

# Uniform Disclosure of Assisted Living Services & Amenities (UDALSA)

This is a required document per [144G.40 Subd. 2 \(www.revisor.mn.gov/statutes/cite/144G.40\)](http://www.revisor.mn.gov/statutes/cite/144G.40) of all assisted living facilities to describe the services, supports, and amenities available at the assisted living facility. Prospective residents and their families can use this tool to determine if the assisted living facility can meet their needs, allow them to compare options among various settings, and make informed decisions about selecting an assisted living facility setting. The information presented here may be important for a resident’s ability to age in place. Assisted living facilities are not required to provide all the services listed, and available services are subject to change. The facility will indicate which services are provided and any limitations that may pertain to the service.

You are also encouraged to tour facilities, talk with other residents, residents’ family members, or meet one-on-one with facility staff during the selection process. The disclosure checklist is not a substitute for the assisted living contract, which is a separate document that will include the specific services to be provided to the individual resident and the fees per services.

## General Information

This information is current as of (MM/DD/YYYY): 11/15/2023

Name of Assisted Living: Crystal Homes LLC

HFID: 41416

Unique building/unit description (if applicable): \_\_\_\_\_

Facility Address: 4825 Douglas Drive North Crystal MN 55429

If services are provided at more than one building (on the assisted living campus), please list all locations below.

No additional buildings

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Additional Building:

Building Name (if applicable): \_\_\_\_\_

Physical Address (if different than above): \_\_\_\_\_

Facility/Campus listed above has the following license; Check one:

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Assisted Living Facility License ✓

~~Assisted Living Facility with Dementia Care License~~

Availability of Unlicensed Staff (ULP); check one:

Unlicensed staff are in the building and available to respond to resident requests 24/7

Unlicensed staff may either be in the building, in an attached building, or within the campus and

available to respond to resident requests 24/7x

Availability of Licensed (RN/LPN) Staff (in *addition* to an RN who is required to be accessible to the staff 24/7); check one if applicable:

Licensed staff are on site 24/7

Licensed staff are either in the building, an attached building, or within the campus and available to respond to resident requests 24/7

Number of unlicensed direct care staff typically scheduled per shift:

Day Shift:<sup>1</sup> \_\_\_\_\_

Evening Shift:<sup>1</sup> \_\_\_\_\_

Night shift:<sup>1</sup> \_\_\_\_\_

### Payment Options

The facility will indicate by placing an “X” in the “Accepted” column if the payment option is accepted (may check more than one). The facility may indicate in the “Comments” column if a pre-determined length of private funds payment source is required before acceptance of Medicaid or waived service funds as well as the number of months required.

#### Payment Options for Housing Contract

Payment Option	Accepted	Comments
Private Pay	Y	
Sliding Scale	Y	
Housing Support (formerly Minnesota Group Residential Housing) Payments	Y	
Federal rent subsidy	Y	
Other; explain:		Payments can be flexible on a case by case basis.

### Payment Options for Services

Payment Option	Accepted	Comments
Waivered Services (EW, CADI, BI); specify any limitations	Y	
Private Pay	Y	
Long Term Care Insurance	Y	
Other; explain:	Payments can be flexible based on agreed upon contract .	

### Services and Amenities Available

Below is a list of services that are available to assisted living residents. The facility will indicate by placing a “yes” or “X” in the “Available” column if the service is provided or available at/on the campus/unit of the location listed above. If the “Available” column is blank, the facility does **not** provide that service.

#### Section 1: Dementia Care

Pertains only to facilities with an **Assisted Living with Dementia Care** license

Check each service available at the location(s) listed above.

#### Dementia Care Services Available

Service	Available	Comments
Secured unit or building for wandering or exit-seeking behavior	Y	
Secured outdoor grounds on facility premises		Can be installed if needed
Individualized digital/alarm monitoring for wandering or exit-seeking behavior		Can be installed if required
Prepared to manage challenging behaviors	Y	
Other; specify:		

## Section 2: Medication Management

Check each service available at the location(s) listed above.

### Medication Management Services Available

Service	Available	Comments
Verbal or visual reminders to take regularly scheduled medications; specify any limit to frequency in comments	Y	
Communication with physician/pharmacy about ordering or refill requests	Y	
Medication administration by licensed or unlicensed personnel	Y	
Delivery of medication to resident previously set up by the facility nurse	Y	
Medications set up by nurse for resident to self-administer	Y	
Delivery of medication from the original containers to resident	Y	
Delivery of liquid or food to resident if required to ingest medication	Y	
Delegation of medication management services by licensed health professional to unlicensed staff	Y	
Central storage of medication	Y	
Diabetic Care: insulin pen dosing	Y	
Diabetic Care: insulin pump management	Y	
Diabetic Care: insulin syringe dosing	Y	
Diabetic Care: sliding scale insulin management	Y	
Clinical monitoring of labs related to medications	Y	
Anticoagulant medication management	Y	
B-12 injections	Y	

