



# Uniform Disclosure of Assisted Living Services & Amenities (UDALSA)

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident’s ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents’ family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

## General Information

This information is current as of (MM/DD/YYYY): 12 /17/2023

Name of Assisted Living: Wabe Home Residential Services LLC (WHRS)

HFID: 40397

Unique building/unit description (if applicable): \_\_\_\_\_

Facility Address: 5177 Red Oak Dr, Mounds View, MN 55112

If services are provided at more than one building (on the assisted living campus), please list all locations below.

No additional buildings

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Facility/Campus listed above has the following license; Check one:

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Facility/Campus listed above has the following license. Check one:

- Assisted Living Facility License
- Assisted Living Facility with Dementia Care License

Availability of Unlicensed Staff (ULP); check one:

- Unlicensed staff are in the building and available to respond to resident requests 24/7
- Unlicensed staff may either be in the building, in an attached building, or within the campus and available to respond to resident requests 24/7

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

- Licensed staff are on site 24/7
- Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift: 2

Evening Shift: 1

Night shift: 1

### Payment Options

The facility will indicate by placing an “X” in the “Available” column if the payment option is accepted (may check more than one). Please indicate in the “Comments” column below if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds; and if yes, indicate the number of months required.

#### Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	X	
Sliding Scale	X	
Housing Support (formerly Minnesota Group Residential Housing) Payments	X	
Federal rent subsidy	X	

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Payment Option	Accepted	Comments
Other; explain		

### Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations		
Private Pay	X	
Long Term Care Insurance	X	Will assist residents and families with needed information required for them to submit it, But family files.
Other; explain		

## Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a "yes" or "X" in the "Available" column if the service is provided or available at/on the campus/unjt of the location listed above. If the ('Available" column js blank, the facility does not provide that service.

Section 1: Dementia Care (pertains only to an Assisted Living with Dementia Care license)

Check each service available at the location(s) listed above.

### Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior		
Secured outdoor grounds on facility premises		
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		
Prepared to manage challenging behaviors	X	Each resident is assessed & determination will be made if needs may be met safely for resident/staff

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Service	Available	Comments
Other; specify in comments		

**Section 2: Medication Management**

Check each service available at the location(s) listed above.

**Medication Management Services Available**

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments		
Communication with physician/pharmacy about ordering or refill requests	X	
Medication administration by licensed or unlicensed personnel	X	
Delivery of medication to resident previously set up by the facility nurse	X	Besides nurse, contract with a preferred pharmacy for specific med packing
Medications set up by nurse for resident to self-administer	X	Besides nurse, contract with a preferred pharmacy for specific med packing
Delivery of medication from the original containers to resident	X	
Delivery of liquid or food to resident if required to ingest medication	X	assessed and based on resident's preference if applicable
Delegation of medication management services by licensed health professional to unlicensed staff	X	RNs on staff to delegate and supervise process of this set-vice
Central storage of medication		All meds are stored in locked containers in residents apt/units
Diabetic Care: insulin pen dosing	X	Performed by nurse or delegated to Unlicensed staff -comp. competencies;
Diabetic Care: insulin pump management	X	Performed by licensed nursing staff
Diabetic Care: insulin syringe dosing	X	syringes are pre-drawn, labeled accord to regs by lic. nurse & UP assist resident
Diabetic Care: sliding scale insulin management	X	Performed by nurse or delegated to Unlicensed staff -comp. competencies;

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Service	Available	Comments
Clinical monitoring of labs related to medications	X	Additional fees for drawing of blood for labs. Resident to consent for monitoring
Anticoagulant medication management	X	
B-12 injections	X	
Nutritional supplement administration	X	
(IV) Intravenous management	X	Will coordinate for Skilled Home Health Care Agency to assist/administer/Manage IV
PICC lines (Peripherally Inserted Central Catheter)		Will coordinate for Skilled Home Health Care Manage IV PICC/Port-A-Cath devices
Injections; specify types or limits in comments (1M, SQ)	X	1M are performed by licensed nurse except for Sub Q and insulins - are delegated to UP
Nebulizers	X	delegated to ULP and supervised by RN
Inhalers	X	delegated to (JLP and supervised by RN
Ear drops	X	delegated to ULP and supervised by RN
Eye drops	X	delegated to ULP and supervised by RN
Topicals	X	delegated to ULP and supervised by RN
Patches	X	delegated to ULP and supervised by RN
Medication delivery via enteral (feeding) tube	X	Based on resident's assessment will coordinate w. Skilled Home Health Care
Pain pump management	X	Coordinate with Skilled Home Health Care
Medical cannabis administration (pill form) for certified patients	X	Performed by licensed nurse, double lock system and counted every shift
Medical Cannabis storage for certified patients	X	Performed by licensed nurse, double lock system and counted every shift
Cannabidiol oil administration for certified patients	X	Performed by licensed nurse, double lock system and counted every shift

