

# Uniform Disclosure of Assisted Living Services and Amenities

## Purpose

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident's ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents' family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

## General Information

This information is current as of (MM/DD/YYYY): 02/22/2022

Name of Assisted Living: Lilly J's Housing & Services LLC

Unique building/unit descriptive (if applicable): \_\_\_\_\_

Physical Address: 111 63 1/2 Way NE. Fridley MN 55432

If the indicated services are provided for more than one building/unit (on the campus), list all additional buildings/units this applies to. Use additional pages if necessary.

No additional buildings/units

Additional Building:

Unique building/unit descriptive (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Additional Building:

Unique building/unit descriptive (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Additional Building:

Unique building/unit descriptive (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Facility/Campus listed above has the following license. Check one:

- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: 1

Evening Shift: 1

Night shift: 1

### Payment Options

The facility will indicate by placing an "X" in the "Available" column if the payment option is accepted (may check more than one). Please indicate in the "Comments" column below if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds; and if yes, indicate the number of months required.

#### Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	X	
Sliding Scale		
Housing Support (formerly Minnesota Group Residential Housing) Payments	X	
Federal rent subsidy		

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Payment Option	Accepted	Comments
Other; explain	x	All forms of payment are accepted

**Payment Options for Services**

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	x	
Private Pay	X	
Long Term Care Insurance		
Other; explain	x	All forms of payment are accepted

**Services and Amenities Available**

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

**Section 1: Dementia Care** (pertains only to an Assisted Living with Dementia Care license)

Check each service available at the location(s) listed above.

**Dementia Care Services Available**

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior	N/A	N/A
Secured outdoor grounds on facility premises	N/A	
Individualized digital/alarm monitoring for wandering or exit-seeking behavior	N/A	will not house exit seeking clients
Prepared to manage challenging behaviors	N/A	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Other; specify in comments		

## Section 2: Medication Management

Check each service available at the location(s) listed above.

### Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments	x	
Communication with physician/pharmacy about ordering or refill requests	x	
Medication administration by licensed or unlicensed personnel	x	
Delivery of medication to resident previously set up by the facility nurse	x	
Medications set up by nurse for resident to self-administer	x	
Delivery of medication from the original containers to resident	x	
Delivery of liquid or food to resident if required to ingest medication	x	
Delegation of medication management services by licensed health professional to unlicensed staff	x	
Central storage of medication	x	
Diabetic Care: insulin pen dosing	x	facility will only use insulin pens
Diabetic Care: insulin pump management		N/A
Diabetic Care: insulin syringe dosing		facility will only use insulin pens
Diabetic Care: sliding scale insulin management	x	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Clinical monitoring of labs related to medications		
Anticoagulant medication management	X	per MD's orders
B-12 injections	X	Per MD's orders
Nutritional supplement administration	X	Per MD's orders
(IV) Intravenous management		N/A
PICC lines (Peripherally Inserted Central Catheter)		N/A
Injections; specify types or limits in comments (IM, SQ)	X	Per MD's orders
Nebulizers	X	
Inhalers	X	
Ear drops	X	
Eye drops	X	
Topicals	X	
Patches	X	
Medication delivery via enteral (feeding) tube		N/A
Pain pump management		N/A
Medical cannabis administration (pill form) for certified patients	X	client must be able to self administer
Medical Cannabis storage for certified patients	X	client must be able to self administer
Cannabidiol oil administration for certified patients	X	client must be able to self administer

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Other; specify in comments		

### Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

#### Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	X	
Wound care: basic	X	
Wound care: complex		N/A
Diabetic care: blood glucose monitoring	X	Per MD's orders
Diabetic care: foot/nail care	X	
C-PAP	X	
Bi-PAP	X	
Oxygen Management; specify any delivery system limitations		N/A
Oxygen saturation checks	X	
Ventilators		N/A
Suctioning		N/A
Tracheostomy Care: cleaning of site and tube		N/A
Tracheostomy Care: showering assistance		N/A

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Tracheostomy Care: suctioning assistance		N/A
Pacemaker Checks		N/A
Arrange for On-Site Dialysis		N/A
Arrange for/set-up Off-Site Dialysis	X	
Peritoneal Dialysis (on-site)		N/A
Compression stockings	X	Per MD's orders
Lymphedema wraps		N/A
Fall Prevention: balance assessments		N/A
Fall Prevention: exercise programs		N/A
Fall Prevention: strength training		will arrange for onsite PT services if applicable
Integrative Health Services: acupuncture		N/A
Integrative Health Services: aromatherapy		services will be provided if care can be coordinated
Integrative Health Services: healing touch		N/A
Integrative Health Services: massage		N/A
Blood pressure checks	X	
Daily weight check	X	
Indwelling urinary catheter care; emptying and bag changes	X	Per MD's orders
Indwelling urinary catheter replacement by nurse	X	per MD's orders