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Service	Available	Comments
Nutritional supplement administration	Y	
(IV) Intravenous management	Y	
PICC lines (Peripherally Inserted Central Catheter)	Y	
Injections; specify types or limits in comments (IM, SQ)	Y	
Nebulizers	Y	
Inhalers	Y	
Ear drops	Y	
Eye drops	Y	
Topicals	Y	
Patches	Y	
Medication delivery via enteral (feeding) tube	Y	Can be arranged
Pain pump management	Y	
Medical cannabis administration (pill form) for certified patients	Y	
Medical Cannabis storage for certified patients	Y	
Cannabidiol oil administration for certified patients	Y	
Other; specify:		

### Section 3: Treatments & Therapies

Check each service available at the location(s) listed above.

#### Treatments & Therapies Available

Service	Available	Comments
Verbal or visual reminders to perform regularly scheduled treatments or exercises	Y	
Wound care: basic	Y	
Wound care: complex	Y	
Diabetic care: blood glucose monitoring	Y	
Diabetic care: foot/nail care	Y	
C-PAP	Y	
Bi-PAP	Y	
Oxygen Management; specify any delivery system limitations	Y	
Oxygen saturation checks	Y	
Ventilators	Y	
Suctioning	Y	
Tracheostomy Care: cleaning of site and tube	Y	
Tracheostomy Care: showering assistance	Y	
Tracheostomy Care: suctioning assistance	Y	
Pacemaker Checks		Can be arranged as needed
Arrange for On-Site Dialysis	Y	House will be prepared if needed
Arrange for/set-up Off-Site Dialysis	Y	House will be set up by a professional if needed

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Service	Available	Comments
Peritoneal Dialysis (on-site)		House will be set up by a professional if needed
Compression stockings	Y	
Lymphedema wraps	Y	
Fall Prevention: balance assessments	Y	
Fall Prevention: exercise programs	Y	
Fall Prevention: strength training	Y	
Integrative Health Services: acupuncture		Can be outsourced if needed
Integrative Health Services: aromatherapy		Can be outsourced if needed
Integrative Health Services: healing touch		Can be outsourced if needed
Integrative Health Services: massage		Can be outsourced if needed
Blood pressure checks	Y	
Daily weight check	Y	
Indwelling urinary catheter care; emptying and bag changes	Y	
Indwelling urinary catheter replacement by nurse	Y	
Straight (intermittent) catheter assistance	Y	
Suprapubic catheter care	Y	
Ostomy care	Y	
Arrangements for and coordination with hospice care	Y	
End-of-life palliative care	Y	

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Service	Available	Comments
Access to and training on use of automatic electronic defibrillators (AED)	Y	
Training of and use of Cardiopulmonary Resuscitation (CPR)	Y	
Other; specify:		

### Section 4: Assistance with Activities of Daily Living

Check each service available at the location(s) listed above.

#### Assistance with Daily Living Activities Available

Service	Available	Comments
Dressing	Y	
Bathing: shower	Y	
Bathing: bathtub	Y	
Oral hygiene	Y	
Denture care	Y	
Cuing/reminders for self-cares	Y	
Use of special utensils	Y	
Feeding assistance for residents with complicated eating problems	Y	
Set-up and cut food at meals	Y	
Manual Feeding; specify limits in comments	Y	
Tube Feeding; specify limits in comments	Y	
Feeding in common area with one staff member per resident		Can be accomodated on a case by case basis

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Service	Available	Comments
Feeding in resident's apartment with one staff member per resident	Y	
Grooming: hair care, make-up, shaving, application of lotion, etc.	Y	
Nail care: toenails, fingernails	Y	
Toileting: standby assistance/supervision	Y	
Changing incontinence products; perineal care	Y	
Ordering replacement incontinence products	Y	
Assistance with bowel and bladder control, devices, and training programs	Y	
Other; specify:		

## Section 5: Mobility Support

Check each service available at the location(s) listed above.

### Mobility Services Available

Service	Available	Comments
Standby Assistance	Y	
Transfers with assist of one staff	Y	
Transfers with assist of two staff	Y	Can be arranged on a case by case basis
Transfers utilizing sit-to-stand lifts	Y	Will be made available if needed
Transfers utilizing sliding boards	Y	
Transfers utilizing bariatric equipment	Y	Can be accomodated on a case by case basis
Ceiling lift transfers	N	

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Service	Available	Comments
Non-mechanical transfers (trapeze)	Y	Can be accomodated on a case by case basis and circumstances
Mechanical lift: assist of 1 transfer		Can be accomodated on a case by case basis and circumstances
Mechanical lift: assist of 2 transfer		Can be accomodated on a case by case basis and circumstances
Ambulation with assist of 1	Y	
Bed mobility	Y	
Assistance with chair mobility	Y	
Chair Glide System		Can be made availablke on a case by case basis
Mechanical Stair Lift System	N	
Handrails; in personal space	Y	When necessary
Elevators	N	
Other; specify:		

## Section 6: Security & Monitoring

Check each service/option available at the location(s) listed above.