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Service	Available	Comments
Other; specify in comments		

### Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

#### Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	X	
Wound care: basic	X	
Wound care: complex		Will coordinate with skilled home health care agency to meet resident needs as needed
Diabetic care: blood glucose monitoring	X	
Diabetic care: foot/nail care	X	Will also coordinate with resident's podiatrist
C-PAP	X	RN delegation to UP; RN supervision; will assess if resident's need can be met safely
Bi-PAP	X	RN delegation to UP; RN supervision; will assess if resident's need can be met safely
Oxygen Management; specify any delivery system limitations	X	Will assist with oxygen nasal canula, WII! NOT do mech. ventilators or non-rebreathers mask
Oxygen saturation checks	X	
Ventilators		
Suctioning		
Tracheostomy Care: cleaning of site and tube		
Tracheostomy Care: showering assistance		

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Service	Available	Comments
Tracheostomy Care: suctioning assistance		
Pacemaker Checks	X	Depending on the implanted pacemaker. Resident to provide equipment to transmit
Arrange for On-Site Dialysis		
Arrange for/set-up Off-Site Dialysis	X	
Peritoneal Dialysis (on-site)		Resident must be capable of managing own peritoneal dialysis
Compression stockings	X	
Lymphedema wraps	X	
Fall Prevention: balance assessments	X	Will coordinate with Physical Therapy; thru Home Health Care for skilled PT
Fall Prevention: exercise programs	X	Available through general activities or private sessions available
Fall Prevention: strength training	X	will coordinate with PT; thru Home Health Care for skilled PT or private ses.
Integrative Health Services: acupuncture		Will coordinate transport to resident's choice provider
Integrative Health Services: aromatherapy		Will coordinate transport to resident's choice provider
Integrative Health Services: healing touch		Will coordinate transport to resident's choice provider
Integrative Health Services: massage		Will coordinate transport to resident's choice provider
Blood pressure checks	X	Performed by ULP
Daily weight check	X	Performed by ULP
Indwelling urinary catheter care; emptying and bag changes	X	Delegated/Supervised by RN to ULP
Indwelling urinary catheter replacement by nurse	X	Will coordinate thru skilled home health care

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Service	Available	Comments
Straight (intermittent) catheter assistance	X	Determination is based on assessment if task is uncomplicated
Suprapubic catheter care	X	Determination is based on assessment and if task is uncomplicated done by licensed nurse
Ostomy care	X	Determination is based on assessment and if task is uncomplicated
Arrangements for and coordination with hospice care	X	
End-of-life palliative care	X	Assessed and coordinated with Hospice Agency
Access to and training on use of automatic electronic defibrillators (AED)		Nursing and ULP trained as part of Basic Life support through AHA
Training of and use of Cardiopulmonary Resuscitation (CPR)	X	Nursing and ULP undergoing CPR training through American Heart Association
Other; specify in comments		

### Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

#### Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	X	
Bathing: shower	X	1-person assistance; Additional charge for 2-person assistance
Bathing: bathtub	X	1-person assistance; assessment to determine if resident can safely be bathed in bathtub
Oral hygiene	X	
Denture care	X	
Cueing/reminders for self-care	X	

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Service	Available	Comments
Use of special utensils	X	Will coordinate with Occupational Therapy; Resident will need to purchase equipment
Feeding assistance for residents with complicated eating problems	X	RN will assess and coordinate with Speech Therapy if feeding can be done safely
Set-up and cut food at meals	X	
Manual Feeding; specify limits in comments	X	Determination is based on assessment if it can be safely performed and within 1/2 hour
Tube Feeding; specify limits in comments	X	NO Nasal-Gastric tubes; Gastric tube if assessment determines needs may be met
Feeding in common area with one staff member per resident	X	
Feeding in resident's apartment with one staff member per resident	X	Assessment determines if it can be safely performed with I-person ULP
Grooming: hair care, make-up, shaving, application of lotion, etc.	X	
Nail care: toenails, fingernails	X	
Toileting: standby assistance/supervision	X	
Changing incontinence products; perineal care	X	Incontinent products are provided by resident or add. charges are billed for product
Ordering replacement incontinence products	X	Additional charges will be billed for products
Assistance with bowel and bladder control, devices, and training programs	X	Will coordinate thru Skilled Home Health Care for training
Other; specify in comments		

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Service	Available	Comments
Elevators	X	
Other; specify in comments		

### Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

#### Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks		Only as part of the Post Fall Protocol with additional charge (short duration)
Every 30-minutes safety checks		Only as part of the Post Fall Protocol with additional charge (short duration)
Hourly safety checks	X	
Every two-hours safety checks	X	Provided in Reflections - Alzheimer/MC program during night; offered in ALF
Daily safety checks		Noted during mealtime - if resident not present will go to apt. to check
Emergency call system; specify type in comments	X	Pendant/wrist buttons of ALF residents provided
Non-emergency call system; specify type in comments	X	Request residents to call concierge/reception phone line. Resident <sup>s</sup> are given phone #
Digital wander alert device on resident		No
Wander alert system at facility exits		No
Staff monitoring at facility exits; specify method in comments	X	Daytime hours - reception monitors exists on camera; after hrs.memory care doors alarmed
Visitor check-in/check-out at facility main entrance	X	Visitor log maintained. Additional COVID-19 screening is being performed - all visitors
Bed alarms or movement sensing technology	X	Can be provided for an additional fee

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**Section 5: Mobility Support**

Check each service available at the location(s) listed above.

**Mobility Services Available**

Service	Available	Comments
Standby Assistance	X	
Transfers with assist of one staff	X	
Transfers with assist of two staff	X	Assessment to determine if 2- person transfers can be performed safely
Transfers utilizing sit-to-stand lifts	X	Residents to have own devices in apt. Will coordinate with DME company
Transfers utilizing sliding boards	X	
Transfers utilizing bariatric equipment		
Ceiling lift transfers		
Non-mechanical transfers (trapeze)	X	
Mechanical lift: assist of 1 transfer		Not performed; Must be with performed with 2-person
Mechanical lift: assist of 2 transfers	X	Equipment to be purchased by and present in resident's apt.
Ambulation with assist of 1	X	
Bed mobility	X	If resident is totally confined to BED - NO Assessment - with one-person partial assist
Assistance with chair mobility	X	Chair equipment is to be provided by resident
Chair Glide System	X	Equipment must be purchased & provided by resident
Mechanical Stair Lift System		No
Handrails; in personal space		Will be installed for an additional charge

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Service	Available	Comments
Door sensors: specify locations (unit, resident room, exits, etc.)	X	Entrance and exit doors from the community and Reflections- Memory Care/Alzheimer unit
Security Guard		
Security cameras in common spaces	X	
Key card/fob access: specify locations (unit, resident room, exits, etc.)	X	Key code is provided for Reflections Memory Care/Alzheimer's
Other lock systems: specify locations (unit, resident room, exits, etc.)	X	
Emergency generator(s) to power the facility during power outages		
Other; specify in comments		

### Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

#### Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	
Breakfast available in community space	X	
Breakfast available; delivered to apartment	X	Available for an additional fee; exception of no fee in Memory Care
Lunch available in community space	X	
Lunch available; delivered to apartment	X	Available for an additional fee; exception of no fee in Memory Care
Dinner available in community space	X	
Dinner available; delivered to apartment	X	Available for an additional fee; exception of no fee in Memory Care

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Service	Available	Comments
Meal tray delivery and pick-up from resident's unit	X	Available for an additional fee; exception of no fee in Memory Care
Meal preparation in resident's unit	X	ALF Residents have kitchen in unit; may prepare meal. MC residents are NOT able
Thickened Liquids; specify limits in comments	X	Available for an additional fee
Modified Texture Diets; specify limits in comments	X	
Therapeutic Diets: cardiac		No- Resident selects appropriate menu choice
Therapeutic Diets: diabetic or calorie controlled		No- Resident selects appropriate menu choice
Therapeutic Diets: gluten-free		No- Resident selects appropriate menu choice
Therapeutic Diets: high fiber		No -Resident selects appropriate menu choice
Therapeutic Diets: low fat/low cholesterol		No- Resident selects appropriate menu choice
Therapeutic Diets: low sodium		No- Resident selects appropriate menu choice
Therapeutic Diets: no added salt		No- Resident selects appropriate menu choice
Therapeutic Diets: renal diet		No- Resident selects appropriate menu choice
Other special diets: kosher		Need to be pre- ordered
Other special diets: (vegetarian, vegan, etc.) specify in comments		Need to be pre-ordered
Dietitian or Nutritionist Services		
Carbohydrate intake/tracking		
Meal consumption tracking	X	If requested of based on assessment
Other; specify in comments		

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**Section 8: Supportive Services**

Check each service available at the location(s) listed above.

