resuscitation (CPR)		
Other; specify in comments		

Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	Y	
Bathing: shower	Y	1
Bathing: bathtub	Y	1
Oral hygiene	Y	
Denture care	Y	
Cueing/reminders for self-care	Y	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Use of special utensils	Y	
Feeding assistance for residents with complicated eating problems	Y	
Set-up and cut food at meals	Y	
Manual Feeding; specify limits in comments	Y	
Tube Feeding; specify limits in comments	Y	NO N.G. TUBES
Feeding in common area with one staff member per resident		
Feeding in resident's apartment with one staff member per resident		
Grooming: hair care, make-up, shaving, application of lotion, etc.	Y	
Nail care: toenails, fingernails	Y	
Toileting: standby assistance/supervision	Y	
Changing incontinence products; perineal care	Y	
Ordering replacement incontinence products	Y	
Assistance with bowel and bladder control, devices, and training programs		
Other; specify in comments		

Section 5: Mobility Support

Check each service available at the location(s) listed above.

Mobility Services Available

Service	Available	Comments
Standby Assistance	Y	
Transfers with assist of one staff	Y	
Transfers with assist of two staff	Y	PRIOR APPROVAL REQUIRED
Transfers utilizing sit-to-stand lifts		
Transfers utilizing sliding boards		
Transfers utilizing bariatric equipment		
Ceiling lift transfers		
Non-mechanical transfers (trapeze)		
Mechanical lift: assist of 1 transfer		
Mechanical lift: assist of 2 transfer		
Ambulation with assist of 1	Y	
Bed mobility	Y	
Assistance with chair mobility	Y	
Chair Glide System		
Mechanical Stair Lift System		
Handrails; in personal space	Y	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Elevators		
Other; specify in comments		

Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks		
Every 30-minutes safety checks		
Hourly safety checks		
Every two-hours safety checks	Y	
Daily safety checks	Y	ROUNDING 8AM
Emergency call system; specify type in comments	Y	BABY MONITORING
Non-emergency call system; specify type in comments	Y	CELLPHONE
Digital wander alert device on resident		
Wander alert system at facility exits		
Staff monitoring at facility exits; specify method in comments		
Visitor check-in/check-out at facility main entrance	Y	
Bed alarms or movement sensing technology		

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Door sensors: specify locations (unit, resident room, exits, etc.)	Y	DOOR SENSOR
Security Guard		
Security cameras in common spaces	Y	MOVEMENT SENSORS
Key card/fob access: specify locations (unit, resident room, exits, etc.)		
Other lock systems: specify locations (unit, resident room, exits, etc.)		
Emergency generator(s) to power the facility during power outages		
Other; specify in comments		

Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	
Breakfast available in community space	Y	
Breakfast available; delivered to apartment		
Lunch available in community space	Y	
Lunch available; delivered to apartment		
Dinner available in community space	Y	
Dinner available; delivered to apartment		

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Meal tray delivery and pick-up from resident's unit		
Meal preparation in resident's unit		
Thickened Liquids; specify limits in comments		
Modified Texture Diets; specify limits in comments	Y	MECHANICAL SOFT
Therapeutic Diets: cardiac		
Therapeutic Diets: diabetic or calorie controlled	Y	PER MD ORDER
Therapeutic Diets: gluten-free		
Therapeutic Diets: high fiber	Y	PER MD ORDER
Therapeutic Diets: low fat/low cholesterol	Y	PER MD ORDER
Therapeutic Diets: low sodium	Y	PER MD ORDER
Therapeutic Diets: no added salt	Y	PER MD ORDER
Therapeutic Diets: renal diet		
Other special diets: kosher		
Other special diets: (vegetarian, vegan, etc.) specify in comments		
Dietitian or Nutritionist Services		
Carbohydrate intake/tracking	Y	PER MD ORDER
Meal consumption tracking	Y	PER MD ORDER
Other; specify in comments		

Section 8: Supportive Services

Check each service available at the location(s) listed above.

Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments		
Assistance with meals or food preparation		
Daily Social and Recreational Services	Required	
Housekeeping: bed making	Y	DAILY
Housekeeping: defrost and clean refrigerator		
Housekeeping: dusting		
Housekeeping: organize closets and drawers	Y	PER SHIFT
Housekeeping: trash removal; specify frequency in comments	Y	
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)		
Housekeeping: other; specify in comments		
Laundry: linen (change bed, launder sheets, towels)	Y	AS NEEDED DAILY
Laundry: wash, dry, and fold clothing; specify loads per week in comments	Y	1-2 , AS NEEDED
Laundry: other; specify in comments		
Schedule offsite social and recreational activities	Y	
Schedule medical and social service appointments	Y	
Assistance with arranging transportation for personal, social, and recreational activities	Required	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Assistance with arranging transportation to medical and social services appointments	Required	
Provide transportation to social and recreational activities	Y	INDIVIDUALS TO REQUEST IN ADVANCE
Provide transportation to medical and social service appointments	Y	
Assistance accessing community resources and social services	Required	
Shopping: facility sponsored	Y	
Spiritual Care/Religious Services; on-site		
Assistance with bill paying/budgeting	Y	
Communication boards or other supplemental communication devices	Y	interpreter line, writing, boards
Primary languages spoken by staff	Y	English, Somali
Supervision of smoking		
Other; specify in comments		

Section 9: Staffing

Check each option available at the address location(s) listed above.

Staffing Available

Staffing	Available	Comments
One-to-One staffing available	Y	ADVANCED REQUEST REQUIRED
One-to-One staffing for special circumstances	Y	ADVANCED REQUEST REQUIRED
Overnight companion	Y	ADVANCED REQUEST REQUIRED

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Staffing	Available	Comments
Registered Nurse: on-site “part time”	Y	
Registered Nurse: on-site “full time”		
Licensed Practical Nurse: on site “part time”		
Licensed Practical Nurse: on-site “full time”		
Assisted Living Director: on-site “part time”	Y	
Assisted Living Director: on site “full time”		
Advanced Practice Registered Nurse: on-site “part time”		
Advanced Practice Registered Nurse: on site “full time”		
Activities Director: Part Time		
Activities Director: Full Time		
Dietician/Nutritionist consultant available or can be arranged	Y	WILL ARRANGE THRU MD
Physical Therapist available or can be arranged	Y	WILL ARRANGE THRU MD
Respiratory Therapist available or can be arranged	Y	WILL ARRANGE THRU MD
Occupational Therapist available or can be arranged	Y	WILL ARRANGE THRU MD
Speech Language Pathologist available or can be arranged	Y	WILL ARRANGE THRU MD
Social Worker available or can be arranged	Y	WILL ARRANGE THRU MD
Other Licensed Professional available; specify type in comments		
Other; specify in comments		

Section 10: Amenities

Check each option available at the location(s) listed above.

Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments		
Private units	Y	4 PROVATE BEDROOMS
Semi-private units		
Studio/efficiency units		
One-bedroom units		
Two-bedroom units		
Kitchen/Kitchenettes in units		
Internet access	Y	
Cable (television)	Y	
Pets allowed		SERVICE DOGS ONLY
Pet care; specify in comments		
Pool		
Whirlpool		
Exercise Room		
Library		
Activity Room	Y	FAMILY ROOM

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Garden/outdoor spaces	Y	
Chapel		
Private entertaining space		
Communal Dining room	Y	
Beauty/Barber Shop		
Parking available for residents	Y	ON STREET OR DRIVE WAY
Parking available for guests	Y	ON STREET OR DRIVE WAY
Guest accommodations		
Laundry Room accessible to Residents	Y	
Washer-Dryer in units		
Central Air Conditioning	Y	
Fully sprinklered building		
Designated smoking area inside (not apartment space)		
Designated smoking area outside	Y	BACKYARD
Other amenity; specify in comments		
Other amenity; specify in comments		

Additional Information

Sixty days before the facility plans to reduce or eliminate one or more services for a particular resident, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\)](https://www.revisor.mn.gov/statutes/cite/144G.55) (www.revisor.mn.gov/statutes/cite/144G.55).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident's assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident's needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care](https://mn.gov/board-on-aging/direct-services/ombudsman/) (<https://mn.gov/board-on-aging/direct-services/ombudsman/>); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities](https://mn.gov/omhdd/) (<https://mn.gov/omhdd/>); 1-800-657-3506
- Minnesota Directory for community resources: www.MinnesotaHelp.Info
- [Minnesota Senior LinkAge Line](http://www.seniorlinkageline.com/) (www.seniorlinkageline.com/); 1-800-333-2433

By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

Date (MM/DD/YYYY)

Individual or Legal/Designated Representative