### Security and Monitoring Services

Service	Available	Comments
Every 15-minutes safety checks	Y	
Every 30-minutes safety checks	Y	
Hourly safety checks	Y	
Every two-hours safety checks	Y	

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Service	Available	Comments
Daily safety checks	Y	
Emergency call system; specify type in comments	Y	Home Medical Alert system
Non-emergency call system; specify type in comments	Y	Bells
Digital wander alert device on resident	-	Can be made available based on residents
Wander alert system at facility exits	-	Can be made available based on resident
Staff monitoring at facility exits; specify method in comments	N	
Visitor check-in/check-out at facility main entrance	Y	Lock system for authorized users only
Bed alarms or movement sensing technology	-	Can be provided on a need to basis
Door sensors: specify locations (unit, resident room, exits, etc.)	-	Can be installed based on resident's needs
Security Guard	N	
Security cameras in common spaces	-	Can be installed if necessary
Key card/fob access: specify locations (unit, resident room, exits, etc.)	-	Main entrance and bedrooms have individual locks
Other lock systems: specify locations (unit, resident room, exits, etc.)		Resident Rooms, Medicine cabinet lock can be installed if needed
Emergency generator(s) to power the facility during power outages		Generator can be purchased when clients are registered with home
Other; specify: Various accomodations can be made on a case by case basis.		

## Section 7: Dining and Nutrition

Check each service/option available at the location(s) listed above.

### Dining and Nutrition Services

Service	Available	Comments
Three meals available, plus snacks	Required	
Breakfast available in community space	Y	
Breakfast available; delivered to apartment	-	If required
Lunch available in community space	Y	
Lunch available; delivered to apartment	-	If required
Dinner available in community space	Y	
Dinner available; delivered to apartment	-	If required
Meal tray delivery and pick-up from resident's unit	N	
Meal preparation in resident's unit	N	
Thickened Liquids; specify limits in comments	Y	Based on client's needs
Modified Texture Diets; specify limits in comments	Y	Purees,
Therapeutic Diets: cardiac	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Therapeutic Diets: diabetic or calorie controlled	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Therapeutic Diets: gluten-free	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Therapeutic Diets: high fiber	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Therapeutic Diets: low fat/low cholesterol	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Therapeutic Diets: low sodium	Y	Specific Diets can be followed based on Doctor's recommendation and resident's

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Service	Available	Comments
Therapeutic Diets: no added salt	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Therapeutic Diets: renal diet	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Other special diets: kosher	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Other special diets: (vegetarian, vegan, etc.) specify in comments	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Dietitian or Nutritionist Services	N	
Carbohydrate intake/tracking	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Meal consumption tracking	Y	Specific Diets can be followed based on Doctor's recommendation and resident's
Other; specify:		

### Section 8: Supportive Services

Check each service available at the location(s) listed above.

#### Supportive Services Available

Service	Available	Comments
Daily "I'm okay" checks service; specify procedure in comments	Y	Can be implemented based on client's needs
Assistance with meals or food preparation	Y	
Daily Social and Recreational Services	Required	
Housekeeping: bed making		If needed by resident and covered in services
Housekeeping: defrost and clean refrigerator	Y	
Housekeeping: dusting	Y	
Housekeeping: organize closets and drawers		If included in care plan and contract for resident

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Service	Available	Comments
Housekeeping: trash removal; specify frequency in comments	Y	Weekly trash removal and bi-weekly recycle removal
Housekeeping: weekly general cleaning (clean floors, sinks, shower/tub, toilet, and vacuum)	Y	
Housekeeping: other; specify in comments	Y	Deep cleaning done periodically.
Laundry: linen (change bed, launder sheets, towels)		Residents will be responsible for cleaning their laundry except otherwise contracted.
Laundry: wash, dry, and fold clothing; specify loads per week in comments		Residents will be responsible for cleaning their laundry except otherwise contracted.
Laundry: other; specify in comments		
Schedule offsite social and recreational activities	Y	
Schedule medical and social service appointments	Y	
Assistance with arranging transportation for personal, social, and recreational activities	Required	
Assistance with arranging transportation to medical and social services appointments	Required	
Provide transportation to social and recreational activities	Y	Available based on schedule
Provide transportation to medical and social service appointments	Y	Available on a need basis
Assistance accessing community resources and social services	Required	
Shopping: facility sponsored	Y	
Spiritual Care/Religious Services; on-site	N	Prayers can be made and transportation arranged
Assistance with bill paying/budgeting	Y	
Communication boards or other supplemental communication devices	Y	
Primary languages spoken by staff		English
Supervision of smoking	Y	designated outdoor smoking area

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Service	Available	Comments
Other; specify:		

### Section 9: Staffing

Check each option available at the address location(s) listed above.