**Supportive Services Available**

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	x	Performed at meals; if resident is not present ULP goes directly to resident's apt to check
Assistance with meals or food preparation		
Daily Social and Recreational Services	Required	
Housekeeping: bed making	X	Provided with all AM Cares
Housekeeping: defrost and clean refrigerator	x	Upon request
Housekeeping: dusting	X	
Housekeeping: organize closets and drawers	X	Upon request
Housekeeping: trash removal; specify frequency in comments	X	daily by ULP with am cares and after toileting service
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	X	
Housekeeping: other; specify in comments	x	ULP to remove trash daily in memory care; assisted living is upon request
Laundry: linen (change bed, launder sheets, towels)	X	weekly and prn by ULP in memory care and upon resident request in assisted living
Laundry: wash, dry, and fold clothing; specify loads per week in comments	X	2 loads/week included, can pay for additional
Laundry: other; specify in comments		
Schedule offsite social and recreational activities		
Schedule medical and social service appointments	X	Upon resident request
Assistance with arranging transportation for personal, social, and recreational activities	Required	

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Service	Available	Comments
Assistance with arranging transportation to medical and social services appointments	Required	
Provide transportation to social and recreational activities	X	We have scheduled activities and a scheduled bus run, not per individual appointment.
Provide transportation to medical and social service appointments	X	We have a set schedule and route.
Assistance accessing community resources and social services	Required	
Shopping: facility sponsored	X	We have certain stores that are scheduled on a bus run on certain days.
Spiritual Care/Religious Services; on-site		
Assistance with bill paying/budgeting		
Communication boards or other supplemental communication devices		
Primary languages spoken by staff	X	English
Supervision of smoking		
Other; specify in comments		

**Section 9: Staffing**

Check each option available at the address location(s) listed above.

**Staffing Available**

Staffing	Available	Comments
One-to-One staffing available		Coordinated with a Home Health Care Agency
One-to-One staffing for special circumstances		Coordinated with a Home Health Care Agency
Overnight companion		Coordinated with a Home Health Care Agency

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Staffing	Available	Comments
Registered Nurse: on-site "part time"	X	
Registered Nurse: on-site "full time"	X	
Licensed Practical Nurse: on site "part time"	X	
Licensed Practical Nurse: on-site "full time"		
Assisted Living Director: on-site "part time"		
Assisted Living Director: on site "full time"	X	
Advanced Practice Registered Nurse: on-site "part time"		No - work directly with resident's primary care provider
Advanced Practice Registered Nurse: on site "full time"		No - work directly with resident's primary care provider
Activities Director: Part Time	X	
Activities Director: Full Time	X	
Dietician/Nutritionist consultant available or can be arranged	X	Will coordinate with resident's provider of choice
Physical Therapist available or can be arranged	X	Will coordinate with resident's provider of choice
Respiratory Therapist available or can be arranged	X	Will coordinate with resident's provider of choice
Occupational Therapist available or can be arranged	X	Will coordinate with resident's provider of choice
Speech Language Pathologist available or can be arranged	X	Will coordinate with resident's provider of choice
Social Worker available or can be arranged	X	Will coordinate with resident's provider of choice
Other Licensed Professional available; specify type in comments		
Other; specify in comments		

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**Section 10: Amenities**

Check each option available at the location(s) listed above.

**Amenities Available**

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	X	
Private units	X	
Semi-private units	X	One semi-private unit in Memory Care
Studio/efficiency units	X	
One-bedroom units	x	
Two-bedroom units	X	
Kitchen/Kitchenettes in units	X	
Internet access	X	
Cable (television)	X	
Pets allowed	X	Cats, fish, birds in Assisted Living but not in Memory Care
Pet care; specify in comments		
Pool	X	
Whirlpool	X	HydroWorx
Exercise Room	X	
Library	X	
Activity Room	X	

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Garden/outdoor spaces	X	
Chapel		
Private entertaining space	X	
Communal Dining room	X	
Beauty/Barber Shop	X	
Parking available for residents	X	
Parking available for guests	X	
Guest accommodations	X	
Laundry Room accessible to Residents	X	
Washer-Dryer in units		
Central Air Conditioning	X	
Fully sprinklered building	X	
Designated smoking area inside (not apartment space)		
Designated smoking area outside	X	
Other amenity; specify in comments		
Other amenity; specify in comments		

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## Additional Information

Sixty days before the facility plans to reduce or eliminate one or more services for a particular resident, the facility must provide written notice of the reduction, Refer to 144G.55 Subd. 1(d) (www.revisor.mn.gov/statutes/cite/144G.55).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident's assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident's needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

Office of Ombudsman for Long Term Care <https://mn.gov/ooltc/> 1-800-657-3591

Office of Ombudsman for Mental Health and Developmental Disabilities  
<https://mn.gov/omhdd/> 1-800-657-3506

Minnesota Directory for community resources: [www.MinnesotaHelp.Info](http://www.MinnesotaHelp.Info)

Minnesota Senior LinkAge Line <https://mn.gov/senior-linkage-line/> 1-800-333-2433

By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to

receive services.

\_\_\_\_\_  
Date (MM/DD/YYW)

\_\_\_\_\_  
Individual or Legal/Designated Representative