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Straight (intermittent) catheter assistance	x	
Suprapubic catheter care	x	
Ostomy care	x	
Arrangements for and coordination with hospice care	x	
End-of-life palliative care		N/A
Access to and training on use of automatic electronic defibrillators (AED)		N/A
Training of and use of Cardiopulmonary Resuscitation (CPR)	x	
Other; specify in comments		

#### Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

##### Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	x	
Bathing: shower	x	
Bathing: bathtub	x	
Oral hygiene	x	
Denture care	x	
Cueing/reminders for self-care	x	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Use of special utensils	x	
Feeding assistance for residents with complicated eating problems		N/A
Set-up and cut food at meals	x	
Manual Feeding; specify limits in comments		N/A
Tube Feeding; specify limits in comments		N/A
Feeding in common area with one staff member per resident		N/A
Feeding in resident's apartment with one staff member per resident		N/A
Grooming: hair care, make-up, shaving, application of lotion, etc.	x	
Nail care: toenails, fingernails	x	Podiatry appointment will be coordinated
Toileting: standby assistance/supervision	x	
Changing incontinence products; perineal care	x	
Ordering replacement incontinence products	x	
Assistance with bowel and bladder control, devices, and training programs	x	
Other; specify in comments		

## Section 5: Mobility Support

Check each service available at the location(s) listed above.

### Mobility Services Available

Service	Available	Comments
Standby Assistance	X	
Transfers with assist of one staff	X	
Transfers with assist of two staff	X	
Transfers utilizing sit-to-stand lifts	X	
Transfers utilizing sliding boards	X	
Transfers utilizing bariatric equipment	X	
Ceiling lift transfers		N/A
Non-mechanical transfers (trapeze)		N/A
Mechanical lift: assist of 1 transfer	X	
Mechanical lift: assist of 2 transfer	X	
Ambulation with assist of 1	X	
Bed mobility	X	
Assistance with chair mobility	X	
Chair Glide System		N/A
Mechanical Stair Lift System		N/A
Handrails; in personal space		N/A

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Elevators		N/A
Other; specify in comments		

## Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

### Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks	x	
Every 30-minutes safety checks	x	
Hourly safety checks	x	
Every two-hours safety checks	x	
Daily safety checks	x	
Emergency call system; specify type in comments	x	Personal alarms, e.g. life alert
Non-emergency call system; specify type in comments	x	small facility with 4 beds. Staffis always present and available
Digital wander alert device on resident		N/A
Wander alert system at facility exits		N/A
Staff monitoring at facility exits; specify method in comments		N/A
Visitor check-in/check-out at facility main entrance	x	
Bed alarms or movement sensing technology	x	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Door sensors: specify locations (unit, resident room, exits, etc.)	x	all windows and exit doors have sensors
Security Guard		N/A
Security cameras in common spaces		N/A
Key card/fob access: specify locations (unit, resident room, exits, etc.)		N/A
Other lock systems: specify locations (unit, resident room, exits, etc.)		bedroom doors have locks, front door has coded entry
Emergency generator(s) to power the facility during power outages		N/A
Other; specify in comments		

## Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

### Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	
Breakfast available in community space	x	shared dining room
Breakfast available; delivered to apartment	x	Bedroom, if client is ill
Lunch available in community space	x	shared dining room
Lunch available; delivered to apartment	x	Bedroom if client is ill
Dinner available in community space	x	shared dining room
Dinner available; delivered to apartment	x	Bedroom if client is ill

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Meal tray delivery and pick-up from resident's unit	x	Bedroom id client is ill
Meal preparation in resident's unit		N/A
Thickened Liquids; specify limits in comments	x	Per MD's order
Modified Texture Diets; specify limits in comments	x	All dietary needs will be met per guidelines
Therapeutic Diets: cardiac	x	All diets other than regular, must be ordered by MD
Therapeutic Diets: diabetic or calorie controlled	x	All diets other than regular must be ordered by MD
Therapeutic Diets: gluten-free		N/A
Therapeutic Diets: high fiber		N/A
Therapeutic Diets: low fat/low cholesterol	x	All diets other than regular must be ordered by MD
Therapeutic Diets: low sodium	x	All diets other than regular must be ordered by MD
Therapeutic Diets: no added salt	x	All diets other than regular must be ordered by MD
Therapeutic Diets: renal diet	x	All diets other than regular must be ordered by MD
Other special diets: kosher		N/A
Other special diets: (vegetarian, vegan, etc.) specify in comments		N/A
Dietitian or Nutritionist Services	x	Will be facilitated outside residential setting with MD/Dietitian
Carbohydrate intake/tracking	x	
Meal consumption tracking	x	
Other; specify in comments		

## Section 8: Supportive Services

Check each service available at the location(s) listed above.

### Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	x	
Assistance with meals or food preparation	x	
Daily Social and Recreational Services	Required	
Housekeeping: bed making	x	
Housekeeping: defrost and clean refrigerator		N/A
Housekeeping: dusting	x	weekly
Housekeeping: organize closets and drawers	x	
Housekeeping: trash removal; specify frequency in comments	x	Daily
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	x	
Housekeeping: other; specify in comments	x	House keeping done weekly and as needed
Laundry: linen (change bed, launder sheets, towels)	x	weekly and as needed
Laundry: wash, dry, and fold clothing; specify loads per week in comments	x	Weekly and as needed
Laundry: other; specify in comments	x	available on site with/without assistance
Schedule offsite social and recreational activities	x	
Schedule medical and social service appointments	x	
Assistance with arranging transportation for personal, social, and recreational activities	Required	

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Service	Available	Comments
Assistance with arranging transportation to medical and social services appointments	Required	
Provide transportation to social and recreational activities	x	must be prior arranged to meet staffing needs
Provide transportation to medical and social service appointments	x	
Assistance accessing community resources and social services	Required	
Shopping: facility sponsored	x	
Spiritual Care/Religious Services; on-site		N/A
Assistance with bill paying/budgeting	x	
Communication boards or other supplemental communication devices	x	
Primary languages spoken by staff		English
Supervision of smoking	x	
Other; specify in comments		

## Section 9: Staffing

Check each option available at the address location(s) listed above.

### Staffing Available

Staffing	Available	Comments
One-to-One staffing available	x	needs to be prior arranged to meet staffing needs
One-to-One staffing for special circumstances	x	needs to be prior arranged to meet staffing needs
Overnight companion	x	needs to be prior arranged to meet staffing needs

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Staffing	Available	Comments
Registered Nurse: on-site "part time"	x	available 24hrs/day via telephone
Registered Nurse: on-site "full time"	x	40hrs a week
Licensed Practical Nurse: on site "part time"		N/A
Licensed Practical Nurse: on-site "full time"		N/A
Assisted Living Director: on-site "part time"	x	available via telephone 24hrs/day
Assisted Living Director: on site "full time"		N/A
Advanced Practice Registered Nurse: on-site "part time"		N/A
Advanced Practice Registered Nurse: on site "full time"		N/A
Activities Director: Part Time		N/A
Activities Director: Full Time		N/A
Dietician/Nutritionist consultant available or can be arranged	x	can be arranged
Physical Therapist available or can be arranged	x	can be arranged
Respiratory Therapist available or can be arranged		N/A
Occupational Therapist available or can be arranged	x	can be arranged
Speech Language Pathologist available or can be arranged		N/A
Social Worker available or can be arranged	x	can be arranged
Other Licensed Professional available; specify type in comments		
Other; specify in comments		

## Section 10: Amenities

Check each option available at the location(s) listed above.

### Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	x	
Private units	x	Private bedrooms
Semi-private units		N/A
Studio/efficiency units		N/A
One-bedroom units	x	
Two-bedroom units		N/A
Kitchen/Kitchenettes in units		N/A
Internet access	x	
Cable (television)	x	
Pets allowed	x	
Pet care; specify in comments	x	Resident is responsible for per care and maintenance
Pool		N/A
Whirlpool		N/A
Exercise Room		N/A
Library		N/A
Activity Room	x	basement living room

UNIFORM DISCLOSURE OF ASSISTED LIVING SERVICES & AMENITIES

Garden/outdoor spaces	x	
Chapel		N/A
Private entertaining space	x	Backyard
Communal Dining room	x	
Beauty/Barber Shop		N/A
Parking available for residents		Street parking
Parking available for guests		Street Parking
Guest accommodations		N/A
Laundry Room accessible to Residents	x	
Washer-Dryer in units		N/A
Central Air Conditioning	x	
Fully sprinklered building		N/A Residential home
Designated smoking area inside (not apartment space)		N/A
Designated smoking area outside	x	Backyard
Other amenity; specify in comments		
Other amenity; specify in comments		

## Additional Information

Sixty days before the facility plans to reduce or eliminate one or more services for a particular resident, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\) \(www.revisor.mn.gov/statutes/cite/144G.55\)](#).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident's assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident's needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care \(https://mn.gov/board-on-aging/direct-services/ombudsman/\)](https://mn.gov/board-on-aging/direct-services/ombudsman/); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities \(https://mn.gov/omhdd/\)](https://mn.gov/omhdd/); 1-800-657-3506
- Minnesota Directory for community resources: [www.MinnesotaHelp.Info](http://www.MinnesotaHelp.Info)
- [Minnesota Senior LinkAge Line \(www.seniorlinkageline.com/\)](http://www.seniorlinkageline.com/); 1-800-333-2433

By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

\_\_\_\_\_  
Date (MM/DD/YYYY)

\_\_\_\_\_  
Individual or Legal/Designated Representative