#### Staffing Available

Staffing	Available	Comments
One-to-One staffing available		
One-to-One staffing for special circumstances	Y	On special circumstances
Overnight companion	Y	House will be staffed 24/7
Registered Nurse: on-site "part time"	Y	
Registered Nurse: on-site "full time"		On site on a part time basis
Licensed Practical Nurse: on site "part time"	Y	
Licensed Practical Nurse: on-site "full time"		On site LP on a part -time basis
Assisted Living Director: on-site "part time"	Y	
Assisted Living Director: on site "full time"		On call
Advanced Practice Registered Nurse: on-site "part time"	Y	
Advanced Practice Registered Nurse: on site "full time"		
Activities Director: Part Time	Y	
Activities Director: Full Time	Y	
Dietician/Nutritionist consultant available or can be arranged	Y	

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Staffing	Available	Comments
Physical Therapist available or can be arranged	Y	Can be arranged
Respiratory Therapist available or can be arranged	Y	Can be arranged
Occupational Therapist available or can be arranged	Y	Can be arranged
Speech Language Pathologist available or can be arranged	Y	Can be arranged
Social Worker available or can be arranged	Y	Can be arranged
Other Licensed Professional available; specify type in comments		
Other; specify:		

### Section 10: Amenities

Check each option available at the location(s) listed above.

#### Amenities Available

Amenity	Available	Comments
Accessible bathrooms; specify limits in comments	Y	
Private units	N	Private bedrooms
Semi-private units	N	
Studio/efficiency units	N	
One-bedroom units	N	
Two-bedroom units	N	
Kitchen/Kitchenettes in units	Y	Kitchen in house
Internet access	Y	

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Amenity	Available	Comments
Cable (television)		
Pets allowed	N	
Pet care; specify in comments		
Pool	N	Pool is available in community center across the house
Whirlpool	N	
Exercise Room	N	
Library	N	Community library is half mile away
Activity Room	Y	Living Room
Garden/outdoor spaces	Y	
Chapel	N	
Private entertaining space	N	
Communal Dining room	Y	
Beauty/Barber Shop	N	
Parking available for residents	Y	
Parking available for guests	Y	
Guest accommodations	N	
Laundry Room accessible to Residents	Y	
Washer-Dryer in units	Y	
Central Air Conditioning	Y	
Fully sprinklered building	N	

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Amenity	Available	Comments
Designated smoking area inside (not apartment space)	N	
Designated smoking area outside	Y	
Other; specify:		

### Additional Information

Sixty days before the facility plans to reduce or eliminate the availability of one or more services, the facility must provide written notice of the reduction. Refer to [144G.55 Subd. 1\(d\)](#) ([www.revisor.mn.gov/statutes/cite/144G.55](http://www.revisor.mn.gov/statutes/cite/144G.55)).

Residents may choose to obtain services from an outside service provider at their own cost. Residents may also obtain services from an outside service provider if the resident’s assessed needs exceed the scope of services the facility can provide as agreed upon in the contract and are not included in the checklist. If this occurs and the resident is not able to obtain services from an outside service provider, then the facility may require the resident move to another facility or care setting that is able to meet the resident’s needs. In the event this occurs, the facility will assist in a coordinated move of the resident to a safe and appropriate location.

Prospective Residents need to call the Senior LinkAge Line to discuss their housing options before signing a contract with a licensed assisted living facility. The Senior LinkAge Line is available Monday through Friday from 8am to 4:30pm at 1-800-333-2433.

You can get further information, at no cost, about advocacy or care options from:

- [Office of Ombudsman for Long Term Care \(https://mn.gov/board-on-aging/direct-services/ombudsman/\)](https://mn.gov/board-on-aging/direct-services/ombudsman/); 1-800-657-3591
- [Office of Ombudsman for Mental Health and Developmental Disabilities \(https://mn.gov/omhdd/\)](https://mn.gov/omhdd/); 1-800-657-3506
- Minnesota Directory for community resources: [www.MinnesotaHelp.Info](http://www.MinnesotaHelp.Info)
- [Minnesota Senior LinkAge Line \(www.seniorlinkageline.com/\)](http://www.seniorlinkageline.com/); 1-800-333-2433

(Optional) By signing below, I acknowledge that I have reviewed this document. This is NOT a contract to receive services.

\_\_\_\_\_  
Received Date

\_\_\_\_\_  
Individual or Legal/Designated Representative